

SATURDAY 26 OCTOBER 2024

SAT 00:00 Midnight News (m00244yd)

National and international news from BBC Radio 4

SAT 00:30 On Freedom by Timothy Snyder (m00244wz)
Book of the Week: Episode 5 - On speaking freely

Timothy Snyder's latest book explores the idea of freedom, in today's episode the historian and intellectual discusses the value of speaking freely. Kyle Soller reads.

Timothy Snyder is an historian and public intellectual writing on Ukraine, American politics, strategies for averting authoritarianism, digital politics, health, and education. He is the recipient of numerous awards and honours including the Emerson Prize in the Humanities, the Václav Havel Foundation prize, and the Hannah Arendt Prize in Political Thought. He teaches history and global affairs at Yale University and his books include Bloodlands, Black Earth and On Tyranny.

On Freedom is his latest book. Here he looks at how freedom has been misunderstood and is leading society into crisis. He takes issue with the deep seated notion that freedom is about the right of the individual to behave and speak however they wish, where its understood as protection from outside forces, and interference from others. Instead, he invites us to look at in a different way, not as freedom 'from', but freedom 'to'. He asks us to look at freedom as a foundational value that allows all people to thrive, to take risks and to work together to ensure a bright future for everyone.

Kyle Soller is an award winning actor well known for his work in the theatre - Long Day's Journey Into Night, Hedda Gabler The Inheritance - on the small screen - Poldark, The Hollow Crown, Andor, and on radio - Giovanni's Room, Losing Earth, People Who Knew Me.

Abridged by Katrin Williams.
Produced by Elizabeth Allard

SAT 00:48 Shipping Forecast (m00244yg)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m00244yj)

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m00244yl)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m00244yn)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m00244yq)

Loving our enemies

A spiritual comment and prayer to start the day with the Revd Dr Rosa Hunt, Minister at Tabernacle Chapel Cardiff and Co-Principal of Cardiff Baptist College.

Good morning. The new university term started recently, and in my role as a university lecturer in church history I found myself talking to first year students about conflicts in what was then the Roman province of Palestine. It was noted with sadness that two thousand years have passed and religion and politics are once again causing violence and suffering in that part of the world.

Jesus taught his disciples to forgive their enemies, and even to love them – never to repay violence with violence. As we watch news footage of children being burned to death as casualties of war, Jesus' advice may seem at best naïve and at worst immoral. But a few months ago I was talking to a colleague of mine who works in a Christian college in the Middle East. We commented on how costly it must be for him, his family and his church to put Jesus's teaching into practice. He paused for a moment, and then replied: yes, loving your enemy is costly, but the cost of hating your enemy is even greater.

Loving God,

In the flesh of your Son you bore the weight of senseless human suffering. He hung on the cross, an innocent victim like many millions before and after him, and refused even then to hate those who had tortured him. Thank you for his teaching and example. We join our voices with all those who cry out to you from war-torn regions, and we pray, O Lord, for lasting peace, for genuine reconciliation, and for healing of minds, souls, bodies and lands.

Amen

SAT 05:45 Naturebang (m001gx67)

Lazy Ants and the Power of Doing Nothing

We've all seen the Attenborough documentaries, full of the hurrying and scurrying of life on earth, the drama constantly unfolding. The natural world is a BUSY place... Or is it?

The surprising truth is, away from the cameras, most animals spend most of the time doing absolutely nothing at all. It's not just the sleepy sloths and the cat-napping cats, even the critters with reputations for being the most industrious animals on the planet have an astonishing amount of down-time. Peer into the dark warmth of an ant's nest, for example, and you might be surprised to note that just under half of them... don't DO anything. Not a jot. They sit, still and silent, apparently contributing nothing to the colony. Evolution abhors wasted energy so... what's going on? Becky Ripley and Emily Knight search for answers among our insect friends.

On the human side of the equation, we're astonishingly bad at doing nothing. We fuss and fidget, we tap our fingers and twiddle our thumbs, trying to escape the horrible fate of being BORED. When animals are so good at efficiently conserving energy, why do so many of us find it so uncomfortable? Perhaps the answer lies in not trying to escape boredom at all, but embracing it, and its creative potential. Becky and Emily discover that it's only through boredom that we can tap in to an extraordinary set of neural processes known as 'The Default Mode Network', and access the most creative parts of our brains. Perhaps doing nothing is more exciting than we first thought.

Featuring Professor Dan Charbonneau, behavioral ecologist studying social insect behaviour at the University of Arizona, and Dr Sandi Mann, senior psychology lecturer at the University of Central Lancashire. Produced and presented by Emily Knight and Becky Ripley.

SAT 06:00 News and Papers (m00244cwg)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Rambblings (m00245p9)

Alan Titchmarsh on the Isle of Wight

Alan Titchmarsh takes Clare Balding for his favourite stroll across Tennyson Down on the Isle of Wight. A keen and regular walker, Alan splits his time between the mainland and the Isle of Wight, and has a lot to share with Clare about this place that he loves. Best known as a TV gardener, interviewer and romantic novelist, Alan grew up in a family that took regular Sunday walks and as a young child developed an affinity for the natural world.

Presenter: Clare Balding

Producer: Karen Gregor

SAT 06:30 Farming Today (m00244cwj)

26/10/24 Farming Today This Week: greenhouse gas emissions from livestock, illegal meat imports, alpaca spit test, white maize

This week we are focusing on livestock and their impact on climate change. We hear about the concerns over the number of livestock here in the UK, and find out how farmers are reducing emissions by growing cattle faster or breeding sheep to burp less.

A BBC freedom of information request has revealed that the amount of illegal meat seized by border force officials has doubled in a year.

Charlotte Smith revisits a farmer growing white maize, a staple crop in his native Zimbabwe. Eleven years since her last visit, David Mwanaka now rents a council farm near Cambridgeshire and his farm selling exotic crops is going strong.

Alpaca breeders use something called a 'spit off' or a 'spit test' to see if their females are pregnant with a cria, or baby alpaca. We go along to see the test in action.

Presented by Charlotte Smith and produced by Beatrice Fenton.

SAT 06:57 Weather (m00244cwl)

The latest weather reports and forecast

SAT 07:00 Today (m00244cwn)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m00244cwg)

Simon Reeve, Liz McConaghy, Lalage Snow, Adrian Chiles

The global explorer, TV presenter and author Simon Reeve makes programmes around the world which focus on people's

lives...and he's been arrested by the KGB, chased by cheetahs and nearly died from malaria.

Liz McConaghy spent seventeen years as a Chinook crewman with the RAF, the longest serving woman to do so, her deployments left scars on her soul but has now found a way to soothe them.

Lalage Snow, photojournalist and filmmaker, has covered war and unrest in the in Gaza, The West Bank, Israel, Eastern Ukraine - but has now found that the peaceful act of people gardening brings out the best stories.

All that, plus we have the Inheritance Tracks of the broadcaster and proud Brummie – Adrian Chiles.

Presenters: Nikki Bedi and Jon Kay

Producer: Ben Mitchell

SAT 10:00 Curious Cases (m002404r)

Series 1

4. In the Groove

It's sometimes said that timing is everything and this week the pair investigate the mystery of rhythm, discovering why some of us might be better at staying in tempo.

From the daily cycle of dawn and dusk to sea tides and circadian clocks, rhythm governs many aspects of our lives, and cognitive psychologist Dr Maria Witek says it makes sense we also place great importance on its presence in music. She specialises in 'groove', or the feeling of pleasure associated with moving to a beat – and it's not just something the dancers among us enjoy; groove has even been used to treat patients with Parkinson's Disease.

Neuroscientist Professor Nina Kraus has studied drummers' brains and found their neurons fire with more precision. She explains that teaching kids rhythm can improve their language and social skills. But no need to take her word for it, because Skunk Anansie's drummer Mark Richardson is in the studio to put Hannah to the test. Can she handle a high hat at the same time as a snare?

Contributors:

Dr Maria Witek, University of Birmingham
Professor Nina Kraus, Northwestern University
Mark Richardson, drummer with Skunk Anansie

Producer: Marijke Peters

Executive Producer: Alexandra Feacheam

A BBC Studios Audio Production

SAT 10:30 Soul Music (m00244cws)

Lovely Day by Bill Withers

"Lovely Day" was released in 1977. Its simple blissful melody masks profound lyrics which on closer examination offer hope and solace to many fans of the song. Some of them share their stories here of what it means to them, including two people who had the privilege of meeting and working with Bill Withers. Taro Alexander was a shy insecure young man with a stutter who founded an organisation for children like him who struggled with speaking in public. As a boy he would listen to Lovely Day in his bedroom. Often it was the only way he could get himself out of that bedroom and off to school. To his surprise he learned that Bill Withers had also had a difficult time throughout his childhood because of his stutter and invited him to meet the young people of SAY (The Stuttering Association for The Young). Taro was deeply moved by Bill Withers' reaction to the young people and says the song speaks to so many of us in our daily struggles. Bass player John Inghram met and worked with Bill twice at the Music Hall of Fame in West Virginia where both men are from. He organised a tribute concert to him on his 80th birthday and played Bill Withers songs exclusively to honour the man he describes as generous and 'utterly hilarious'.

Sunita Harley had Lovely Day on her playlist when she went into hospital for the birth of a much longed for IVF baby. On a snowy April day after a long arduous labour she held her daughter in her arms for the first time and the sun shone through the window as Lovely Day came on the playlist. Philippa King and her daughter Milly have a special place in their hearts for the song. It came on the car radio on a beautiful sunny drive along the coast near Brighton. It was Milly's first trip outside of the hospital where she'd been for many months dangerously ill with Crohns Disease. The song gave mother and daughter hope that things would get better and it became their victory anthem when Milly was finally able to leave hospital. Karen Gibson MBE founded the Kingdom Choir and has conducted and mentored many young singers. Their gospel version of Lovely Day is a thrillingly uplifting reminder that we can all choose to make it a lovely day no matter what else is going on in our lives while we either listen to or sing that song.

Producer: Maggie Ayre

SAT 11:00 The Week in Westminster (m0024cww)

Jack Blanchard of Politico analyses the latest developments at Westminster.

He speaks to former Labour Foreign Secretary, Jack Straw, for his take on the Commonwealth summit and calls from some leaders for the UK to start meaningful dialogue on slavery reparations.

As the Government launches a major consultation on reforming the NHS, Jack brings together two MPs with experience of working in the health service: Labour's Paulette Hamilton and Conservative Luke Evans.

The former Conservative Justice Secretary, Alex Chalk, and London's Independent Commissioner for Victims, Claire Waxman, discuss the government's sentencing policy review.

And, after the Trump campaign accuses the UK Labour Party of "interference" in the US election, Jack is joined by spokeswoman for Republicans Overseas UK, Sarah Elliott, and Keir Starmer's former political director, Luke Sullivan.

SAT 11:30 From Our Own Correspondent (m0024cwr)

Is Russia Meddling in Moldova?

Kate Adie presents stories from Moldova, Russia, the US, Cuba and Indonesia

A crucial referendum on Moldova's potential membership of the EU was much closer than polls had predicted, leading the government in Chisinau and the EU to accuse Russia and its proxies of 'unprecedented' interference. Alongside the referendum, the country's pro-EU president was also running for re-election. Sarah Rainsford was there for the vote, and spotted some suspicious activity.

Russia's push into the Donbas in eastern Ukraine is intensifying, as its troops seek to gain control of the whole region. Earlier this year, Ukraine made its own incursion into Russian territory around the Kursk region. Nick Sturdee has followed the story of some Russian-speaking Ukrainian fighters, who're now fighting inside the Russian border.

Mike Wendling paid a visit to the swing state of Wisconsin as Halloween preparations were underway and found people are not just spooked by scary masks and ghoulish stories – there's a deeper, palpable anxiety among voters about dirty campaign tactics, and the fate of US democracy itself.

In Cuba, the electricity supply often fails when the fuel runs short, but last weekend, the whole of Cuba suffered a complete blackout, as it was still dealing with the aftermath of Hurricane Oscar. Will Grant has been to one village, where living without electricity has become the norm.

Mini the Macaque was taken from the jungle in Indonesia when she was just days old, and sold on to criminals in a global animal torture ring. Mini was eventually rescued following a lengthy BBC Eye investigation. Rebecca Henschke went along to Mini and her new monkey family set free.

Series producer: Serena Tarling
Editor: Richard Fenton-Smith
Production Coordinator: Katie Morrison

SAT 12:00 News Summary (m0024cwx)

The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m0024cwp)

Budget Countdown and 'Finfluencers'

There are just a few days to go until Rachel Reeves stands up in Parliament to deliver her first Budget as Chancellor. Since the Labour Party won the election in July, there's been a huge amount of speculation about what she might do to plug what she calls a 22 billion pound black hole left by the previous government. The Treasury says it does not comment on speculation around tax changes outside of fiscal events. But what tax changes might she make and how are people already preparing?

Figures seen by this programme suggest 2.5mn households will face tough decisions this winter about choosing whether to heat their homes or put food on their table. That's an increase of 400,000 in just a few months. The numbers come from official data modelled by the consultancy firm Baringa and indicate many of those who will be affected this winter are middle aged people struggling to get by.

What do changes to Premium Bond rates mean for savers and where are the best deals at the moment?

And, as the Financial Conduct Authority cracks down on some so-called "finfluencers" – for potentially giving money advice illegally – how can you spot the good from the bad?

Presenter: Paul Lewis

Reporters: Dan Whitworth, Jo Krasner and Emma Smith
Editor: Jess Quayle

(First broadcast 12pm Saturday 26th October 2024)

SAT 12:30 The News Quiz (m00244xr)

Series 115

Interference, Incentives and Interruptions

This week on The News Quiz, join guest host Ian Smith, along with Geoff Norcott, Amy Hoggart, Alasdair Beckett-King and Susie McCabe, as they break down accusations of Labour door-knocking across international lines, Musk's superpac and Trump's Big Mac, and the wild adventures of King Charles in the South Pacific.

Written by Ian Smith.

With additional material by: Alex Kealy, Cameron Loxdale, Christina Riggs and Laura Davis.

Producer: Rajiv Karia

Executive Producer: Richard Morris

Production Coordinator: Jodie Charman

Sound Editor: Marc Willcox

A BBC Studios Audio Production for Radio 4

An Eco-Audio certified Production

SAT 12:57 Weather (m0024cwz)

The latest weather forecast

SAT 13:00 News and Weather (m0024cx1)

The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m00244xy)

Sir Jake Berry, Rod Liddle, Catherine McKinnell MP, Eleanor Shearer

Alex Forsyth presents political discussion from Sunderland Minster with the former Chairman of the Conservative Party Sir Jake Berry, the Associate Editor of the Spectator Rod Liddle, the Minister for School Standards Catherine McKinnell MP and the novelist and Senior Research Fellow at the Common Wealth thinktank Eleanor Shearer.

Producer: Robin Markwell

Lead Broadcast Engineer: Phil Booth

SAT 14:00 Any Answers? (m0024cx3)

Call Any Answers? to have your say on the big issues in the news this week.

SAT 14:45 The Archers (m00244xt)

While Jazzer's driving Brad stresses about what'll happen when he gets to prison and sees George. Jazzer offers to turn round and take Brad back home, but Brad acknowledges that for him the visit will soon be over. It's George who's trapped inside. At the prison Brad's reassured by a fellow visitor, Rhea, who's been several times before and still doesn't find it easy. She tells Brad about her boyfriend, who's in for assault, before they head inside the Visiting Hall. After some initial small talk, George tells Brad about the gang who run the wing. He's learnt the hard way that you don't grass on cellmates. When it's time for Brad to go George affirms that he doesn't want his family seeing him like this. The best thing Brad can do is keep George's business going. Back outside, Brad and Rhea share how awful they found their visits.

After spilling her shopping while crossing The Green tearful Emma admits to Fallon how upsetting she's finding the fact that Brad's allowed to visit George while she can't. Emma then heads home to hide away until Brad gets back. But Fallon then drops in on Emma at Little Grange, full of concern. When Emma tells her about the letter she's writing to George, Fallon thinks George will be relieved to know people still care about him.

Once they're home Brad begs Jazzer not to tell Emma how badly George is doing. When Emma calls in Brad covers that George is fine. But after she's gone Jazzer assures uneasy Brad that he did the right thing, lying to her.

SAT 15:00 Breaking the Rules (m0024cx5)

Snares

A remote valley, echoing with birdsong. An expensive off-grid eco house, going to ruin. A wire fence garlanded with dead crows. And a visionary environmentalist, fast disappearing down a rabbit-hole of conspiracy theories.

Following Skye's burnout, she and her partner Kezia hope to start a radical new life in the alternative eco community set up

by Skye's friend Tobias. Tobias is an idealistic disruptor who has tried to find a more sustainable way to live. But is Tobias really the visionary environmentalist he claims to be?

Snares by Clare Bayley is part of BBC Radio 4's Breaking the Rules season and explores if the way you choose to live your life inevitably has an impact on those around you. It questions if rule-breaking is always brave or if imposing your views on others can be harmful.

SKYE.....Rebecca Banatvala
KEZIA.....Sarah Kameela Impney
TOBIAS.....Rupert Hill
FIONA.....Jenny Platt

Written by Clare Bayley
Directed by Nadia Molinari
Sound design by Sharon Hughes
Production co-ordinator: Pippa Day
Musical Director: Akintayo Akinbode

A BBC Studios Audio Production for BBC Radio 4.

SAT 16:00 Woman's Hour (m0024cx7)

Vanessa Feltz, SEND best practice: what is working?, Rivals

Vanessa Feltz has been a fixture on TV and radio for three decades. Now she has written a memoir, Vanessa Bares All, which charts the many ups and downs of her personal and professional life. She joins Anita Rani.

Listeners share with Nuala McGovern what they think works when it comes to Special Educational Needs and Disabilities (SEND) provision in educational settings.

In the late 1970s, in the toilets at Euston Station, Dr Sheila Reith, while trying to administer insulin to her daughter, thought there must be an easier way. She envisioned a pen-like device that could be used simply with just one hand. A few years later, the first insulin pen came to market, revolutionizing care for people with diabetes. Dr. Reith has since devoted her life to diabetes care, improving and saving the lives of millions. She joins Anita to discuss winning a Pride of Britain Lifetime Achievement Award.

Best known for her sketches on Saturday Night Live and her role as Weird Barbie, comedian Kate McKinnon has now turned her attention to books. The Millicent Quibb School of Etiquette for Young Ladies of Mad Science is her first children's book. Kate discusses the story and embracing her 'weirdness.'

What does the TV adaptation of Jilly Cooper's 80s classic Rivals tell us about sex in 2024? Nuala hears from Dayna McAlpine, a sex and relationships writer and lifestyle editor at HuffPost UK, and Rowan Pelling, co-editor at Perspective and former editor of the Erotic Review.

Presenter: Anita Rani

Producer: Dianne McGregor

SAT 17:00 PM (m0024cx9)

Biden urges halt to Israel-Iran attacks

President Biden hopes Israel's strike on Iran is 'the end' of tit-for-tat attacks. Plus, the care sector fears plans to raise NICs for employers may force some out of business, and how to grow old gracefully.

SAT 17:30 Political Thinking with Nick Robinson (m0024cxc)

The Kemi Badenoch for Leader One

What shaped the views and principles that Kemi Badenoch hopes will help her win the race to become next leader of the Conservative Party?

Nick Robinson sits down with the former Business Secretary near the end of her party's leadership contest.

Producer: Daniel Kraemer

SAT 17:54 Shipping Forecast (m0024cxh)

The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m0024cxh)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m0024cxk)

Tehran is urged not to retaliate, but it says it has the duty to defend itself. Businesses warn Chancellor she'll limit job creation by increasing employers' National Insurance.

SAT 18:15 Loose Ends (m0024cxm)

Harriet Walter, John Douglas Thompson, Robert Popper, Jessica Hepburn, Emily Burns, Wes Finch

Loose Ends is at the Stratford-upon-Avon Literary Festival and Stuart Maconie is joined by Harriet Walter, who has played many roles at the RSC in Stratford and has just published 'She Speaks!', a book imagining what Shakespeare's women might have said if they'd been given half a chance. John Douglas Thompson is one of America's finest classical actors, now playing his first role on the main stage at the RSC. He is returning to the role of Othello, 16 years after first taking it on.

Comedian and writer Robert Popper created the beloved sitcom Friday Night Dinner and has been the scourge of many with his 'Time Waster Letters'. He's back writing letters again, this time as Elsie Drake (104 years old). Jessica Hepburn is an 'arts adventurer', and the only woman to have swum the English Channel, run the London marathon and summited Everest. She might also be the only person in the world to have listened to every available episode of Desert Island Discs...

And there's music from Emily Burns and Wes Finch

Presenter: Stuart Maconie
Producer: Jessica Treen

SAT 19:00 Profile (m0024ctw)

Chris McCausland

The Liverpool-born comedian, known for his razor-sharp wit, has traded in his stand-up routines for some serious dance moves of late.

Chris McCausland is the first blind contestant to take part in the BBC show, Strictly Come Dancing - and he's being tipped as a possible winner.

In his 20s, Chris lost most of his sight due to retinitis pigmentosa. But that didn't slow down his career. He's been lighting up the comedy scene since 2003, with regular appearances on hit programmes like 8 Out of 10 Cats Does Countdown and Would I Lie to You. He's also taken to the iconic stage of Live at the Apollo.

In this edition of Profile, Stephen Smith talks to some of his closest friends, fellow comedians and former colleagues about his life, Strictly success - and the time he attended a job interview in the wrong trousers.

Production team
Producers: Caroline Bayley, Julie Ball, Natasha Fernandes
Editor: Ben Mundy
Sound: James Beard
Production Co-ordinators: Maria Ogundele

Credits

Live at the Apollo, Open Mike Production, 04/01/2018

SAT 19:15 This Cultural Life (m00245nq)

Julie Taymor

Theatre, opera and film director Julie Taymor is regarded as one of the most imaginative directors and designers working today. Her stage version of the Lion King is the highest grossing show in Broadway history, having made nearly \$2 billion, and it recently marked its 25th year in London. The Lion King Julie two Tony Awards, including for best director of a musical in 1997, making her the first woman to do so. Julie Taymor has told Shakespearean stories on stage and the big screen including Titus, starring Anthony Hopkins and The Tempest with Helen Mirren. Her film credits also include Frida, a biopic of painter Frida Kahlo, and the Beatles jukebox musical movie Across The Universe.

She tells John Wilson how seeing Rashomon, Akira Kurosawa's 1950 film, as a teenager, was a formative cultural experience. Kurosawa's ingenious approach to narrative opened her eyes for the first time about the possibilities of innovative storytelling. She also recalls how her travels around Indonesia and Bali after graduation, and in particular, witnessing a ceremony in the isolated Balinese village of Trunyan have had a profound impact on her work as a designer and director.

Julie reveals how she came up with the ground-breaking concept and some of the designs for the stage version of Disney's The Lion King. She also gives her opinion on some of the difficulties faced by the ill-fated Broadway musical Spider Man: Turn Off The Dark, on which she was co-writer and director until being replaced during its previews. The production, which featured music and lyrics by Bono and The Edge of U2, was ridden with technical and financial problems, and resulted in several legal disputes.

Producer: Edwina Pitman

SAT 20:00 Archive on 4 (m0024cxp)

The Year We Lost the Climate

In the year 2000, nearly 25 years ago, the scene was set for a huge step towards climate change leadership in the USA.

