

SATURDAY 13 JULY 2024

SAT 00:00 Midnight News (m0020y86)

National and international news from BBC Radio 4

SAT 00:30 The Third Information Crisis by Naomi Alderman (m0020y6x)

A Wonderful Catastrophe

In this final episode Naomi Alderman explores the opportunities offered by this current information crisis, how it could expand our minds and our world. What, she asks, are the positive impacts of this super-fast flow of facts and knowledge? While we may face some short term turbulence, Naomi believes 'we are trying to do something extraordinary as a species' and it's this that gives her hope.

Written and read by Naomi Alderman. Produced by Di Speirs and Nicola Holloway

SAT 00:48 Shipping Forecast (m0020y88)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m0020y8h)

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m0020y8d)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m0020y8g)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m0020y8j)

Walking Together

A reflection and prayer to start the day with the Rev Lynne Gibson.

SAT 05:45 Frontlines of Journalism (m001jkk3)

1. Off Balance

In the spring of 2023, twenty years after the Americans, the British and their allies invaded to overthrow Saddam Hussein, BBC International Editor Jeremy Bowen was reporting from Iraq for the BBC. He described the invasion as 'a catastrophe'.

Taking you to some of the most difficult stories Jeremy and other journalists have covered; in this episode - why impartiality is not about trying to get perfect balance, the truth lying somewhere in the middle. Often it does not.

Jeremy speaks with: journalist Rana Rahimpour who was born in Iran but left when she was 25 to work for the BBC; former BBC bureau chief Milton Nkosi, who grew up under apartheid in Soweto, South Africa; journalist and environmentalist George Mombiot, and CNN's Chief International Anchor Christiane Amanpour.

Presenter: Jeremy Bowen

Producer: Georgia Catt

Assistant Producer: Sam Peach

Additional research: Rob Byrne

Series mixing: Jackie Margerum

Series Editor: Philip Sellars

SAT 06:00 News and Papers (m00212td)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Ramblings (m0020xzq)

Donegal with rock climber and mountain guide Iain Miller

In the second of two walks in the Republic of Ireland, Clare meets rock climber, mountain instructor and walking guide, Iain Miller, to explore a stretch of the wild, rugged and spectacular Atlantic coastline of County Donegal.

They meet at what Iain describes as the most remote place in Ireland, An Port, and the route they take from there affords them views over what he says is Ireland's last great wilderness including some 'monster' sea stacks.

Iain is originally from Scotland, but has lived in Co. Donegal for years, making it his place of work as well as his – as he puts it – playground. The two are intertwined as Iain's business involves leading rock climbing, hillwalking, and other outdoor adventures. The route he shares with Clare is more gentle coastal stroll than vertiginous technical climb but the experience and views are no less impressive.

If you want to look at their location on a map, they met here: [WhatThreeWords: //simplicity.school.escalates](https://www.whatthreewords.com/#!/simplicity.school.escalates)

Presenter: Clare Balding

Producer: Karen Gregor

SAT 06:30 Farming Today (m00212tg)

13/07/24 Farming Today This Week: The new Defra Secretary, Great Yorkshire Show, new planning rules in rural areas

The Great Yorkshire Show was the first chance for the new Secretary of State for Environment Food and Rural Affairs, Steve Reed, to chat with farmers since his appointment, less than a week before.

The new Chancellor, Rachel Reeves, has committed to relaxing planning rules for house building. It could mean quite a change for rural areas; especially as the boundaries of greenbelt land will be 'reviewed'.

The Welsh Government has just published its response to the consultation on its controversial farm payment scheme.

Presented by Anna Hill and produced by Beatrice Fenton.

SAT 06:57 Weather (m00212tj)

The latest weather reports and forecast

SAT 07:00 Today (m00212tl)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m00212tn)

Toks Dada, Lara Maiklem, Joseph Cavalli-Price, Ed Gamble

A multi tempo show for you today...

In 'allegro', maverick music programmer, curator, and Head of Classical Music at the Southbank Centre Toks Dada is on a mission to change the face of classical music.

We'll give 'andante' to Joseph Cavalli-Price, a pianist and hugely accomplished tenor who embodies the profound power that music can have playing for patients in hospices.

Could 'plucking' treasures from muddy riverbeds be 'pizzicato' or have we overstretched the music vocabulary? Veteran Mudlark Lara Maiklem shares her finds from the last 12 months on the show.

And maybe a 'crescendo' or two in the Inheritance Tracks of comedian and podcaster Ed Gamble.

Presenters: Nikki Bedi and Jon Kay

Producer: Ben Mitchell

SAT 10:00 You're Dead to Me (m00212tq)

Mary Anning

In this episode, Greg Jenner is joined in nineteenth-century England by Dr Michael Taylor and comedian Sara Pascoe to learn all about pioneering palaeontologist Mary Anning. Born to a cabinet-maker father who collected and sold fossils to make extra money, Anning went fossil hunting from a young age. Over the course of her life, she discovered complete ichthyosaur, plesiosaur and pterosaur skeletons, and made great contributions to the emerging discipline of palaeontology. But she was also shut out by the largely male scientific establishment. This episode charts her extraordinary life story, exploring the significance of her discoveries against the background of nineteenth-century debates about religion and science and controversies around the age of the earth.

Hosted by: Greg Jenner

Research by: Annabel Storr

Written by: Emmie Rose Price-Goodfellow, Emma Nagouse, and Greg Jenner

Produced by: Emmie Rose Price-Goodfellow and Greg Jenner

Audio Producer: Steve Hankey

Production Coordinator: Ben Hollands

Senior Producer: Emma Nagouse

Executive Editor: James Cook

SAT 10:30 Rewinder (m00212ts)

A Legend, A Knight, A Wizard

Greg James searches through the BBC Archive to track down audio gems, using listener requests, overlooked anniversaries and current stories to guide the way.

Last week Greg asked for your nostalgic theme tune requests. Charlie remembers the theme for a show called People, but can't remember what People actually was. As Greg discovers, it involves bald men, nudist beaches and Hell's Angels. Or how

about the theme to Jossy's Giants, a children's footballing drama about the new manager of the Gipton Grasshoppers, written by darts commentator Sid Waddell?

It's 60 years since Sir Ian McKellen's TV debut in a BBC adaptation of a Rudyard Kipling story in 1964. Greg charts Sir Ian's career, both as an actor and as an activist, including the moment he came out publicly on a BBC Radio 3 debate about Section 28. We also hear his memories of filming The Lord of the Rings, and meet a 10-year-old Daniel Radcliffe.

A listener asks Greg to find the source of a sample used in a Lemon Jelly song, which leads him to a programme called Children Talking. Cue the sweetness.

And this year marks the 50th anniversary of a defining moment in television: the invention of reality TV. In 1974, the BBC broadcast a new documentary series called The Family, in which a camera crew followed a real life family as they went about their lives. There were arguments, weddings, scandals - and a very divided viewing public.

Producer: Tim Bano

Series archivists: Tariq Hussain and Gordon Edmonds

An EcoAudio certified production

SAT 11:00 Newscast (m00212tv)

Starmer's First Week in Charge!

Today, we look at an eventful first week in charge for Keir Starmer, and tension already surfacing in the Tory leadership contest.

The prime minister has faced questions over the U.S. president's health at a Nato summit, committed to releasing prisoners early and is facing pressure over defence spending promises.

Laura, Paddy and Adam also give us their take on the latest in the Tory leadership race, and how Suella v Kemi has shaped up this week.

You can join our Newscast online community here:

<https://tinyurl.com/newscastcommunityhere>

Newscast brings you daily analysis of the latest political news stories from the BBC. It was presented by Laura Kuenssberg, Paddy O'Connell and Adam Fleming. It was made by Purveen Pattni with Teodora Agarici. The technical producer was Ben Andrews. The assistant editor is Chris Gray. The editor is Sam Bonham.

SAT 11:30 From Our Own Correspondent (m00212tx)

A daylight attack on Kyiv

Kate Adie presents stories from Ukraine, Australia, France, Nigeria and Costa Rica.

There was international outrage after the Okhmatdyt Children's Hospital in Kyiv was hit by a missile this week, during a barrage of Russian attacks on cities across Ukraine. James Waterhouse was returning to his base in the capital when news of the strike broke and saw how Ukrainians reacted during the aftermath.

The modern Australian state was built by immigration but it's always had strict rules on who was allowed in. Katy Watson examines the current stringent regulations limiting entry and residence, which can make migrating to the lucky country difficult for people with disabilities or long-term illness.

Contrary to many predictions, the second round of France's general election did not bring Marine Le Pen's National Rally party to power. But some say the party's political advance has merely been paused, not prevented. In the town squares, marketplaces and mosques of Lille, Rob Young heard from voters about their needs and fears.

Emigration from Nigeria is nothing new but as it confronts a serious economic downturn talk of how to make the move to work abroad is everywhere. Though only a realistic prospect for the relatively well-off, leaving is a near-universal aspiration for young, well-educated workers these days. Hannah Gelbart talks to young Nigerians who're determined to 'japa' - or jump - away from home.

Costa Rica is famous for its commitment to eco-friendly policies both at home and internationally - whether it's pushing to reduce global warming or to fight deforestation at home. In the rainforest of Monteverde, John Kampfner learns how a community of American Quakers put down roots here and what they're doing to help preserve their green haven.

SAT 12:00 News Summary (m00212tz)

The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m00212v1)

Financial Advice Barriers and Wages

More than 9 out of 10 people did not pay for financial advice in the past two years and that number is growing. The figures come from surveys by the financial services consultancy The LangCat. It found the proportion of people paying for financial advice fell from 11% of adults to 9% between this year's report and one they did a year ago. We'll hear from them about the reasons behind it.

What will the new government do to change employment rights and wages? We'll discuss the potential new employment bill ahead of the King's Speech.

And the new security measures people can take to protect themselves from mobile phone fraud. This is when people's phones are stolen not for the value of the physical handsets but so criminals can try to access the financial apps stored on them to steal hundreds or, often, thousands of pounds from victims.

Presenter: Paul Lewis
Reporters: Dan Whitworth and Catherine Lund
Researcher: Jo Krasner
Editor: Jess Quayle

(First broadcast 12pm Saturday 13th July 2024)

SAT 12:30 The News Quiz (m0020xd7)

Series 114

Episode 6

Zoe Lyons, Angela Barnes, Ian Smith and Marie Le Conte quiz the news.

How's Starmer getting on with his new job? Can Biden be persuaded to stop doing his current job? And should we tarmac over the Lake District? Listen to this week's episode to find out all the answers.

With additional material by: Peter Tellouche, Alice Fraser, Cody Dahler and Katie Sayer

Producer: Pete Strauss
Executive Producer: Richard Morris
Production Co-ordinator: Sarah Nicholls
Sound Editor: Marc Willcox

A BBC Studios Audio Production for Radio 4
An Eco-Audio certified Production

SAT 12:57 Weather (m00212v3)

The latest weather forecast

SAT 13:00 News and Weather (m00212v5)

The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m0020y7f)

Andrew Bowie MP, Daniel Kebede, Alison McGovern MP, Jill Rutter

Alex Forsyth presents political discussion from St Cuthbert's Church in Darlington with the Shadow Veterans Minister Andrew Bowie MP, the General Secretary of the National Education Union Daniel Kebede, the Employment Minister Alison McGovern MP and Senior Fellow at the Institute for Government Jill Rutter.

Producer: Robin Markwell
Lead Broadcast Engineer: Joanne Willott

SAT 14:00 Any Answers? (m00212v7)

Call Any Answers? to have your say on the big issues in the news this week.

SAT 14:45 The Archers (m0020y7p)

When Pip and David discuss Stella's pitch for the Borchester Land board, David points out that he's not a fan of theirs. He's surprised Stella even went for the role; they're obviously green-washing something. Stella turns up and says that despite her qualms about the role, she does think that Justin believes that the environment, nature and sustainability should be at the core of modern business. Later, David apologises to Stella if she overheard his views about it, but she's fine and reckons Justin's sincere in taking her on. And there's a lot of good work that could come from the role. She's in a position to make positive change. David admires her fighting talk.

Paul mentions to Denise that his dad's visiting him tonight and Paul says Denise is welcome too. When Paul heads off Denise wonders to Alistair about the reasons for John's visit. Later she rings John who explains he's going to tell Paul that their

marriage is over, but it's up to Denise to let Paul know about her affair with Alistair. John's willing to try again with Denise, but she confirms it's too late; they've had years to try to fix their marriage. She decides to go to Paul's with John so they can tell him the news together. Later when John turns up at the surgery to meet Paul, things are frosty between him and Alistair. After John and Paul leave, Alistair wonders whether Denise will tell Paul about their relationship – or whether John will – but Denise really doesn't have any idea.

SAT 15:00 Breaking the Rules (m00212v9)

This Week Is Family Week

Xinjiang Province, China. Uyghur student, Nur, is able to 'pass' as Han Chinese, and exploits this as much as possible in a society where Uyghur people live under constant surveillance.

Nur and her mother, Meryem, want to avoid being sent to one of the re-education prison camps, where it is thought a million people – mostly Uyghur – have been detained without trial. But then they are assigned a live-in Chinese 'relative' by the authorities – Auntie Wang Shu – who comes to stay in their apartment as part of a Family Week initiative to ensure lifestyle conformity: "Cook together, eat together, study together, travel together, sleep together!"

But Wang Shu has other motives, which involve marrying her son to a Uyghur woman. And she has Nur in her sights as a prime candidate. Any missteps by Nur or Meryem could result in their being sent into re-education. But will Nur play by the rules?

A fictional story inspired by real accounts. Writer Avin Shah has drawn on testimonies from the 2021 independent Uyghur Tribunal (chaired by Sir Geoffrey Nice, chief prosecutor on the trial of Slobodan Milošević) and on research by Raminder Kaur, Professor of Anthropology and Cultural Studies at the University of Sussex, who served on the tribunal, as well on interviews with other Uyghur and Chinese cultural and political consultants.

Nur.....Aruhan Galieva
Meryem.....Camilla Anvar
Guard and various other roles.....Daniel York Loh

Other members of the cast have chosen to remain anonymous.

It was a BBC Audio Wales production, directed by Emma Harding.

SAT 16:00 Woman's Hour (m00212vc)

Harriet Harman, Southall Black Sisters, Author Cathy Rentzenbrink, Medium friends

A record-breaking number of women MPs have been elected following Labour's win at the general election. It's also the first time in parliamentary history that the proportion of women elected is more than 40%. Harriet Harman, the now ex-Labour MP and former Mother of the House, gives her reaction.

Three women who say they were the victims of a racial attack have had the charges of assault made against them by their assailant discontinued by the CPS. Selma Taha, the executive director for advocacy group Southall Black Sisters, and Danae Thomas, two of the women, join Anita Rani to talk about what impact the charges being dropped has had, and how they're hoping this might impact further action against racist violence against women and girls.