For the Democrats, Al Gore was already a committed campaigner with his "Inconvenient Truth" initiative informing corporate leaders about a heating climate. He promised urgent action to curb emissions.

The Republican front-runner was John McCain who had long contradicted his party's sceptical line on the climate.

Round the world, climate activists and policy-makers held their breath in anticipation of the USA, the world's biggest emitter, finally making the climate a global priority.

But then the campaign trail turned nasty. The dirtiest tricks were used in the fight to win with fingers being pointed at every side.

Bush won the nomination, lost the popular vote, but won an election among accusations of fraud and voter suppression. "Hanging chads" became part of the lexicon.

Before the election, Bush had promised climate action. After the vote he reneged immediately and appointed former oil man Dick Cheney as his deputy.

The climate was arguably the election's biggest casualty, as the world's biggest economy delayed taking action. If we'd acted strongly then, we'd have had a good chance of avoiding serious climate change but, 24 years later, have we left it too late?

Roger Harrabin was there, reporting on climate for the BBC at many of the key climate negotiations that followed. Using archive from the time and fresh interviews with key players, the butterfly effect of dirty tricks on a global crisis can now be heard. Featuring many of the most respected scientists, journalists and activists who are still hoping that the impact of inaction then might yet be prevented with escalated action today.

A True Thought production for BBC Radio 4

SAT 21:00 Moral Maze (m00244mg)

How should we help the global poor?

"Dawn... and as the sun breaks through the piercing chill of night on the plain outside Korem, it lights up a biblical famine, now, in the 20th century..." Those words, spoken by Michael Buerk 40 years ago, pricked the world's conscience, triggered an unprecedented humanitarian effort, led to Live Aid and spawned institutions like Comic Relief. Since then, more than a billion people around the world have climbed out of extreme poverty, although around 700 million people still live on less than \$2.15 a day, according to the World Bank.

Times have changed. Not only is the media landscape vastly different, making competing demands on our attention, but also our attitudes to helping the poor around the world are different. The question is not simply whether we have a moral duty to help people in other countries, but HOW we should help them.

In a post-pandemic world, there are those who advance ever stronger arguments for ending poverty through debt cancellation, robust institutions and international co-operation. Critics of development aid, however, see it as wasteful, ineffective and enabling corruption: 'poor people in rich countries subsidising rich people in poor countries'. Others view the sector as a legacy of European colonialism, citing Band Aid's portrayal of Africa as emblematic of the 'White saviourism' ingrained in the system. Others, meanwhile, believe the best way to help people is to bypass institutions altogether, and give cash directly to individuals to make their own decisions about how to spend it.

40 years on from Michael Buerk's landmark report from Ethiopia, how should we help the global poor?

Chair: Michael Buerk
Producer: Dan Tierney
Assistant producer: Ruth Purser

Panellists:
Ash Sarkar
Anne McElvoy
Inaya Folarin Iman
Carmody Grey

SAT 22:00 News (m0024cxr)

The latest national and international news from BBC Radio 4

SAT 22:15 The Food Programme (m00244wx)

Food Stories From Terra Madre

From the indigenous food of the USA to extraordinary cheeses from Ukraine, the wonders of fermentation to a revolutionary network of bakers, Dan Saladino shares stories of food and biodiversity at Slow Food's global gathering, Terra Madre.

Produced and presented by Dan Saladino.

SAT 23:00 Call Jonathan Pie (m0024cxt)

Call Jonathan Pie: US Election Specials

American Dream: Part 1

In the first of two US election specials Pie (Tom Walker) is tackling the thorny issue of democracy and is quickly derailed. As he takes his usual balanced (not) approach to the US presidential candidates Jules (Lucy Pearman) dangles a juicy carrot. There's a big gig in the offing; if only he can stop ranting about one of the candidates. Can you guess which one?

Written and performed by Tom Walker.
Additional material by Daniel Abelson and Will Franken

Jules Lucy Pearman.
Sam Aqib Khan
Roger Nick Revell
Callers Rosie Holt, Ellie Dobing, Daniel Abelson, Will Franken and Ed Kear
Original Music Jason Read
Voiceover Bob Sinfield.
Producer Alison Vernon-Smith
Executive Producer Julian Mayers
Production Co-Ordinator Ellie Dobing
A Yada-Yada Audio Production for BBC Radio 4

SAT 23:30 Brain of Britain (m002461q)

Heat 8, 2024

(8/17)

Today's edition of Brain of Britain comes from Nottingham, with Russell Davies in the questionmaster's chair. He'll be testing the competitors' knowledge of Tudor history, classic TV themes, medal-winners from the Paris Olympics, and Radio 4 comedy - among many other widely varied topics.

Competing for a semi-final place today are:

Alan Gibbs from St Helens
Diane Hallagan from Leeds
Helen Rigby from Oldham
Sanjoy Sen from Chesterfield.

There'll also be a chance for a Brain of Britain listener to win a prize by beating the Brains with questions he or she has devised.

Brain of Britain is a BBC Studios Audio production for Radio 4.

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

SUNDAY 27 OCTOBER 2024**SUN 00:00 Midnight News (m0024cxw)**

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Open Book (m001ry44)

AI and the Novel

Elizabeth Day and Johnny Pitts present a special edition of the programme exploring AI and the novel.

Recorded at the Southbank Centre's London Literature Festival; novelists Naomi Alderman, Adam Thirlwell and Julianne Pachico join Elizabeth and Johnny on stage to discuss depictions of AI in their fiction - and what AI might mean for fiction.

Naomi Alderman's new novel, The Future, is the tale of a daring heist hatched in the hope of saving the world from the tech giants whose greed threatens life as we know it. Adam Thirlwell's The Future, Future takes us from the salacious gossip of pre-revolutionary Paris to a utopian lunar commune, and Julianne Pachico tells the story of a young girl raised by artificial intelligence in her novel Jungle House.

Sound Engineers: Emma Harth and Duncan Hannet
Producer: Kirsten Locke

Book List - Sunday 29 October and Thursday 2 November

The Future by Naomi Alderman
The Power by Naomi Alderman
The Future Future by Adam Thirlwell
Jungle House by Julianne Pachico
The Foundation Trilogy by Isaac Asimov

Ulysses by James Joyce

A Mote in the Middle Distance: A Parody of Henry James by Max Beerbohm
The Inheritors by William Golding

SUN 00:48 Shipping Forecast (m0024cxy)

The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m0024cy0)

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m0024cy2)

The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m0024cy4)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m0024cyy)

St Martin's Church in Laugharne, Carmarthenshire.

Bells on Sunday, comes from St Martin's Church in Laugharne, Carmarthenshire. The famous Welsh poet and writer Dylan Thomas lived for a while in Laugharne and based his play "Under Milk Wood" partly on the village. Born this day in 1914 he is buried in St Martin's churchyard. There are six bells, the oldest four bells were cast by Abraham Rudhall of Gloucester in 1729. The Tenor weighs seven and three quarter hundredweight and is tuned to B flat. We hear the ringers of the St Davids Diocesan Guild ringing Cambridge Surprise Minor.

SUN 05:45 In Touch (m00244s8)

Technology Training: Where to Find It

When the RNIB announced changes to the way they deliver their Technology for Life service, we at In Touch heard a lot of trepidation from listeners over where visually impaired people can now go for meaningful support with tech. We thought we'd bring together a panel of guests from some of the big names across the sight loss sector, to tease out where this kind of help can be found and, ideally, delivered in-person. This programme is part one of two, where we assess the issue with guests from RNIB, TAVIP, AbilityNet, Visionary, a Rehabilitation specialist and Sight and Sound Technologies. The subsequent programme will focus on the potential solutions to this lack of in-depth and in-person support.

Presenter: Peter White

Producer: Beth Hemmings

Production Coordinator: Kim Agostino

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

SUN 06:00 News Summary (m0024ct3)

The latest national and international news from BBC Radio 4

SUN 06:05 Thinking Allowed (m00244rv)

Meaning of Work

Laurie Taylor talks to Jana Costas, Chair of People, Work & Management at the European University Viadrina, Frankfurt (Oder), Germany about the unseen cleaners beyond the shiny surface of Potsdamer Platz, a designer micro-city within Berlin's city centre. Behind the scenes they pick up cigarette butts from pavements, scrape chewing gum from marble floors and scrub public toilets, long before white-collar workers, consumers and tourists enter the complex. How do they feel about work which some would stigmatise as degrading? How do they salvage a sense of personal dignity? Also, Katie Bailey, Professor of Work and Employment at Kings College, London unpacks her analysis of accounts related by nurses, creative artists and lawyers as to why they find their work meaningful.

Producer: Jayne Egerton

SUN 06:35 On Your Farm (m0024ct5)

Pumpkins and Play Barns

At Lower Drayton farm in Staffordshire, Richard Bower and his father Ray run a business with so many farm diversifications that it's hard to keep up. Starting with a maize maze several years ago, the family then moved on to growing pick-your-own

pumpkins, and now run a "Harvest Hoedown", where visitors can take a wheelbarrow and gather their own vegetables to take home - watched over by life-size dinosaurs! But the biggest part of their business is not agricultural at all: four years ago they opened a play barn, which now pulls in 125,000 visitors a year, and makes four times as much money as the farming activities. For Richard, it's not a case of "get off my land" so much as "please come onto my land!"

The farm still grows combinable crops, potatoes, carrots and parsnips - and has 200 acres of permanent pasture for its 100 sheep and 125 beef cattle. Caz meets Ray Bower as he helps train some agricultural students in livestock care.

Elsewhere on the farm, a reservoir is now under construction. Once complete, it will help keep the farm's thirsty vegetables supplied with water - especially important in a time of climate change. Richard shows Caz where the excavations are up to, and they put their wellies on to slide down the bank and take a closer look at the project. Although he admits his business is now primarily an entertainment venue, Richard has no intention of abandoning food production - saying that unforeseen events like the Covid lockdown, which stopped the play barn in its tracks, have only underlined the value of continuing in conventional agriculture.

Producer: Emma Campbell

SUN 06:57 Weather (m0024ct7)

The latest weather reports and forecast

SUN 07:00 News and Papers (m0024ct9)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m0024ctc)

UK Prisoner release; Nuns on the bus; Assisted dying

This week, a further 1,100 prisoners were released early to ease the prison overcrowding crisis. We explore how faith groups are supporting ex-prisoners trying to move on with their lives.

We join the 'Nuns on the Bus' - a group of Catholic sisters and interfaith partners who recently toured the US ahead of the election, encouraging people to be 'multi-issue voters.'

With the first vote on the Assisted Dying Bill a matter of weeks away, we hear diverse views within faith communities, as people grapple with the complexities of the debate.

Presenter: Julie Etchingham

Producers: Dan Tierney & Katy Davis

Studio Managers: Nat Stokes & Simon Highfield

Editor: Tim Pemberton

SUN 07:54 Radio 4 Appeal (m0024ctf)

Sense International

TV presenter Amar Latif makes the Radio 4 Appeal on behalf of Sense International. The charity provides support for children in countries including Peru and India who are deaf, blind or both, known as deafblindness.

To Give:

- Freephone 0800 404 8144

- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Sense International'.

- Cheques should be made payable to 'Sense International'.

- You can donate online at bbc.co.uk/appeal/radio4

Registered Charity Number: 1076497. If you'd like to find out more about the charity's work visit

*<https://www.senseinternational.org.uk>

*The BBC is not responsible for content on external websites

Producer: Katy Takatsuki

SUN 07:57 Weather (m0024ctf)

The latest weather reports and forecast

SUN 08:00 News and Papers (m0024ctk)

The latest news headlines. Including a look at the Sunday papers

SUN 08:10 Sunday Worship (m0024ctm)

The Sound of Holiness

Leading British soprano and opera star Sophie Bevan MBE feels 'closer to God and the angels' singing simple Gregorian chant and the church music of the Renaissance than any other kind of music. As the Church approaches the season of All Saints, Fr Marcus Holden leads a meditation on the holiness and beauty of God as reflected through Gregorian Chant and the

sacred music of the 15th and 16th century. The Southwell Consort, directed by Dominic Bevan and Will Dawes, specialise in music of this period. With Monsignor Philip Whitmore, Rector of St James' Spanish Place where the programme was recorded. Ave Maria (chant); O Worship the Lord in the Beauty of Holiness (Was Lebet); Isaiah 6:1-6; Veni Sancte Spiritus (chant); Revelation 5:11-14; O Nata Lux (Tallis); Jerusalem the Golden (Ewing); Media Vita (Sheppard). Producer: Philip Billson

SUN 08:48 A Point of View (m00244y0)

Naughtie on America

The Old Identity

James Naughtie argues that a common American identity will be achieved - one day - despite the heightened political rhetoric around immigration, that is making it one of the most contentious issues in this year's presidential election.

He recalls Ronald Reagan's 'homely evocation of an American character'. For Reagan, James says, the inscription on the Statue of Liberty, 'give me your tired, your poor, your huddled masses', had real contemporary power.

For many Republicans today, he says, it's a very different story.

But he sees signs of change. On a recent visit to the US border in Arizona, he met a 'cattleman of resolute conservative views in his 80s', who tells James that although he's fed up with armed drug runners using his land, he believes most people cutting through the fence are 'good people, in search of new lives'.

'The huddled masses will be absorbed... eventually', James writes. 'But the question right now is how much damage will be done in getting there - to the principles of their democracy, and perhaps to their precious belief in themselves.'

Producer: Adele Armstrong

Sound: Peter Bosher

Production coordinator: Gemma Ashman

Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (m0024ctp)

James Henry on the Peregrine

A new series of Tweet of the Day for Sunday morning revealing personal and fascinating stories from some fresh voices who have been inspired by birds, their calls and encounters.

It was while watching peregrine falcons over the Blackwater estuary in Essex that gave author James Henry the idea for a fictional birdwatching detective. And it was a book, the Peregrine published in 1967 by J.A. Baker that got James interested in discovering these birds of prey himself. Although Baker never named the estuary where peregrines hunted over the winter months, James Henry reveals it is his local patch in East Anglia..

Producer : Andrew Dawes for BBC Audio on Bristol

Studio engineer : Suzy Robins

SUN 09:00 Broadcasting House (m0024ctr)

Chancellor promises a budget for 'strivers'

Ahead of Rachel Reeves' first budget, BH brings you a guide on what to look out for. Plus, are e-bikes strewn on pavements a sign of social decline? And how verbal dyspraxia patient Christian Wilson got a new voice restored his confidence.

SUN 10:00 Desert Island Discs (m001g8m4)

Steven Spielberg, director

Steven Spielberg is the most successful director of his generation and the highest-grossing director of all time: his films have taken more than \$10 billion worldwide. From Jaws to E.T. and Jurassic Park to Schindler's List, his storytelling has captivated audiences around the world.

Steven grew up in Phoenix, Arizona, where he started making films as a young boy. In 1958 he made a short Western which won him a Boy Scout merit badge. He screened it to his entire Scout troop and their laughter and applause got him hooked on film making.

In 1971 he directed a television movie called Duel about a motorist who is pursued by a murderous truck driver. The film attracted good reviews from critics, and before the age of 30, Steven had directed his first global hit: Jaws grossed \$471 million worldwide and is credited as heralding the arrival of the blockbuster era. He now says Jaws was 'a free pass into my future.'

He has won three Academy Awards, and has received eight nominations for best director. The Fabelmans, his most recent

film, is a semi-fictionalised account of his own coming of age, drawing on his film-making experiences as a child.

Steven is married to the actor Kate Capshaw, who starred in his film Indiana Jones and the Temple of Doom, and they have seven children.

DISC ONE: The Man Who Shot Liberty Valance by Gene Pitney

DISC TWO: Fugue in G minor, BWV 578 – “The Little” arranged by Leopold Stokowski, composed by J.S Bach, performed by Philadelphia Orchestra and conducted by Yannick Nezet-Seguin

DISC THREE: Michelle by The Beatles

DISC FOUR: What the World Needs Now Is Love by Jackie DeShannon

DISC FIVE: Come Fly with Me by Frank Sinatra

DISC SIX: The Ghost of Tom Joad by Bruce Springsteen

DISC SEVEN: Somewhere, composed by Leonard Bernstein

and Stephen Sondheim, performed by Reri Grist

DISC EIGHT: Coolhand by Buzzy Lee

BOOK CHOICE: The Grapes of Wrath by John Steinbeck
LUXURY ITEM: H-8 Bolex camera

CASTAWAY'S FAVOURITE: Coolhand by Buzzy Lee

Presenter Lauren Laverne

Producer Paula McGinley

SUN 10:45 More Wow (m002214m)

3. Mind-bending discoveries

What is awe, and where do we find it? Exploring how the elusive emotion of awe can be a vital force in our lives.

As something usually associated with intense experiences and extreme environments, for many of us awe can often seem difficult to attain. Science journalist Jo Marchant tracks down individuals who live awe-filled lives, uncovering where we might find it ourselves and how it can alter body and mind.

Episode three: Jo heads to Michael Wright's shed-workshop. Michael has spent decades reconstructing an ancient Greek model of the cosmos, known as the Antikythera mechanism. Jo and Michael discuss how the emotion of awe compels him in his work, and how making things with his hands connects him to those from ancient history. And Jo learns how big leaps forward in science have been driven by an awe in the strange anomalies which don't fit prevailing theories.

Featuring: Michael Wright, retired Science Museum curator and mechanical engineer by training;
Dacher Keltner, Professor of Psychology at the University of California, Berkeley and author of Awe: The Transformative Power of Everyday Wonder;
Helen de Cruz, Professor of Philosophy at St Louis University, Missouri and author of Wonderstruck: How Wonder and Awe Shape the Way We Think.

Presented by Jo Marchant, author of Cure, The Human Cosmos and Decoding the Heavens.

Producer: Eliza Lomas

Editor: Chris Ledgard

SUN 11:00 The Archers Omnibus (m0024ctt)

Writer: Sarah Hehir

Director: Peter Leslie Wild

Editor: Jeremy Howe

Brian Aldridge.... Charles Collingwood
Ben Archer.... Ben Norris
David Archer.... Timothy Bentinck
Ruth Archer.... Felicity Finch
Alice Carter.... Hollie Chapman
Chris Carter.... Wilf Scolding
Neil Carter.... Brian Hewlett
Ian Craig.... Stephen Kennedy
Clarrie Grundy.... Heather Bell
Emma Grundy.... Emerald O'Hanrahan
George Grundy.... Angus Stobie
Brad Horrobin.... Taylor Uttley
Azra Malik.... Yasmin Wilde
Jazzer McCreary.... Ryan Kelly
Stella Pryor.... Lucy Speed
Fallon Rogers.... Joanna Van Kampen
Lottie Summers.... Bonnie Baddoo
Rhea.... Shreya Lallu

SUN 12:15 Profile (m0024ctw)

[Repeat of broadcast at 19:00 on Saturday]

SUN 12:30 Just a Minute (m002465g)

Series 93

6. Doubling down at the duvet factory

Sue Perkins challenges Lucy Porter, Gyles Brandreth, Desiree Burch and Glenn Moore to speak for 60 seconds without repetition, deviation or hesitation. Subjects include The Streisand Effect, Ladders and Waving the White Flag.

Production Coordinator: Sarah Nicholls

Sound Editor: Marc Willcox

Producer: Rajiv Karia

An EcoAudio certified production.

A BBC Studios Production for Radio 4.

SUN 12:57 Weather (m0024cty)

The latest weather forecast

SUN 13:00 The World This Weekend (m0024cv0)

Reeves' 'how to spend it' condundrum

How should the Chancellor spend the billions she'll borrow for investment in her budget? Plus, how the trial of Gisele Pelicot's rapists is changing France's view of itself.

SUN 13:30 Singing in Gaza (m0024mxc)

Amid the rubble, in makeshift tents, children in Gaza are singing - and practising the violin, guitar and traditional instruments such as the 'oud. The sessions are organised by the local branch of the Palestinian national music conservatory, which still operates, outside its damaged premises, despite the destruction of teachers' and students' homes. Why - and how - do they go on singing? And what does music mean to them now? Tim Whewell reported from Gaza in 2015 on the rescue of the territory's only concert grand piano after a previous war. Now, he finds out how musicians he met then are living and working through this war. He learns about a boy who started playing the violin after he lost his hand in an airstrike. And he finds out about the second near-miraculous survival of the grand piano.

Presented and produced by Tim Whewell

Sound mix by Rod Farquhar

Production coordinator: Gemma Ashman

Editor: Penny Murphy

SUN 14:00 Gardeners' Question Time (m00244xf)

Birmingham Botanical Gardens: Fertilisers, Fluorescent Plants and Clematis

What plants would you recommend to entertain five to six year-olds? How do I successfully grow Japanese banana plants? Are rose fertilisers and tomato fertilisers the same thing?

Kathy Clugston and her team of horticultural champions visit Birmingham Botanical Gardens to solve the gardening gripes of the audience. On the panel this week are proud plantsman Matthew Biggs, ethnobotanist James Wong and garden designer Juliet Sargeant.

Later, Matt Biggs educates us on the life and legacy of renowned plant collector Ernest Wilson whose expeditions across Asia led to the introduction of over 2,000 plant species.

Senior Producer: Daniel Cocker

Assistant Producer: Rahnee Prescod

Assistant Producer: Suhaar Ali

Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

SUN 14:45 Supermarket Flowers by Dermot Bolger (b07bfzhm)

A deteriorating relationship between a woman who owns a house, outside which a child is knocked down at a bus stop, and the grieving mother who insists on leaving fresh flowers there each day turning the woman's garden wall into a permanent shrine.

Jane Brennan reads Dermot Bolger's short story.

Dermot Bolger is one of Ireland's most prolific writers. His radio plays for BBC Radio 4 include 'The Night Manager' and 'The Fortunestown Kid' and the radio version of his own novel 'The Woman's Daughter' broadcast in seven countries and winner of the Worldplay Award for best script.

Producer: Gemma McMullan

First broadcast on BBC Radio 4 in May 2016.

SUN 15:00 Dickensian (m0024cv2)

Little Dorrit: Episode 3

Arthur Clennam returns to England after 20 years in China. He brings with him a watch, with 'Do Not Forget' worked in beads on the casing.

Will his mother reveal the mystery behind the inscription? Does it relate to some wrong that has to be righted? And does the implacable Mrs Clennam know that the young seamstress who works for her is the daughter of William Dorrit, inmate of the Marshalsea debtors prison for over 20 years?

Dickens's 11th novel satirises the institutions of government and society, in particular the Circumlocution Office, a department run purely for the benefit of its incompetent officials, and the prisons where debtors were incarcerated, unable to work, until they had repaid their debts.

Dickens writes from personal experience as his father spent time in the Marshalsea.