Cathy Rentzenbrink is known for her non-fiction books – but now she's written a second fiction novel – Ordinary Time. It tells the story of Ann, a reluctant vicar's wife, and her grappling with ideas of marriage, duty and temptation. She joins Nuala McGovern to discuss.

A recent article in the New York Times coined the phrase "medium friends" to describe "not our besties, but more than just acquaintances." Anita talks to Dr Susan MacDougall, a social anthropologist at Oxford University, and to Shazia Mirza, a comedian and writer, about friendship levels.

Women are turning to increasingly risky ways to get weight-loss drugs, like Ozempic and Wegovy, as online prescribers become more stringent about who they will give them to. Two young women tell Woman's Hour's Melanie Abbott about using drugs they buy on the black market, despite the potential dangers. Plus Professor Kamila Hawthorne from the Royal College of GPs talks to Nuala.

Presenter: Anita Rani
Producer: Dianne McGregor

SAT 17:00 PM (m00212vf)

Full coverage of the day's news.

SAT 17:30 Political Thinking with Nick Robinson

(m001zv54)

The Pat McFadden in Power One

Nick Robinson talks to the man at the heart of the new Downing Street government.

Producer: Daniel Kraemer

SAT 17:54 Shipping Forecast (m00212vh)

The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m00212vk)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m00212vm)

Hamas says 71 Palestinians have died in Israeli air strikes in southern Gaza. And, police investigating the discovery of bodies in suitcases in Bristol have arrested a man.

SAT 18:15 Loose Ends (m00212vp)

Griffin Dunne, Marc Almond, Ruth Ware, Sophie Duker, Nadine Shah, Stuart Maconie

The actor, producer and now memoirist Griffin Dunne on growing up in Hollywood in a family of literary stars including his aunt Joan Didion, on his own screen success opposite Madonna in *Who's That Girl* and in *After Hours* and the real-life tragedy that changed his life forever. Soft Cell front man Marc Almond on his early days as a subversive performance artist, mellowing into music that showcases his voice and his trip to the palace to get his OBE. In the decade since publishing her first psychological thriller, Ruth Ware's become an international best-seller, with her stories optioned for Hollywood movies and published in 40 languages. Now she's curated Harrogate Crime Writing Festival and has plenty to say about new trends, the enduring popularity of the genre and the forthcoming Netflix movie of her book *The Woman in Cabin 10* starring Kiera Knightley. The comedian, Taskmaster champion and Celebrity Mastermind Sophie Duker advocates self-delusion in her new show – *But Daddy I Love Her* – arguing that we should all opt for hot fantasy rather than cold hard reality. How will that work? Plus music from Tyneside singer-songwriter Nadine Shah's album, *Filthy Underneath*.

Presented by Stuart Maconie

Produced by Olive Clancy

SAT 19:00 Profile (m00212vr)

Shabana Mahmood

Shabana Mahmood is the new Lord Chancellor and Secretary of State for Justice.

Born in Birmingham in a Kashmiri Pakistani family, she has three siblings, one of whom is her twin. From an early age her father ensured that the children were aware of the world around them, and made them each read five minutes from the Times newspaper every evening.

Inspired by the 1990's TV series, 'Kavanagh QC' to become a lawyer, Shabana Mahmood attended Lincoln College, Oxford University, a year below a certain Rishi Sunak.

After a few years working in law, she changed career and moved into politics, in 2010 winning the seat of Birmingham Ladywood for Labour, which she has held to date. Stephen Smith talks to those who know her.

Presenter: Stephen Smith
Producers: Diane Richardson and Julie Ball
Editor: Penny Murphy
Production Co-ordinators: Maria Ogundele and Rosie Strawbridge
Sound mix: Hal Haines

CONTRIBUTORS

William Audland KC, 12 Kings' Bench Walk Chambers
David Gauke, former Lord Chancellor and Secretary of State for Justice
Jane Haynes, Journalist Birmingham Live/Mail
Baroness Sayeeda Warsi, former, Chair of the Conservative Party and Minister without Portfolio.
Lord Tom Watson, former MP West Bromwich East & deputy leader of the Labour party

CREDITS

Kavanagh QC - Central TV for ITV productions
Political Thinking - Nick Robinson BBC R4/BBC Sounds

SAT 19:15 The Infinite Monkey Cage (m0020xz2)

Series 30

The Wonder of Trees - Dame Judi Dench, Tony Kirkham and Tristan Gooley

Brian Cox and Robin Ince leaf through the latest tree science with Dame Judi Dench, Tony Kirkham and Tristan Gooley. Dame Judi Dench shares her great love for treekind and describes how over time she has come to create a small woodland in her garden and how meaningful that is for her. Tony Kirkham, former head of Kew Arboretum and Gardens, shares some of the amazing journeys he's been on to find unusual and rare trees around the world. Navigator Tristan Gooley has spent a lifetime learning how to read trees, he explains how nearly everything on a tree can provide clues into the environment around it and how elements like leaf shape and colour can help us to use trees as a compass to navigate our way.

Producer: Melanie Brown
Exec Producer: Alexandra Feachem
BBC Studios Audio production

SAT 20:00 Archive on 4 (m00212vt)
A Brief History of Strangers

The American writer Joe Queenan follows up his wild programmes on blame, shame, and lust with a dive into a new world. He begins with an account of a journey to Fargo, North Dakota. "I was the stranger in town." He didn't enjoy it much.

But in this hour of strangers, wanderers, commuters, foreigners, migrants, outcasts, interlopers and aliens, Queenan grapples with what strangers have brought to our world. Includes archive of Decca Aitkenhead on the joys of hitching, Harry Allen the Media Assassin on why skin marks you out, and poet Elvis McGonagall with a bravado stand up performance on why he wants to be foreign.

Plus new interviews with Catherine Carr (host of Where Are You Going?) and Emma Garland, who recounts flying to New York to see a man she'd only known online. It didn't go well. Plus Alexei Sayle (presenter of Strangers on a Train) and Professor Edith Hall on why the Greek word xeno can mean friend, alien and guest.

This is Joe Queenan's twelfth brief history for Radio 4. He's an Emmy award winning broadcaster and writer whose books include Balsamic Dreams: A Short But Self-Important History of the baby Boomer Generation.

The producer for BBC studios in Bristol is Miles Warde

SAT 21:00 Moral Maze (m0020y3j)
The Morality of Stepping Down

The idea of when to step down is front and centre in American politics as 81 year old Joe Biden continues in the Presidential race despite concerns about his mental agility. His performance in a recent TV debate has sown doubt among supporters with polls suggesting some are losing faith in his abilities. 'Pass the torch Joe' said one placard as he declared his intention to keep going.

Are the elderly blocking the young if they cling on to powerful and influence? Does it skew society even more in favour of older people who seem to have had it better when it comes to pensions, homeownership and the opportunity to save money? Gerontologists say that society is ageist, that most people are not like Biden and will hit barriers to staying in work once they get older. That these barriers have to be cleared because as the population gets older we all need to stay in the workforce for longer.

Wisdom is said to come with age but if you have a fulfilling job, how do you check that you are still capable of continuing? Will those around you tell you the truth? Is it pride that keeps elderly people in powerful positions, a sense that they are irreplaceable, an unwillingness to give up something that defines them and take on another role. What's the morality of stepping down?

Witnesses:
Dorothy Byrne, President of Murray Edwards College
Mary-Kate Cary, Professor of Politics at the University of Virginia
David Sinclair, Chief Executive of the International Longevity Centre
Dr Erica Benner, Political Philosopher and Historian

Panel:
Inaya Folarin-Iman, Mona Siddiqui, Matthew Taylor, Ella Whelan

Presenter: Michael Buerk
Producer: Catherine Murray
Assistant Producer: Ruth Purser
Production Co-ordinator: Nancy Bennie
Editor: Tim Pemberton

SAT 22:00 News (m00212vw)
The latest national and international news from BBC Radio 4

SAT 22:15 The Food Programme (m0020y6v)
Just One Thing with The Food Programme

As part of Just One Thing Day on Radio 4, Sheila Dillon looks back at Dr Michael Mosley's legacy and comes up with 5 reasons why he mattered in getting us all to understand why eating better leads to living better.

Through listening to the Just One Thing archive, and some of The Food Programme archive, we can see how his "just one things" were connected to much bigger things, and how he was able to show us, through examining the evidence for that thing, and trialling it on willing members of the public, that change can begin, and maybe has to begin, with individuals.

As promised, here's a list of the programmes featured:

- Just One Thing:
Change Your Meal Times - <https://www.bbc.co.uk/programmes/m000zt7d>
- Snack Smartly - <https://www.bbc.co.uk/programmes/m001wq7f>
- Swap Out Sugar - <https://www.bbc.co.uk/programmes/m001gx56>
- Try Some Turmeric - <https://www.bbc.co.uk/programmes/m001j2th>
- Eat Slowly - <https://www.bbc.co.uk/programmes/m001zvvr>
- Enjoy Oily Fish - <https://www.bbc.co.uk/programmes/m0017tbn>
- Food Special with Tim Spector - <https://www.bbc.co.uk/programmes/m001ngjx>

- The Food Programme:
Doctor's Orders: Getting Tomorrow's Medics Cooking - <https://www.bbc.co.uk/programmes/b09wr9q9>
- The Eatwell Guide - <https://www.bbc.co.uk/programmes/b0b86702>
- Turmeric - <https://www.bbc.co.uk/programmes/b08rpd85>
- Mindful Food and the Art of Attention - <https://www.bbc.co.uk/sounds/play/m00193rb>
- How We Eat: 4. Eating as a Family - <https://www.bbc.co.uk/programmes/b099w3v4>
- Omega 6 - <https://www.bbc.co.uk/sounds/play/b00jc3sw>
- The Food Programme - Fixing Dan - <https://www.bbc.co.uk/programmes/m001h44h>

Presented by Sheila Dillon
Produced in Bristol for BBC Audio By Natalie Donovan

SAT 23:00 Time of the Week (m0020yq8)
2. Deepfakes, Vaping, Richard III

It's Listeners' Week! Host Chloe Slack (Sian Clifford) is listening to the listeners who have suggested things to listen to, including vaping, the maths of parenting and murder.

Sian Clifford stars as self-important journalist Chloe Slack in this comedy series parodying women's current affairs and talk shows, surrounded by an ensemble cast of character comedians.

Chloe Slack - Sian Clifford

- Ensemble cast:
Ada Player
Alice Cockayne
Aruhan Galieva
Em Prendergast
Jodie Mitchell
Jonathan Oldfield
Lorna Rose Treen
Mofé Akandé
Sara Segovia

Additional voice: Etta Treen

Created by Lorna Rose Treen and Jonathan Oldfield

- Writing team:
Alice Cockayne
Catherine Brinkworth
Jodie Mitchell
Jonathan Oldfield
Lorna Rose Treen
Priya Hall
Will Hughes

- Script Editor - Catherine Brinkworth
Photographer - Will Hearle
Production Coordinator - Katie Sayer
Producer - Ben Walker

A DLT Entertainment Production for BBC Radio 4

SAT 23:30 Nature Table (m0020xlm)

Series 4

6: Giant Giraffes and Raucous Ruffs

In this episode, Sue and Team Nature Table return to ZSL London Zoo.

The complexities of being a giraffe, badass tenrecs, the outrageous sexual behaviour of ruffs and how eggs are made all wow the London Zoo audience.

Sue is joined by special guests: Natural History Museum's principal researcher Dr. Natalie Cooper, zoological writer / broadcaster Jules Howard and award-winning writer / comedian Bridget Christie.

Nature Table has a simple, clear brief: to positively celebrate and promote the importance of all our planet's wonderfully wild flora and fauna in a fun and easily grasped way... whilst at the same time having a proper giggle.

For this series of Sue Perkins' ARIA-winning 'Show and Tell' wildlife comedy, Team Nature Table have recorded at the Natural History Museum, Kew Gardens and London Zoo.

Hosted by: Sue Perkins
Guests: Natalie Cooper, Jules Howard & Bridget Christie
Written by: Catherine Brinkworth, Jenny Laville & Jon Hunter
Additional material by: Christina Riggs & Pete Tellouche
Researcher: Catherine Beazley
Sound Recordist & Editor: Jerry Peal
Music by: Ben Mirin
Executive Producer: Richard Morris
Production Coordinator: Sarah Nicholls
Producer: Simon Nicholls

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SUNDAY 14 JULY 2024

SUN 00:00 Midnight News (m00212vy)
The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Bookclub (m0020xlk)
Marlon James: A Brief History of Seven Killings

Marlon James answers readers' questions about his award-winning novel, A Brief History of Seven Killings. The novel, which is narrated by multiple characters, opens in Jamaica in the run-up to the 1976 election. Kingston is riven by violence as competing gangs, some supported by the US government, compete for territory and control of the drugs trade. The novel is based on real events, including a planned assassination attempt on Bob Marley. Marlon James talks to readers about writing multiple characters, his approach to describing violence and how he sees the book now, ten years after publication.

Forthcoming recordings at 1830 at BBC Broadcasting House in London

10 July - Ayobami Adebayo on Stay With Me
14 August - Ken Follett on A Column of Fire
25 September - Susanna Clarke on Piranesi

SUN 00:48 Shipping Forecast (m00212w0)
The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m00212w2)
BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m00212w4)
The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m00212w6)
The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m00212w8)
St Peter's Church in High Cross Froxfield in Hampshire.

Bells on Sunday comes from St Peter's Church in High Cross Froxfield in Hampshire. St Peter's church was built in 1862 on the site of a Saxon church site. The square tower features a short spire above an octagonal bell stage housing a ring of six bells all cast by the London foundry of Mears and Stainbank in 1890. The tenor weighs five and a quarter hundredweight and is tuned to the note of B-flat. We hear them ringing Norwich Surprise Minor

SUN 05:45 In Touch (m0020xsw)

Redundancies at the RNIB

Like many charitable organisations, the RNIB is facing financial losses in certain areas and is having to find means of saving money across the organisation. It needs to cut around £10 million and staff have been told that redundancies will be happening. The RNIB's CEO Matt Stringer tells In Touch about the charity's current financial situation, whether any of services will be impacted and about the level of redundancies across the organisation.

Presenter: Peter White

Producer: Beth Hemmings

Production Coordinator: David Baguley

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

SUN 06:00 News Summary (m00213cn)

The latest national and international news from BBC Radio 4

SUN 06:05 Beyond Belief (m0020xsc)

Why We Walk

Why is walking spiritual? Giles Fraser asks if the power of pilgrimage in its destination, or along the pathway.

Alice Sainsbury was recovering from a serious neurological illness when she slowly started to walk again. Step by step she found herself again through walking, and small pilgrimages near her home in Cornwall. It wasn't just a physical journey for her, but a spiritual one as well.

She tells Giles Fraser why she walks. And Giles asks a panel of enthusiastic pilgrims from different faiths about the religious beliefs behind walking and pilgrimage.

Phil McCarthy, a former GP, has founded Pilgrim Ways, promoting walking pilgrimages in England and Wales. Sr Radharamana Das is a scholar in Sanskrit and Vedic literatures and a volunteer at his local Hare Krishna temple. And Professor Raminder Kaur is the leader of a project about pilgrimage and economics at the University of Sussex.

Boots laced, let's begin.

Producer: Rebecca Maxted

Assistant Producer: James Leesley

Editor: Tim Pemberton

SUN 06:35 On Your Farm (m00213cq)

Welsh tea

After Lucy George took over the family fruit farm in the Vale of Glamorgan, she realised the business wasn't really her 'cup of tea', so she decided to go into tea production instead. Asked where the idea came from, Lucy says "I'm still trying to figure that out!" She adds: "One thing that really drove me was trying to find a product we could actually sell year round to have some more stability to the farm income." Now, ten years on, she has a thriving business.

In this programme, Mariclare Carey-Jones visits Lucy's farm to find out what it takes to grow tea in the Welsh countryside and what impact the Welsh weather has on the crop. "Some plants will tolerate the conditions, some will struggle, so it's really a numbers game of planting more and more tea plants and eventually ending up with plants that are actually enjoying the conditions here in Wales" Lucy tells Mariclare.

Mariclare also joins Lucy in the on-site tea factory where the leaves are processed into a variety of teas. How do artisan producers like Lucy compete with the big tea companies? Leaves that don't make the grade to sell as tea are used to make another range of drinks instead.

Produced and presented by Mariclare Carey-Jones

SUN 06:57 Weather (m00213cs)

The latest weather reports and forecast

SUN 07:00 News and Papers (m00213cv)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m00213cx)

Trump shooting; CofE Safeguarding; Sikh MPs

Shots were fired at former President Donald Trump while he was addressing an open-air campaign rally in Pennsylvania last night. Blood was clearly visible on Mr Trump's right ear, while secret service agents leapt onto the stage and piled on top of him. As he was being bundled away to his motorcade, Mr Trump raised a defiant fist in the air, and many of his gathered supporters turned from shock and panic to cheering. William Crawley speaks to Peter Ling a political historian and emeritus professor of American Studies at the University of Nottingham.

Also on the programme; after last week's vote in the General Synod to allow services of blessing for gay couples, there has been talk of a split between the liberal and conservative wings of the Church of England. We'll hear from representatives of both sides - Rev Dr Charlie Bell and Rev Dr Ian Paul - both of whom think a split may be inevitable, and from the Bishop who's trying to steer a middle course, Rt Rev Martyn Snow, Bishop of Leicester.

And, the British House of Commons is now more diverse than ever before by race, gender and sexuality. There's also evidence of more religious diversity in Parliament, and more representation for those of no faith at all. The British Sikh community has sometimes raised concerns about a lack of representation in the House. Now there are 12 Sikh MPs -- second only to the Canadian parliament in the Western world, with 18 MPs. William Crawley hears from one of them; Preet Gill, the Labour MP for Edgbaston.

Presenter: William Crawley

Producers: Bara'atu Ibrahim & Catherine Murray

Production Coordinator: David Baguley

Editor: Miriam Williamson

SUN 07:54 Radio 4 Appeal (m002137s)

Medical Aid Films

Dr Ellie Cannon makes the Radio 4 Appeal on behalf of Medical Aid Films. The charity has over seven hundred films in its library and these are used to train healthcare staff and educate patients all over the world. It also organises screenings in remote locations like tiny Pacific islands, where films are sent on CD, or mountainous regions in Nepal.

To Give:

- UK Freephone 0800 404 8144

- You can donate online at bbc.co.uk/appeal/radio4

- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope).

Mark the back of the envelope 'Medical Aid Films'.

- Cheques should be made payable to 'Medical Aid Films'.

Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1121578

SUN 07:57 Weather (m00213cz)

The latest weather reports and forecast

SUN 08:00 News and Papers (m00213d1)

The latest news headlines. Including a look at the Sunday papers

SUN 08:10 Sunday Worship (m00213d3)

Voices from the borders

Rev Stephen Wigley makes a spiritual journey along Offa's Dyke, the ancient border between England and Wales, in the first of an occasional series on the theme of pilgrimage.

In the late eighth century King Offa ordered a hard border to be built to separate the Mercians from the Welsh. Now known as Offa's Dyke this archaeological wonder was to have enormous repercussions in defining the limits of Wales and England and a sense of cultural identity.

Nowadays it's largely redundant as a political boundary, but it serves as prime walking territory for ramblers wishing to take on some (or all) of its 177 mile length, exploring a unique frontier territory, where some fascinating spiritual traditions have flourished on both sides. We hear voices past and present, from Wordsworth and the Rev Francis Kilvert to the voices of two ministers - Rev. Sue Groves and Rev. Sue Lawler - who have first-hand knowledge of ministering in border country.

Readings: Psalm 16:5-11 and John chapter 4, verses 1-10

Music: 'Just a closer walk with thee' (Sonny Terry & Brownie McGhee)

Jerusalem the Golden

Now I have found the ground wherein

I heard the voice of Jesus say

Lead the Way (Lizz Wright)

Come my way, my truth, my life (Ralph Vaughan Williams,

Five Spiritual Songs)

Simple Gifts (traditional, Bryn Terfel)

SUN 08:48 A Point of View (m0020h8v)

Beyond Bricks and Mortar

Megan Nolan ponders her generation's housing crisis.

'Sometimes it all crashes over me, how adrift I am, and how laughably inconceivable the idea is that I would ever own a place on my own,' writes Megan.

But there are other ways of framing this dilemma too, she believes. 'My favourite of those is to think that I'm unusually capable of feeling at home in the world at large, instead of just one building, or just one town....There are parts of me that would not exist except for my privilege to live in other places, those parts were born all over the world, and I remember the luck of that when I feel at a loss about bricks and mortar.'

Producer: Adele Armstrong

Sound: Peter Boshor

Production coordinator: Gemma Ashman

Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (m00213d5)

Gillian Burke on the Swallow

A new series of Tweet of the Day for Sunday morning revealing personal and fascinating stories inspired by birds, their calls and encounters.

Having travelled thousands of miles from Africa the arrival of swallows near her West Country home in spring is a noteworthy event, yet this year fewer have returned to biologist, presenter and podcaster Gillian Burke's home area. All too soon the days will shorten and these aerobatic birds will gather across the British countryside in readiness to return to Africa for the winter.

Producer: Andrew Dawes of BBC Audio in Bristol

Studio Engineer: Nick Ford

SUN 09:00 Broadcasting House (m00213d7)

Trump survives assassination attempt

Latest reaction from the US after the failed assassination attempt on Donald Trump at a campaign rally.

SUN 10:00 Desert Island Discs (m00213d9)

Errollyn Wallen, composer

Errollyn Wallen is one of the world's most performed living composers. Her work, which includes 22 operas, orchestral, chamber and vocal works, was played at the opening ceremony of the Paralympic Games in 2012 and at Queen Elizabeth II's Golden and Diamond Jubilees. She was the first black woman to have a piece featured in the BBC Proms and the first woman to receive an Ivor Novello award for Classical Music for her body of work.

Errollyn was born in Belize in Central America and was brought up in North London. The passion for music came early to her - as a baby she sang in her cot - and later she enjoyed free music lessons at her local primary school. She fell in love with the piano at five and went on to have formal lessons four years later.

She studied music and dance at Goldsmith's, University of London and took a Master's in composition at King's College London. After working as a session musician, Errollyn formed her own band Ensemble X whose motto is "we don't break down barriers in music...we don't see any". In 1990 she composed a tribute to Nelson Mandela to mark his release from prison.

In 2020 she was awarded a CBE for services to music in The Queen's New Year's Honours.

Errollyn lives and works in a lighthouse at Strathy Point in the north of Scotland.

DISC ONE: Beethoven, Symphony No. 7 in A Major, Op. 92, 4th Movement: Allegro Con Brio. Composed by Ludwig van Beethoven and performed by André Previn (piano) with the London Symphony Orchestra

DISC TWO: Bewitched, Bothered and Bewildered - Ella Fitzgerald

DISC THREE: L'Oiseau de Feu (The Firebird) (1910 Ballet Score) (Fairy-tale Ballet In Two Tableaux For Orchestra)

Introduction. Composed by Igor Stravinsky and performed by Bergen Philharmonic, conducted by Andrew Litton

DISC FOUR: I Am Sitting In a Room - Alvin Lucier

DISC FIVE: Bach, Concerto for 2 Violins in D Minor BWV 1043 (II movement)

Composed by Johann Sebastian Bach and performed by Isaac Stern and Itzhak Perlman (violin) with the New York Philharmonic, conducted by Zubin Mehta
 DISC SIX: Signed, Sealed, Delivered (I'm Yours) - Stevie Wonder
 DISC SEVEN: What's Up Doc? - Errollyn Wallen
 DISC EIGHT: Peter Grimes, Op. 33, Act III, Scene 7: Mister Swallow! Mister Swallow! (Mrs Sedley) Composed by Benjamin Britten and performed by Bergen Philharmonic Orchestra, Catherine Wyn-Rogers and Susan Bickley (Mezzo-soprano), Neal Davies (bass-baritone), Barnaby Rea (bass) and conducted by Edward Gardner

BOOK CHOICE: A collection of Bach sheet music
 LUXURY ITEM: Wigmore Hall
 CASTAWAY'S FAVOURITE: Bach, Concerto for 2 Violins in D Minor BWV 1043 (II movement) Composed by Johann Sebastian Bach and performed by Isaac Stern and Itzhak Perlman (violin) with the New York Philharmonic, conducted by Zubin Mehta

Presenter Lauren Laverne
 Producer Paula McGinley

SUN 11:00 The Archers Omnibus (m00213dc)

WRITER: Naylah Ahmed
 DIRECTOR: Rosemary Watts
 EDITOR: Jeremy Howe

Ben Archer.... Ben Norris
 David Archer.... Timothy Bentinck
 Pip Archer... Daisy Badger
 Lilian Bellamy.... Sunny Ormonde
 Chris Carter.... Wilf Scolding
 Neil Carter.... Brian Hewlett
 Justin Elliot.... Simon Williams
 Emma Grundy.... Emerald O'Hanrahan
 George Grundy.... Angus Stobie
 Joy Horville.... Jackie Lye
 Alistair Lloyd.... Michael Lumsden
 John Mack.... Richard Pepple
 Paul Mack.... Joshua Riley
 Jazzer McCreary.... Ryan Kelly
 Denise Metcalf.... Clare Perkins
 Stella Pryor.... Lucy Speed

SUN 12:15 Profile (m00212vr)

[Repeat of broadcast at 19:00 on Saturday]

SUN 12:30 Mark Steel's in Town (m0020xd1)

Series 13

East Grinstead

This week Mark visits the West Sussex town of East Grinstead.

This is the 13th series of Mark's award-winning show where he travels around the country visiting towns that have nothing in common but their uniqueness. After thoroughly researching each town, Mark writes and performs a bespoke evening of comedy for a local audience.

As well as East Grinstead, in this series, Mark be will also be popping to Margate, Malvern, Stoke-on-Trent, Coleraine in Northern Ireland and Nether Edge in Sheffield.

There will also be extended versions of each episode available on BBC sounds.

Written and performed by Mark Steel

Additional material by Pete Sinclair
 Production co-ordinator Katie Baum
 Sound Manager Jerry Peal
 Producer Carl Cooper

A BBC Studios Audio production for Radio 4

SUN 12:57 Weather (m00213df)

The latest weather forecast

SUN 13:00 The World This Weekend (m00213dh)

Trump survives assassination attempt

Latest reaction to the failed assassination attempt on Donald Trump.

SUN 13:30 The Club Nobody Wants to Join (m00213of)

There Is a club that no high school principal in the USA wants to join, but they are all incredibly grateful that its there. Because in the event of the worst possible scenario happening, they will need it

The 'Principal Recovery Network' is made up of school leaders who have lived through the horror of a shootings in their hallways and classrooms. And in the hours after an incident they are on the phone helping the next school Principal through their trauma

Sam Walker moved her family from Manchester to Arizona seven years ago and she still can't get used to her kids going through regular lockdown drills so they know what to do if their school is attacked

Sam meets some of the Principals who have been through it and have come together to offer support - and now activism.

Presenter: Sam Walker
 Production: Sam Walker and Richard McIlroy
 Image: Frank DeAngelis, the former Principal of Columbine High School

SUN 14:00 Gardeners' Question Time (m0020y7c)

Postbag: Raby Castle

Is it worth using arborist mulch in the garden? Please could you advise on how to maintain large camellias? My wisteria has barely flowered this year, what's gone wrong?

Peter Gibbs and his team of horticultural experts have packed up their windbreakers and travelled to Raby Castle, Park and Gardens in County Durham for a postbag edition of GQT. While head gardener Tim Marshall leads Peter and the panel around the gardens, they also dig through the GQT inbox to answer your gardening queries. On the panel this week are passionate garden designers Matthew Wilson and Bunny Guinness, and house plant expert Anne Swithinbank.

Later in the programme, the panellists discuss the benefits of encouraging birds into the garden to tackle box blight and other garden pests. They also share useful tips on how to prevent box tree caterpillars from spreading.

Senior Producer: Dan Cocker
 Assistant Producer: Rahnee Prescod
 Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

SUN 14:45 Opening Lines (m00213dk)

Frankenstein

John Yorke takes a look at Mary Shelley's Frankenstein or, The Modern Prometheus.

Mary Shelley began the short story that would develop into her Gothic novel in 1816 while she was still a teenager. It was published two years later when she was twenty. Despite her young age the book has mature themes: the perils of unregulated scientific experiment, the responsibilities that come with parenting, how society treats the vulnerable and outcast, and man's role in the universe. Written at a time when women were largely denied an education, this was an extraordinary feat. At the time the fashion was for novels with prescriptive moral lessons; yet Mary created complex characters and storylines that allowed readers to draw their own conclusions.

The daughter of Mary Wollstonecraft and William Godwin, both literary celebrities, Mary should have had the best start possible for a writer. But her mother died a few days after giving birth to her and soon afterwards her father remarried, leaving the education of his daughter neglected. That Mary had the resourcefulness to educate herself, and then to go on to write such a groundbreaking novel was a testament both to her talent and determination.

John Yorke has worked in television and radio for 30 years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatized in BBC Radio 4's Sunday Drama series. From EastEnders to The Archers, Life on Mars to Shameless, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate with audiences around the globe, and has brought together his experience in his bestselling book Into the Woods. As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy, John has trained a generation of screenwriters.