Charles Dickens/ Rigaud Jason Watkins

Arthur Clennam Samuel Barnett

Amy Dorrit Kitty Archer

William Dorrit Paul Bradley

Frederick Dorrit David Tarkenter

Mrs Clennam Claire Price

Merdle Joseph Millson

Mrs General Nisha Nayar

Pancks Carl Prekopp

Maggy Lauren Cornelius

Jerry Flintwich / Dan Doyce Shaun Mason

Affery Sarah Thom

Tite Barnacle Snr. Ewan Bailey

Tite Barnacle Jr. Tayla Kovacevic-Ebong

Adapted for radio by Mike Walker

Production Co-ordinator: Annie Keates-Thorpe

Sound Design: Alisdair McGregor, Markus Andreas

Director: Jeremy Mortimer

Executive Producer: Joby Waldman

A Reduced Listening production for BBC Radio 4

Jason Watkins (The Lost Honour of Christopher Jefferies, Coma, W1A) is Dickens, who narrates the story, as well as the unscrupulous Rigaud. Samuel Barnett (Twenty Twelve, Penny Dreadful, Dirk Gently) is Arthur Clennam, and Claire Price (Rebus, Home Fires) plays Mrs Clennam. Paul Bradley (Eastenders, Holby City) is William Dorrit, and Kitty Archer (The Pursuit of Love, and recipient of the Ian Charleson Award for her role in Tartuffe at the National Theatre) is Amy Dorrit. Joseph Millson (Peak Practice, Holby City) is Merdle, Nisha Nayar (The Story of Tracy Beaker, Rosy Maloney) is Mrs General, Lauren Cornelius (That's What She Said, A Date with Shillelagh, Twin Leaps) is Maggy.

Mike Walker has written many original radio dramas and dramatisations. Little Dorrit is the eighth Dickens novel he has dramatised for BBC Radio.

SUN 16:00 Open Book (m0023x3m)

Books to Read and Re-Read

In this final edition of Open Book, Johny Pitts and Chris Power celebrate some of the outstanding novels from the last twenty six years.

They are joined by Kamila Shamsie, winner of the Women's Prize for Fiction in 2018 for her novel Home Fire. Sara Collins, author of The Confessions of Frannie Langton, and one of this year's Booker Prize judges. Ted Hodgkinson, Head of Literature and Spoken Word at the Southbank Centre, and previous chair of the International Booker.

Kamila, Sara and Ted pick out some of the books, including Wolf Hall, Lincoln in the Bardo and On Beauty, which have stood out for them: books they'd recommend to others, and re-read again and again.

Producer: Kirsten Locke

Books List:

Best of Friends – Kamila Shamsie

Burnt Shadows – Kamila Shamsie

Home Fire – Kamila Shamsie

The Confessions of Frannie Langton – Sara Collins

In the City by the Sea – Kamila Shamsie

Wolf Hall – Hilary Mantel

Lincoln in the Bardo – George Saunders

Cloud Atlas – David Mitchell

Klara and the Sun – Kazuo Ishiguro

Seasonal Quartet – Ali Smith

The Bee Sting – Paul Murray

Maps for Lost Lovers – Nadeem Aslam

In Memoriam – Alice Winn

On Beauty – Zadie Smith

SUN 16:30 Brain of Britain (m0024cv4)

Heat 9, 2024

(9/17)

If you know in which film Will Smith played the Williams sisters' dad, or the correct anatomical name for the voice-box, you could give the competitors in today's heat of Brain of Britain 2024 a run for their money. Russell Davies will ask them for the answers to this and many other questions, with another semi-final place to be decided. The contest today comes from Nottingham, and the competitors are all Midlanders.

Taking part are:

Pam Douglas from Droitwich,
Alan Eeles from Kidderminster,
Vicky Johnson from Nottingham,
Dr Nyasha Zvobgo from Birmingham.

There will also be a chance for a Brain of Britain listener to win a prize, with some devious questions designed to outwit the competitors.

Brain of Britain is a BBC Studios Audio production for Radio 4.

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

SUN 17:00 Witness History (w3ct5ymr)
Ramesses II's 'mummy makeover'

In 1976, the 3,000-year-old mummy of Ramesses II was found to have a fungal infection.

The embalmed body of the Egyptian pharaoh was flown from Cairo to Paris for a once-in-a-deathtime makeover.

It received a royal welcome at the airport, and was guarded throughout its restoration, which took place at the Musée de l'Homme.

Anne-Marie Goden worked as a receptionist at the museum. She tells Gill Kearsley the extraordinary story of the restoration.

Eye-witness accounts brought to life by archive. Witness History is for those fascinated by the past. We take you to the events that have shaped our world through the eyes of the people who were there. For nine minutes every day, we take you back in time and all over the world, to examine wars, coups, scientific discoveries, cultural moments and much more.

Recent episodes explore everything from football in Brazil, the history of the 'Indian Titanic' and the invention of air fryers, to Public Enemy's Fight The Power, subway art and the political crisis in Georgia. We look at the lives of some of the most famous leaders, artists, scientists and personalities in history, including: visionary architect Antoni Gaudí and the design of the Sagrada Família; Michael Jordan and his bespoke Nike trainers; Princess Diana at the Taj Mahal; and Görel Hanser, manager of legendary Swedish pop band Abba on the influence they've had on the music industry. You can learn all about fascinating and surprising stories, such as the time an Iraqi journalist hurled his shoes at the President of the United States in protest of America's occupation of Iraq; the creation of the Hollywood commercial that changed advertising forever; and the ascent of the first Aboriginal MP.

(Photo: The mummy of Ramesses II being examined in Paris. Credit: Tony Comiti/Sygma via Getty Images)

SUN 17:10 The Verb (m0024cv7)

Wendy Cope, Theresa Lola, Susie Dent, Ira Lightman

On this week's edition of The Verb, Ian McMillan gathers together -

Wendy Cope - the poet whose 1986 debut collection "Making Cocoa For Kingsley Amis" became that rare thing - a poetry best seller. As her first collected poems are published she reflects on poetry forms and why some of her old poems are making their first public appearance in her new book.

Ira Lightman, poet and artist, reflects on the nature of the epic. A marathon endeavour for poets and readers, it's usually seen as an ancient style but it is a form of poetry that contemporary poets continue to embrace including Ira himself.

Susie Dent, known for her ability to find just the right word, discusses her new novel, Guilty By Definition in which a group of lexicographers use their dictionary-making skills to solve a mystery.

Theresa Lola, former Young People's Laureate for London reads from her new collection, Ceremony for the Nameless, a poetry disquisition on the subject of naming.

Presenter: Ian McMillan
Producer: Ekene Akalawu

SUN 17:54 Shipping Forecast (m0024cv9)

The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m0024cvc)

The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m0024cvf)

The government is under pressure to clarify who'll be hit by Budget measures.

SUN 18:15 Pick of the Week (m0024cvh)

Iszi Lawrence

This week, Iszi dumps all the best bits of BBC audio onto the cutting floor after a premature round of trick-or-treating, with some monster-sized audio morsels to devour as we approach Halloween. Like the sound of spitting alpacas for instance, or Mark Kermode and Kim Newman charting the point in which vampires became sexy. And who could forget Stewart Lee's dramatic reading of a recurring nightmare from one Uncanny listener, including its odd connection to 80s heartthrob and singer Rick Astley? As you know, when it comes to anything ghoulish, Danny Robins is never going to tell a lie and hurt you.

Presenter: Iszi Lawrence
Producer: Anthony McKee
Production Co-ordinator: Jack Ferrie

A BBC Audio Northern Ireland production for BBC Radio 4.

SUN 19:00 The Archers (m0024cvk)

Jolene and Kenton discuss Fallon's plans for setting up her new café at the EV Charging Station. Kenton's worried about the impact on Harrison who's returning to full-time work but really doesn't want to. And the extra pressure won't do Fallon or Harrison any good in the long run. Justin and Lilian arrive for lunch at The Bull and chat turns to the kitten naming competition. Lilian thinks it needs to be decided soon, although Jolene and Kenton haven't been inspired by the suggestions so far. They decide to pick a name at random but keep pulling out unsuitable ones until they agree on Jack's entry of 'Tortoise'. They'll announce it on Wednesday. Jolene has some other news - the collector who's interested in the old Shires ashtray is visiting tomorrow to look at all of their Shires memorabilia.

Brad touts for promotional video work at The Stables but Lilian says he's wasting his time. She won't allow any connection between her businesses and George Grundy. Brad heads to Bridge Farm where he asks Pat if she's interested in any marketing. Pat appreciates Brad trying to support George's business but doesn't think it would go down well with the family. When Pat wonders how George is getting on, Brad lets slip that George is having a tough time. Pat advises that Brad talks to someone impartial because he shouldn't have to deal with this on his own. They're interrupted by Justin ringing with a proposition for Brad. Without explaining what it is, he suggests they meet up tomorrow.

SUN 19:15 Illuminated (m0024cvm)

Reclusion

Are we ever really alone nowadays, what with the extraordinary velocity of contemporary social circulation, whether this be the madness of the crowds, or the relentless churn of social media? Does anyone really experience reclusion? A conscious choice to withdraw from the social realm. What would it be like?

For decades, Will Self lived his life as a very public figure. An acerbic satirist and giant man of letters he was constantly on the move, driven by his insatiable curiosity about the world. "I once flew to Scotland, climbed Ben Lomond, and flew back to London the same day".

In a series of powerful soliloquies, Self reveals how he's gradually withdrawn from the social realm. He began by abandoning acquaintances and remoter colleagues, then started cutting off friends, close colleagues, and eventually family.

"It's been over a year since I've read a newspaper report, looked at a news website, or heard more than a three-minute news bulletin. Most days I see only my wife and youngest child who I live with."

In this powerful piece of radio, Will Self reaches down to the very bottom of how the self is socially constructed - and then dismantles that scaffolding from around it, to see what's still standing.

A half-hour that will leave the listener feeling as if they've been staring at their reflection for so long in a mirror, that this image appears totally uncanny to them.

Presenter: Will Self
Producer: Emily Williams

A Whistledown production for BBC Radio 4

SUN 19:45 Just One Thing - with Michael Mosley (m001h414)

Reach Out

It turns out having friends has big benefits for your health. Fascinating research shows social contact can boost your immune system and your brain power. In this episode, Michael Mosley is joined by Professor Pamela Qualter from Manchester University, who explains how reaching out in the simplest of ways - from sending a simple text to helping your neighbours - can significantly reduce loneliness levels, helping you feel more connected and a part of a community. People appreciate being contacted much more than you think. So, the next time you wonder whether to reach out to a friend - just do it.

SUN 20:00 Feedback (m0023q06)

Last Word selection criteria, how BBC presenters handle Middle East interviews, and Archers Podcast launch

In the first episode of the new series, former producer Neil George explains the selection criteria behind Radio 4's obit show Last Word. Suzanne Franks, professor of journalism at City St George's, University of London, helps navigate issues of impartiality when interviewing representatives of opposing sides in the Middle East conflict. And as a new Archers podcast is launched, listeners react to an on-air slip from presenter Emma Freud.

Presenter: Andrea Catherwood
Producer: Pauline Moore
Executive Producer: David Prest

A Whistledown Scotland production for BBC Radio 4

SUN 20:30 Last Word (m00244xk)

Sir Mike Jackson, Lily Ledbetter, Safeya Binzagr, Steve Piotrowski

Matthew Bannister on

General Sir Mike Jackson, the Chief of the General Staff at the time of the Iraq War.

Lily Ledbetter, whose campaign for equal pay led to an Act of Congress.

Safeya Binzagr, the pioneering Saudi Arabian artist whose career flourished despite the cultural restrictions on women in her society

Steve Piotrowski, the ornithologist who ringed 100,000 birds and helped to increase the barn owl population of Suffolk.

Interviewee: Lord Richards
Interviewee: Noreen Farrell
Interviewee: Melissa Gronlund
Interviewee: Kathy Piotrowski

Producer: Ed Prendeville

Archive used:

Gen Mike Jackson interview, Six O'Clock News, BBC News, 14/06/1999; Gen Mike Jackson, BBC News, 07/03/2003; Lilly Ledbetter speech and interview, NPR, Uploaded 14/10/2024; Steve Piotrowski interview, BBC Radio Suffolk 19/10/2015; Spectrum: Out of Town, BBC One East, 16/04/1985; Wrens singing, BBC Sfx, May 1981; Atmospheres: Countryside (Barn Owl), BBC Sfx, June 1981; Birds: Robins, BBC Sfx, March 1986; BBC Radio Suffolk 19/10/15; Wood Pigeon, Tweet of the Day, 14/12/2023; Collared Dove, Tweet of the Day, 07/01/2024; Great Tits, A Guide to Garden Birds: Series 1: Episode 2, 26/08/2008; Nightingale, BBC Sfx, May 1983; Swift Screaming Party, RSPB England, Facebook, 29/06/2024

SUN 21:00 Money Box (m0024cyp)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m0024ctf)

[Repeat of broadcast at 07:54 today]

SUN 21:30 From Our Own Correspondent (m0024cvr)

[Repeat of broadcast at 11:30 on Saturday]

SUN 22:00 Westminster Hour (m0024cvt)

Radio 4's Sunday night political discussion programme.

SUN 23:00 In Our Time (m00245nl)

Little Women

Melvyn Bragg and guests discuss Louisa May Alcott's 1868 novel, credited with starting the new genre of young adult fiction. When Alcott (1832-88) wrote *Little Women*, she only did so as her publisher refused to publish her father's book otherwise and as she hoped it would make money. It made Alcott's fortune. This coming of age story of Meg, Jo, Beth and Amy March, each overcoming their own moral flaws, has delighted generations of readers and was so popular from the start that Alcott wrote the second part in 1869 and further sequels and spin-offs in the coming years. Her work has inspired countless directors, composers and authors to make many reimagined versions ever since, with the sisters played by film actors such as Katherine Hepburn, Elizabeth Taylor, Winona Ryder, Claire Danes, Kirsten Dunst, Saoirse Ronan and Emma Watson.

With

Bridget Bennett
Professor of American Literature and Culture at the University of Leeds

Erin Forbes
Senior Lecturer in African American and U.S. Literature at the University of Bristol

And

Tom Wright
Reader in Rhetoric and Head of the Department of English Literature at the University of Sussex

Producer: Simon Tillotson

Reading list:

Louisa May Alcott (ed. Madeline B Stern), *Behind a Mask: The Unknown Thrillers of Louisa May Alcott* (William Morrow & Co, 1997)

Kate Block, Jenny Zhang, Carmen Maria Machado and Jane Smiley, *March Sisters: On Life, Death, and Little Women* (Library of America, 2019)

Anne Boyd Rioux, Meg, Jo, Beth, Amy: *The Story of Little Women and Why It Still Matters* (W. W. Norton & Company, 2018)

Azelina Flint, *The Matrilineal Heritage of Louisa May Alcott and Christina Rossetti* (Routledge, 2021)

Robert Gross, *The Transcendentalists and Their World* (Farrar, Straus and Giroux, 2022)

John Matteson, *Eden's Outcasts: The Story of Louisa May Alcott and Her Father* (W. W. Norton & Company, 2007)

Bethany C. Morrow, *So Many Beginnings: A Little Women Remix* (St Martin's Press, 2021)

Anne K. Phillips and Gregory Eiselein (eds.), *Critical Insights: Louisa May Alcott* (Grey House Publishing Inc, 2016)

Harriet Reisen, *Louisa May Alcott: The Woman Behind Little Women* (Picador, 2010)

Daniel Shealy (ed.), *Little Women at 150* (University of Mississippi Press, 2022)

Elaine Showalter, *A Jury of Her Peers: American Women Writers from Anne Bradstreet to Annie Proulx* (Virago, 2009)

Simon Sleight and Shirleene Robinson (eds.), *Children, Childhood and Youth in the British World* (Palgrave, 2016), especially "The 'Willful' Girl in the Anglo-World: Sentimental Heroines and Wild Colonial Girls" by Hilary Emmett

Madeleine B. Stern, *Louisa May Alcott: A Biography* (first published 1950; Northeastern University Press, 1999)

In Our Time is a BBC Studios Audio Production

SUN 23:45 Short Works (m00244xh)
Swimming Lessons by Elly Griffiths

A warm and delicately moving story by the award-winning author of the Ruth Galloway thriller series. Read by Rosie Cavaliero.

Maggie has taken early retirement and left London to spend more time with her mother by the coast. After her city life as a doctor, she now faces her anxieties - while building her relationship with her not always easy mum.

Read by Rosie Cavaliero
By Elly Griffiths
Produced by Allegra McIlroy

MONDAY 28 OCTOBER 2024

MON 00:00 Midnight News (m0024cvw)
The latest news and weather forecast from BBC Radio 4.

MON 00:15 World Of Secrets (w3ct793p)
Al Fayed, Predator at Harrods

Al Fayed, Predator at Harrods: 5. Silenced no more

Mohamed Al Fayed sells Harrods and retreats into a world of luxury villas and yachts. But will the women continue to stay silent about their allegations? Their stories weren't all heard before his death but now they come together to speak out. Would the past catch up with a man who had now been portrayed in *The Crown*, the drama about the reign of Queen Elizabeth II?

This season of *World of Secrets* is about sexual abuse, and includes descriptions which some listeners might find distressing. For a list of organisations in the UK that can provide support for survivors of sexual abuse, go to bbc.co.uk/actionline.

MON 00:45 Bells on Sunday (m0024cvy)
[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m0024cw0)
The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m0024cw2)
BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m0024cw4)
The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m0024cw6)
The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m0024cw8)
Short Cuts

A spiritual comment and prayer to start the day with the Revd Dr Rosa Hunt, Minister at Tabernacle Chapel Cardiff and Co-Principal of Cardiff Baptist College.

Good morning.

Speed can be a virtue if you're a 100m sprint Olympic hopeful, a mum getting kids ready for school before the bus arrives or even if you want to wash your hair before the hot water runs out! But there are occasions when skill and accuracy might be valued over speed. And I would argue that surgical operations would be some of these occasions. If for instance I were being operated on, I would rather the surgeon took their time and did it properly.

This has not, however, always been the case. On this day in 1794 a little boy, Robert Liston, was born in a manse in West Lothian, and he grew up to be a surgeon known as "the fastest knife in the West End" in his day. Apparently, Liston could amputate a leg in 21/2 minutes, crying out, "Time me gentlemen, time me!" to the students watching from the galleries.

But Liston's need for speed was not as crazy as it might seem. He was operating at a time when general anaesthetic was unavailable, and so speed was essential to reduce pain and improve the odds of survival of a patient. In fact, Liston was the first surgeon in Europe to perform a public operation using modern anaesthetic.

Loving God, as we remember Robert Liston today, we are grateful for him and for all those whose brilliance, learning and sheer hard work have made medical advances possible. We pray for those working in the field of medical research today, that they may have the resources they need in their fight against suffering, sickness and pain.
Healing God, hear our prayer,
Amen.

MON 05:45 Farming Today (m0024cwb)
28/10/24 - Salmon deaths, mink eradication and soil

A rise in sea temperatures is being blamed for the death of more than a million fish on salmon farming sites. MOWI - the company that runs the sites - says increased sea temperatures in the last 2 years led to an influx of jellyfish and algae, which harmed the fish. But campaigners say having large numbers of

salmon concentrated in once place is the real problem - claiming it compromises their health, making them more vulnerable when water temperatures fluctuate.

Invasive mink could be eradicated from the South East of England. Mink eat water voles - as well as other animals and birds - and projects are underway across the country to try and eradicate them. After successful efforts in Norfolk and Suffolk, The Waterlife Recovery Trust, with the help of volunteers and landowners, has laid two thousand floating "smart traps" along waterways.

And soil has been rising up the agenda in the last decade - among farmers, conservationists and politicians. Farmers in England can be paid to improve soil health and, in Northern Ireland, the government is funding country-wide soil sampling. So how much difference is it making?

Presented by Charlotte Smith
Produced by Heather Simons

MON 05:57 Weather (m0024cwd)
Weather reports and forecasts for farmers

MON 06:00 Today (m0024dfc)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m0024dff)
Female ambition and control

Does ambition have to be seen as corrupting, or like a kind of illness? These are the questions the business writer Stefan Stern asks in his book, *Fair or Foul: the Lady Macbeth Guide to Ambition*. He argues that far from the cliché of a scheming wife, Shakespeare's *Lady Macbeth* demonstrates a more sophisticated understanding of human nature, that could help us navigate the pitfalls of ambition today.

The playwright Zinnie Harris made *Lady Macbeth* the hero of her adaptation of the classic play last year. But now she's focused on the figure of *The Duchess of Malfi*, in a contemporary retelling. Played by the actor Jodie Whittaker, the Duchess defies her family's wishes and control, and asserts her own desires, with devastating results. The Duchess is on at the Trafalgar Theatre, London until 20th December.

Mary Queen of Scots spent nearly two decades imprisoned under the orders of Elizabeth I. From her chambers she wrote countless letters, many of them in code. Now 400 years after her death a new cache of encrypted letters has been uncovered. Jade Scott, a historian and expert on Mary's correspondence, brings her captivity to life in *Captive Queen: The Decrypted History of Mary, Queen of Scots*.

Producer: Katy Hickman

MON 09:45 Café Hope (m0024dfh)
Being seen and heard

Co-founder of Electric Umbrella, Mel Boda, tells Rachel Burden how the charity makes music accessible for learning disabled and neurodivergent people. After realising that there were not enough opportunities for everyone to enjoy music and perform, she set about trying to make it more inclusive by staging workshops, gigs and even a festival.

Café Hope is our virtual Radio 4 coffee shop, where guests pop in for a brew and a chat to tell us what they're doing to make things better in big and small ways. Think of us as sitting in your local café, cooking up plans, hearing the gossip, and celebrating the people making the world a better place.

We're all about trying to make change. It might be a transformational project that helps an entire community, or it might be about trying to make one life a little bit easier. And the key here is in the trying. This is real life. Not everything works, and there are struggles along the way. But it's always worth a go.

You can contact us on cafehope@bbc.co.uk

MON 10:00 Woman's Hour (m0024dfk)
Is the Women's Equality Party disbanding? Anna Maxwell Martin, Sexual Assault Referral Centres

The Women's Equality Party is urging members to vote to close down the party next month, just under 10 years after it began. The founders say financial challenges and a changed political landscape mean their campaigning model no longer works. Nuala McGovern is joined by the Guardian's Emma Graham-Harrison and Jemima Olchawski from the Fawcett Society to discuss.

The BAFTA-winning actress Anna Maxwell Martin stars as Delia in the new ITV series *Until I Kill You*. It tells the true story of Delia Balmer, who was the girlfriend of serial killer John Sweeney. Anna joins Nuala to talk about why she wanted to tell Delia's story, as well as her personal experiences of grief and struggles with the special educational needs system.

A new study has evaluated the effectiveness of Sexual Assault Referral Centres (SARCs), which offer specialist support to survivors of sexual violence. According to the research led by Coventry University, the majority of survivors surveyed reported a positive experience. To discuss the findings, we speak to the project lead Lorna O'Doherty, Professor of Trauma and Mental Health at Coventry University; and a woman we're calling Lauren who has accessed the services of a SARC.

The Colombian artist Alejandra Aristizabal creates 3D artwork using a native Colombian plant called the Figue. Her art helps to give a voice to indigenous women and raise awareness of the work they do. She is currently part of a residency programme at Christie's of London supporting artists who are using their work to bring about change. Alejandra joins Nuala to tell us more.

Presenter: Nuala McGovern
Producer: Lottie Garton

MON 11:00 How Would We Know If Democracy Had Died? (m0024dfm)
The American Guardrails

Democracy is a permanent gamble and fears for its survival have always haunted it. But if panic is best avoided, so too is complacency. While a spectacular disaster is unlikely, there remains the insidious fear that, while the forms remain, democracy can slowly wither.

Phil Tinline sets out to trace where the red lines lie that keep our political system - and America's - safe, by asking how we would know if they had been crossed, and democracy was on its way out.

In this third and final episode, Phil looks across the pond to America. On the eve of the US Presidential election, both sides warn that the other threatens to bring the republic's democracy crashing down.