Contributor: Dr Anna Mercer, Cardiff University

Researcher: Nina Semple
 Production Manager: Sarah Wright
 Sound: Sean Kerwin
 Reader: Paul Dodgson
 Producer: Kate McAll

Executive Producer: Sara Davies

A Pier production for BBC Radio 4

SUN 15:00 A Vindication of Frankenstein's Monster (m00213dm)

Episode 2

Following Mary Wollstonecraft's journey to Sweden then Norway, Lizzie meets Vic, a neuro-scientist working with Artificial Intelligence implant technology.

Lizzie is torn by Wollstonecraft's caged consciousness: has she just made another world that has no place where women can be free?

Vic wants to implant an AI into a human body - something never achieved before - a woman creating a woman. Can Vic offer a solution for the AI consciousness of Wollstonecraft to become a new genus and is she prepared for what this might unleash?

Lizzie and The Creature.....LYDIA WILSON
 Mary.....DAISY HEAD
 Vic.....VINETTE ROBINSON
 Max.....SACHA DHAWAN
 Eli.....JOEL FRY
 Polly.....ANNEIKA ROSE

Written by Linda Marshall Griffiths based on Mary Shelley's 'Frankenstein' and Mary Wollstonecraft's 'Letters written in Sweden, Norway, and Denmark'
 Sound design by Sharon Hughes
 Production co-ordinators Vicky Moseley and Lorna Newman
 Directed by Nadia Molinari

A BBC Studios Audio Production for Radio 4.

Artwork by Lydia Wilson.

SUN 16:00 Open Book (m00213dp)

Garth Risk Hallberg

Johny Pitts speaks to Garth Risk Hallberg about his new novel, The Second Coming.

Book Banks - the new initiative offering free books in food banks: we hear from founder and director Emily Rhodes, and Baroness Liz Sanderson of Welton, who conducted an independent review of English libraries, discusses how this sits with library provision in the community.

Plus Daisy Buchanan describes the 'book she would never lend' - Still Life with Woodpecker by Tom Robbins.

Presenter: Johny Pitts
 Producer: Emma Wallace

Book List – Sunday 14 July

The Second Coming by Garth Risk Hallberg
 City on Fire Garth Risk Hallberg
 Bleak House by Charles Dickens
 Herzog by Saul Bellow
 Long Island by Colm Tóibín
 Still Life with Woodpecker by Tom Robbins
 Pity Party by Daisy Buchanan

SUN 16:30 The 3rd Degree (m00213dr)

Series 13

1. University of Leicester

This episode coming from the University of Leicester, "The 3rd Degree" is a funny, upbeat and brainy quiz show.

The Specialist Subjects this week are French, Genetics and Criminology so we'll meet a five-legged sheep, some Italian cheekbones and the one thing Hannibal Lecter really shouldn't eat, plus there'll be tips on how to tell your Larkin from your Lineker.

The show is recorded on location at a different University each week, and pits three Undergraduates against three of their Professors in this fresh take on an academic quiz. The General Knowledge rounds include a quickfire bell-and-buzzer finale and the 'Highbrow & Lowbrow' round cunningly devised to test not only the students' knowledge of history, art, literature and politics, but also their Professors' awareness of TV, music and sport. Meanwhile there are the three Specialist Subject rounds, in which students take on their Professors in their own subjects, and where we find out whether the students have actually been awake during lectures...

In this series, the show goes to Leicester, St Andrews, Loughborough, Falmouth, the University of East Anglia and

Robinson College, Cambridge.

Producer: David Tyler

A Pozzitive production for BBC Radio 4

SUN 17:00 Witness History (w3ct5yfp)

How to win friends and influence people

In 1936, Dale Carnegie wrote one of the world's most popular self help books - How to Win Friends and Influence People.

The idea was suggested by a book editor who had attended one of Dale's public speaking courses in New York.

The result was a mix of psychology, philosophy and good old-fashioned common sense. Dale offered advice like: Smile. Give praise. Be a good listener. And remember people's names.

The book went on to become a best seller. Today, more than 30 million copies have been sold worldwide, and it has been translated into 36 languages. Even the title is part of popular culture.

Dale's daughter Donna Dale Carnegie tells Jane Wilkinson about the secret of its success.

(Photo: How to Win Friends and Influence People in 1955. Credit: Frederic Hamilton/Hulton Archive/Getty Images)

SUN 17:10 The Verb (m00213dt)

Frogs who love rain, the poem that came from a magpie, the poetry of the peleton, and the everyday language of dating apps. Ian McMillan's guests this week (Hollie McNish, Testament, Ira Lightman and Liz Berry) bring all of this to the studio table and much, much more.

Hollie McNish's latest book is 'Lobster and other things I'm learning to love' - she shares a pluvophile poem that shows how much joy there can be in realistic love.

Ira Lightman is an innovative poet and artist and this week, especially for The Verb, he turns the Salford studio into a poetry version of the Tour de France - including a hot potato.

Liz Berry's latest book is 'The Home Child' - she celebrates the poetry of Charlotte Mew, and reads a brand new poem inspired by a frightening but enchanting encounter with a magpie.

Testament is a rapper, beatboxer, poet and playwright. His careful attention to the everyday language of people from different political positions, and to the language of dating apps informed his play 'Love in Gravitational Waves' - he shares some of the poetry that its characters write.

SUN 17:54 Shipping Forecast (m00213dw)

The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m00213dy)

The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m00213f0)

Donald Trump urges Americans to unite after an assassination attempt in Pennsylvania. And, the England men's football team prepare to face Spain in Euro 2024 final in Berlin.

SUN 18:15 Pick of the Week (m00213f2)

Salma El-Wardany

From Queen Latifah to Cleopatra, queen of Ancient Egypt, we hear how powerful women in the distant past to the here and now made their mark on the world and continue to do so. Also, it may not quite be your taste, but we learn about how metal music is challenging oppressive regimes around the world - and how those regimes threaten artists performing this genre. And do you know what the inside of a tree sounds like in the early spring? Dame Judi Dench does a great impression of it.

Presenter: Salma El-Wardany

Producer: Anthony McKee

Production Co-ordinator: Jack Ferrie

A BBC Audio Northern Ireland production for BBC Radio 4.

SUN 19:00 The Archers (m0021307)

On their final day at the music festival, Paul and Lily speculate on what Josh got up to last night with his crush Nina from band The Straw Crows. Paul teases Lily that celebrity chef Milo Haywood will treat her to a meal as she's assigned to look after him at Grey Gables. Lily points out how grouchy Freddie has been, as Paul realises Josh isn't in his tent. Lily checks in with Paul - is he coping ok about his parents? They explained to

Paul that it's not working, but Denise seemed to do all the explaining as John just sat there. Paul just wants to make the most of today's festivities. Paul gets the drinks in, but Freddie gets barged by abattoir co-worker Antonio, and plays it down to worried Lily. Freddie's forced to admit what's going on at work, although he insists he's not bothering Vince about it.

Stella waxes lyrical about her desire to shake up the Borchester Land Board with her sustainability plans, and Pip asks Chelsea about the kittens that need homes - Stella can tell Pip's smitten and wants one, and whilst Stella is more of a dog person, she won't stop Pip if she wants to adopt a kitten. They get chatting about the hen party Pip's helping Lottie organise for her friend Alina. Stella asks Chelsea about whether the Tea room does events. The chat develops into looking at a package deal with pampering from Chelsea and catering from the Tea Room. Chelsea promises to speak to Fallon, sure she'll convince her to come on board.

SUN 19:15 Searching for Butterflies (m002130c)

In the mountains of Latakia, Syria, Mudar Salimeh devotes much of his time to searching for butterflies. A geologist, artist, and nature lover, Mudar's fascination with butterflies began in the spring of 2018 when a great number of caterpillars appeared in his art studio. Over time, the caterpillars transformed into a cloud of white butterflies, sparking Mudar's quest to find and document these beautiful, elusive creatures.

Syria's civil war has caused extensive ecological damage, affecting far more than just human lives. Then, in February 2023, an earthquake struck the region of Latakia.

Spring 2024 arrives and butterflies start to emerge, we join Mudar as he creates an encyclopedia of the different butterfly species in Western Syria - a task made challenging by the shadows of war.

Photo credit: Mudar Salimeh

From his blog: <https://syrianbutterflies.wordpress.com/>

Field Recordings by Mudar Salimeh

Music by Samer Saem Eldahr a.k.a. Hello Psychaleppo

<https://www.psychaleppo.com/>

Lepidoptera Sound Recordings: Maria Brendler

Produced by Nanna Hauge Kristensen

A Falling Tree production for BBC Radio 4

SUN 19:45 Communicating with Ros Atkins (m0020rc3)

4. Michael Johnson, Olympic athlete and broadcaster

Ros talks with the Olympic gold medalist Michael Johnson. We all communicate multiple times a day but could we be getting better results? From a simple text or phone call, to a job interview or big presentation, the way we express ourselves and get our point across can really matter. Ros Atkins and his fascinating guests reveal the best ways to communicate and how simple changes in the way we make our point can be really effective.

In this episode, Ros asks Michael - what does it take to communicate well in a team with conflicting interests? And we hear how to communicate as an expert to a broad audience.

Series Producer: Hannah Newton

Production Support: Olivia Cope

Executive Producer: Zoë Edwards

Mix Engineer: Jonathan Last

Original Music Composed by: Tom Wrankmore / Eliphino

Commissioning Editor: Rhian Roberts

A Listen production for BBC Radio 4

SUN 20:00 Feedback (m0020xzs)

Election Coverage on Audio, Dotum Adebayo - Up All Night, Simon Boas interview on Today

Andrea Catherwood puts listeners' views on the cut and thrust of the six week election coverage to Jonathan Munro, the BBC's Director of Journalism.

The ability to fill time is a key skill for any live broadcaster. Things don't always run smoothly - so what does it take to fill successfully. Dotum Adebayo, presenter of Radio 5 Live's Up All Night is an acknowledged master of the art and shares some of his secrets.

Feedback's Interview of the Year has been attracting nominations. This week, many listeners picked Emma Barnett's interview with Simon Boas on the Today programme on Thursday 4th July. Simon and Emma talked about his terminal illness and how he is facing the final days of his life. Listeners found his optimism and sense of happiness a real inspiration.

And Feedback still wants to hear your suggestions for the Interview that stopped you in your tracks. It could be a thought-

provoking or emotive personal story, the moment an evasive politician gets nailed to the wall, or just something that made you laugh out loud.

Next week Feedback is digging into the increasingly central role podcasts seem to be playing, not just during the UK Election but in its news and politics coverage in general. Are you a fan? Do get in touch with your views on BBC news podcasts.

Presented by Andrea Catherwood

Produced by Pauline Moore

A Whistledown Scotland production for BBC Radio 4

SUN 20:30 Last Word (m0020y7h)

Dr Richard Taylor, Jack Rowell, Claudia Williams, Christophe Deloire

Matthew Bannister on

Dr Richard Taylor, the retired hospital consultant who became the independent MP for Wyre Forest.

Jack Rowell, the rugby coach who transformed the fortunes of Bath and took England to the World Cup semi-finals.

The artist Claudia Williams, who painted large scale canvases including images of women and children who lost their homes in the Welsh village of Tryweryn.

Christophe Deloire, the French journalist who became director general of the organisation Reporters Without Borders.

Producer: Ed Prendeville

Archive used

PILKINGTON CUP FINAL:BATH V LEICESTER, BBC2, 30/04/1989: England Vs NZ, BBC Sport, 1995; Hospital closure report, BBC News, 24/05/1995; Julian Assange, BBC Breakfast, 26.06.24; BBC Election coverage 2001; Fighting censorship with journalism: Christophe Deloire at TEDxLecce, Youtube, uploaded 03/06/2014; The World Tonight : The Russian journalist who protested on live TV, Radio 4, 06/10/2023; BBC News at One, BBC News, 17/03/2022; BBC Radio 5 live, 16/07/2016; Shipping Forecast, 27/11/2015; BBC Wales Today, 26/09/2013; Radio Wales Arts Show, 20/02/2010

SUN 21:00 Money Box (m00212v1)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m002137s)

[Repeat of broadcast at 07:54 today]

SUN 21:30 From Our Own Correspondent (m00212tx)

[Repeat of broadcast at 11:30 on Saturday]

SUN 22:00 Westminster Hour (m00213f4)

Radio 4's Sunday night political discussion programme.

SUN 23:00 The Human Subject (m00213f6)

The Man with a Hole in His Stomach

Humanity's journey to understanding the body has been a gory one; littered with unethical experiments, unintended consequences and unimaginable endurance. It's the story of catastrophic failures, at great human cost - but also successes which made history and saved countless lives.

In The Human Subject, Dr Adam Rutherford and Dr Julia Shaw investigate the threads connecting modern day medicine to its often brutal origins. With every episode they explore some of that dark history and ask - is our present day knowledge worth the suffering it took to get us here?

This is the story of 18-year-old Alexis St Martin who is accidentally shot in the stomach outside an American Fur Company store. The year is 1822, and the French-Canadian fur trapper's chances of survival aren't high, but he defies the odds and lives.

Alexis heals in the most unusual way. His wound turns into a gastric fistula, a permanent hole in the side of his body - a hole that cannot be closed and one that leads straight into his stomach. The doctor who saves his life, William Beaumont, finds in the young man's misfortune an opportunity.

Presenters: Dr Adam Rutherford and Dr Julia Shaw

Producer: Simona Rata

Assistant Producer: Mansi Vithlani

Executive Producer: Jo Meek

Sound Design: Craig Edmondson

Commissioner Editor: Dan Clarke

An Audio Always production for BBC Radio 4

SUN 23:30 Frontlines of Journalism (m001jkk3)

[Repeat of broadcast at 05:45 on Saturday]

SUN 23:45 Short Works (m0020y7f)

The Knockers' Ballroom

An original short story by Wyl Menmuir, read by Tristan Sturrock.

A crew of miners sits around a decorated table in a mineral-encrusted chamber, deep beneath the Cornish sea bed. There's a sound above the pounding of the waves. It's coming from somewhere beyond the rockfall that has imprisoned this party of miners who, for the first time since breaking ground here, have entered their mine without their tools...

This is a story about our relationship with the ground beneath our feet, the choices we make to exploit the riches that live there, and the consequences of those choices.

Wyl Menmuir is a Booker-nominated novelist, and prizes for his non-fiction include the prestigious Roger Deakin Award, for *The Draw of The Sea*. His exploration of our relationships with trees, *The Heart of The Woods*, was released in 2024. His short fiction has been published in *Best British Short Stories*, and beyond.

A BBC Audio Bristol Production
Reader: Tristan Sturrock
Producer: Becky Ripley

MONDAY 15 JULY 2024**MON 00:00 Midnight News (m00213f9)**

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Being Roman with Mary Beard (p0gr2r5w)

5. Battling Bureaucrats

What does it take to run an Empire? Armies and slaves, of course, but also bureaucrats. At its height the Roman Empire employed thousands of men charged with keeping Rome and its provinces fed, watered and content. This was no easy job. A remarkable set of papyrus scrolls reveals the life of Roman Egypt's very own David Brent, preparing for a visit from the fearsome Emperor Diocletian.

Infuriated by hopeless staff and venal local politicians and continuously harassed by his superiors, Apolinarius of Panopolis becomes increasingly desperate as Diocletian approaches and the tension cranks up. Mary Beard follows Apolinarius's story to reveal the messy realities of Roman administration.

Producer: Alasdair Cross

Expert Contributors: Colin Adams, Liverpool University and Margaret Mountford

Cast: Apolinarius played by Josh Bryant-Jones

Special thanks to Jill Unkell and the Chester Beatty collection, Dublin

MON 00:45 Bells on Sunday (m00212w8)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m00213fc)

The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m00213ff)

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m00213fh)

The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m00213fk)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m00213fm)

Rain and St Swithun

A reflection and prayer to start the day with the Rev Lynne Gibson.

MON 05:45 Farming Today (m00213fp)

As part of the new government's plan for clean power by 2030,

it's lifted the de facto ban on on-shore wind farms. Under previous rules, setting up wind farms on land had become difficult because developers had to prove there was no local objection to them being built.

Dale Vince the founder and CEO of Ecotricity, which he started nearly 30 years ago, explains what it will mean for his industry.

Something else likely to be in the new government's in tray is rural services and how to fund them. Kerry Booth is the CEO of the Rural Services Network, which covers England, she tells Anna that funding for rural services has historically been lower than in urban areas.

And what is happening to the UK's insect population? We have a report from Cornwall.

Presented by Anna Hill

Produced by Alun Beach

MON 05:57 Weather (m00213fr)

Weather reports and forecasts for farmers

MON 06:00 Today (m00212zq)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Orwell vs Kafka (m00201w2)

Ep 2: Telescreens

Helen Lewis and Ian Hislop refine their focus in this second episode of *Orwell Vs Kafka* to examine what the warnings and insights in the novel's of both men tell us about Surveillance and the human response to it.

We're often told that as a nation we're subject to more camera surveillance than most, and Helen speaks to Gavin Saul of Verrimus, a Newcastle based company specialising in technical surveillance counter measures, to measure the truth of that. He describes the extent of modern surveillance and the acceptance of it through what he refers to as normalcy bias, the shrugged shoulder reaction to the reality of smart phone dependence.

Helen and Ian are also joined by Silkie Carlo of Big Brother Watch, an organisation that took it's name from Orwell's dystopian vision of a people permanently under surveillance. She talks about the extent to which Orwell's warning was prescient, as was Kafka's awareness that surveillance often becomes internalised, with the subjects effectively policing themselves.

And they lighten the tone somewhat in a conversation with Anna Nolan, the runner up on the first UK TV production of *Big Brother House*. Anna recalls what it felt like to be under surveillance for the sake of entertainment, and why there was an inevitable air of religiosity about accepting the presence of an all-seeing eye, something that hovers in the background of both *Kafka* and *Orwell's* writing.

Producer: Tom Alban

MON 09:30 Natalie Haynes Stands Up for the Classics (m00212zs)

Hesiod

Natalie stands up for the prize-winning Greek poet, catalogueur of gods and author of a flatpack wagon manual, Hesiod. She's joined by Professor Edith Hall and poet Alicia Stallings.

Hesiod is highly regarded by the ancients for his sublime poetry, and he won a prize for his *Theogony*, a detailed account of the origins of the gods. He also wrote a farming manual, including the wagon-building instructions, and an epic on how to pickle fish. Hesiod rails at the hardship of the farming life in autobiographical references in his poems: he is not a fan of his home town of Asra in ancient Boeotia, and he describes being cold and hungry at low points in the year.

'Rock star mythologist' and reformed stand-up Natalie Haynes is obsessed with the ancient world. Here she explores key stories from ancient Rome and Greece that still have resonance today. They might be biographical, topographical, mythological or epic, but they are always hilarious, magical and tragic, mystifying and revelatory. And they tell us more about ourselves now than seems possible of stories from a couple of thousand years ago.

Producer...Mary Ward-Lowery

MON 10:00 Woman's Hour (m00212zv)

Wendy Joseph KC, Storm chasers, Remembering sex therapist Dr Ruth, Insta's Fake Guru

Former Old Bailey judge, Her Honour Wendy Joseph KC, lifts the lid on our legal system. Having worked in criminal courts for almost half a century, she is still asking: what is justice? She tells Nuala McGovern some of the ways women and children struggle through the legal system - and why she wanted to highlight these issues in her latest book, *Rough Justice*.

Twisters - the sequel to 1996 disaster-tornado film *Twister* - has been accused of playing into sexist tropes about storm chasers and meteorologists. But what's it actually like being a female storm chaser? Nuala speaks to meteorologist Karen Kosiba from the Centre for Severe Weather Research in Colorado and to founder of the Midlands Storm Chasers group Vicky Royce-Pagett about the new film and why they find storm chasing so fascinating.

Over the weekend, the sex therapist Ruth Westheimer died at the age of 96. In the 1980s, her ability to talk with good-natured candour about intimate sexual matters made her a big hit on American radio and TV and she was known to audiences as Dr. Ruth. We were lucky enough to speak to her in 2019.

Last month, Kat Torres, a former model and wellness influencer, was sentenced to eight years in prison in Brazil after being found guilty of human trafficking and slave labour. Nuala talks to BBC Journalist Hannah Price who's made a documentary about Kat's story: *Like, Follow, Trafficked: Insta's Fake Guru*.

Presenter: Nuala McGovern
Producer: Maryam Maruf
Studio manager: Donald McDonald

MON 11:00 Behind the Crime (m00212zx)

David

David Martindale can remember the moment he turned his back on crime. The police were all over his front garden, and he was about to be arrested for his involvement in drug dealing in his home town of Livingston.

His childhood was violent - but it was also dominated by football. He was a gifted player, but didn't have the sort of homelife that might have propelled him to football stardom. Instead he got involved with local rivalries and a lifestyle that led him to a young offender institution.

Years later, he was back inside, this time serving a long sentence for dealing cocaine.

Yet at his lowest moment, he found an inner resolve that led him to turn his back on crime, focus on his future and end up managing a top-flight football team. His first match in charge of Livingston FC in the Scottish Premier League was in front of 60,000 fans at Parkhead, home of Celtic FC.

This is an astonishing story about reaching the top against the odds.

Dr Sally Tilt and Dr Kerensa Hocken are forensic psychologists who work in prisons. Their job is to help people in prison understand the harm they've caused, identify why it happened and work out how to make changes to prevent further harm after they've been released.

In *Behind the Crime*, they take the time to understand the life of someone whose crimes have led to harm and prison. For details of organisations that can provide help and support, visit bbc.co.uk/actionline

Producer: Andrew Wilkie

Editor: Clare Fordham

Behind the Crime is a co-production between BBC Long Form Audio and the Prison Radio Association.

MON 11:45 Child (m001v3yw)

1. The Dance Begins

After that very first moment, when sperm meets egg - the life of a human begins to unfold. But how does that one cell begin to divide and differentiate into the billions of complex parts of a human being. How much do those very first cells know?

India Rakusen heads to a lab in Cambridge to look at a human embryo and speaks to leading cell biologist Magdelana Zernicka-Goetz.

And a baby isn't a baby without the people and the world around it. We speak to Child psychologist Graham Music and historian Elinor Cleghorn about how intertwined we are with our world, and the instant effects on the mother.

Presented by India Rakusen.
Producer: Ellie Sans.
Series Producer: Ellie Sans.
Executive Producer: Suzy Grant.
Commissioning Editor: Rhian Roberts.
Original music composed and performed by The Big Moon.
Mix and Mastering by Olga Reed.

A Listen production for BBC Radio 4 and BBC Sounds

MON 12:00 News Summary (m00212zz)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m0021301)

Trader Recommendation Platforms, Refill Shops and Landlords Selling

Trader Recommendation Platforms help give us peace of mind when booking a tradesperson. However, are they doing rigorous enough checks to ensure quality when it comes to firms advertised on their platforms?

Refill shops have become a fixture of high streets across the country over the last five years, but due to rising costs many of them are now closing. What does this mean for zero-waste shopping?

An increasing amount of residential landlords are deciding to sell their properties. We discuss what this means for renters and the wider housing market.

New data suggests that eye tests are being sacrificed by people trying to save money. How much of a problem is this, and what can you do to cut down on optometry costs?

PRESENTER: WINIFRED ROBINSON

PRODUCER: CHARLIE FILMER-COURT

MON 12:57 Weather (m0021303)

The latest weather forecast

MON 13:00 World at One (m0021305)

Trump vows to unify

Donald Trump heads to the Republican National Convention two days after the attempt on his life. Plus, why do invest so much emotion in sport when it often makes us sad?

MON 13:45 The History Podcast (m0020zcf)

Escape from the Maze

Escape from the Maze - 1. H is for Hatred

Eight prison blocks of hatred shaped like the letter 'H'...

It's supposed to be escape proof - the most secure prison in western Europe. The IRA is going to turn that on its head.

Across 10 twisting and turning episodes, Carlo Gebler navigates a path through the disturbing inside story of the 1983 escape from Northern Ireland's Maze Prison - the biggest jailbreak ever to take place on British or Irish soil. As former IRA inmates reveal how they pulled off a mass breakout that creates shockwaves at the heart of government - key security personnel explain why they're unable to stop them.

Presenter: Carlo Gebler

Producer: Conor Garrett

Editor: Philip Sellars

Commissioning Editor: Dan Clarke

Production Co-ordinator: Gill Huggett

Original Music Score: Phil Kieran

Archive: Cyprus Avenue Films

MON 14:00 The Archers (m0021307)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Ed Reardon's Week (m001np7b)

Series 15

1. The Storyteller

Author of several plays, television dramas, works of non-fiction, letters to the BBC about the pitiful decline in standards of literature and grammar, and master of the abusive email – Ed Reardon is back.

Ed is still living in his superb, stylish capsule urban living unit (i.e., small office conversion), and conducting his part-time relationship with Maggie. However, the means to finance a decent living as always eludes him. His agent, Ping, is not forthcoming with any major offers of work but his nemesis and best friend, Jaz, is keen for Ed to ghost-write his new memoir, 'I, Jaz'.

Ed would rather focus on trying to secure a spot on local radio and is busy 'self-taping' his audition piece berating the art of 'Storytelling', which proves a little difficult as his daughter, Eli, has decided she is going to pursue a new career as a 'Storyteller' and asks Ed to support her.

And with Pearl having gone to join the silver workforce as a store detective, Ed has a new student in his University of the 3rd Age writing class which allows him the opportunity to introduce a superior command of the narrative art to a new

audience in the form of his classic 'Tenko' episode.

The series is dedicated to Andrew Nickolds, who sadly passed away mid-way through writing the series.

The regular cast this series are joined by Ellen Thomas and Sally Grace along with guests Robert Powell, Helen Monks, Rachel Atkins and Joe Thomas.

Ed Reardon - Christopher Douglas

Ping - Barunka O'Shaughnessy

Jaz Milvain - Philip Jackson

Eli - Lisa Coleman

Stan - Geoffrey Whitehead

Olive - Sally Grace

Winnie - Ellen Thomas

Written by Andrew Nickolds and Christopher Douglas

Produced by Dawn Ellis

Production Co-ordinator Katie Baum

Sound Jon Calver

This programme was first broadcast in July 2023.

MON 14:45 Gambits (m0012fd0)

7: Sacrifice

The next in a dazzling new short story series set in Little Purlington - a seemingly ordinary English village, but which is anything but. Today, in 'The Rook', a woman living secretly in the local folly finds herself under suspicion for the strange happenings in the village...

Today, we learn why chess tutor Mary finally returned to the village - and what led her to leave...

Reader: Jasmine Hyde

Writer: Eley Williams is the author of *Attrib.* and *Other Stories*, and a debut novel, *The Liars Dictionary*.

Producer: Justine Willett

MON 15:00 A Good Read (m0021309)

Helen Lederer and Ilaria Bernardini

BOOKS:

WISHFUL DRINKING by CARRIE FISHER
FORBIDDEN NOTEBOOK by ALBA DE CESPEDES
YELLOWFACE by REBECCA F KUANG

Harriett's guests today are comedian and writer Helen Lederer known for so many roles including as Catriona in *Absolutely Fabulous*. Recently she has published her memoir *Not That I'm Bitter* and set up the *Comedy Writing In Print Prize*. She has opted for the hugely witty and knowing memoir *Wishful Drinking* by Carrie Fisher detailing her tumultuous life as the child of two Hollywood stars who often couldn't separate fantasy from reality.

Ilaria Bernardini is an Italian novelist and screenwriter. She is currently working on Bernardo Bertolucci's final script which Ilaria co-wrote with hi -*The Echo Chamber*. Her choice is the seminal feminist Italian novel *Forbidden Notebook* by the Italian-Cuban writer Alba de Cespedes about the inner life of an Italian housewife and *Mama of the Family*.

Harriett's choice is *Yellowface* by Rebecca F Kuang - a cautionary tale for our times of plagiarism, cultural appropriation, social media storms and more.

Producer: Maggie Ayre

MON 15:30 Searching for Butterflies (m002130c)

[Repeat of broadcast at 19:15 on Sunday]

MON 16:00 The Club Nobody Wants to Join (m002130f)

[Repeat of broadcast at 13:30 on Sunday]

MON 16:30 Rewinder (m00212ts)

[Repeat of broadcast at 10:30 on Saturday]

MON 17:00 PM (m002130h)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m002130k)

A judge has thrown out a criminal case against Donald Trump -- who had been accused of holding onto classified documents.

MON 18:30 Mark Steel's in Town (m002130m)

Series 13

Stoke-on-Trent

Mark Steel's in Town - Stoke-on-Trent

This week, Mark is visiting the town of Stoke-on-Trent, in Staffordshire.

This is the 13th series of Mark's award-winning show where he travels around the country visiting towns that have nothing in common but their uniqueness. After thoroughly researching each town, Mark writes and performs a bespoke evening of comedy for a local audience.

As well as Stoke-on-Trent, in this series, Mark be will also be popping to Margate, Malvern, East Grinstead, Coleraine in Northern Ireland and Nether Edge in Sheffield.

There will also be extended versions of each episode available on BBC Sounds.

Written and performed by Mark Steel

Additional material by Pete Sinclair

Production co-ordinator Katie Baum

Sound Manager Jerry Peal

Producer Carl Cooper

A BBC Studios Audio production for Radio 4

MON 19:00 The Archers (m002130p)

Chelsea approaches Fallon, who's wary about catering for the hen party, and worried about Natasha and moonlighting. Chelsea tempts Fallon with pictures of the party venue and kitchen space, and mentioning the hen, Alina, who's from Ukraine, with her family still over there. But it's on 1st of August, and Fallon's working - Chelsea insists she'll get Emma to cover her. Fallon agrees to help.