Contributors:
George Packer, staff writer at *The Atlantic* and author of 'Last Best Hope: America in Crisis and Renewal'
Daniel Ziblatt, Eaton Professor of Government at Harvard University and author of 'How Democracies Die'
Jennifer Dresden, Policy Strategist at Protect Democracy
Yascha Mounk, Associate Professor of the Practice of International Affairs at Johns Hopkins University and author of 'Identity Trap: A Story of Ideas and Power in Our Time'
Oren Cass, Executive Director of American Compass and author of 'The Once and Future Worker: A Vision for the Renewal of Work in America'
Aziz Huq, Constitutional law scholar at the University of Chicago and co-author of 'How to Save a Constitutional Democracy'

MON 11:45 Every Kind of People by Kathryn Faulke (m0024dfp)
Episode 1

Kate never expected to become a home care worker. But when she left her role as a dietician in the NHS, burnt-out and disheartened, she thought caring for people in their own homes would be a simpler job. Despite being determined not to become too involved with her 'customers', she soon found herself developing firm friendships, forging deep connections and bearing witness to the extraordinary drama to be found in ordinary lives.

This is a book which reports from the frontline of an often unsung - and frequently maligned - profession. It offers a glimpse into the hidden lives of the housebound and infirm. Every Kind of People is clear-eyed about the challenges facing the NHS and the care system. But it is above all a celebration of humanity and of the life-changing impact of caring, on those who offer it and those who receive it.

Note from the author:

Most of the initial writing was done at the time when these events were happening, with the customers aware that I was writing about them as part of my own story. Sadly, many of these people have now passed away. Their names and many personal details have been changed to protect their identities but, since there are over ten thousand home-care agencies in England employing around half a million care workers supporting many thousands of vulnerable people, it is likely that the challenges faced by those in this book are replicated throughout the country on a daily basis.

Written by Kathryn Faulke

Abridged and Produced by Jill Waters
Read by Ayesha Antoine
The Waters Company for BBC Radio 4

MON 12:00 News Summary (m0024dfs)
The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m0024dfv)
Section 106 Trouble, The £12,400 Duvet Set and Why You Should Recycle Your Old Phone

Why the collapse in demand for affordable homes is leading to work grinding to halt on all types of homes and would you buy a duvet set for £12,400?

MON 12:57 Weather (m0024dfx)
The latest weather forecast

MON 13:00 World at One (m0024dfz)
Keir Starmer prepares the country for tax rises

The Prime Minister warns of unprecedented economic challenges ahead of Wednesday's budget, confirming that tax hikes will be included. Plus: we'll report from the US state of Georgia on the issues energising young voters.

MON 13:45 The History Podcast (m0024bfy)
The Lucan Obsession

The Lucan Obsession : 1. The Double Mystery

One winter's night, 50 years ago, a crime took place that obsessed the nation.

Lord Lucan is said to have killed the family nanny, attacked his wife and vanished.

Newspapers ran wild with lurid detail and it became a story hardwired into British culture.

Why did this case capture the British imagination, and spark one of the greatest unsolved mysteries of the 20th Century?

Historian Alex von Tunzelmann unpacks the story of our obsession, taking us into a dizzying world of high stakes gambling and exclusive London clubs, powerboat racing and pet tigers. It's also a dark realm of bankruptcy, gaslighting and stalking, and at its heart, a story with a violent and very tragic death.

Across the series she investigates the two mysteries at the centre of this story: was Lord Lucan the murder, and where on earth did he go?

Told and retold, the facts of the Lucan story have got lost. Alex finds herself in a hall of mirrors where truth and lies distort themselves into new myths and new mysteries. Was the truth obscured by booze and backhanders, class deference and journalist spin?

As she tries to get to the bottom of this case, she meets eyewitnesses from the '70s, people caught up in the crime, and those who just can't let it go. She unearths long forgotten tapes and letters, piecing together fragments of a legend to discover why the Lucan myth still holds such power.

Series contributors:
Algy Cluff, Pierrette Goletto and Mandy Parks
Journalists: Bob Strange and James Fox
Author: Laura Thompson
Crime writer: Claire McGowan
Police: Geoff Lewry, Richard Swarbrick and Jackie Malton
UK Missing Persons Unit: Louise Newell

Presenter: Alex von Tunzelmann
Series Producer: Sarah Bowen
Content Producer: Becca Bryers

MON 14:00 The Archers (m0024cvk)
[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Jack & Millie (m0024dg1)
Series 3

2. Matters of Life & Death

Millie deliberately makes Jack ask Harry something serious while Shirley accidentally makes Millie watch Harvey wearing a Virtual Reality suit

So Millie's son Melvin has given her a new tablet with a voice recorder?

So suddenly Jack & Millie have decided to record everything that happens to them? And for this, we should be grateful?

Well, YES! - because this is the new series of the comedy show written by Jeremy Front (writer of the Charles Paris mysteries for Radio 4) and starring Jeremy Front and Rebecca Front as Jack & Millie Lemman - an older couple who are fully engaged with contemporary life whilst being at war with the absurdities of the modern world.

Starring
Jack - Jeremy Front
Millie - Rebecca Front

and

Shirley - Tracy-Ann Oberman
Harry - Nigel Lindsay

With special guests
Bhasker Patel as the Waiter
Tony Way as the Sauna Guy
Katy Wix as Solange

Written by Jeremy Front

Produced and directed by David Tyler

A Pozzitive production for BBC Radio 4

MON 14:45 Bridget Jones's Diary by Helen Fielding (m0016y6f)
Episode Five

Helen Fielding's iconic 1996 novel of life as a single thirty-something woman in London.

"Daniel is still being gorgeous. How could everyone have been so wrong about him? Head is full of moony fantasies about living in flats with him and being trendy Smug Married instead of sheepish Singleton."

Bridget Jones begins the new year full of resolutions. She pledges in her diary to drink less, smoke less, lose weight, find a new job, stay away from unsuitable men and learn to programme the VCR. But her resolve is tested by the horrors of attending dinner parties with the "smug marrieds", the confusing behaviour of her charming rogue of a boss Daniel Cleaver, and her increasingly embarrassing encounters with human rights lawyer Mark Darcy.

Bridget Jones's Diary started life as a weekly column in the pages of *The Independent* in 1995, when Fielding worked on the news desk. Helen's column chronicled the life and antics of fictional Bridget Jones as a thirty-something single woman in London trying to make sense of life and love. It was first published as a novel in 1996 and has gone on to sell more than 15 million copies worldwide and has been adapted into a series of films.

Read by Sally Phillips
Abridged by Sara Davies
Produced by Mair Bosworth and Mary Ward-Lowery

MON 15:00 A Good Read (m0024dg3)
Tim Spector and Tatty Macleod

THE COUNTRY OF OTHERS by Leïla Slimani, chosen by Tatty Macleod
THE MAN WHO ATE EVERYTHING by Jeffrey Steingarten, chosen by Tim Spector
ORBITAL by Samantha Harvey, chosen by Harriett Gilbert

Comedian Tatty Macleod chooses a novel by French-Moroccan writer Leïla Slimani, the first volume of a new trilogy telling the saga of a French-Moroccan family between 1946 and 2016.

Scientist and food writer Professor Tim Spector chooses an award-winning collection of essays by food writer and critic Jeffrey Steingarten. His impassioned, funny, and mouth-watering anecdotes are all bound by a gluttonous curiosity that too often tips into obsession.

And Harriett Gilbert chooses a novella by Samantha Harvey called *Orbital*. Set on the International Space Station, it follows six astronauts as they reflect on life back down on Earth, in all its fury and glory.

Producer: Becky Ripley

MON 15:30 Lady Killers with Lucy Worsley (m0023jzk)
Lady Swindlers with Lucy Worsley

35. Women Who Dare

Lucy Worsley, historian Professor Rosalind Crone and author

and journalist Helen Lewis, explore the lives of four notorious Lady Swindlers. They'll be discussing underworld boss Tilly Devine, fake heiress Violet Charlesworth, queen of shoplifting Alice Diamond and fake Princess Mary Baker a.k.a. "Princess Caraboo". These women - through cunning and bravado - carve out notorious reputations and leave unforgettable legacies that we're still talking about today. Lucy and her guests imagine what our Lady Swindlers lives would look like now. Would they have become internet famous and built personal brands? Or would their audacity led to them being cancelled? They also discuss how our swindlers manipulate perceptions and navigate their world to live the lives they dreamed of, unapologetically. From Princess Caraboo's elaborate cosplay and Violet Charlesworth's audacious lifestyle to Tilly Devine's criminal empire, the series paints a vivid picture of women who dared.

Producer: Riham Moussa
Readers: Clare Corbett and Jonathan Keeble
Sound Design: Chris Maclean
Executive producer: Kirsty Hunter

A StoryHunter production for BBC Radio 4

If you're in the UK, listen to the newest episodes of Lady Killers first on BBC Sounds: <https://bbc.in/3M2pTOK>

MON 16:00 Singing in Gaza (m0024mxc)
[Repeat of broadcast at 13:30 on Sunday]

MON 16:30 How to Play (m0022bx0)
Mozart's Requiem with Sheffield Philharmonic Chorus

The Sheffield Philharmonic Chorus invite us to eavesdrop on their rehearsals as they prepare to perform Mozart's celebrated Requiem, with the Flanders Symphony Orchestra. As their concert date approaches, our singers show how the tiniest details can transform what the music communicates, and the crucial elements that govern whether a performance soars or flops.

Conductor, Kristiina Poska and Chorus Director, Darius Battiwalla are joined by choristers, Angela Argenzio, Rosalind Hobson, Ranjan Sen and Steve Terry. They share how they work together to uncover a message of hope and redemption in music that Mozart composed while he was dying.

MON 17:00 PM (m0024dg5)
Lowest fertility rate on record

The birth rate in England and Wales is the lowest on record, what does that mean for all our futures? Also: We hear the call for investment in radical arts projects.

MON 18:00 Six O'Clock News (m0024dg7)
The government is expected to unveil a raft of tax rises and spending cuts

MON 18:30 Paul Sinha's Perfect Pub Quiz (m0024dg9)
Series 3

Bradford - Why West Yorkshire Is the Best Yorkshire

Paul takes his Bradford audience on a quizzing tour of Yorkshire, from below the banks of the Aire to the top of the tallest tower.

What was the biggest sporting legacy of the Brontes? Who was the film industry's first ever nepo-baby? Why is West Yorkshire the Best Yorkshire? And how many Bradfordians have had number one singles - the correct answer may surprise you (as, indeed, it surprised Paul).

Written and performed by Paul Sinha
Additional material: Oliver Levy
Additional questions: The Audience

Original music: Tim Sutton

Recording engineer: Richard Biddulph
Mixed by: Rich Evans
Producer: Ed Morrish

A Lead Mojo production for BBC Radio 4

MON 19:00 The Archers (m0024dgd)
Collector Wesley Hutchinson arrives at The Bull to look at the collection of Shires memorabilia. Lillian and Jolene show him into the cellar where Wesley says he'd be willing to take the entire collection off their hands. But when Jolene wants to talk money, Wesley would rather finalise the deal with Kenton. It's

either that or the deal is off. When Wesley goes, Kenton tells Jolene they made a tidy sum but explains that Wesley felt that all of the 'darlings' from Jolene and Lillian were patronising. When Jolene's hurt by it, Kenton's reassuring and then comes up with the idea of making The Bull a 'darling free zone'.

Justin meets Brad At the EV Charging Station, explaining he's had a word with the Cellcharge team. They'd like Brad to make a promotional video prior to the station's opening next year. Brad starts to outline the cost of George's packages, but Justin's not interested. Instead he explains that he would rather they negotiated something between them. When Brad says he'd have to run it by George, Justin reckons it looks like more trouble than he'd realised. Back-tracking, Brad asks Justin what he'd suggest. Brad's flustered when Justin comes up with a low rate, explaining that Brad would also have the added benefit of being recommended to Justin's business associates. But Justin's shifty when Lillian arrives unexpectedly and suggests they catch up about it all later. Lillian's furious with Justin for doing a deal with George's business and warns him that if he's not careful, he can forget Christmas in the Caribbean!

MON 19:15 Front Row (m0024dgg)
Sir Steve McQueen on Blitz, Italian Renaissance drawings, Rachel Kushner on Creation Lake

Steve McQueen talks about his new film Blitz, starring Saoirse Ronan and set in London during the Second World War.

Michelangelo, Leonardo, Raphael are among the artists on show in the UK's largest exhibition of drawings from the Italian Renaissance, at the King's Gallery, Buckingham Palace. Samira is joined by the curator Martin Clayton and Renaissance historian Maya Corry.

Booker shortlisted author Rachel Kushner on her novel Creation Lake, about an American spy-for-hire.

Presenter: Samira Ahmed
Producer: Timothy Prosser

MON 20:00 Rethink (m0024cp8)
Rethink...care

The care system in Britain is creaking at the seams. People who need care aren't receiving it - or if they do it's untenably expensive. There aren't enough staff for care homes, and unpaid family carers often burn out looking after their loved ones without support.

Successive governments have recognised it's a problem, but they haven't been able to fix it. Rachel Reeves is just the latest in a long line of chancellors to back away from care reform.

How can we reform the care system so it works better for everyone involved? And crucially - how can we pay for it?

In this edition of Rethink we look at some of the big ideas that could revolutionise social care in this country.

We look at the arguments for a National Care Service to match the National Health Service. We hear about new technological fixes, from robots in care homes to smaller scale initiatives to help with medication or paperwork. Or maybe we all need to think about the whole system differently - and all care for each other a little more.

Contributors:
Sir Andrew Dilnot, head of the 2011 government review on Funding of Care & Support
Kathryn Smith, chief executive of the Social Care Institute for Excellence
Ben Cooper from the Fabian Society, co-author of their report Support Guaranteed: The Roadmap to a National Care Service
Hilary Cottam, designer, social activist and author of Radical Help: How We Can Remake the Relationships Between Us and Revolutionise the Welfare State

Presenter: Ben Ansell
Producer: Lucy Burns
Editor: Clare Fordham

MON 20:30 BBC Inside Science (m00245pf)
Whatever happened to graphene?

Twenty years ago this week two physicists at the University of Manchester published a ground-breaking paper describing the extraordinary qualities of graphene.

The thinnest and strongest material known to exist - and better at carrying electricity than any metal - its discovery was hailed as revolutionary.

But two decades on, it doesn't seem to have changed the world, or if it has, it is doing so very quietly.

So, what happened?

We go on the trail of graphene, meeting Nobel Prize winner and Godfather of Graphene Andrew Geim, and learning what it has - and hasn't - done and what might be next...

Also this week, how to kill an asteroid and we talk the "other" COP with chief scientific adviser to the government, Dame Angela McLean.

Presenter: Victoria Gill
Producers: Sophie Ormiston, Ella Hubber & Gerry Holt
Editor: Martin Smith
Production Co-ordinator: Jana Bennett-Holesworth

BBC Inside Science is produced in partnership with the Open University.

MON 21:00 Start the Week (m0024dff)
[Repeat of broadcast at 09:00 today]

MON 21:45 Café Hope (m0024dfh)
[Repeat of broadcast at 09:45 today]

MON 22:00 The World Tonight (m0024dgg)
Israel bans UN Palestinian refugee agency

Israel's parliament has passed two laws banning the UN's Palestinian refugee agency (Unwra) from operating in the country. We speak to an Israeli MP who backed the ban.

Also in the programme:

The Prime Minister Sir Keir Starmer has said the cap on bus fares will rise from £2 to £3 after this week's Budget. We hear how this has gone down with commuters and talk to Labour's West of England Mayor Dan Norris.

We speak to former Barack Obama campaign manager Jim Messina about controversial comments made at a Donald Trump rally.

And should magicians ever reveal their secrets?

MON 22:45 The Blue Hour by Paula Hawkins (m0024dgl)
Episode 1

When the bone at the heart of a famous sculpture is revealed to be human, curator James Becker investigates in the gripping new thriller from Paula Hawkins.

Read by Alexandra Mathie
Abridged by Eileen Horne
Produced by Eilidh McCreadie

An EcoAudio certified from BBC Audio Scotland for BBC Radio 4

The New York Times bestselling author of THE GIRL ON THE TRAIN explores ambition, creativity and loyalty in an unsettling psychological thriller with echoes of Du Maurier and Patricia Highsmith. Uncovering buried links between late artist Vanessa Chapman, her faithless missing husband and the rural GP who holds the key to Chapman's work, Becker must race the tide if he's to escape Vanessa's remote Scottish studio with the deadly story behind 'Division II'.

Paula Hawkins worked as a journalist for fifteen years before writing her first novel. Born and brought up in Zimbabwe, she moved to London in 1989. Her first thriller THE GIRL ON THE TRAIN became a global phenomenon, selling over 23 million copies and adapted into a box-office-hit film starring Emily Blunt. Paula's most recent thrillers, INTO THE WATER and A SLOW FIRE BURNING, were also instant No.1 bestsellers. THE BLUE HOUR has just been published around the world.

MON 23:00 Limelight (m001s636)
Harland - Series 3

Harland - 4. Diu eathamon

Fordingbridge is on the trail of Keshia who he believes is a Hare Witch. Still devastated by his father's betrayal, Dan continues his search for the Four Hare Witches not yet knowing if they will bring about salvation or the end of the world. By Lucy Catherine.

Dan Tyger Drew-Honey
Morris Rupert Holliday Evans
Sadie Melissa Advani
Sarah Ayesha Antoine
Fordingbridge Sean Baker
Keshia Rhiannon Neads

DCI Cummins John Lightbody
Dom-Rob Josh Bryant-Jones
DJ Don Gilet

Production Co-ordinator Jenny Mendez
Technical Producer Andrew Garratt
Sound Design by Peter Ringrose and Caleb Knightley
Directed by Toby Swift
A BBC Audio Production for BBC Radio 4

MON 23:30 Today in Parliament (m0024dgp)

Alicia McCarthy reports as the Speaker angrily denounces ministers for side-lining MPs - by announcing changes to financial rules outside Parliament first.

TUESDAY 29 OCTOBER 2024

TUE 00:00 Midnight News (m0024dgr)
National and international news from BBC Radio 4

TUE 00:30 Every Kind of People by Kathryn Faulke (m0024dfp)
[Repeat of broadcast at 11:45 on Monday]

TUE 00:48 Shipping Forecast (m0024dgt)
The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m0024dgv)
BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m0024dgy)
The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m0024dh0)
The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m0024dh2)
A Warm Space

A spiritual comment and prayer to start the day with the Revd Dr Rosa Hunt, Minister at Tabernacle Chapel Cardiff and Co-Principal of Cardiff Baptist College.

Good morning.

It's not a good morning for Dave and Sue. They live outside a sandwich shop just round the corner from our church, and it was raining last night, so their sleeping bags and blankets are wet through.

It's not a good morning for Kieran, either. He's a first year university student but he's broken up with his partner, and the contract was in her name, so he's homeless now. He's spent the night outside the hostel which was too full to let him in.

Ahmed's not having a great morning, either. Fleeing unimaginable horrors in Syria, he came to Britain under a Home Office scheme, but has ended up on the streets. His eyes are empty.

Soon, our church will open its doors as a warm space. Dave, Sue, Kieran, Ahmed and around 50 other people will come in. Nearly all of them are homeless, or in desperate financial straits. We get to eat together, and listen to each other's stories. For a brief couple of hours, our guests have a place where they belong. It's nowhere near enough to turn a bad morning into a good one. But for today, it's going to have to do.

Lord Jesus,

You were the son of man who had no place to lay his head when you were on earth. You know what it's like to be homeless and vulnerable. Give us hearts of compassion and enable us to see your face in every homeless person we meet this week. Help us to get to know them as people – to ask their names, to offer our friendship and respect. We pray also for those in government at all levels, and who are in a position to make decisions which affect the poorest and most vulnerable in our society. Grant them wisdom, mercy and insight.
Amen.

TUE 05:45 Farming Today (m0024dh4)
29/10/24 Hedgehogs on red list, soil survey in Northern Ireland, wet weather and grape harvest

Hedgehogs have been moved up the red list of threatened species by the International Union for Conservation. The IUCN says the European Hedgehog is in worrying and widespread decline, and it has moved it from "least concern" to "near

threatened". We ask the Mammal Society why hedgehogs are a cause for concern.

All week we're digging down into the subject of soil. Northern Ireland is running one of the most comprehensive soil nutrient sampling schemes that any country has ever undertaken. The £37 million 'Soil Nutrient Health Scheme', funded by the Department of Agriculture, Environment and Rural Affairs aims to sample nearly every one of Northern Ireland's 700,000 or so fields. It's believed the results could help farmers improve their soils, better manage nutrient application and reduce nutrient loss to water bodies, not least Lough Neagh.

Many crops have suffered with the wet weather this year. For vineyard owners, the wet has encouraged detrimental diseases and low yields. For organic wine producers, the options to combat the effects of a wet summer are minimal. We visit a vineyard where this autumn's harvest is half what it should be, because of the weather.

Presenter = Anna Hill
Producer = Rebecca Rooney

TUE 06:00 Today (m0024f5d)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 Young Again (m0024f5g)
16. Gloria Steinem

Kirsty Young asks the activist and writer Gloria Steinem what advice she would give her younger self.

Through the last seven decades, Steinem has been a singular voice and influential thinker for the causes of feminism and equality in the USA. She discusses her breakthrough as a young journalist going undercover as a Playboy Bunny, founding the hugely successful feminist magazine Ms., and her personal stake in the fight for the legalisation of abortion. She also reflects on her unconventional childhood with a father who never wore a hat or had a job and a mother whom she became a carer of at a young age.

A BBC Studios Audio production.

TUE 09:30 Inside Health (m0024f5j)
Focus on the breath

Have you ever thought about how you breathe? For many of us, the 20,000+ breaths we take each day go underneath our conscious awareness. But every now and then, a short-lived spout or a chronic case of breathlessness can remind us just how vital good breathing is for our health. But can we all breathe "better"? Some wellness trends suggest so...

James Gallagher gets to grips with mouth-taping: the practice of taping the mouth shut during the night to promote exclusive 'nasal breathing'. Many claim it has improved their sleep, their athletic performance and even given them a more chiselled jaw. Ken O'Halloran, professor of physiology at University College Cork, explains what research has been done looking into this trend and warns about when taping might do more harm than good.

James also visits The Coliseum in Covent Garden to hear how an operatic training programme has improved the quality of life for people living with Long-COVID. ENO Breathe, designed by The English National Opera and Imperial College Healthcare NHS Trust, has seen 4000 people learn to breathe like a classical singer to help them handle breathlessness. Creative director, Suzi Zumpe, and respiratory registrar, Keir Philip, talk through the programme and its impacts.

Finally, could taking consciousness control of our breathing for a short time each day improve our health? Guy Fincham, researcher at the University of Sussex, dives into his PhD research on breathwork, including his initial studies looking at who might benefit from these practices.

Presenter: James Gallagher
Producer: Julia Ravey
Content Editor: Holly Squire
Studio Engineer: Giles Aspen
Production Coordinator: Ismael Soriano

This programme was produced in partnership with The Open University.

TUE 10:00 Woman's Hour (m0024f5l)
Joeli Brearley, US elections and women, Ballon d'Or Feminin winners

Sacked from her job by voicemail the day after she informed her employer she was pregnant Joeli Brearley set up Pregnant Then Screwed to end pregnancy and maternity discrimination.