Susan makes sure Neil's available on Wednesday as she's keen to go and see celebrity chef Milo Haywood who's doing a foraging and cookery masterclass at Grey Gables. But Neil's aghast at the cost of tickets and puts Susan off forking out for it. Neil admits to Jazzer he feels bad, as he and Susan should do something nice together. As Neil gives Jazzer an impromptu introduction to foraging, he realises he can give Milo a run for his money and take Susan foraging before cooking a slap-up meal for her. Jazzer's certain it'll make up for not going to the event on Wednesday.

Susan and Tracy chat about how recent upheaval is affecting Martha, and also the latest gossip via Joy about Denise and her husband. But Jazzer has warned Tracy to stay out of it. Meanwhile, Susan clutches her Milo Haywood cookbook and supposes she'll have to make do with it rather than getting to meet the man himself. Neil and Jazzer return, as Tracy and Susan turn out to have had a similar idea - so they'll put together a foraged dinner for four. It'll be a laugh, says Tracy, and Susan politely agrees, a little disappointed.

MON 19:15 Front Row (m002130r)

Anne-Marie Duff, Al Murray, Melvyn Hayes, Billboard art

Anne-Marie Duff talks about her role in the crime thriller *Suspect* and her career from *Shameless* to *Bad Sisters*. Al Murray and Matthew Moss on the ongoing fascination with World War II in festivals, podcasts and films, an interview with Melvyn Hayes, well known for *It Ain't Half Hot Mum*, and curator Bakul Patki and artist Dawn Woolley discuss *A Real Woman*, a billboard art exhibition exploring representations of femininity.

Presenter: Samira Ahmed

Producer: Eliane Glaser

MON 20:00 The Briefing Room (m0020xzv)

Health special 1: Advances in cancer research and treatment

Half the UK population will get cancer during their lifetime - and rates are rising. Each year, around 385,000 people in the UK are diagnosed and around 167,000 lives are lost to the disease. But scientists are developing new therapies, including personalised vaccines and targeted drugs, that attack cancer cells directly and more effectively. It's hoped this pioneering work could lead to better survival rates.

David Aaronovitch and guests discuss promising developments in cancer care - to find out how significant they might be.

Guests:

Professor Charles Swanton, chief clinician at Cancer Research UK and deputy clinical director at the Francis Crick Institute;

Dr Olivia Rossanese, Director of the Centre for Cancer Drug Discovery at the Institute of Cancer Research;

Christian Ottensmeier, Professor of Immuno-Oncology at the University of Liverpool;

Professor Alan Melcher, Consultant Clinical Oncologist at The Royal Marsden NHS Foundation Trust

Presenter: David Aaronovitch

Producers: Rosamund Jones and Sally Abrahams
 Sound engineers: Rod Farquhar and Neil Churchill
 Editor: Richard Vadon

MON 20:30 BBC Inside Science (m0020zxx)
 Wimbledon Grass Science

We visit Wimbledon's iconic Centre Court... but we're not interested in the tennis, we want to know all about the grass.

Just how important is science to cultivating the perfect playing surface?

Also this week, we discuss the aims and ethics of human stem-cell-based embryo models in research after a new code of practice for the UK made headlines.

And we answer a listener question about whether white paint could help tackle climate change.

Send your burning science questions to insidescience@bbc.co.uk.

Presenter: Marnie Chesterton
 Producers: Ella Hubber, Sophie Ormiston & Gerry Holt
 Editor: Colin Paterson
 Production Co-ordinator: Jana Bennett-Holesworth

MON 21:00 History's Secret Heroes (m001y1yd)
 12. Flying High with Johnny Smythe

In Sierra Leone, navigator Johnny Smythe becomes one of the first West African airmen to join the Royal Air Force. His fellow crew consider him as a lucky charm, but as he faces a series of terrifying flights, will his good fortune run out?

Helena Bonham Carter shines a light on extraordinary stories from World War Two. Join her for incredible tales of deception, acts of resistance and courage.

A BBC Studios Audio production for BBC Radio 4 and BBC Sounds.

Producers: Suniti Somaiya and Elaina Boateng
 Edit Producer: Melvin Rickarby
 Assistant Producer: Lorna Reader
 Executive Producer: Paul Smith
 Written by Alex von Tunzelmann
 Commissioning editor for Radio 4: Rhian Roberts

MON 21:30 Intrigue (m001yb68)
 To Catch a Scorpion

To Catch a Scorpion: 1. Dangerous Journeys

This is the hunt for a people smuggler, codenamed Scorpion, one of the central characters controlling the transport of migrants from the European mainland into the UK. It is a tense and disturbing investigation, recorded as it happened, in real time.

Barzan Majeed - codenamed Scorpion - leads the Scorpion gang. He's on international most-wanted lists. He started his criminal career in Britain and went on to build a smuggling empire which now spans the globe.

An international police surveillance operation trapped more than 20 of his gang and almost netted Scorpion himself, but he was tipped off and escaped. BBC journalist Sue Mitchell, and former soldier and aid worker, Rob Lawrie, team up to try to do what the police have been unable to achieve: to find Scorpion, to speak to him, to ask him to account for his crimes and to seek justice for those families he has harmed.

Their investigation takes them to the heart of an organised criminal gang making millions from transporting thousands of migrants on boat and lorry crossings that in some cases have gone dangerously wrong, causing serious injury and putting lives at risk. They witness his operation in action and record as intense situations unfold, where vulnerable people desperate for a better future, put their lives in the hands of ruthless and dangerous criminals.

As they edge ever closer they meet the people helping and supporting Scorpion, they unpick the financial side of his business funding his luxury life, they start to understand the man himself and to garner enough clues to trace his whereabouts.

To Catch a Scorpion is a BBC Studios Audio Production for BBC Radio 4 and is presented and recorded by Sue Mitchell and Rob Lawrie.

The series is produced by Sue Mitchell, Winifred Robinson and Joel Moors
 The Editor is Philip Sellars
 Commissioning Editor is Daniel Clarke

Commissioning Exec Tracy Williams
 Assistant Commissioner Podcasts/Digital, Will Drysdale
 Original music is by Mom Tудie
 and Sound Design is by Tom Brignell

MON 22:00 The World Tonight (m002130t)
 Trump appoints JD Vance as his running mate

Two days after an attempt on his life, Donald Trump used the first day of the Republican National Convention in Milwaukee to announce JD Vance as his running-mate for the 2024 Presidential election. Vance, Senator for Ohio, is a former US Marine and venture capitalist who rose to fame after writing Hillbilly Elegy, a memoir about his family and white working-class background. He initially criticised Trump but has become one of his most ardent supporters.

Here in the UK the government is preparing to set out its legislative agenda in the King's Speech on Wednesday. It will include a new law to make a specific criminal offence of spiking. We speak to a campaigner and victim who welcome the move.

And a year since it was illegally felled, one artist has set out to preserve the touch of the Sycamore Gap tree.

MON 22:45 Yellowface by Rebecca F. Kuang (p0g1b65n)
 Episode One

Yellowface, the bestselling novel by Rebecca F Kuang, is a darkly funny mystery with a deeply flawed narrator. June Hayward is a young white American writer whose promising debut novel is quietly sliding into insignificance. She's intensely jealous of her friend from Yale Athena Liu, who by contrast has been wildly successful. This novel explores racism and cultural appropriation within a fast paced, sharply satirical thriller.

Reader Ashleigh Haddad
 Abridger Robin Brooks
 Producer Allegra McIlroy

Yellowface is a BBC Books Production for BBC Sounds

MON 23:00 Limelight (p0ccg48)
 The System - Series 2

The System - Step 4: Light the Blue Touch Paper and Run Like Hell

Or How to Save the World in 5 Easy Steps

Step 4: Light the Blue Touch Paper and Run Like Hell

Ben Lewis's award-winning thriller returns for a second season.

Why are so many people siding with the kidnappers?
 And what is the true intent of The System?
 We're about to find out.

Cast:
 Jake ... Alex Austin
 Maya ... Siena Kelly
 Coyote ... Divian Ladwa
 Jess ... Chloe Pirrie
 Liv ... Jemima Rooper
 Richard...Pip Torrens
 Matt ... Rhashan Stone

Original music and sound design by Danny Krass
 A BBC Scotland Production directed by Kirsty Williams

MON 23:30 Lights Out (m001rgzz)
 Series 6

Dead Ends

"Should we delete the sex tape?" Should we get rid of the crime scene photographs? How do I find a true image of my mum amidst the recordings, fragments and images she left behind?"

Exploring an archive of home videos, photographs, memories and news reports, Talia Augustidis reflects on how we choose to remember someone. Told through five chapters, each part focuses on a single image of her mum, who died when Talia was three.

Dead Ends is an exploration of what privacy and control is afforded to people who sit at the heart of our news stories, as accidental absences and fragments of memory piece together these self-contained narratives of loss.

Talia collected the tape for Dead Ends over several years. In 2022 she received a Content is Queen micro-grant, which allowed her to begin piecing these stories together.

Original music composed by Jeremy Warnsley

Produced by Talia Augustidis
 A Falling Tree production for BBC Radio 4

TUESDAY 16 JULY 2024

TUE 00:00 Midnight News (m002130z)
 National and international news from BBC Radio 4

TUE 00:30 Child (m001v3yw)
 [Repeat of broadcast at 11:45 on Monday]

TUE 00:48 Shipping Forecast (m0021311)
 The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m0021313)
 BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m0021315)
 The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m0021317)
 The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m0021319)
 One Small Step

A reflection and prayer to start the day with the Rev Lynne Gibson.

TUE 05:45 Farming Today (m002131c)
 A climate change think-tank is urging the new government to enable farmers and landowners to pick up the pace to meet net zero emission targets.

People living in a Gloucestershire village who have been campaigning against house building, have formed a Community Land Trust to plan and propose new developments that they do want to see - smaller homes for housing association tenants.

And urban school children have been learning about life and work in remote stretches of moorland in County Durham.

Presented by Anna Hill

Produced by Alun Beach

TUE 06:00 Today (m00213gc)
 News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m00213gh)
 Raymond Schinazi on revolutionising treatments for killer viruses

In recent decades, we've taken huge steps forward in treating formerly fatal viruses: with pharmacological breakthroughs revolutionising treatment for conditions such as HIV, hepatitis and herpes.

Raymond Schinazi has played a big role in that revolution.

Ray was born in Egypt, where his mother's brush with a potentially deadly illness during his childhood inspired a fascination with medicine. His childhood was scattered: after his family were forced to leave their homeland and travelled to Italy as refugees, Ray ended up on a scholarship to a British boarding school - and subsequently went on to study and flourish in the world of chemistry and biology.

Today, Ray is the Director of the Laboratory of Biochemical Pharmacology at Emory University in Atlanta, where he also set up the renowned Center for AIDS Research. His work in the early days of HIV studies led to drugs that many with the virus still take today; while his contribution to developing a cure for Hepatitis C has saved millions of lives around the world.

Speaking to Jim Al-Khalili, Ray reflects on his route to success - and explains why he's confident that more big breakthroughs are on the horizon.

Presented by Jim Al-Khalili
 Produced by Lucy Taylor

TUE 09:30 Is Psychiatry Working? (m00213gm)

Jade and postpartum psychosis

In this new series of Is Psychiatry Working, writer Horatio Clare and his co-host, psychiatrist Professor Femi Oyeboode focus on some of the most successful ways of treating mental health conditions – both the established and the more experimental. The world of mental illness, what it is and how we understand it, the embattled position of psychiatry and its patients was the matter of the first series, explored through the story of Horatio's own breakdown. The landscape travelled – both in terms of access to good mental health care, and psychiatry's progress - was quite bleak. Now, in the spirit of hopefulness, Femi and Horatio explore a new and important question - what is working in psychiatry now?

In this episode, we navigate the harrowing experience of postpartum psychosis with Jade. We hear how the mother and baby unit model, founded in the UK, provides innovative and holistic ways of looking after mother, baby and the whole network.

TUE 10:00 Woman's Hour (m00213gr)

Jenna Russell & Hello, Dolly!, Historical fiction, Women in Myanmar, Air Pollution

One of the most iconic musicals of all time, Hello, Dolly!, has returned to the London Palladium, with Jerry Herman's unforgettable score including Put On Your Sunday Clothes, Before the Parade Passes By, It Only Takes a Moment and Hello, Dolly! It's a huge, no-expense-spared production, with a cast of 40, and the legendary Imelda Staunton as the witty and charming matchmaker Dolly Levi. Jenna Russell plays the millineress Irene Molloy. Jenna is well known for her TV roles in Call The Midwife and Eastenders, and many theatre roles, including Guys and Dolls, Merrily We Roll Along, and her Olivier award-winning turn as Dot in Sunday In The Park With George. Nuala McGovern speaks to Jenna about the revival of Hello, Dolly! and the show's message to new audiences.

In February 2021, a coup returned Myanmar to military rule, overthrowing the democratically elected government. Under the regime, violence against civilians has escalated, with thousands jailed, tortured and killed – although the numbers are believed to be much higher. At least three million people have been displaced. Just two weeks ago, a UN Report outlined the gendered impact of the coup: It found that military forces have committed widespread forms of sexual violence. However, despite the coup's devastating impact, women and girls are taking on key roles within the resistance movement. Also this month, there have been separate news reports that women are being conscripted into the military. Nuala discusses the situation with Tin Htar Swe, the former head of The BBC's Burmese Service.

Nine-year-old Ella Adoo-Kissi-Deborah was the first person in the world to have air pollution listed as a cause of death. She lived near the South Circular Road in Lewisham, South East London and died of a fatal asthma attack in 2013. Her mother, Rosamund, who has been campaigning since her daughters death, is now seeking an official apology from the government as her high court claim against them heads to trial. She explains why she wants an official apology from the government. Nuala also speaks to Sophie Howe who is the former First Generation Commissioner for Wales where she advised the government on policy around transport and climate change - she now does this for other countries. S

Annie Garthwaite's second novel, The King's Mother, tells the story of historical figure Cecily Neville, mother of Edward IV and Richard III. Annie believes Cecily's role in the Wars of the Roses has been hugely underestimated by historians and her novel places her firmly at the heart of the action. Essie Fox has written five historical novels and her most recent, The Fascination, is set in the world of Victorian theatres and travelling fairs. They join Nuala to discuss the challenge of writing the stories of women who have been overlooked by the history books.

Presented by Nuala McGovern
Producer: Louise Corley

TUE 11:00 Screenshot (m0020y7r)

The Western

The Great American Western is having a resurgence - from Yellowstone and Bass Reeves on TV, to Beyoncé's acclaimed country album Cowboy Carter. Kevin Costner is back in the director's saddle too, with his Horizon: An American Saga Chapter 1 - the first in a planned series of epic Westerns - recently riding into cinemas.

But has the cinematic Western adapted to the modern age or is it trapped in a one-sided history of the past? Ellen E Jones and Mark Kermode examine the enduring popularity of a genre that refuses to die.

Mark speaks to cultural historian and Spaghetti Western obsessive Christopher Fraying about the genre's 19th century roots, and about the impact of films like The Searchers and The Wild Bunch. And he talks to prolific independent director John Sayles, whose 1996 film Lone Star was nominated by the American Film Institute as one of the Fifty Best Westerns of all time.

Meanwhile, Ellen explores the history of Black cowboys on screen with Mia Mask, author of Black Rodeo: A History of the African American Western. And she speaks to Jeymes Samuel - the galvanising force behind films like recent biblical epic The Book Of Clarence and 2021's all-Black, all-star Western, The Harder They Fall. Jeymes tells Ellen why he was drawn to the genre - and why Quentin Tarantino's Django Unchained might be due a reassessment.

Producer: Jane Long
A Prospect Street production for BBC Radio 4

TUE 11:45 Child (m001vbws)

2. Source of Life

All around the world, the placenta is revered in rituals - but in many places it's mainly seen as medical waste. What is this incredible organ, who does it belong to and how does it feed, grow and protect a baby?

India Rakusen speaks to placenta expert Margherita Turco, before diving into the world of what the foetus is really protected from. When you become pregnant there's a long list of things you apparently should and shouldn't consume, but how much information are we given and what's being left out? Philosopher Quill Kukla explains.

Presented by India Rakusen.
Producer: Ellie Sans.
Executive Producer: Suzy Grant.
Commissioning Editor: Rhian Roberts.
Original music composed and performed by The Big Moon.
Mix and Mastering by Olga Reed.

A Listen production for BBC Radio 4 and BBC Sounds

TUE 12:00 News Summary (m00213gv)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m00213gx)

Call You and Yours: Can you afford to keep a pet?

We pride ourselves on as being a nation of animal lovers. More than half of all households in the UK have a pet. Many see their pet as part of the family, and research has shown that they have a positive impact on peoples mental and physical health.

However the costs to keep a pet have grown a lot it recent years – vets bills, food and insurance have all risen in price. A dog costs over £15,000 over its lifetime and a cat around £11,000. Those figures don't include vet fees. The Scottish Society for the Protection of Animals has seen an increase in people wanting to give up their pets, with almost half citing financial pressures as the main reason. It is a similar story in England and Wales.

So, can you afford to keep a pet?

Email us at youandyours@bbc.co.uk, share your stories, and leave a telephone number where we can contact you.

From 11am on Tuesday you can call us on 03700 100 444.

Presenter: Winifred Robinson
Producer: Dave James

TUE 12:57 Weather (m00213gz)

The latest weather forecast

TUE 13:00 World at One (m00213h1)

Wales's First Minister resigns

Vaughan Gething quits as Labour leader and First Minister, saying claims of wrongdoing are "politically motivated". Also, Gareth Southgate blows his final whistle as England manager, and a former inmate at Feltham A youth prison describes the high levels of violence.

TUE 13:45 The History Podcast (m00213h3)

Escape from the Maze

Escape from the Maze - 2. Thinking Big

The British government wants a line to be drawn but the IRA has sensed an opportunity...

Across 10 twisting and turning episodes, Carlo Gebler navigates a path through the disturbing inside story of the 1983 escape from Northern Ireland's Maze Prison - the biggest jailbreak ever to take place on British or Irish soil. As former IRA inmates reveal how they pulled off a mass breakout that creates shockwaves at the heart of government - key security personnel explain why they're unable to stop them.

Presenter: Carlo Gebler
Producer: Conor Garrett
Editor: Philip Sellars
Commissioning Editor: Dan Clarke
Production Co-ordinator: Gill Huggett
Original Music Score: Phil Kieran
Archive: Cyprus Avenue Films

TUE 14:00 The Archers (m002130p)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama on 4 (m00213h5)

Almonds and Raisins

Almonds and Raisins: Episode 1

Based on the novel by Maisie Mosco
Dramatized by Adam Usden

Episode 1

An epic Jewish family saga, beginning in Manchester in 1905. The Sandberg family have escaped persecution from their homeland in Russia. They arrive as refugees in Strangeways, Manchester, where they must start a new life. Avraham, a cobbler from Dvinsk tries to find work in the many Jewish garment factories housed in the cramped terraces. His wife Sarah tries to settle the kids but has her heart set on her own home.

Sarah Emma Leah Golding
Avraham Daniel Abelson
David Aaron Gelkoff
Sammy Yoni Bronks
Isaac David Fleeshman
Rabbi Lensky Jack Wagman
Malka Katie Bernstein
Chaim Lishai Rice
Uncle Mottel Lloyd Peters

Casting co-ordinators-Vicky Moseley and Pippa Day
Production co-ordinator-Lorna Newman
Studio Manager- Amy Brennan
Sound Designer- Sharon Hughes
Director/Producers- Jessica Mitic and Gary Brown

A BBC Studios Audio Production

From 1791 to 1917 thousands of Jews lived in 'The Pale of Settlement' in the west of the Russian Empire. Then after 1881 when the Tsar was assassinated, the Jews were unfairly blamed and there were many violent pogroms. Thousands fled to America and Western Europe to escape. For many English Jews this is their family's story. Their ancestors mainly went to the East End of London. But several thousand settled in northern cities such as Leeds, Liverpool and Manchester. The Jewish garment industry of the north went on to change the landscape of the British high street. Brands like Marks and Spencer (set up in Leeds Market), Burtons and Moss Brothers were part of the warp and the weft of twentieth century retailing.

TUE 15:00 The Gatekeepers (m001x4q5)

6. Arbiters of Truth

In 2018, the CEOs of our most popular social media companies are standing at a crossroad.

After political outcry over Russian interference in the 2016 election and fallout from the Cambridge Analytica scandal, tech leaders have a decision to make.

They need to come up with ways of making their platforms safer.

One route is a radical overhaul of the entire business model. The other is the biggest digital clean-up operation ever attempted, spanning hundreds of languages and countries.

Which path will they take?

Producer: Caitlin Smith
Sound Design: Eloise Whitmore
Story Consultant: Kirsty Williams
Composer: Jeremy Warmley
Executive Producer: Peter McManus
Commissioned by Dan Clarke

A BBC Scotland Production for BBC Radio 4.

Archive: C-Net, April 2018; CBS News, 2020; Tucker Carlson on Fox News; BBC News 2021; EU Debates Tv, 2021

New episodes released on Mondays. If you're in the UK, listen to the latest episodes of The Gatekeepers, first on BBC Sounds: [bbc.in/3Ui661u](https://www.bbc.com/sounds/play/bbc-in3Ui661u)

TUE 15:30 Beyond Belief (m00213h7)
Spreading the Word

Street evangelist Marios Kaikitis tells Giles Fraser why he stands on Leicester Square with a sketch board trying to engage passers by with his message of Jesus Christ.

And Giles explores how different religious groups, within Christianity and Islam, evangelise today. Perhaps crucially, does it work?

He's joined by Daryl A Watson, a mission leader at the Church of Jesus Christ of the Latter Day Saints, also known as the Mormon church, Dr Shuruq Naguib, a lecturer in Islamic Studies at the University of Lancaster University and Reverend Dr Hannah Steele, Director of St Mellitus theological college in London, who writes about evangelism and mission today.

They discuss the practical, moral and spiritual issues faced by those who want or feel compelled to share their religious beliefs with others. In an increasingly secular country, it is getting more difficult?

Producer: Rebecca Maxted
Assistant Producer: James Leesley
Editor: Tim Pemberton

TUE 16:00 Symphony of a Billion (m00213h9)

Chennai is one of the most musically examined cities in the world, with 10,000 music exams taken each year. Concert pianist Karl Lutchmayer explores why this boom in music education is happening in the city, and investigates how the history of colonialism goes hand in hand with Western classical music in India. What explains this sudden flourishing of interest in a Western art form?

But Indian classical music is also seeing a resurgence. The Indian classical tradition is taught and performed very differently to studying Mozart or Beethoven. This sits alongside Indian pop music and music for Indian cinema, one of the most popular types of music across the country that makes stars out of film musicians. Karl asks what this all means for the musical identity of students in India.

And it's a personal journey for Karl, who visited family in India as a child, and went against the grain to become a musician. Now he's meeting today's young musicians to find out about their aspirations, and discovering how the possibilities are changing for them in India, a country that until now has only one professional orchestra, which is mostly made up of non-Indian musicians. He also meets teachers to find out how the landscape has changed, and how music is opening up to all communities. How can teachers keep up in one of the only places in the world where demand for classical music education outstrips supply?

Produced by Sofie Vilcins
An Overcoat Media production for BBC Radio 4

TUE 16:30 When It Hits the Fan (m00213hc)
Trump shooting, Biden and loser PR

David Yelland and Simon Lewis discuss an extraordinary and terrifying weekend of political drama in the US, with the attempted assassination of Donald Trump crowding out calls for Joe Biden to quit the presidential race. And they reflect on England losing out once more on the main prize at an international football tournament.

How does the invisible industrial complex of spin that quietly hums along, shaping so much of what you see and hear, kick into action in these moments of high public drama? How do communicators use their skill in crafting words - and images - to create history, to fashion phrases that capture moments which live forever? Simon takes us behind the scenes at Number 10 and the Palace.

They reveal two areas of PR not often discussed in public: Loser PR - how to lose in public - and Elder PR - the art of giving Fan-Hitting counsel to very old and very powerful men who are inclined not to listen. Is there an expert in Elder PR at work in the White House?

Producer: Eve Streeter
Editor: Sarah Teasdale
Executive Producer: William Miller
Music by Eclectic Sounds
A Raconteur production for BBC Radio 4

TUE 17:00 PM (m00213hf)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

TUE 18:00 Six O'Clock News (m00213hh)

England's footballers pay tribute to Gareth Southgate -- who's resigned in the wake of the Euro 2024 defeat.

TUE 18:30 Scott Bennett: Stuff (m001193g)

Before becoming an award-winning comedian Scott Bennett was an award-winning product designer, a career he gave up to avoid workplace pressure and constant scrutiny. In his time, Scott has designed everything from water cans and hydraulic lifting systems to storage boxes and, in one instance, a flat-pack bondage cage.

As a former product designer, Scott now feels guilty about the part he's played in how consumerism impacts the world we live in. He asks whether it's possible to live a simple life when our lives are filled with so much, and probably too much, stuff.

In this bespoke show recorded at The Stand in Newcastle, Scott takes aim at the mindfulness industry, smart technology, aspirational lifestyles, product packaging and, his new bugbear, paper straws.

Written and performed by Scott Bennett

On-location recording by Mark Burrows

Sound editing by Kevin Bailey

Photograph supplied by Double Image Photography

Produced by Kurt Brookes

A Made In Manchester production for BBC Radio 4

TUE 19:00 The Archers (m00213hl)

At the Vets, Denise admits to wishful Paul there's no chance of her working things out with John. Denise attempts to explain that they just grew apart, not revealing anything about Alistair. Paul feels guilty for not noticing any problems and doesn't want to leave Denise on her own. But as Alistair appears, offering to look after her, Paul takes heart and goes. Alistair comforts Denise and advises taking her time to tell her children - and he'll be there with her. They agree, this is no tawdry office affair - they love each other.

Oliver's keen to ensure celeb chef Milo Haywood is well looked after, but Lily wonders why Milo's doing a foraging recce when he's supposed to be spontaneous and in touch with nature. Oliver looks forward to good publicity before the masterclass at Grey Gables tomorrow, but Lily suspects real life Haywood is less cuddly than his TV persona. Later when a chef has an injury, Lily reckons it was in part due to Milo's picking on him and making him nervous.

Lily grills Freddie about his own difficult work situation - what's happening? Freddie insists he isn't being bullied and doesn't want to talk about it. Over dinner with Freddie and Paul, Lily continues to berate Milo Haywood, making it clear she has no time for bullies. And when a shocked Freddie discovers a pig's snout in his coat pocket, he's forced by Lily to take action and speak to Vince - he'll put a stop to the bullying, Lily is sure.

TUE 19:15 Front Row (m00213hn)

Disco Prom, fast-food themed immersive art, arts funding crisis in Wales, Bill Viola remembered

As Disco makes its debut at the Proms, conductor Daniel Bartholomew-Poysier, who will be leading the BBC Concert Orchestra at Saturday's Everybody Dance! The Sound of Disco Prom, talks about the link between the music which dominated the 1970s pop charts and the orchestral world.

Today the Welsh First Minister, Vaughan Gething and four of his cabinet ministers including the Culture Secretary resigned. Jane Henderson, President of The Federation of Museums and Art Galleries of Wales, and Emma Schofield, Editor of Wales Arts Review, discuss the current arts funding crisis in Wales and the impact of the political upheaval.

Sweet Dreams is a new immersive installation at Aviva Studios in Manchester which explores our relationship with fast food. It's been created by cutting edge arts collective Marshmallow Laser Feast, and the group's co-founder and director, Robin McNicholas, talks to Nick about fusing theatre, gaming, and video art to tell new stories.

Pioneering artist Bill Viola, who was known for his distinctive slow motion videos which reflected on life's biggest questions, is remembered by Marshmallow Laser Feast director, Robin McNicholas. We also delve into the Front Row archives to hear Viola himself talk about how a "miracle" inspired his

installation in St Paul's Cathedral.

Presenter: Nick Ahad
Producer: Ekene Akalawu

TUE 20:00 File on 4 (m00213hq)
The Child Rescue Con

Project Rescue Children claims to save children from trafficking and abuse, but the BBC has uncovered evidence of false and misleading social media posts. The charity's director, Adam Whittington, has raised thousands of pounds from sponsors and donors around the world. But the BBC has found that unsuspecting children are being used as props, and the rescue centres have no children. Project Rescue Children rejects the BBC's findings and says its work has benefitted hundreds of children worldwide.

Reporter: Hayley Mortimer
Producer: Kate West
Assistant Producer: Katy Ling
Technical Producer: Richard Hannaford
Impact Producer: Melanie Stewart-Smith
Production Coordinator: Tim Fernley
Editor: Carl Johnston

TUE 20:40 In Touch (m00213hs)

Cathy Yelf Retirement; Audio Description at Gigs

After 15 years, Cathy Yelf is retiring as the CEO of the Macular Society. Over those years, Cathy has demonstrated a great passion for and has been instrumental in generating wider awareness for macular related diseases. She has also been a regular and trusted contributor to In Touch on issues relating to the diseases. Peter conducts a farewell interview with Cathy Yelf, discussing what has changed since her beginning with the charity and what the situation has evolved into, relating to the progress of treatments and research into macular related diseases.

Audio description (AD) has become a popular access feature for some visually impaired people who enjoy TV, film and the theatre. It is experiencing something of a boom period, with its latest application being at music gigs. A new initiative by the Audio Description Association Scotland (ADAS) has recently seen the application of AD at some big-name concerts in Scotland. But, will it soon be available in the rest of the UK?