The charity has helped to influence new flexible working and redundancy protection laws, providing advice to hundreds of thousands of women when they face discrimination and challenging employers and government in high profile cases. After ten years Joeli is stepping down as CEO. She joins Nuala McGovern in the Woman's Hour studio.

The United States goes to the polls one week today and presidential candidates are campaigning furiously, with the two frontrunners being the Democratic nominee and current Vice President, Kamala Harris and the Republican nominee and former President, Donald Trump. As a programme, we're taking a look at whether there's such a thing as the 'the woman's vote'. How are different groups of women likely to vote and why? Nuala speaks to Kathy Frankovic, Consultant to YouGov America and former director of surveys for CBS News and Debbie Walsh, Director of the Centre for Women and American Politics at Rutgers University.

Last night's 2024 Ballon d'Or Awards in Paris saw the Ballon d'Or Feminin award go to Aitana Bonmati for the second year in a row, and former Chelsea coach Emma Hayes win Women's Coach of the Year. We hear from BBC Women's Football reporter Emma Sanders for a round-up.

Rae Mainwaring was only 23 when she was diagnosed with multiple sclerosis. Since then she's gone on to be a successful writer and theatre maker, and a mother of two children, and now her play Bright Places, about growing up in the shadow of a chronic illness is being staged at the Birmingham Repertory Theatre. She joins us in the Woman's Hour studio.

Presenter: Nuala McGovern
Producer: Kirsty Starkey

TUE 11:00 Screenshot (m00244xw)
Vampires

With Robert Eggers' Nosferatu - a remake of the 1922 adaptation of Dracula - hitting UK cinemas in the new year, Mark Kermode and Ellen E Jones take a look at one of cinema's most enduring monsters, the vampire.

Mark talks to friend of the show and vampire expert, Kim Newman, about the evolution of vampires over the last century. They discuss everything from Bela Lugosi's career defining performance as Count Dracula to the Twilight series.

Meanwhile, Ellen meets host and producer of The Evolution of Horror podcast, Mike Muncer. They go deep on teen vampire films and the everlasting appeal of cult classic The Lost Boys.

Ellen also speaks to Jane Schoenbrun, director of the new film, I Saw the TV Glow. They discuss their shared love of TV series Buffy the Vampire Slayer and its influence on Jane's film about outsider teens who are obsessed with a fantasy TV show.

Producer: Queenie Qureshi-Wales
A Prospect Street production for BBC Radio 4

TUE 11:45 Every Kind of People by Kathryn Faulke (m0024f5n)
Episode 2

Kate never expected to become a home care worker. But when she left her role as a dietician in the NHS, burnt-out and disheartened, she thought caring for people in their own homes would be a simpler job. Despite being determined not to become too involved with her 'customers', she soon found herself developing firm friendships, forging deep connections and bearing witness to the extraordinary drama to be found in ordinary lives.

This is a book which reports from the frontline of an often unsung - and frequently maligned - profession. It offers a glimpse into the hidden lives of the housebound and infirm. Every Kind of People is clear-eyed about the challenges facing the NHS and the care system. But it is above all a celebration of humanity and of the life-changing impact of caring, on those who offer it and those who receive it.

Note from the author:

Most of the initial writing was done at the time when these events were happening, with the customers aware that I was writing about them as part of my own story. Sadly, many of these people have now passed away. Their names and many personal details have been changed to protect their identities but, since there are over ten thousand home-care agencies in England employing around half a million care workers supporting many thousands of vulnerable people, it is likely that the challenges faced by those in this book are replicated throughout the country on a daily basis.

Written by Kathryn Faulke
Abridged and Produced by Jill Waters
Read by Ayesha Antoine
The Waters Company for BBC Radio 4

TUE 12:00 News Summary (m0024f5q)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m0024f5s)

Call You and Yours: What luxury is most important to you?

On Call You & Yours we want to hear about the luxury that means the most to you.

Sales of premium luxury goods in the UK may be sliding, but according to a new report by Barclays, we are beginning to spend more money on non-essential items as the cost of living pressures begin to ease.

So, what is the one luxury that means the most to you - however big or small? Has it changed over the last few years? Does it even cost anything at all? And what does it add to your life that makes you want it?

Let us know what is your luxury - email youandyours@bbc.co.uk, and leave a number so we can call you back. And after 11am on Tuesday October 29, you can call us on 03700 100 444.

TUE 12:57 Weather (m0024f5v)

The latest weather forecast

TUE 13:00 World at One (m0024f5x)

UK and US criticise Israel's ban of UN agency

The Israeli vote will severely limit the UN agency's ability to operate in Gaza and the West Bank. We speak to the former Emergency Relief Coordinator at the UN. Also, a Budget preview and crows can hold a grudge, for 17 years.

TUE 13:45 The History Podcast (m0024bfz)

The Lucan Obsession

The Lucan Obsession: 2. Death In Belgravia

What really happened on the night of 7th November 1974 when Sandra Rivett was murdered?

Young reporter Bob Strange sneaked into the hallway at the Lucan's house in Belgravia. The police burst in trampling through the crime scene.

The evidence of the Lucan case is murky. There are many versions that contradict themselves. Lord Lucan says something entirely different happened.

Who should we believe? And how do the mysteries surrounding that night, drive our obsession with this case?

Producer: Sarah Bowen

TUE 14:00 The Archers (m0024dgd)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama on 4 (m0024f5z)

The Zinoviev Letter

A cloak and dagger political drama by Simon Bovey about the conspiracy that triggered the collapse of the first Labour government in 1924, starring Mark Bonnar as Ramsay MacDonald.

Ramsay MacDonald Mark Bonnar
JD Gregory Sam Troughton
Major Sir Desmond Morton Max Bennett
Sir Eyre Crowe and Thomas Marlowe Jonathan Coy
Aminta Bradley Dyne Jaimi Barbakoff
News Vendor Luke MacGregor

Directed by Gemma Jenkins

This is a world of grand conspiracies and scaremongering. Despite happening over 100 years ago, events feel uncannily familiar. Much of the truth surrounding who did what and when is still shrouded in mystery. Based on what we do know, this drama sets out to join up the dots.

TUE 15:00 Punt & Dennis: Route Masters (m0023zj7)

Series 1: From Beer to Eternity

5 - From Elton John to the Air Fryer

Steve Punt and Hugh Dennis are on a mission to get from Elton John to the air fryer in the most entertaining way possible, in a warm and witty podcast that celebrates new and half-remembered trivia as they try to find unlikely links between random places, people and things.

Could you make your way from The Starship Enterprise to the air fryer, armed only with A Level Economics and a Geography

degree? Hugh Dennis is going to have to. While Steve Punt will have to pick his way across Africa, to find what links Machiavelli and Madagascar. Across the series, they'll be joined by guests including Ken Cheng, Kiri Pritchard McLean, Isy Suttie and Marcus Brigstocke, on a scenic route which takes in Shampoo, The Gruffalo, Watford Gap Services and Yoghurt.

Written and hosted by Steve Punt and Hugh Dennis

With Kiri Pritchard-McLean

Produced by Victoria Lloyd

Recorded at Maple St Creative

Mixed by Jonathan Last

A Listen Production for BBC Radio 4

TUE 15:30 Thinking Allowed (m0024f61)

Food Systems

Laurie Taylor talks to Ann Murcott, Honorary Professorial Research Associate, at SOAS, University of London about the origins and development of food packaging, from tin cans and glass jars to bottles and plastic trays. How central is packaging to global food systems and should we be concerned about wasteful packaging? Also, Anastacia Marx de Salcedo, offers a spirited defence of processed food from a feminist, economic, and public-health perspective.

Producer: Jayne Egerton

TUE 16:00 The Poetry Detective (m0024f63)

The Angry Penguins Hoax

"Dear Sir. When I was going through my brother's things after his death, I found some poetry he had written..."

80 years after his work was first published, Vanessa Kisuule investigates the incredible case of one of Australia's most celebrated poets. It's a story that begins with a mysterious letter and ends with a trial. And it takes us to the heart of some big questions in poetry: What makes a poem good? Who gets to decide that? And - whisper it - is some poetry just nonsense?

With Samela Harris, Michael Heyward, Stephen Orr, Maggie Nolan, David Brooks and Sam Riviere
Readings by Nuala Honan and Flynn Barnard

Produced by Mair Bosworth for BBC Audio

TUE 16:30 When It Hits the Fan (m0024f65)

Inside prestige PR, Starbucks and a cheese heist

David Yelland and Simon Lewis lift the lid on the rarely talked about world of establishment PR and the great battle for influence happening behind the scenes in modern Britain. It's why Peter Mandelson, William Hague and 36 other hopefuls are all vying to be the next Chancellor of Oxford University.

Also, how the new CEO of Starbucks is trying to reverse a recent decline in sales with the help of some back-to-basics internal communications.

And the great cheese heist... how taking the financial hit for the theft of £300,000 worth of posh cheddar has given Neal's Yard Dairy a PR boost.

Producer: Eve Streeter
Editor: Sarah Teasdale
Executive Producer: William Miller
Music by Eclectic Sounds
A Raconteur Studios production for BBC Radio 4

TUE 17:00 PM (m0024f67)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

TUE 18:00 Six O'Clock News (m0024f69)

He has been charged with having an Al Qaeda training manual and possessing a poison

TUE 18:30 Stuart Mitchell's Cost of Living (m0024f6c)

Omnibus part 1

Comedian Stuart Mitchell examines his own cost of living crisis. His journey of self discovery is prompted by a visit to one of Gordon Ramsay's restaurants - a meal that makes him question his entire existence.

Stuart also looks back at his time working for the Treasury with Gordon Brown and ponders whether the status of that job was worth the internal conflict that it gave him.

Each episode, Stuart looks at a chapter of his own unbelievable, but absolutely true, life story.

A working class boy, with huge aspirations, Stuart achieved

everything he dreamed of and more. However, he soon came to realise that the cost of having everything was more than he was willing to pay. A morality tale featuring his time working in Westminster, moving to a highly paid job in banking and willingly losing it all to find happiness; Stuart will make us all question the true cost of living.

Written and performed by Stuart Mitchell

Produced by Lauren Mackay

An omnibus version of Episodes 1 and 2 of Stuart Mitchell's Cost of Living

TUE 19:00 The Archers (m0024f3g)

Kirsty and Rex take up Brad's offer to revamp the rewinding website. Rex thinks it should be interactive and if they incorporate AI then a test website could be made really quickly. Kirsty comes across their lease agreement with Borchester Land, admitting she's forgotten it expires soon. She's been distracted by the private sale of her Beechwood house to Helen. They decide to flag the lease to BL as soon as possible and renegotiate the terms. They'll reach out to Stella first as she's looking after the BL's environmental side. Later Stella agrees to meet up with them, but cautions talking to Justin directly as she can only offer guidance to BL. But Kirsty's still worried - if BL were to pull out the whole rewinding project falls apart.

At The bull, Jolene struggles with not saying "my darling" and forfeits a pound with each mention.

She visits Fallon's EV Charging station unit, but when Jolene mentions it's a bit smaller than the original plan, Fallon admits there's been a mix-up. Jolene also wonders whether Fallon's meat and dairy free brief is a bit niche. Fallon's irritated: she invited Jolene there to share the excitement of her new venture, not to pick holes in it. Later Jolene gets fed up with trying not to say, "my darling" and she and Kenton agree to put an end to the challenge. They catch up with Fallon to tentatively check about the impact of the new café on Fallon and Harrison's relationship. But Fallon shuts them down saying things have never been better between them.

TUE 19:15 Front Row (m0024f6f)

Hugh Grant on Heretic, Yael van der Wouden's The Safekeep, future of housing design

Hugh Grant talks about his new psychological thriller Heretic, where he plays a man who lures two young female missionaries into his home for an intense debate about belief and faith that takes increasingly sinister turns.

The Government has pledged to build 1.5 million new homes by 2029 - but what will they look like? Winner of the Royal Institute of British Architects' 2024 Neave Brown Award for Housing, architect Jessam Al-Jawad and the Observer's architecture critic Rowan Moore discuss the future look of our towns and cities and how Europe could provide inspiration for social housing.

The Booker Prize will be awarded next month and Yael van der Wouden has been shortlisted for her first novel, The Safekeep. It examines the silent histories and repression of 1960s Dutch society through the prism of two very different women and the contested house they occupy.

Presenter: Samira Ahmed

Producer: Paula McGrath

TUE 20:00 File on 4 (m0024f34)

Gig Economy: The Ticketing Business

When the rock band Oasis announced they were reuniting, 10 million fans from all over the world joined the queue for tickets. It was the UK's biggest ever concert launch. Tickets quickly sold out and within hours, many were being offered for sale on secondary ticketing sites at vastly inflated prices. File on 4 investigates the online ticketing market to discover who's ahead of you in the queue - and how they're getting there.

Reporter: Adrian Goldberg
Producer: Hayley Mortimer
Technical Producer: Richard Hannaford
Production Coordinator: Tim Fernley
Editor: Carl Johnston

TUE 20:40 In Touch (m0024f6j)

Technology Training: Improvements of Provision

What are the big names from across the sight loss sector doing about the current provision of technology training? We have brought together a panel of guests from RNIB, AbilityNet, TAVIP, Visionary, Sight and Sound Technologies and rehabilitation specialists to discuss this issue. On last week's programme, we focused on why so many visually impaired people aren't able to access meaningful in-person technology support and what is stopping the sector from sorting it out. In

this programme, we're getting some answers on what they are currently doing within this space.

Presenter: Peter White
 Producer: Beth Hemmings
 Production Coordinator: Kim Agostino

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

TUE 21:00 Fed with Chris van Tulleken (m0024h1m)
 Series 1: Planet Chicken

Hay Festival Special

Dr Chris van Tulleken shares stories from the making of his chart-topping podcast, Fed. In conversation with Leyla Kazim, at Hay Festival 2024.

In Fed, Dr Chris van Tulleken, investigated the entangled web of forces that shape what ends up on our plates. And he focused his investigation around one foodstuff in particular. The most widely eaten meat on our planet, a staple of nearly every diet and a global food production phenomenon: the humble chicken. Chris dug into the history of our relationship with this extraordinary animal, to try to get to the truth of why we eat so much of it, and what that means for the birds, for us, and for the planet.

In this lively conversation, recorded live at Hay festival 2024, Chris talks to Leyla Kazim about the hidden stories behind the globalised food networks of today. From industrial-scale farming, to food labelling, to ethical dilemmas, environmental quandaries, and the complexities of the world of fast food. Plus tales from the adventure that ran through the whole series: raising his own tiny flock of broiler chickens, in his back garden.

TUE 21:30 The Bottom Line (m00245nx)
 Google: The Couple That Took On The Tech Giant

When Shivaun and Adam Raff's shopping and price comparison website all but vanished from Google's search results just days after launching, the pair began a gruelling legal battle that would end with a landmark judgement and the tech giant receiving a then record fine.

European regulators found the search engine guilty of abusing its market dominance by making its own shopping recommendations appear more prominently than rivals' in its search results. Google spent seven years appealing its €2.4bn fine, but eventually lost in September this year.

In their first interview since that verdict the Raffs tell Evan Davis the story behind their website - Foundem - and what they learned about big tech, regulation, and themselves during their almost 20-year fight.

Evan is joined by:

Shivaun and Adam Raff, co-founders, Foundem;
 Anne Witt, professor of law, EDHEC business school.

Credits:

President Barack speaking to Kara Swisher, from the technology news website Recode, in February 2015;
 Joaquín Almunia speaking at a European Commission press conference in February 2014;
 Margrethe Vestager speaking at a European Commission press conference in June 2017.

Production team:

Producer: Simon Tulett
 Researcher: Drew Hyndman
 Editor: Matt Willis
 Sound: Jonny Baker and Neil Churchill
 Production co-ordinator: Katie Morrison

(Picture: The Google logo displayed on a mobile phone and computer monitor. Credit: Leon Neal/Getty Images/BBC)

TUE 22:00 The World Tonight (m0024f6l)
 Minimum wage to rise in Reeves' first budget

The government has announced on the eve of Labour's first budget in 14 years that the National Living Wage will be increased. We hear from Shevaun Haviland, the British

Chambers of Commerce's director-general, on what this could mean for employers.

Also in the programme: staffers and subscribers are protesting against The Washington Post's decision not to endorse a candidate in the presidential election, one week before America votes.

We speak to a former head of the Oregon Hospice Association about why she went from opposing to supporting the right to assisted dying.

And Buena Vista Social Club musician Manuel "Guajiro" Mirabal has died at the age of 91. We speak to producer Nick Gold about Mirabal's music and the group's legacy.

TUE 22:45 The Blue Hour by Paula Hawkins (m0024f6n)
 Episode 2

Art curator Becker is on a mission to build bridges with the executor of Vanessa Chapman's estate – her dear friend Grace, the companion who cared for her until the end.

Written by Paula Hawkins
 Read by Alexandra Mathie
 Abridged by Eileen Home
 Produced by Eilidh McCreadie

An EcoAudio certified from BBC Audio Scotland for BBC Radio 4

The New York Times bestselling author of THE GIRL ON THE TRAIN explores ambition, creativity and loyalty in an unsettling psychological thriller with echoes of Du Maurier and Patricia Highsmith. Uncovering buried links between late artist Vanessa Chapman, her faithless missing husband and the rural GP who holds the key to Chapman's work, Becker must race the tide if he's to escape Vanessa's remote Scottish studio with the deadly story behind 'Division II'.

Paula Hawkins worked as a journalist for fifteen years before writing her first novel. Born and brought up in Zimbabwe, she moved to London in 1989. Her first thriller THE GIRL ON THE TRAIN became a global phenomenon, selling over 23 million copies and adapted into a box-office-hit film starring Emily Blunt. Paula's most recent thrillers, INTO THE WATER and A SLOW FIRE BURNING, were also instant No. 1 bestsellers. THE BLUE HOUR has just been published around the world.

TUE 23:00 Uncanny (m0024f6q)
 Halloween: Trilogy of Terror

Halloween Special with Stewart Lee

A special Halloween episode full of new cases to investigate. Danny is joined by Evelyn Hollow and guest expert, celebrated writer and comedian Stewart Lee, a lover of ghost stories and weird folklore. Can they explain these strange real-life stories of the paranormal?

Written and presented by Danny Robins
 Editing and sound design: Charlie Brandon-King
 Music: Evelyn Sykes
 Theme music by Lanterns on the Lake
 Production manager: Tam Reynolds
 Commissioning executive: Paula McDonnell
 Commissioning editor: Rhian Roberts
 Produced by Danny Robins and Simon Barnard

A Bafflegab and Uncanny Media production for BBC Radio 4

TUE 23:30 Today in Parliament (m0024f6s)

Sean Curran reports as MPs question the Government over briefings to the media about what's in the Budget

WEDNESDAY 30 OCTOBER 2024

WED 00:00 Midnight News (m0024f6v)
 National and international news from BBC Radio 4

WED 00:30 Every Kind of People by Kathryn Faulke (m0024f5n)
 [Repeat of broadcast at 11:45 on Tuesday]

WED 00:48 Shipping Forecast (m0024f6x)
 The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m0024f6z)
 BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m0024f71)
 The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m0024f73)
 The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m0024f75)
 Change and Renewal

A spiritual comment and prayer to start the day with the Revd Dr Rosa Hunt, Minister at Tabernacle Chapel Cardiff and Co-Principal of Cardiff Baptist College.

Good morning

What do you get if you cross a slow motion prima ballerina with the deliberations of an elephant? The House of Lords, apparently, or at least that's how it was described on this day in 1957 when plans for its reform included admitting women for the first time. The reference is presumably to the slow and clumsy pace at which reform happens in ancient and venerable institutions, like the Lords, or indeed the church.

There's often a sense that change might herald a lowering of standards, and a disturbing sense of insecurity and openness. "Change and decay in all around I see", wrote Henry Lyte in his famous hymn, Abide with Me, reflecting the age-old Christian tendency to equate change with decay!

I don't think Jesus saw things that way. He warned against the danger of trying to patch up an old garment with a piece torn from a new one – you'll just ruin both garments, said Jesus. There was wisdom in recognising when the old ways were beyond repair, and cheerfully donning the new garment. But that's not always easy. Don't pour new wine into old wineskins, says Jesus, you'll just burst the old containers and lose the new wine as a result. And anyway, he adds, people prefer to drink old wine!

Lord of creation,
 Through your spirit you are continually renewing us and all of creation. Forgive us when we reject the invitation of your spirit to enjoy your new wine – to renew our churches, our societies, our institutions and ourselves so that they reflect more and more of your goodness, mercy, justice, freedom and love. Fill us with wisdom to discern your invitation to change, and courage to obey.
 Amen.

WED 05:45 Farming Today (m0024f77)
 30/10/24 Budget preview, environmental targets, soil health on dairy farm, pumpkins

Labour's first Budget for 14 years will be delivered by the Chancellor Rachel Reeves today. The treasury's confirmed a 6.7% increase in the national living wage for UK workers over the age of 21 and the national minimum wage for those aged between 18 and 20 will also rise by £1.40 per hour. It's one decision that could impact farming businesses. We look at what other potential announcements could mean for agriculture and the environment.

The government's set out new criteria for meeting nature conservation targets. Environment secretary Steve Reed made the announcement at the COP16 biodiversity summit in Columbia. He renewed the pledge to protect 30 per cent of land and sea for nature by 2030. However the government's said it's had to revise its estimate of how much land in England currently qualifies for those targets - it's not as much as it thought. Sites of Special Scientific Interest will only count when they're in a favourable or recovering condition.

All week we've been unearthing stories of farms that are paying close attention to the health of their soils. Today we hear from a dairy farmer in west Wales who's turned his back on what he describes as a 'traditional farming system' to take a more ecological approach, working from the ground up.

It's almost Halloween and for some farmers, pumpkin picking has become an important diversification but bad weather has ruined the harvest in parts of the country this year. One grower in Cheshire had to cancel his pumpkin festival, which accounts for half the farm's annual income. However the family's turned to its orchards and is holding an apple festival instead.

Presenter = Steffan Messenger
 Producer = Rebecca Rooney

WED 06:00 Today (m0024f2w)
 News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 More or Less (m0024f2y)
 Are older drivers more dangerous?

Could the cut in winter fuel payments cost thousands of lives? Is it really true that criminals sentenced to three years will be out of prison in two months? Are older drivers more dangerous than young ones? Do Southeastern Railway shift 50 million leaves from their lines?

Tim Harford investigates some of the numbers in the news.

Presenter: Tim Harford
Reporters: Bethan Ashmead Latham and Nathan Gower
Producer: Natasha Fernandes
Series producer: Tom Colls
Production co-ordinator: Katie Morrison
Sound mix: James Beard
Editor: Richard Vadon

WED 09:30 The Coming Storm (m0024f30)
S2: 8. The Last Election...?

Gabriel Gatehouse, producer Lucy Proctor and Ben Ansell, Professor of Comparative Democratic Institutions at Oxford University, in front of a live audience at the BBC's Radio Theatre.

As the team emerges from series 2, what have we learned about the future of democracy in an age of technological change and split realities?

Producer: Lucy Proctor
Sound design and mix: James Beard
Editor: Richard Vadon
Script consultants: Richard Fenton-Smith and Afsaneh Gray
Commissioning editor: Dan Clarke
Original music: Pete Cunningham

WED 10:00 Woman's Hour (m0024f32)
Online scams, US election, Mary McCall Jr

The business owner Martha Keith found her products being sold fraudulently online. She tells Nuala how she set about trying to take control of the situation. Last month Lloyds Bank warned of a huge rise in rogue retailers using fake websites to trick people into buying items that are never dispatched. To discuss Nuala is also joined by Katherine Hart, Lead Officer for Scams for the Chartered Trading Standards Institute and Emma Jones, founder of Enterprise Nation.

With less than a week to go until the US Presidential election next Tuesday, how are the campaigns trying to appeal to male and female voters? Nuala speaks to Jill Lepore, Professor of American History at Harvard University, and Edward Luce, US National Editor at the Financial Times.

The Taliban has announced new restrictions on women in Afghanistan, which mean women are not allowed to pray out loud or sing together. We hear more from the BBC's Shazia Haya and Fawzia Koofi, the former deputy speaker of parliament in Afghanistan, who was a member of the peace negotiations with the Taliban.

Film historian Jennifer Smyth talks to Nuala about the life and legacy of the pioneering American screenwriter, Mary McCall Jr. The first woman president of the Screen Writers Guild in 1942, Mary was a key negotiator ensuring better rights and wages for all screenwriters in the film industry. But after years of standing up to male studio heads, she would be blacklisted and go from being one of the biggest earners in Hollywood to living on nickels and dimes.

Presenter: Nuala McGovern
Producer: Emma Pearce

WED 11:00 File on 4 (m0024f34)
[Repeat of broadcast at 20:00 on Tuesday]

WED 11:45 Every Kind of People by Kathryn Faulke (m0024f36)
Episode 3

Kate never expected to become a home care worker. But when she left her role as a dietician in the NHS, burnt-out and disheartened, she thought caring for people in their own homes would be a simpler job. Despite being determined not to become too involved with her 'customers', she soon found herself developing firm friendships, forging deep connections and bearing witness to the extraordinary drama to be found in ordinary lives.

This is a book which reports from the frontline of an often unsung - and frequently maligned - profession. It offers a glimpse into the hidden lives of the housebound and infirm. Every Kind of People is clear-eyed about the challenges facing the NHS and the care system. But it is above all a celebration of humanity and of the life-changing impact of caring, on those

who offer it and those who receive it.

Note from the author:
Most of the initial writing was done at the time when these events were happening, with the customers aware that I was writing about them as part of my own story. Sadly, many of these people have now passed away. Their names and many personal details have been changed to protect their identities but, since there are over ten thousand home-care agencies in England employing around half a million care workers supporting many thousands of vulnerable people, it is likely that the challenges faced by those in this book are replicated throughout the country on a daily basis.

Written by Kathryn Faulke
Abridged and Produced by Jill Waters
Read by Ayesha Antoine
The Waters Company for BBC Radio 4

WED 12:00 News Summary (m0024f38)
The latest national and international news from BBC Radio 4.

WED 12:04 The History Podcast (m0024bg1)
The Lucan Obsession

The Lucan Obsession: 3. Lucky Lucan

Lord Lucan raced powerboats through the English Channel, drove an Aston Martin around the Grand Canyon and completed the Cresta Run at Saint-Moritz.

Throwing himself into gambling, he was nicknamed Lucky.

With slicked back hair, charm, style and humour, he was remarkably striking.

But underneath this image there was a very different man.

Alex hears from friends, biographers and someone who lived in the Lucan household to ask who really was Lord Lucan?

Was he the vicious, violent and dangerous murderer of Sandra Rivett or was this a myth it was seductive to believe?

Producer: Sarah Bowen

WED 12:18 World at One (m0024f3b)
The World at One Budget Special

An extended World at One to cover Rachel Reeves' first budget as Chancellor with live coverage and analysis of the speech.

WED 13:57 Weather (m0024f3d)
The latest weather forecast

WED 14:00 The Archers (m0024f3g)
[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Pilgrim by Sebastian Baczkiewicz (m0024f3j)
Belle Meadow Fayre (Part 1)

A Pilgrim two-part special by Sebastian Baczkiewicz.

Each year at Belle Meadow Fayre, the Greyfolk meet to celebrate the burial of John Barleycorn, a ritual to mark autumn's end. But this year there's a problem: Old Johnny John and face down his kidnapper, the rogue faerie Kara.

Autumn shows no sign of abating and without the sacred ceremony at Belle Meadow, winter will not come. The Greyfolk are angry. It's down to Pilgrim to find Old Johnny John and face down his kidnapper, the rogue faerie Kara.

Pilgrim, cursed with immortality by the King of the Greyfolk, is forever forced to walk between the human world and the world of Faerie in a never-ending quest to preserve the uneasy balance between the two.

Pilgrim Paul Hilton
Vass Toby Jones
Kara Holli Dempsey
Clemira Sirine Saba
Rana Shreya Lallu
Keith David Hounslow
Mr Summerskill Carl Prekopp
Benji Nuhazet Diaz Cano
The Girl Agnes Dromgoole

Production co-ordinator: Maggie Oliati
Foley artist: Alison Craig
Sound design: Peter Ringrose
Director: Sasha Yevtushenko

A BBC Studios Audio production for Radio 4.

WED 15:00 Money Box (m0024f3l)
Money Box Live: Budget Breakdown

The Chancellor, Rachel Reeves, has announced her Budget but what does it mean for yours?

Money Box Live is breaking down what the Budget mean for your finances, from pensions and Inheritance Tax to the cost of a pint. We hear from the experts who are on hand to answer your questions and comments.

Felicity Hannah is joined by Dr Arun Advani, Professor of Economics at the University of Warwick and Kirsty Stone a partner at the independent financial advisers, The Private Office.

Presenter: Felicity Hannah
Producer: Sarah Rogers
Editor: Jess Quayle

(This episode was first broadcast at 3pm on Wednesday the 30th of October 2024)

WED 15:30 The Artificial Human (m0024f3n)
Will AI Control the World's Money?

Of all the jobs artificial intelligence might replace surely trading in stocks and shares is at the top of the list. Aleks and Kevin find out it might have already happened.

The first algorithms hit the trading floors nearly 30 years ago and since then the numbers of people involved in the buying and selling of shares has been dwindling. Aleks and Kevin speaking professor Dave Cliffe who wrote one of those first trading programmes. He was told the future of trading was a computer, a dog and a man. The computer would do the trading, the dog would guard the computer and the man, well he was there to feed the dog.

So how close are we to that future, closer than you think. But what does that mean for volatility in financial markets with AI's well documented imperfect view of the world and is there still a place for human insight and perspective?

Presenters: Aleks Krotoski & Kevin Fong
Producer: Peter McManus
Mixed by: Fraser Jackson

WED 16:00 The Media Show (m0024f3q)
Ballots, bias and big tech

This week, The Media Show broadcasts from Washington DC, and asks what the election tells us about the media's role in modern America.

The Washington Post finds itself at the heart of a debate on media impartiality after a reported loss of thousands of subscribers following its decision not to endorse a candidate. NPR's media correspondent, David Folkenflik, joins us to unpack the unfolding crisis.

With tech billionaires wielding significant influence, this election has seen figures like Elon Musk openly backing Donald Trump. Critics argue that big tech's sway over public discourse has become too potent. Jennifer Huddleston, a senior fellow in technology policy at the Cato Institute, and Marietje Schaake, a former MEP now with Stanford's Cyber Policy Center, debate the issues.

For over 170 years, the Associated Press has been at the forefront of election coverage, calling winners across the nation. Anna Johnson, AP's Washington bureau chief, explains how it does what might be "the single largest act of journalism in the world".

Also on the show, Lauren Egan, White House reporter for Politico, talks Ros through her job and what access she gets to the President. And David A Kaplan, former Newsweek legal affairs expert, reflects on the 2000 election—a time when the relationship between the media, the candidates and the public looked very different.

Presented by: Ros Atkins
Produced by: Simon Richardson
Assistant Producer: Lucy Wai
Sound: Ben Martin

WED 17:00 PM (m0024f3s)
The Budget: Labour's first in 14 years.

In Labour's first Budget for fourteen years the Chancellor raises taxes by forty billion pounds. Analysis and an interview with the Chief Secretary to the Treasury.

WED 18:00 Six O'Clock News (m0024f3v)

Rachel Reeves promised to restore economic stability and improve "broken" public services

WED 18:30 Ivo Graham's Obsessions (m0024f3x)

5. Kat Sadler & Felix White

Comedian and obsessive Ivo Graham welcomes another two celebrity obsessives to talk about their greatest loves.

This week, Ivo is joined by writer and star of the BAFTA-winning *Such Brave Girls*, Kat Sadler, and former Maccabees guitarist and current *Tailenders* host, Felix White. Kat has seen *Friends* more times than you can count, but which of the friends is she most like? Felix discovered his love of Baseball whilst touring the states, and explains to Ivo why he should be just as obsessed with it as he is.

Ivo also finds out what the studio audience's obsessions are, before being joined by a Very Obsessed Person, or VOP. Aaron Carty is a Beyoncé obsessive, and has toured the world as a Beyoncé drag impersonator - can you get more obsessed than that?

Hosted by Ivo Graham

Featuring Kat Sadler, Felix White and Aaron Carty

Written by Ivo Graham and Matthew Crosby

Additional Material by Cameron Loxdale, Christina Riggs and Peter Tellowch

Recorded at RADA Studios by Chris MacLean

Sound edited by Charlie Brandon-King

Production Coordinators: Katie Baum and Jodie Charman
Executive Producer: Pete Strauss

Produced by Gwyn Rhys Davies, a BBC Studios Audio production for Radio 4

An EcoAudio certified production

Show image: Matt Stronge

WED 19:00 The Archers (m0024f3z)

Justin's at Rewilding Ambridge for a meeting about its future. Rex explains their hopes for renewing the existing agreement and some strategies for increasing footfall. They're also upgrading their website; Brad's got Robert's help with the interactive side. But all Justin's interested in is a solid five-year business plan. He tells them to get their house in order before they meet again. Kirsty and Rex are left feeling that Rewilding Ambridge is hanging in the balance.

Harrison has a meeting with his boss, Inspector Norris. He's concerned that due to lack of staffing Harrison's doing more admin rather than actual police work. When he asks if it's because Norris thinks he can't handle the job, she's reassuring. Later Harrison apologises to Norris who wonders whether returning to full-time work might be contributing to the pressure. But Harrison says his priority is Fallon's happiness and he's doing his best to support her in every way he can.

Khalil bumps into Henry at The Bull where the results of the kitten naming competition are being announced. Khalil reckons 'Tortoise' is a bit basic, and Henry agrees even though it was Jack's winning entry. Khalil tells Henry how he really wants some pets - chickens in particular, but Azra's said no to any pets. Khalil wonders if Henry's up for helping with that. Later Henry pushes the benefits of pets to Azra who sees through it. However, she might consider trialling a cat. Khalil isn't that pleased because he'd rather have chickens. But when Henry talks about how evil Hilda the cat is, Khalil formulates a plan.

WED 19:15 Front Row (m0024f41)

Billy Crystal, Marina Diamandis, Nordic Music Festival

Actor Billy Crystal talks about his role as a child psychiatrist in *Before*, the new thriller series from Apple TV.

Marina Diamandis on pivoting from songwriting to poetry, as she publishes her first collection, *Eat the World*.

Live music from performers at the Nordic Music Days festival which celebrates contemporary classical music and is in Scotland for the first time.

Plus response to Rachel Reeves' first budget, from the BBC's Media & Arts Correspondent David Sillito.

Presenter: Kirsty Wark

Producer: Mark Crossan

WED 20:00 Moral Maze (m0024f43)

The morality of sending offenders to prison.

Overcrowded, understaffed and in disrepair, Britain's prisons are in crisis. One of the first acts of the Labour government was to announce that thousands of prisoners would be let out early to make room for the next wave of inmates. The Scottish government has a similar scheme. Press photographs taken at prison gates show chanting convicts cheering the Prime Minister before climbing into luxury cars and heading off to celebrate.

Arguments rage between those who say we send too many offenders to prison (more, as a proportion of the population, than any other country in Europe) and those who say we don't catch and punish enough criminals, so we need tougher policing and more jails.

Perhaps the prison crisis is a blessing in disguise, because it is stimulating new ideas. Initiatives are already under way that may develop into long-term solutions. Reformers want more sentences of community service, more curfews enforced by electronic tagging, more flexible parole used as a reward for good behaviour. They point out that the nations with most prisoners are also, by and large, the countries with most crime; in Britain, they say, lawbreaking flourishes in the absence of both deterrence and rehabilitation.

Our sentencing tariffs, criminologists insist, are incoherent and morally dubious; we are too hard on some offenders and too soft on others; we should rewrite the guidelines to distinguish more clearly between wicked criminals and hapless inadequates; most offenders need support, guidance and incentives to address their problems, not incarceration.

But that's not what the voters tend to think, so it's not what MPs have tended to support. The majority view has always been that prisons should be used to protect the public. What's more, they should be unpleasant places, to express society's disapproval of criminality, and sentences should be longer, because there has to be punishment as well as rehabilitation.

Lock 'em up or let 'em out?

The panel: Sonia Sodha, Giles Fraser, Inaya Folarin Iman, Matthew Taylor.

Witnesses: Ayesha Nayyar, Scarlett Roberts, Peter Bleksley, Dr Hindpal Singh Bhui

WED 21:00 Soul Music (m0024cws)

[Repeat of broadcast at 10:30 on Saturday]

WED 21:30 The Conflict (m0024f45)

Middle East

The Iranian Revolution (1979)

What can history teach us about the conflict in the Middle East?

Jonny Dymond brings together a carefully curated panel of experts, academics and journalists to talk about the conflict in the region.

This week's panel includes Dr Siavush Randjbar-Daemi, a lecturer at the University of St Andrews, and Dr Roham Alvandi, expert in Iran and modern Middle East history.

They revisit February 1979, when Ayatollah Khomeini returned from exile to Iran in the defining moment of a revolution that would change his country and the Middle East. And, they dig deeper into the complexities of Iran's relationship with Israel.

Please get in touch with Jonny and the team: theconflict@bbc.co.uk.

The Conflict: Middle East was made by Keiligh Baker, Ivana Davidovic and Anna Harris. The technical producers were Hannah Montgomery and Bob Nettles. The assistant editor is Ben Mundy. The senior news editor is Sam Bonham.

This episode is part of a BBC Sounds series. It was recorded at 14:00 on Tuesday 29 October 2024.

WED 22:00 The World Tonight (m0024f47)

Rachel Reeves delivers first Labour budget in 14 years

The Chancellor announced £70bn worth of public spending and £40bn worth of tax rises. Spending on the NHS is up, but so are employers' national insurance contributions, which analysts warn will be passed on to workers. We hear from the government and the Conservative opposition and explore what the Budget means for you and how it will define the next five years of Labour government.

Also tonight:

The World Tonight's James Coomarasamy speaks to voters in Wisconsin, one of the most tightly contested swing states, ahead of the US presidential elections.

Half a century after the Rumble in the Jungle, George Foreman remembers his iconic clash with Muhammad Ali.

WED 22:45 The Blue Hour by Paula Hawkins (m0024f49)

Episode 3

Although Becker has made a breakthrough with Vanessa's executor Grace, the woman is sceptical of the idea that her friend used a human bone in sculpture, 'Division II'.

Written by Paula Hawkins

Read by Alexandra Mathie

Abridged by Eileen Horne

Produced by Eilidh McCreadie

An EcoAudio certified from BBC Audio Scotland for BBC Radio 4

The New York Times bestselling author of *THE GIRL ON THE TRAIN* explores ambition, creativity and loyalty in an unsettling psychological thriller with echoes of Du Maurier and Patricia Highsmith. Uncovering buried links between late artist Vanessa Chapman, her faithless missing husband and the rural GP who holds the key to Chapman's work, Becker must race the tide if he's to escape Vanessa's remote Scottish studio with the deadly story behind 'Division II'.

Paula Hawkins worked as a journalist for fifteen years before writing her first novel. Born and brought up in Zimbabwe, she moved to London in 1989. Her first thriller *THE GIRL ON THE TRAIN* became a global phenomenon, selling over 23 million copies and adapted into a box-office-hit film starring Emily Blunt. Paula's most recent thrillers, *INTO THE WATER* and *A SLOW FIRE BURNING*, were also instant No.1 bestsellers. *THE BLUE HOUR* has just been published around the world.

WED 23:00 Influencers (m001qmjf)

Series 1

4. Biscuits

Katy Brand and Katherine Parkinson write and star in a new comedy about the world of influencing, where they play Ruth and Carla – two wannabe stars of the online business world.

They are bound together by a carefully controlled image that can lead to lucrative product placements and well-paid endorsements - but only if the PR is played just right. And that's a problem because, behind the scenes, things are not always as harmonious as they seem.

Episode 4: Biscuits

Ruth and Carla discover a new blog called *Daughters of Influencers*, written by two teenage girls detailing their grievances with their toxic influencer mothers. It can't possibly be about them...

Carla – Katy Brand

Ruth – Katherine Parkinson

Written by Katy Brand and Katherine Parkinson

Producer: Liz Anstee

A CPL production for BBC Radio 4

WED 23:15 The Skewer (m0024f4c)

Series 12

Episode 8

The week's biggest stories like you've never heard them before. Jon Holmes remixes the news into a satirical concept album.

This week - Budget, Bluffs, and Fight Club.

Producer: Jon Holmes

An unusual production for BBC Radio 4

WED 23:30 Today in Parliament (m0024f4f)

The best of Budget Day

THURSDAY 31 OCTOBER 2024**THU 00:00 Midnight News (m0024f4h)**

National and international news from BBC Radio 4

THU 00:30 Every Kind of People by Kathryn Faulke (m0024f36)

[Repeat of broadcast at 11:45 on Wednesday]

THU 00:48 Shipping Forecast (m0024f4k)

The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m0024f4m)

BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m0024f4p)

The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m0024f4r)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m0024f4t)

Remembering the Dead

A spiritual comment and prayer to start the day with the Revd Dr Rosa Hunt, Minister at Tabernacle Chapel Cardiff and Co-Principal of Cardiff Baptist College.

Good morning.

In many cultures, today is a day for remembering the dead.

Hallowe'en can be fun for kids; it can be terrifying for elderly people; it is certainly a huge money-spinner for the shops. But perhaps it's also a way for our culture to talk about fear, death and grief. Because the truth is that when we lose someone we really love, we do remember. Grief stores up that memory in our bodies. After losing our son nearly two years ago, grief has lodged itself in every muscle of my body. It's changed the way that I sleep, and my ability to remember things and handle social situations. I used to think that to be heartbroken meant to be extremely sad. I now realise that in times of extreme grief, our heart simply cannot produce normal emotions – it's broken.

"Someone I loved once gave me a box of darkness. It took many years to understand that this too was a gift", wrote the (American) poet Mary Oliver. With the love and support of others, grief can turn us into less fearful and more compassionate people.

Loving God,

On this day when death is acted out all around us, we pray for those for whom death is a bitter reality. For all those who grieve, we ask that they may have the courage and the loving support to allow that grief to transform them into more resilient and more loving people, instead of being trapped in a place of dark despair. We ask this in the name of Jesus, whose resurrection broke the power of death to destroy us. Amen.

THU 05:45 Farming Today (m0024f4w)

We look at how the Budget affects agriculture and farming businesses. Inheritance tax will apply to farms from April 2026. The National Farmers' Union tells us farming is being "bled dry" and has "nothing left to give". The Minister for Food Security and Rural Affairs, Daniel Zeichner, has confirmed that next year's farming budget for England remains unchanged at £2.4 billion. There was no mention of nature in the Chancellor's budget speech, something the Wildlife Trusts highlighted, saying "The UK Government must commit to long-term strategic funding for nature's recovery and provide greater funding for environmental regulators".

Presented by Charlotte Smith and produced by Beatrice Fenton.

THU 06:00 Today (m0024fj1)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m0024fj3)

The Venetian Empire

Melvyn Bragg and guests discuss the remarkable rise of Venice in the eastern Mediterranean. Unlike other Italian cities of the early medieval period, Venice had not been settled during the Roman Empire. Rather, it was a refuge for those fleeing unrest after the fall of Rome who settled on these boggy islands on a lagoon and developed into a power that ran an empire from mainland Italy, down the Adriatic coast, across the Peloponnese to Crete and Cyprus, past Constantinople and into the Black Sea. This was a city without walls, just one of the surprises for visitors who marvelled at the stability and influence of Venice right up to the 17th Century when the Ottomans, Spain, France and the Hapsburgs were to prove too much especially with trade shifting to the Atlantic.

With

Maartje van Gelder

Professor in Early Modern History at the University of Amsterdam

Stephen Bowd

Professor of Early Modern History at the University of Edinburgh

And

Georg Christ

Senior Lecturer in Medieval and Early Modern History at the University of Manchester

Producer: Simon Tillotson

Reading list:

Michel Balard and Christian Buchet (eds.), *The Sea in History: The Medieval World* (Boydell & Brewer, 2017), especially 'The Naval Power of Venice in the Eastern Mediterranean' by Ruthy Gertwagen

Stephen D. Bowd, *Venice's Most Loyal City: Civic Identity in Renaissance Brescia* (Harvard University Press, 2010)

Frederic Chapin Lane, *Venice: A Maritime Republic* (Johns Hopkins University Press, 1973)

Georg Christ and Franz-Julius Morche (eds.), *Cultures of Empire: Rethinking Venetian rule 1400–1700: Essays in Honour of Benjamin Arbel* (Brill, 2020), especially 'Orating Venice's Empire: Politics and Persuasion in Fifteenth Century Funeral Orations' by Monique O'Connell

Eric R. Dursteler, *A Companion to Venetian History, 1400-1797* (Brill, 2013), especially 'Venice's Maritime Empire in the Early Modern Period' by Benjamin Arbel

Iain Fenlon, *The Ceremonial City: History, Memory and Myth in Renaissance Venice* (Yale University Press, 2007)

Joanne M. Ferraro, *Venice: History of the Floating City* (Cambridge University Press, 2012)

Maria Fusaro, *Political Economies of Empire: The Decline of Venice and the Rise of England 1450-1700* (Cambridge University Press, 2015)

Maartje van Gelder, *Trading Places: The Netherlandish Merchant Community in Early Modern Venice, 1590-1650* (Brill, 2009)

Deborah Howard, *The Architectural History of Venice* (Yale University Press, 2004)

Kristin L. Huffman (ed.), *A View of Venice: Portrait of a Renaissance City* (Duke University Press, 2024)

Peter Humfrey, *Venice and the Veneto: Artistic Centers of the Italian Renaissance* (Cambridge University Press, 2008)

John Jeffries Martin and Dennis Romano (eds.), *Venice Reconsidered: The History and Civilization of an Italian City-State, 1297-1797* (Johns Hopkins University Press, 2000)

Erin Maglaque, *Venice's Intimate Empire: Family Life and Scholarship in the Renaissance Mediterranean* (Cornell University Press, 2018)

Michael E Mallett and John Rigby Hale, *The Military Organization of a Renaissance State Venice, c.1400 to 1617* (Cambridge University Press, 1984)

William Hardy McNeill, *Venice: The Hinge of Europe* (The University of Chicago Press, 1974)

Jan Morris, *The Venetian Empire: A Sea Voyage* (Faber & Faber, 1980)

Monique O'Connell, *Men of Empire: Power and Negotiation in Venice's Maritime State* (Johns Hopkins University Press, 2009)

Dennis Romano, *Venice: The Remarkable History of the Lagoon City* (Oxford University Press, 2023)

David Rosand, *Myths of Venice: The Figuration of a State* (University of North Carolina Press, 2001)

David Sanderson Chambers, *The Imperial Age of Venice, 1380-1580* (Thames and Hudson, 1970)

Sandra Toffolo, *Describing the City, Describing the State: Representations of Venice and the Venetian Terraferma in the Renaissance* (Brill, 2020)

In Our Time is a BBC Studios Audio Production

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THU 09:45 Strong Message Here (m0024fj5)

Tough Decisions

Comedy writer Armando Iannucci and journalist Helen Lewis decode the utterly baffling world of political language.

This week, as Rachel Reeves delivers the first Labour budget in 15 years, we're talking about 'tough decisions'.

What's a tough decision? Why is language around budgets so slippery? And why doesn't anyone drink at the dispatch box anymore?

A longer version, where Armando recalls making *The Thick of It* during austerity, and discuss whether Ed Miliband was really 'toss enough' is available on BBC Sounds.

Sound Editing by Charlie Brandon-King
Production Coordinator - Katie Baum
Executive Producer - Pete Strauss

Produced by Gwyn Rhys Davies.
A BBC Studios Audio production for Radio 4.
An EcoAudio certified production.

THU 10:00 Woman's Hour (m0024fj7)

The impact of the Budget on women, Nuzo Onoh, The Remarkable Life of Ibelin

Following the announcement of Labour's first budget in fourteen years – and the first Budget announced by a woman Chancellor – we hear how women across the country will be affected. Anita Rani speaks to Mehreen Khan, the economics editor of *The Times*, Sara Reis, deputy director and head of research at Women's Budget Group and Jo, a participant in the *Changing Realities* project, a collaboration of parents and carers on a low income and researchers from the University of York and Child Poverty Action.

With Halloween upon us, Queen of African Horror Nuzo Onoh joins Anita to talk about her new novel *Where the Dead Brides Gather*, her journey to getting published and spooky celebrations in Nigeria.

How many of us have grown up with parts of our lives unknown to our parents? Born with a degenerative muscular disease, Duchenne Muscular Dystrophy, Mats Steen was in a wheelchair by the age of 8, and was in an out of hospital right up until he died at the age of 25. As his family mourned his loss, it emerged that Mats had an online life that his parents knew nothing about. In a new Netflix documentary, his mother Trude, his father Robert and his sister Mia describe what it was like to discover Mats' secret world. Trude joins Anita to discuss.

Presenter: Anita Rani
Producer: Laura Northedge

THU 11:00 This Cultural Life (m0024fj9)

Bill Nighy

A star of stage and screen, Bill Nighy has enjoyed a fifty year career and is now among Britain's most prolific and much loved actors. Acclaimed for National Theatre roles in plays by David Hare and Tom Stoppard, his popular appeal lies with scene-stealing appearances in films including *Pirates Of The Caribbean*, *Harry Potter* and, most famously, *Love Actually*. Bill Nighy has won Bafta and Golden Globe awards and was Oscar nominated for his starring role in the 2022 historical drama *Living*. His most recent film is *Joy* in which he plays obstetrician Patrick Steptoe, one of the pioneers of fertility treatment.

Bill Nighy talks to John Wilson about some of the earliest influences on his career including a school drama teacher. He also recalls joining the Liverpool *Everyman* rep company in the 1970s and the influence of playwright David Hare who cast him in many of his works including *Pravda*, *The Vertical Hour* and *Skylight*.

Producer: Edwina Pitman

THU 11:45 Every Kind of People by Kathryn Faulke (m0024fje)

Episode 4

Kate never expected to become a home care worker. But when she left her role as a dietician in the NHS, burnt-out and disheartened, she thought caring for people in their own homes would be a simpler job. Despite being determined not to become too involved with her 'customers', she soon found herself developing firm friendships, forging deep connections and bearing witness to the extraordinary drama to be found in ordinary lives.

This is a book which reports from the frontline of an often unsung - and frequently maligned - profession. It offers a

glimpse into the hidden lives of the housebound and infirm. Every Kind of People is clear-eyed about the challenges facing the NHS and the care system. But it is above all a celebration of humanity and of the life-changing impact of caring, on those who offer it and those who receive it.

Note from the author:

Most of the initial writing was done at the time when these events were happening, with the customers aware that I was writing about them as part of my own story. Sadly, many of these people have now passed away. Their names and many personal details have been changed to protect their identities but, since there are over ten thousand home-care agencies in England employing around half a million care workers supporting many thousands of vulnerable people, it is likely that the challenges faced by those in this book are replicated throughout the country on a daily basis.

Written by Kathryn Faulke
Abridged and Produced by Jill Waters
Read by Ayesha Antoine
The Waters Company for BBC Radio 4

THU 12:00 News Summary (m0024fjf)
The latest national and international news from BBC Radio 4.

THU 12:04 The Bottom Line (m0024fjh)
The Fear Factor

Advertising agencies and marketing people use different techniques to push our buttons. Humour is one. But what about fear? Do they sometimes try to scare us into buying? Or is it a gentler art- playing on our insecurities about things like old age, poor health or thinning hair?

Evan Davis speaks to Sir John Hegarty and Ian Gathard from the advertising industry and psychologist Juliane Beard, who studies how the brains of consumers work.

Credits:
Volkswagen "Eyes on the Road" advertising stunt
Reebok trainers advertisement: "Lose the Beer Belly"
Aviva home insurance advertisement

Production team:
Producers: Simon Tulett and Michaela Graichen
Researcher: Drew Hyndman
Editor: Matt Willis
Sound: Neil Churchill
Production co-ordinator: Katie Morrison

(Picture: Piccadilly Circus in London, Light Trails at night.
Credit: Jonathan Herbert, JH Images via Getty Images)

THU 12:32 Sliced Bread (m0024fjk)
Toast - Reader's Digest UK

Why did we lose Reader's Digest magazine when it is still going in America?

The BBC Business journalist, Sean Farrington, discovers what happened to the brand which started over a hundred years ago and became the most widely read magazine in the world.

Alongside him is the serial entrepreneur, Sam White, ready to offer her opinions on the business's fortunes.

How did a magazine which pinched articles from other publications become so successful? And why did it end up toast in the UK?

Sean speaks to:
- Sir Alexander McCall Smith, the best-selling author of The No.1 Ladies Detective Agency who also wrote for The Reader's Digest
- Richard Junger, Professor of Communication at Western Michigan State University
- Tom Browne, a former editor of Reader's Digest UK
- Gary Hopkins, a former owner of the business's UK division
- Jason Buhmester, Chief Content Officer for Magazines & Books at Trusted Media Brands which owns the Reader's Digest brand, still publishes it in America and licenses it for publication in other parts of the world.

Produced by Jon Douglas. Toast is a BBC Audio North production for BBC Radio 4 and BBC Sounds.

You can email the programme at toast@bbc.co.uk

Feel free to suggest topics which could be covered in future episodes.

Sliced Bread returns for a new batch of investigations in December, where Greg Foot investigates so-called wonder products to find out whether they really are the best thing since sliced bread. In the meantime, Toast is available in the Sliced

Bread feed on BBC Sounds.

THU 12:57 Weather (m0024fjm)
The latest weather forecast

THU 13:00 World at One (m0024fjp)
Will the NHS budget boost benefit patients?

The Chancellor has boosted the NHS budget by billions. Will patients notice a difference? Health Secretary Wes Streeting responds. Plus, farmers fear inheritance tax changes will destroy their businesses, and an eyewitness in the Spanish region decimated by a flash flood.

THU 13:45 The History Podcast (m0024bg3)
The Lucan Obsession

The Lucan Obsession: 4. Searching for Lady Lucan

The press portrayed Lady Lucan as a perfect victim: a tiny, fragile woman, attacked by a cruel and vengeful man. Lord Lucan's friends said she was a volatile, difficult snob.

She is certainly enigmatic and intriguing.

With access to never before broadcast tapes, Alex von Tunzlemann looks for the truth behind the stories of the Countess and explores how her image emerged.

Producer: Sarah Bowen

THU 14:00 The Archers (m0024f3z)
[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Pilgrim by Sebastian Baczkiewicz (m0024fjr)
Belle Meadow Fayre (Part 2)

A Pilgrim two-part special by Sebastian Baczkiewicz.

The rogue faerie Kara has caused havoc in the village of Woodwarthing by taking Old Johnny John John hostage, whose annual sacrifice is required for the seasons to change. It's down to Pilgrim to find him and face down his kidnapper.

Pilgrim, cursed with immortality by the King of the Greyfolk, is forever forced to walk between the human world and the world of Faerie in a never-ending quest to preserve the uneasy balance between the two.

Pilgrim Paul Hilton
Vass Toby Jones
Kara Holli Dempsey
Clemira Sirine Saba
Rana Shreya Lallu
Keith David Hounslow
Mr Summerskill Carl Prekkop
Benji Nuhazet Diaz Cano
Young Johnny John John Ian Dunnett Junior
The Girl Agnes Dromgoole

Production co-ordinator: Maggie Olgjati
Foley artist: Alison Craig
Sound design: Peter Ringrose
Director: Sasha Yevtushenko

A BBC Studios Audio production for Radio 4.

THU 15:00 Ramblings (m0024fjt)
Lise Wortley - Woman with Altitude

Clare meets 'Woman with Altitude' Lise Wortley who recreates the adventures of overlooked and forgotten female explorers.

As Lise takes Clare on a walk around her childhood village of Boxford in Suffolk, she tells Clare why she doesn't just follow in the footsteps of these incredible women but even wears the same kind of clothing and footwear. Her latest expedition, in woollen skirts and specially made hob-nail boots, was an attempt to climb Mont Blanc on the same route as the French adventurer, Henriette D'Angeville. In 1838 Henriette was the first woman to summit Mont Blanc unaided, in other words without being lifted across the tricky parts as a previous female walker had done.

Lise's adventure didn't work out quite as expected and led to her taking a long and unexpected diversion up a completely different and less well known mountain.

Find out more about Lise on her website:
www.womanwithaltitude.com/

Presenter: Clare Balding
Producer: Karen Gregor

THU 15:27 Radio 4 Appeal (m0024ctf)
[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Feedback (m0023x9n)
Surviving Politics with Michael Gove. A Point of View. The Food Programme.

In this week's episode of Feedback, former Labour Cabinet Minister Alan Johnson adds his voice to the listener comments on Radio 4's short podcast series Surviving Politics with Michael Gove.

Radio 2 listeners share their tributes and memories of Johnnie Walker who signed off Sounds of the Seventies last weekend after 58 years of broadcasting.

A Point of View's American election opinions has listeners offering their views.

And Andrea talks to a Feedback listener who drove around in his car to hear the end of The Food Programme's Eating on the Spectrum episode - which he says was broadcasting at it's best.

Presenter: Andrea Catherwood
Producer: Pauline Moore
Executive Producer: David Prest

A Whistledown Scotland production for BBC Radio 4

THU 16:00 Rethink (m0024fjw)
Rethink... energy

Rethink considers how we might take a different approach to issues that affect all of us, asking some of the brightest minds what we could do to make the world a better place.

This week, we're rethinking energy. The massive rise in the price of wholesale gas in 2022, and the subsequent rise in our household energy bills highlighted the need for the UK to have a secure, reliable and cheap energy supply.

So what choices do we have? UK fossil fuel reserves are dwindling, but we have offshore wind, and sunshine in the south. Renewable power is also cheaper than fossil fuels. In the first three months of 2024, the UK's wind, solar and other forms of renewable power generated just over half of our energy and by the end of September, coal had been phased out completely.

But there is still a long way to go before the UK is self-sufficient.

It can take as long as 15 years to connect a renewable power plant to the National Grid. A nuclear power station hasn't been completed in the UK for nearly 30 years. Do we have enough power storage for cloudy or windless days? And industry and homes are still reliant on gas.

So how do we need to rethink energy to keep the lights on, charge our many devices and power our electric vehicles in the future? And if we get it right, what will be the rewards for everyone?

Presenter: Ben Ansell
Producer: Ravi Naik
Editor: Clare Fordham

Contributors:
Aoife Foley, Professor & Chair in Net Zero Infrastructure at the University of Manchester.
Emma Pinchbeck, Chief Executive, the Climate Change Committee.
Sam Richards, a former special advisor on energy to Boris Johnson, and now the Chief Executive of campaign group Britain Remade.
Andrew Crossland, Associate Professor in practice at the Durham Energy Institute.

THU 16:30 BBC Inside Science (m0024fjy)
Spooky Science

It's our Halloween special from a rain-soaked Jodrell Bank in Cheshire.

We find out what you can see in a dark, dark Halloween night sky with space-watcher and Professor of astrophysics Tim O'Brien.

Also this week, we meet some blood-sucking leeches, the horrors of pumpkin waste and could zombies ever be real?

Presenter: Victoria Gill
Producers: Ella Hubber, Sophie Ormiston & Gerry Holt
Editor: Martin Smith

Production Co-ordinator: Jana Bennett-Holesworth

To discover more fascinating science content, head to [bbc.co.uk search](http://bbc.co.uk/search) for BBC Inside Science and follow the links to The Open University.

THU 17:00 PM (m0024fk0)

Farmers fury over Budget

The National Farmers' Union says it was a 'disastrous budget' for family farms. We find out why. Also: The latest from Valencia, where floods have killed over 100 people.

THU 18:00 Six O'Clock News (m0024fk2)

Rachel Reeves conceded the rise may erode the businesses' ability to hand out pay rises

THU 18:30 Unspeakable (m0024fk4)

Series 1

1. Slang, Wang and apps that harange

Ever struggled to find the right word for a feeling or sensation? Unspeakable sees comedian Phil Wang and lexicographer Susie Dent invite celebrity guests to invent new linguistic creations, to solve those all too relatable moments when we're lost for words.

This episode we hear Jack Dee's new word for when you try to sound cool but end up sounding exactly your age. Miles Jupp's new word for being fed up by a world in which there is an app for everything, and Ria Lina's new word for something that is damp, limp, a bit pathetic.

Hosts: Phil Wang and Susie Dent

Guests: Jack Dee, Miles Jupp and Ria Lina

Created by Joe Varley

Writer: Matt Crosby

Recorded by Jerry Peal

Producer: Jon Harvey

Executive Producers: Joe Varley and Akash Lockmun

A Brown Bred production for BBC Radio 4

THU 19:00 The Archers (m0024fk8)

Harrison bumps into Helen on the way to the Tearoom to see Fallon. They discuss George and how he won't let the Grundys or Carters visit him in prison. Helen then outlines the Tearoom's plans for Fallon's big send-off to her new café. They want Fallon to realise how irreplaceable she is. When Helen mentions having it on Bonfire Night at Jubilee Field, Harrison wonders if somewhere more private might be better. Helen's left mulling about an after-party at The Tearoom.

Khalil meets up with Henry at Bridge Farm for a nosy round. Azra's agreed to a visit from Hilda the cat for a couple of days, on the basis that she's a brilliant mouser. The fact that she can be vicious to humans is perfect for Khalil's plans! When Henry wonders what these are, Khalil explains that Azra is only considering a cat as a pet, but after having Hilda she might decide chickens are a safer option.

Lilian confronts Justin about leaving Kirsty hanging over Rewilding Ambridge's future, especially as it's something that's dear to Peggy's heart. Justin counters that Kirsty just needs to put together a new water-tight business plan – it is a business arrangement after all. When Lilian points out it's sometimes good to put others before yourself, Justin wants to be spared the moral lecture. But Lilian's tired of serving as Justin's conscience and reminds Justin about how close she came to ending things with him last year. She advises that he thinks long and hard about dismissing other people's feelings – especially hers.

THU 19:15 Front Row (m0024fkB)

Review: film: Anora; theatre: Dr. Strangelove; book: Ali Smith's Gliff

Arifa Akbar and Peter Bradshaw join Tom Sutcliffe to review the film Anora which was written and directed by Sean Baker. Set in contemporary New York the romantic drama won the Palme d'Or at Cannes. They also review the stage production of Dr. Strangelove. The original film version of the black comedy starred Peter Sellers in three roles, in this version Steve Coogan takes on four parts. And they discuss Ali Smith's 13th novel Gliff which focuses on a brutal surveillance state in the future.

Plus, French composer Gabriel Faure is best known for his Requiem – but to mark 100 years since his death, cellist Steven Isserlis tells Tom how he's playing a series of concerts at London's Wigmore Hall, to highlight his other work including his cello sonatas and piano quintets.

Presenter: Tom Sutcliffe

Producer: Claire Bartlett

THU 20:00 The Media Show (m0024f3q)

[Repeat of broadcast at 16:00 on Wednesday]

THU 21:00 Loose Ends (m0024cxm)

[Repeat of broadcast at 18:15 on Saturday]

THU 21:45 The Warsaw Ghetto: History as Survival (m0011j7s)

6. Faith & Culture

80 years on from the Warsaw Ghetto's revolt & destruction, Radio 4 brings to life an extraordinary secret archive chronicling daily existence in the prison city. The Oyneq Shabes Archive documented every facet of life and death in the ghetto between 1940-43. It was history as survival. Anton Lesser narrates. Episode 6-Faith & Culture with Ilan Goodman & Carl Prekopp.

In the middle of Europe, in the middle of the 20th Century a half million Jewish men, women & children were cut off, surrounded by the German occupiers, imprisoned behind walls. How do you tell the world about your life and fate? Historian and activist Emanuel Ringelblum devised and directed a clandestine archive- codename Oyneq Shabes (Joy of the Sabbath) to chronicle every aspect of their existence. Thousands of pages-diaries, essays, poems, photographs, statistical studies, art, ephemera – a historical treasure that was buried even as the Ghetto was being extinguished so that the world might read and understand. Listen to their stories

6. Faith & Culture. Rabbi Shimon Huberband became one of the most valued member of the Oyneq Shabes with his studies of ghetto folklore, accounts of the destruction of Jewish religious communities across Poland & the struggles for spiritual survival. Jewish life faced an enemy that sought not conversion but annihilation. For the Oyneq Shabes, former teacher Stefan Różycki, dispassionately surveyed the cultural world of the Ghetto-it's cafés, theatres & cabarets, Narrated by Anton Lesser. Readers Ilan Goodman & Carl Prekopp. Translation by David Fishman & the Textura Foundation. Written & produced by Mark Burman.

For more information on the Oyneq Shabes/Ringelblum archive go to the website of the Jewish Historical Institute <https://cbj.jhi.pl/>

THU 22:00 The World Tonight (m0024fkD)

Dozens missing after devastating Spanish floods

Flash floods in Spain have killed at least 166 people, with the eastern region of Valencia particularly badly hit. Scientists suggest climate change made the disaster twice as likely as it would have been. We speak to a BBC correspondent on the ground, as well as a local politician and teacher involved in the relief effort.

Also tonight:

The US confirms thousands of North Korean troops have been deployed to Russia's Kursk region to help in its war against Ukraine.

We speak to the Independent Schools Council, which is bringing a legal challenge against the government's plan to charge VAT on private school fees.

And a portrait of Alan Turing becomes the first robot-made artwork to go on sale at Sotheby's.

THU 22:45 The Blue Hour by Paula Hawkins (m0024fkG)

Episode 4

Becker finally has access to the private diaries of Vanessa Chapman. But he can't stop the late artist's sculpture 'Division II' being cracked open to check the origins of a bone it contains.

Written by Paula Hawkins
Read by Alexandra Mathie
Abridged by Eileen Horne
Produced by Eilidh McCreadie

An EcoAudio certified from BBC Audio Scotland for BBC Radio 4

The New York Times bestselling author of THE GIRL ON THE TRAIN explores ambition, creativity and loyalty in an unsettling psychological thriller with echoes of Du Maurier and Patricia Highsmith. Uncovering buried links between late artist Vanessa Chapman, her faithless missing husband and the rural GP who holds the key to Chapman's work, Becker must race the tide if he's to escape Vanessa's remote Scottish studio with the deadly story behind 'Division II'.

Paula Hawkins worked as a journalist for fifteen years before writing her first novel. Born and brought up in Zimbabwe, she

moved to London in 1989. Her first thriller THE GIRL ON THE TRAIN became a global phenomenon, selling over 23 million copies and adapted into a box-office-hit film starring Emily Blunt. Paula's most recent thrillers, INTO THE WATER and A SLOW FIRE BURNING, were also instant No.1 bestsellers. THE BLUE HOUR has just been published around the world.

THU 23:00 The Today Podcast (m0024fkj)

Analysis: A Budget for the history books

How will the first Budget by a female chancellor and the first from a Labour government since 2010 be remembered? Nick is joined by Stephanie Flanders, head of economics and politics at Bloomberg, and Professor Tim Leung from the London School of Economics, who advised two Conservative chancellors.

Together they dig deeper into the Budget following Nick's interview with Rachel Reeves on the Today programme. Plus Amol takes a break from half term childcare to give us his reflections.

The Today Podcast comes out once a week. It's hosted by Amol Rajan and Nick Robinson who are both presenters of BBC Radio 4's Today programme. Amol was the BBC's media editor for six years and is the former editor of the Independent, he's also the current presenter of University Challenge. Nick has presented the Today programme since 2015, he was the BBC's political editor for ten years before that and also previously worked as ITV's political editor.

To get Amol and Nick's take on the biggest stories and insights from behind the scenes at the UK's most influential radio news programme make sure you subscribe on BBC Sounds. That way you'll get an alert every time we release a new episode and you won't miss our extra bonus episodes either. You can also listen to the latest episode of The Today Podcast any time on your smart speaker by saying "Smart Speaker, ask BBC Sounds to play The Today Podcast."

If you have a question you'd like Amol and Nick to answer, get in touch by sending us a message on WhatsApp to +44 330 123 4346 or email us Today@bbc.co.uk

The senior producer is Lewis Vickers, the producer is Nadia Gyane, research and digital production from Joe Wilkinson. The editor is Louisa Lewis. The executive producer is Owenna Griffiths. Technical production from Gareth Jones.

THU 23:30 Today in Parliament (m0024fkI)

Alicia McCarthy reports from Westminster as the Labour government faces accusations of betrayal over the budget.

FRIDAY 01 NOVEMBER 2024

FRI 00:00 Midnight News (m0024fkN)

National and international news from BBC Radio 4

FRI 00:30 Every Kind of People by Kathryn Faulke (m0024fjC)

[Repeat of broadcast at 11:45 on Thursday]

FRI 00:48 Shipping Forecast (m0024fkQ)

The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m0024fks)

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m0024fkV)

The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m0024fkX)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m0024fkZ)

Legal Eagles

A spiritual comment and prayer to start the day with the Revd Dr Rosa Hunt, Minister at Tabernacle Chapel Cardiff and Co-Principal of Cardiff Baptist College.

Good morning.

Happy "Love your Lawyer" day! According to a source on the web, the aim of this American initiative is to be nice to those in the legal profession and try not to make any lawyer jokes about them. Let's see how we get on...

A fortnight ago I had the privilege of meeting a lawyer here in South Wales who has, over the course of a thirty year career, seen hundreds of his clients receive prison sentences. This isn't because he's bad at his job! This lawyer was convinced that our prison system wasn't working. While clear about the need to deprive certain types of offenders of their liberty to hurt others, he's campaigning for extensive reforms to the prison system. He wants to see more programmes like those based on restorative justice, which give people and communities opportunities to repent, change and heal – instead of just locking people up.

It's easy to joke about lawyers and their exorbitant fees. It's tempting to complain about the uneasy relationship between law and justice, and the way that a clever, well-trained lawyer can help those rich enough to pay to escape what's due to them. But it's Love your Lawyer day, so I am not going to do either of those things. Instead, let's celebrate those lawyers who help ordinary people who buy and sell houses, who write wills and powers of attorney for elderly parents, who defend young people who have got into trouble and courageously oppose human rights abuses in the courts. Let's make this Pray for your Lawyer Day.

Loving God,

Through your son Jesus you promised that one of the signs of your kingdom was the healing that sets the prisoner free. We pray for all those involved in the legal system. Give them a passion for justice, a careful attention to detail, compassion for their clients and wisdom in making decisions. Amen.

FRI 05:45 Farming Today (m0024f1)

01/11/24 Budget: upland farmers and environmental schemes, tax rules, home nations. Soil surveys

As part of the budget, farmers in England have been told direct payments will be phased out more quickly than originally planned.

Under the EU system farmers were paid subsidy based on the amount of land they farmed - that system is being replaced with new schemes, which are different in the four nations of the UK. In Wales, Scotland and Northern Ireland farmers continue to get direct payments at the moment. In England the phase out started in 2021. So many farmers are already getting around half what they used to, with payments ending in 2027.

In England, the biggest reductions will be for the farmers who historically got the biggest payments. We speak to an upland farmer whose old payments are ending but he says there aren't any new schemes he can apply for yet, so he's losing tens of thousands of pounds.

Changes to inheritance tax and agricultural property relief were also announced in the budget. We speak to a rural property expert about what impact those changes will have. Farming unions say farmers and their families may have to sell up to pay the tax.

NFU Scotland gives their reaction to the budget.

All week we've been focusing on soils. A project to analyse soil health with a view to improving the environment and profitability has been taken up by hundreds of farmers. Technicians go on to farms to look at what might be done to improve the land and make it more sustainable. Lloyds Bank is paying for some of its customers to take part in the audit which is carried out by the Soil Association Exchange.

Presenter = Charlotte Smith
Producer = Rebecca Rooney

FRI 06:00 Today (m0024fmq)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m001g8m4)

[Repeat of broadcast at 10:00 on Sunday]

FRI 09:45 Continental Divides (m0023dsr)

Episode 3 - People Movers

Misha Glenn explores a number of political divides facing Europe and asks whether the continent is undergoing the same crises it went through in the 1930s.

In this third episode, he examines three countries where the politics of migration are driving sea changes.

First, Denmark, where the politically dominant centre left Social Democrats have lurched away from their traditional stance of openness, reaping political dividends while worrying economists. In Austria, the Freedom Party, a headline far right party, has been stoking anti-migrant feeling and targeting broader changes that might upset the rule of law. And in Germany, the concerns of history repeating itself are felt sharply - but experts tell Misha that the legacy of the post war, and the division of Germany between East and West, is

currently playing out in a unique way when it comes to rising hostility to migration.

Producer: Artemis Irvine
Executive Producer: Robert Nicholson
Sound Design and Mix: Simon Jarvis

A Whistledown production for BBC Radio 4

FRI 10:00 Woman's Hour (m0024fms)

Saoirse Ronan's viral moment, Mother on hunger strike, Donna Ockendon and her daughter Phoebe

Saoirse Ronan's comments on the Graham Norton Show last week when she interjected in a conversation about self-defence and highlighted the issue of women's safety are continuing to make headlines. She was applauded by the audience, but how much courage does it take to call something out like this? Joining Anita Rani to discuss are the journalist Ash Sarkar and counselling psychologist Dr Elaine Kasket.

British-Egyptian activist and maths professor Laila Soueif has been on hunger strike for the past month to protest her son Alaa's incarceration in Egypt. He is the country's most high profile political prisoner. Laila and her daughter Sanaa – who has faced arrest and imprisonment herself – join Anita to talk about why they won't stop fighting for Alaa's release.

Donna Ockenden, the midwife best known for leading independent investigations into shocking maternity scandals says she's 'disgusted' at the experience her disabled daughter, Phoebe, had in A&E recently. Phoebe and Donna join Anita for their first broadcast interview to explain what went wrong and what they want to change.

It's not uncommon to see young children using a tablet or a video game, but how much time on these devices is too much? A new UK study has explored how children under three engage with digital technology at home. The research reveals the significant extent of toddlers' access to various devices, and highlights how these devices can support their early language and literacy development. Anita is joined by Professor Rosie Flewitt who led the study.

Presenter: Anita Rani
Producer: Maryam Maruf
Editor: Sarah Crawley
Studio Manager: Sue Maillot

FRI 11:00 The Food Programme (m0024fmv)

Back Stage Food – How performers eat before, during and after the show.

In this exploration of backstage food, Jaega Wise meets actors and musicians to find out how they eat to fuel their performance.

The journey begins backstage at the Criterion Theatre in the West End, to meet stars of the hit musical *Two Strangers* (Carry a Cake Across New York) Dujonna Gift and Sam Tutty. From there Jaega chats to baker Stacy Donnelly who's provided thousands of real-life pies for *Waitress the Musical* on Broadway, and gets advice from nutritionist and dietician Jasmine Challis on the best diet to fuel dancers. She also heads to Joe Allen's in Covent Garden, which is renowned for feeding Hollywood stars, and chats to author of "My Family and Other Rock stars", Tiffany Murray, who's written a memoir about watching her Mum Joan acting as chef for performers of the 70s such as Queen, Black Sabbath and David Bowie.

And finally she'll be getting to know popstar couple Sophie Ellis-Bextor and Richard Jones, to talk riders, eating on tour, and the breakfast Sophie can't do without.

Presented by Jaega Wise and produced for BBC Audio Bristol by Tory Pope.

FRI 11:45 Every Kind of People by Kathryn Faulke (m0024fmx)

Episode 5

Kate never expected to become a home care worker. But when she left her role as a dietician in the NHS, burnt-out and disheartened, she thought caring for people in their own homes would be a simpler job. Despite being determined not to become too involved with her 'customers', she soon found herself developing firm friendships, forging deep connections and bearing witness to the extraordinary drama to be found in ordinary lives.

This is a book which reports from the frontline of an often unsung - and frequently maligned - profession. It offers a glimpse into the hidden lives of the housebound and infirm. *Every Kind of People* is clear-eyed about the challenges facing the NHS and the care system. But it is above all a celebration of humanity and of the life-changing impact of caring, on those who offer it and those who receive it.

Note from the author:

Most of the initial writing was done at the time when these events were happening, with the customers aware that I was writing about them as part of my own story. Sadly, many of these people have now passed away. Their names and many personal details have been changed to protect their identities but, since there are over ten thousand home-care agencies in England employing around half a million care workers supporting many thousands of vulnerable people, it is likely that the challenges faced by those in this book are replicated throughout the country on a daily basis.

Written by Kathryn Faulke
Abridged and Produced by Jill Waters
Read by Ayesha Antoine
The Waters Company for BBC Radio 4

FRI 12:00 News Summary (m0024fmz)

The latest national and international news from BBC Radio 4.

FRI 12:04 Rare Earth (m0024fn1)

Rise of the Tuna

It's four metres long, the weight of two grizzly bears and dangerously delicious. The Bluefin Tuna is back in British waters so Tom Heap and Helen Czerski are here to celebrate the role of the tuna in food, culture and nature.

Unseen since the 1960s, these enormous fish have surprised surfers and anglers by leaping clear out of the waters of South-West England. Rare Earth takes a deep dive with the tuna to examine their unusual biology and their cultural importance to people all around the world. They can live up to 60 years, dive up to 1km below the ocean surface and swim as fast as 40 km per hour. Unfortunately for the bluefin, they're particularly tasty, prized for their meaty sashimi, with some fish reaching prices close to £2m in the ceremonial new year auction at Tokyo's fish market.

Tom explores the intense Japanese relationship with tuna while Helen makes a plea to give this fish the respect it deserves - we should celebrate its extraordinary biology rather than stuffing it in a tiny can with a 'dolphin-friendly' stamp on the label.

Producer: Alasdair Cross

Assistant Producer: Toby Field

Rare Earth is a BBC Audio Wales and West production in conjunction with the Open University

FRI 12:57 Weather (m0024fn3)

The latest weather forecast

FRI 13:00 World at One (m0024fn5)

Spain Floods: More regions on red alert

More weather warnings are in place in Spain. At least 202 people have died after flash flooding. We get the latest and hear whether Europe is prepared for climate change.

FRI 13:45 The History Podcast (m0024bg5)

The Lucan Obsession

The Lucan Obsession: 5. The Tinderbox House

Many relationships have tricky patches, with couples struggling for money or over the children. But there's a spark in this story that takes us from the Lucan's glamorous society wedding to Sandra Rivett being murdered, Lady Lucan attacked and the children swept away. And it grips us.

Alex von Tunzleman hunts for what triggers this story, delving through a box of Lucan's possessions not seen for decades. As she discovers cheque stubs, invoices and letters from the bank, she sees the reality of what life was like behind the Lucan's veneer of respectability: a world of debt and alcohol, gaslighting, late night calls and stalking.

Producer: Sarah Bowen

FRI 14:00 The Archers (m0024fk8)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m00238rl)

Central Intelligence

Central Intelligence - Episode 8

The inside story of the CIA from the perspective of Eloise Page (Kim Cattrall), who joined on the Agency's first day in 1947 and, in a 40-year career, became one of its most influential

figures. Eloise takes the listener on a journey through the highs and lows of US foreign policy, spanning the staggering world events that shaped her career, as well as portraying her relationships with early CIA leaders, Allen Dulles (Ed Harris), Richard Helms (Johnny Flynn).

New episodes available on Fridays. Listen first on BBC Sounds.

In Episode 8, as tensions mount in Iran, CIA operative Kim Roosevelt (Rob Benedict), is tasked with persuading a fearful Shah to dismiss his socialist-leaning Prime Minister.

Cast:

Eloise Page.....Kim Cattrall
Allen Dulles.....Ed Harris
Richard Helms.....Johnny Flynn
Frank Wisner.....Geoffrey Arend
Young Eloise Page.....Elena Delia
Kermit Roosevelt.....Rob Benedict
Clover Dulles.....Laurel Lefkowitz
Foster Dulles.....Nathan Osgood
The Shah.....Majid Mehdizadeh-Valoujerdy
Queen Soraya.....Isabella Nefar
Assadollah Rashidian.....Adam Sina
Princess Ashraf.....Sarah Alles-Shahkarami
President Eisenhower.....Kerry Shale
Imam Khomeini & General Fazlollah Zahedi.....Dana Haqjo
Mohammed Mossadegh, Nassiri, & General Riahi.....Bijan Daneshmand
Rocky Stone.....Akie Kotabe

Original music by Sacha Puttnam

Production:

Created by Greg Haddrick & Jeremy Fox
Episode 8 written by Maryam Master
Sound Designers & Editors: John Scott Dryden, Adam Woodhams, Martha Littlehailes & Andreina Gomez Casanova
Script Consultant: Misha Kawnel
Script Supervisor: Alex Lynch
Trails: Jack Soper
Archive Research: Andy Goddard & Alex Lynch
Production Assistant: Jo Troy
Sonica Studio Sound Engineers: Mat Clark & Paul Clark
Sonica Runner: Flynn Hallman
Marc Graue Sound Engineers, LA: Juan Martin del Campo & Tony Diaz
Margarita Mix, Santa Monica Sound Engineer, LA: Bruce Bueckert
Mirrortone Sound Engineers, NY: Collin Stanley Dwarzski & James Quesada

Director: John Scott Dryden
Producer & Casting Director: Emma Hearn.
Executive Producers: Howard Stringer, Jeremy Fox, Greg Haddrick and John Scott Dryden.

A Goldhawk production for BBC Radio 4

FRI 14:45 Something to Declare (m0024gz1)

How to Celebrate Life after Death

In this episode, Jack Boswell delves into the rich cultural traditions of Mexico's "Day of the Dead" and how it offers a unique, profound perspective on our relationship with death.

Joining him is Carlos Alberto Sanchez, a Mexican philosophy professor, who explains this annual festival - a joyful celebration of life and remembrance. He shares how families honour their deceased loved ones by creating ofrendas, or altars, decorated with favourite items, food, and music of the departed, inviting their spirits back to visit. The festival is rooted in the belief that death is a natural part of life, and while the body may perish, the spirit lives on.

Paola Feregrino, Director of London's Day of the Dead Festival, also joins Jack, reflecting on how this vibrant tradition has found a welcoming audience in the UK and why it resonates with so many, especially as it opens up conversations about a topic we often avoid - death.

This episode celebrates the beauty of life, memory, and how we can find connection and comfort in honouring those we've lost.

FRI 15:00 Gardeners' Question Time (m0024fn8)

Hillingdon: Seeds, Eucomis and Pineapple Lillies

What plant have you killed the most? How do I encourage my pineapple lily to flower? What plant would you take with you to your island paradise?

Kathy Clugston and her team of horticultural champions are in Hillingdon, to solve the gardening grievances of the audience. On the panel this week are proud plantsman Matthew Biggs, house plants expert Anne Swithinbank, and ethnobotanist James Wong.

Later in the programme, Dr Chris Thorogood is on hand to sew the seeds of knowledge as he educates us on all things seedlings, tackling topics such as what they are, how they grow and how to encourage them to grow healthily.

Producer: Bethany Hocken
Assistant Producer: Rahnee Prescod
Assistant Producer: Daniel Pearce
Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m0024fnb)

Freedom Corner by Diana Evans

When two pigeons become trapped on a tower block balcony, a young mother finally decides to act, in a new story for Radio 4 by the award-winning author of Ordinary People, Diana Evans.

Read by Jade Anouka

Written by Diana Evans, the award-winning author of A House for Alice, Ordinary People, The Wonder and 26a. Her prize nominations include the Guardian and Commonwealth Best First Book awards, and she was the inaugural winner of the Orange Award for New Writers.

Produced by Justine Willett

FRI 16:00 Last Word (m0024fnd)

Dick Pope, Sister Sally Butler, Professor Tim Darvill OBE, Patti McGee

Matthew Bannister on Dick Pope, the cinematographer who worked closely with Director Mike Leigh on films like "Secrets and Lies" and "Mr Turner". Mike pays tribute. Sister Sally Butler, the American nun who blew the whistle on historic child sex abuse in her New York parish. Professor Tim Darvill OBE, the archaeologist best known for his work on the history of Stonehenge. Patti McGee, the first woman professional skateboarder. We have a tribute from skateboarding legend Tony Hawk.

Interviewee: Sir Roger Deakins

Interviewee: Mike Leigh

Interviewee: Fr Ron Lemmert

Interviewee: Dr Miles Russell

Interviewee: Hailey Villa

Interviewee: Tony Hawk

Producer: Gareth Nelson-Davies

Archive used:

Life is Sweet, 1991, Film4 Trailer, Director, Mike Leigh. Film4 Production, released date in the UK 22/03/1991; Dick Pope in conversation with Roger Deakins on NAKED (Mike Leigh, 1993), Cinematographers on cinematography, YouTube channel 10/02/2022; 'Naked' Q & A with Dick Pope, British Society of Cinematographers, YouTube, uploaded 05/08/2022; Naked film promo, Director Mike Leigh, British Film Institute, BFI YouTube channel 8 Oct 2021; Mr Turner, Film Promo, Director Mike Leigh, eOne UK, eOne UK YouTube channel, 15/05/2014; America's Catholic Church In Crisis, Reporting Religion, BBC World Service, 29/03/2002; Sister Sally Butler interview, The National Catholic Reporter (NCR), NCROnline YouTube Channel 14/07/2017; Sister Sally Butler interview, A Matter of Conscience: Confronting Clergy Abuse, Director: John Michalczyk, Producer: Susan A. Michalczyk, Vimeo upload, Editor Gautam Chopra, 01/02/2015; The Standing Stones perform Johnny B Goode by Chuck Berry, Dir: Dr Miles Russell. Patti McGee interview, The Mike Douglas Show, KYW-TV, NBC, 1965;

FRI 16:30 More or Less (m0024f2y)

[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m0024fng)

Teenager is given life sentence for the murder of Holly Newton.

A "jealous" teenager is given a life sentence for the murder of Holly Newton, plus we hear an update on the aftermath of the flooding in Spain from a local teacher.

FRI 18:00 Six O'Clock News (m0024fnj)

It is Europe's worst weather disaster for five decades

FRI 18:30 Dead Ringers (m0024fnl)

Series 25

Dead Ringers: Ep1. Budget Politicians

What was Rachel Reeves' real inspiration for her budget? What advice is Kamala Harris giving to Joe Biden, and what exactly is a "working person"? JD Vance and Tim Walz make their first

appearances on the show and Rishi Sunak probably his last.

This week's impressionists are Jon Culshaw, Jan Ravens, Lewis Macleod, Jess Robinson and Jason Forbes.

The episode was written by: Tom Jamieson and Nev Fountain, Laurence Howarth, Ed Amsden and Tom Coles, Cody Dahler, Rob Darke, Edward Tew, Sophie Dickson with additional material by Jennifer Walker.

Sound design: Rich Evans
Executive Producer: Richard Morris
Produced and created by Bill Dare
Production Coordinator: Caroline Barlow

FRI 19:00 The Archers (m0024fnp)

Writer: Daniel Thurman
Director: Marina Calderone & Kim Greengrass
Editor: Jeremy Howe

Helen Archer.... Louiza Patikas
Henry Archer.... Blayke Darby
Jolene Archer.... Buffy Davis
Kenton Archer.... Richard Attlee
Pat Archer.... Patricia Gallimore
Lilian Bellamy.... Sunny Ormonde
Harrison Burns.... James Cartwright
Justin Elliott.... Simon Williams
Rex Fairbrother.... Rex Barber
Martyn Gibson.... Jon Glover
Ed Grundy.... Barry Farrimond
Brad Horrobin.... Taylor Utley
Azra Malik.... Yasmin Wilde
Khalil Malik.... Krish Bassi
Kirsty Miller.... Annabelle Dowler
Fallon Rogers.... Joanna Van Kampen
Wesley.... Barrie Rutter
Inspector Norris.... Bharti Patel

FRI 19:15 Screenshot (m0024fnr)

Powell and Pressburger

As November marks the TV premiere on BBC 2 of Made in England: The Films of Powell and Pressburger, as well as a season of films on the BBC and iPlayer, Ellen E Jones and Mark Kermod explore the films of these two titans of British Cinema.

Film and culture writer, Lilian Crawford shares with Mark why the works of Powell and Pressburger are a matter of life and death, and how the duo's technicolour films took their cue from the worlds of ballet and opera.

Mark also speaks to British filmmaker Jeanie Finlay, for whom Powell and Pressburger's films hold a strong personal allure. She discusses the technical wizardry and in-camera magic found across their productions, and how that has inspired her own image-making.

Meanwhile, Kevin Macdonald, the Academy Award-winning filmmaker and grandson of Emeric Pressburger, shares with Ellen how some Powell and Pressburger films are nuanced examples of wartime propaganda, and why some still resonate and remain relevant to Britain today.

Producer: Mae-Li Evans

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m0024fnt)

Daisy Cooper MP, John Glen MP, Paul Johnson, James Murray MP

Alex Forsyth presents political debate from Christ Church in Flackwell Heath, Buckinghamshire with Liberal Democrat deputy leader Daisy Cooper MP; shadow paymaster general John Glen MP; the director of the Institute for Fiscal Studies, Paul Johnson; and the exchequer secretary to the Treasury, James Murray MP.

Producer: Paul Martin

Lead broadcast engineer: Tim Allen

FRI 20:50 A Point of View (m0024fnw)

Naughtie on America

The Brink

In the last of his essays reflecting on America's search for meaning, James Naughtie recalls a meeting a year ago with General Michael Hayden - the former head of the CIA - who, without fanfare, expressed concern for the future of US Democracy.

'I don't know that we'll come through this,' he said. 'Right now I think it's about 50-50.'

James reflects on past presidents, such as Jimmy Carter, and his dedication to the promotion and protection of democracy around the world, and compares it to the present, as we enter the final days of the 2024 campaign.

What might a tight result mean in the coming months? 'The system will be on trial,' he writes, recalling the legal battles over the 'hanging chads' of 2000 in which the fate of the nation was decided on just 537 votes.

Producer: Sheila Cook
 Sound: Peter Bosher
 Production coordinator: Gemma Ashman
 Editor: Richard Fenton-Smith

FRI 21:00 Free Thinking (m0024fny)

Ghosts, death and ecstatic states

With Day of the Dead, Halloween and All Souls Day being marked in different countries around the world - Shahidha Bari's guests discuss the belief in ghosts and the search for meaning in mysticism. They are:

Dr Chris Harding is a cultural historian of Japan, India and East-West connections and is based at the University of Edinburgh. He is the author of *The Japanese and Japan Story*.

Dr Hetta Howes is a Senior Lecturer in English Literature at City, University of London and Deputy Programme Director for the BA in English. She is a BBC Radio 3 and 4 New Generation Thinker and the author of a new book "Poet Mystic Widow Wife: The Extraordinary Lives of Medieval Women."

Simon Critchley is a philosopher and the Hans Jonas Professor of Philosophy at the New School for Social Research in New York, USA. His latest book is *On Mysticism: The Experience of Ecstasy*.

Dr Irving Finkel is Assistant Keeper of Ancient Mesopotamian script, languages and cultures in the Department of the Middle East at the British Museum and has published *The First Ghosts: A rich history of ancient ghosts and ghost stories*

Producer: Lisa Jenkinson

FRI 22:00 The World Tonight (m0024fp0)

In depth reporting, intelligent analysis and breaking news from a global perspective.

FRI 22:45 The Blue Hour by Paula Hawkins (m0024fp2)

Episode 5

Curator Becker believes that Vanessa's diaries prove the bone in her famous sculpture has nothing to do with her ex-husband's disappearance. However his boss Sebastian remains convinced that something's going on - her executor is withholding pieces from his art foundation.

Written by Paula Hawkins
 Read by Alexandra Mathie
 Abridged by Eileen Horne
 Produced by Eilidh McCreadie

An EcoAudio certified from BBC Audio Scotland for BBC Radio 4

The New York Times bestselling author of *THE GIRL ON THE TRAIN* explores ambition, creativity and loyalty in an unsettling psychological thriller with echoes of Du Maurier and Patricia Highsmith. Uncovering buried links between late artist Vanessa Chapman, her faithless missing husband and the rural GP who holds the key to Chapman's work, Becker must race the tide if he's to escape Vanessa's remote Scottish studio with the deadly story behind 'Division II'.

Paula Hawkins worked as a journalist for fifteen years before writing her first novel. Born and brought up in Zimbabwe, she moved to London in 1989. Her first thriller *THE GIRL ON THE TRAIN* became a global phenomenon, selling over 23 million copies and adapted into a box-office-hit film starring Emily Blunt. Paula's most recent thrillers, *INTO THE WATER* and *A SLOW FIRE BURNING*, were also instant No.1 bestsellers. *THE BLUE HOUR* has just been published around the world.

FRI 23:00 Americast (m0024fp4)

Join the Americast team for insights from across the US.

FRI 23:30 Today in Parliament (m0024fp6)

Susan Hulme reports from Westminster on the impact of one of this week's Budget announcements on people looking to get back to work.