Presenter: Peter White
Producer: Beth Hemmings
Production Coordinator: David Baguley
Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

TUE 21:00 Wokewash (m001w7lb)
Mind Your Business

In the final episode of the series, writer and satirist Heydon Prowse takes a tongue-in-cheek look at corporations and mental health. It's one of the most talked about issues of our times, but when big business says it cares about our mental wellbeing, does it really mean it?

From emotionally-accepting fast food to kindness clothing, brands nowadays are keen to trumpet their strong support for the mental health of their staff and customers, even building meditation pods in the middle of delivery warehouses. Speaking to experts, corporate consultants, campaigners and more, Heydon puts big business on the couch and asks the multinationals to open up about it all.

He'll also examine the fast growing wellness industry. Whether it's a meditation app or a listening-session start up, companies are promising to improve our mental health and profiting while they do it. How do we tell a cynical cash in from an attempt to change things for the better?

If you need support with mental health, details are available at [bbc.co.uk/actionline](https://www.bbc.co.uk/actionline)

Contributors:
Dr Mara Einstein, Queens College CUNY and author of Compassion, Inc.
Kati Morton Therapist, Mental Health Speaker and Youtuber
Dr Ashley Frawley, Researcher, University of Kent and author of The Semiotics of Happiness
Geoff Norcott, Comedian, Political Commentator and author of The British Bloke, Decoded
Priya Anand, Bloomberg News

Producer: Sam Peach

TUE 21:30 The Bottom Line (m0020xz8)

Being the new broom

All eyes have been on the new prime minister as he, and his team of ministers, settle into their jobs running the country.

In this episode we consider the management challenge of taking over and starting a new role, maybe changing the direction of an organisation.

Three leaders from the world of business and the charity sector share their experience of coming in as a new broom, reflecting on the mistakes they made and advice they'd offer to the new Prime Minister.

Evan Davis is joined by:
Stuart Hill, UK CEO, DHL
Rachel Roxburgh, former CEO, Dallaglio RugbyWorks
Alan French, CEO, Thomas Cook

PRODUCTION TEAM:

Producers: Alex Lewis, Drew Hyndman, Miriam Quayyum and Diane Richardson
Editor: Matt Willis
Sound: James Beard and Hal Haines
Production co-ordinator: Katie Morrison and Rosie Strawbridge

TUE 22:00 The World Tonight (m00213hv)

Wales' First Minister quits

Vaughan Gething resigned after 118 days in the role, will his exit give Welsh Labour a chance to reset? We speak to the first Labour politician to hold that job, Alun Michael, about how the party comes back together.

Also in the programme:

What could be in Labour's first King's Speech?

And, the Oscar-nominated actress who just got her first leading film role at the age of ninety four.

TUE 22:45 Yellowface by Rebecca F. Kuang (p0g1b7hk)

Episode Two

June Hayward witnessed the traumatic death of her friend Athena Liu... but she also managed to steal her astonishing literary manuscript at the same time...

Yellowface, the bestselling novel by Rebecca F Kuang, is a darkly funny mystery with a deeply flawed narrator. June Hayward is a young white American writer whose promising debut novel is quietly sliding into insignificance. She's intensely jealous of her friend from Yale Athena Liu, who by contrast has been wildly successful. This novel explores racism and cultural appropriation within a fast paced, sharply satirical thriller.

Reader Ashleigh Haddad
Abridger Robin Brooks
Producer Allegra McIlroy

Yellowface is a BBC Books Production for BBC Sounds

TUE 23:00 Jon Holmes Says the C-Word (m00213hz)

2. Life, Death and Admin

In episode two, Jon and his guests discuss being placed on the cancer conveyor belt – a hospital rollercoaster of appointments, results, worrying, and waiting... lots of waiting.

In 2023, Jon Holmes was diagnosed with cancer – which came as a bit of a surprise because, quite frankly, he was far too busy for all of that nonsense. After a very odd, intense, unexpected, ridiculous year, Jon realised that men don't tend to talk openly about the preposterous indignity of dealing with cancer. So he decided he would, with other men who are going through it, or who've been through it.

Here – inevitably – comes his new chatty podcast.

Across the series, Jon will be joined by the comedians Stephen Fry, Mark Steel, Richard Herring, Matt Forde and Eric Idle, the actors Colin McFarlane and Ben Richards, rock star and The Alarm frontman Mike Peters, and journalists Jeremy Langmead, Nick Owen and Jeremy Bowen. Jon and his guests will demystify all things cancer in raw, honest, difficult, often absurd and – yes – funny detail, from fingers up the bum to blood tests via biopsies, surgery, catheters, stomas, feeding tubes, penis pumps (no, really) and incontinence pads.

Jon wants to stop the stigma and embarrassment associated with these issues (and by "issues", we mean "body parts and what

happens to them"), to raise awareness and encourage listeners to 'get checked' as he aims to remove the fear from the whole diagnosis and treatment process in an accessible, honest and entertaining way.

Throughout the series, Jon will also be encouraging listeners to get involved and share their own experiences, whether it's something they have been through themselves or are supporting someone with cancer.

Jon Holmes Says The C-Word aims to humanise what is often a completely de-humanising process, because, honestly, the cancer road is paved with frequently hilarious unexpected moments - and Jon maintains that retaining a sense of humour is all important.

As Jon says: "If there had been a podcast like this when I was diagnosed - one full of other people's stories, advice and light moments to illuminate the darkness of the whole sorry process - I'd have lapped it up. But there wasn't, so I spoke to Radio 4, and now there is."

In Jon Holmes Says The C-Word Jon will be wearing his heart - and, quite frankly, all of his body parts - on his sleeve.

Written and presented by Jon Holmes
Produced by Laura Grimshaw
Commissioning Editor for the BBC - Rhian Roberts
An unusual production for BBC Radio 4

TUE 23:30 Lights Out (m001sltt)

Series 6

Dust

"I noticed that language seems to fail us. How do you write about the foundations of our existence? That is how mythology enters very naturally into the story, because history is about ideas, religions, empires, wars and culture. Mythology is about the fundamentals. Sun, moon, wind, oceans, great floods and tragic gods... We are living in mythological times, where we are shaking the fundamentals." - Andri Snær Magnason

Drawing on ideas in his book, On Time and Water, the Icelandic writer Andri Snær Magnason and the Scottish artist Katie Paterson explore how our imagination can help us hold the moment we live in. From handfuls of dust to watching geological time mark the landscape, this documentary flows from the night skies into the deepest known point in our oceans.

Archive recording from Raddir - Voices: Recordings of Folk Songs courtesy of the Árni Magnússon Institute
'Vatnajökull (the sound of)' recording courtesy of Katie Paterson

Recording of the journey to Okjökull by Guðni Tómasson
Music composed and performed by Phil Smith and Zac Gvi

Produced by Eleanor McDowall
A Falling Tree production for BBC Radio 4

WEDNESDAY 17 JULY 2024

WED 00:00 Midnight News (m00213j1)

National and international news from BBC Radio 4

WED 00:30 Child (m001vbws)

[Repeat of broadcast at 11:45 on Tuesday]

WED 00:48 Shipping Forecast (m00213j3)

The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m00213j5)

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m00213j7)

The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m00213j9)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m00213je)

Being Resilient

A reflection and prayer to start the day with the Rev Lynne Gibson.

WED 05:45 Farming Today (m00213jf)

The Welsh minister in charge of policy for climate change and rural affairs has drawn up the preparatory offer to farmers for the replacement to the EU payments scheme.

Getting an appointment with a doctor when you live in a rural area presents challenges, one GP surgery outlines how it deals with the issue.

And could drones help with some aspects of health delivery in remote areas? It's something being tried out in Wales.

Presented by Anna Hill

Produced by Alun Beach

WED 06:00 Today (m00213vc)

17/07/24 - Nick Robinson and Martha Kearney

Sir Keir Starmer says the Labour Government's first King's Speech will "take the brakes off Britain" and lay the foundations for real change. We hear more about the 35 bills included in the speech from Cabinet Office Minister and Chancellor of the Duchy of Lancaster Pat McFadden. The woman who commissioned Strictly Come Dancing, former BBC One controller Lorraine Heggessey, on accusations of bullying. And scientists have identified key bio-markers for neurodegeneration in the blood of rugby players who have suffered multiple concussions

WED 09:00 Sideways (m00213vf)

A New Frontier

A New Frontier: 2. For All Humankind?

Matthew Syed continues his four-part mini series exploring the ethics of space exploration, by returning to the origins of the space race, which saw America and the USSR battling for supremacy. He takes a hard look into the reasons why we go to space and whether it has really benefited all humankind.

When Neil Armstrong and Buzz Aldrin landed on the moon in July 1969, humanity as a whole felt like we'd reached a new frontier. The two astronauts left a plaque behind them, at the bottom of their lunar module. It said "we came in peace for all mankind". But while Armstrong and Aldrin were ambassadors of the entire species, it was an American flag which was planted on the surface of the moon.

This was a time of fear of Cold War competition amidst fear of nuclear annihilation. Despite the altruistic ideals encapsulated in NASA's motto "for the benefit of all", the geopolitical stakes of the space race were paramount. Matthew explores how this combined with America's perception of its exceptionalism and how the post-war period was filled with nationalistic ambitions and controversies.

With historians Roger Launius and Neil Maher, Science and Religion Professor Catherine Newell, Space Lawyer Michelle Hanlon and retired astronaut John Herrington.

Presenter: Matthew Syed
Producer: Julien Manuguerra-Patten
Series Editor: Katherine Godfrey
Sound Design and Mix: Rob Speight
Theme music by: Ioana Selaru
A Novel production for BBC Radio 4

Featuring archive from:

Apollo moon landing archive: NASA, Apollo 11 Moonwalk - Original NASA EVA Mission Video - Walking on the Moon, 1969.

Archive Rev Ralph Abernathy at Cape Kennedy. From Library of American Congress and WGBH. Extract from the 3 parts documentary series "Chasing the Moon" directed by Robert Stone for PBS, 2019.

Wernher Von Braun - extract from "Disneyland, Man on the Moon" documentary produced by Walt Disney and directed by Ward Kimball, ABC tv 1955.

Archive JF Kennedy at the United Nation. From the United Nations Archives. General Assembly (20 September 1963)
First International crew arrives at Space Station - CNN reports, 2 November 2000.

Archive Space Treaty - British Pathé, Space Treaty February 1967
NASA Artemis launch - @NASA, produced by Sonnet Apple, 2022.

WED 09:30 Things Fell Apart (m00213vh)

S2. Bonus episode: An Audience with Jon Ronson

Jon Ronson's second season of unexpected human stories from the culture wars focused on the divisions that erupted in the wake of the Covid lockdown. It was a number 1 hit podcast and received five star reviews. In a fun, free-flowing live discussion from the Hay Festival in Wales, Jon turns the tables on himself and asks his audience to ask him anything they like.

Series Producer: Sarah Shebbeare

WED 10:00 Woman's Hour (m00213vk)

Woman's Hour live from Lord's Cricket Ground

Today, Woman's Hour comes live from Lord's Cricket Ground as England face New Zealand for the culmination of a five-match T20 International series. To talk us through the upcoming game we are joined by Ebony Rainford-Brent MBE. Ebony is a World Cup-winning cricketer, now turned presenter and pundit.

We begin by looking at the grassroots game which is growing at a fast rate. We hear from girls at Carlton Cricket Club about why they love the sport, also from 16-year-old Honor Black who's clothing company, Maiden, designs kit specifically for girls. We also hear again from Ebony Rainford-Brent. Ebony was the first black woman to play cricket for England and founded the African-Caribbean Engagement Programme, ACE, which creates opportunities for young cricketers to take up the game.

Nuala gets a tour around the 'Home of Cricket', and the spots of most significance to women's history at Lord's.

Woman's Hour also looks at the situation for women's cricket in 2024. How far has the sport come and what is left to do? Beth Barrett-Wild is Director of the Women's Professional Game at the England and Wales Cricket Board and joins Nuala live. They will discuss the many successes in the women's game but also a damning report which found that women were treated as 'second class citizens' in cricket and recommended that the ECB strive to ensure equal pay on average at domestic level by 2029 and at international level by 2030.

Ahead of England's match against New Zealand in the culmination of the five-match T20 International series, New Zealand's star player and former captain Suzie Bates joins Nuala to look ahead to the game and discuss women's cricket in NZ.

Presenter: Nuala McGovern
Producer: Emma Pearce and Claire Fox

WED 11:00 File on 4 (m00213hq)

[Repeat of broadcast at 20:00 on Tuesday]

WED 11:45 Child (p0h2r53n)

3. The Secret Within

Pregnancy tests are so easy to take at home, but that wasn't always the case.

In this episode, India examines the moment of finding out you're pregnant and what to do with that knowledge. Should we tell, or wait 12 weeks? And why wait 12 weeks when the first trimester can be so hard?

We meet our first pregnancy hormone HCG, and hear from Hetal Bopodra who experienced extreme sickness during three pregnancies. India also speaks to Joeli Brearley from Pregnant Then Screwed about the "motherhood penalty" and the sometimes thorny issue of telling work you're pregnant.

Presented by India Rakusen.
Producer: Georgia Arundell.
Series producer: Ellie Sans.
Executive producer: Suzy Grant.
Commissioning Editor: Rhian Roberts.
Original music composed and performed by The Big Moon.
Mix and Mastering by Charlie Brandon-King.

A Listen production for BBC Radio 4 and BBC Sounds

WED 12:00 News Summary (m00213vn)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m00213vq)

Fake Reviews, Meal Kits and Working with Animals

Vets call for a shake up in the rules for people who work with animals. And too shy to go the gym on your own then sign up to group-only fitness clubs.

WED 12:57 Weather (m00213vs)

The latest weather forecast

WED 13:00 World at One (m00213vv)

King outlines Labour's plan for growth

Amid the pomp and circumstance of the State Opening of Parliament, the King outlines 39 new laws Labour says will

drive growth.

WED 13:45 The History Podcast (m00213vx)

Escape from the Maze

Escape from the Maze - 3. Toast

IRA inmates gather a key piece of intelligence and a charm offensive begins on the wings...

Across 10 twisting and turning episodes, Carlo Gebler navigates a path through the disturbing inside story of the 1983 escape from Northern Ireland's Maze Prison - the biggest jailbreak ever to take place on British or Irish soil. As former IRA inmates reveal how they pulled off a mass breakout that creates shockwaves at the heart of government - key security personnel explain why they're unable to stop them.

Presenter: Carlo Gebler
Producer: Conor Garrett
Editor: Philip Sellars
Commissioning Editor: Dan Clarke
Production Co-ordinator: Gill Huggett
Original Music Score: Phil Kieran
Archive: Cyprus Avenue Films

WED 14:00 The Archers (m00213hl)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama on 4 (m00213vz)

Almonds and Raisins

Almonds and Raisins: Episode 2

Based on the novel by Maisie Mosco
Dramatized by Adam Usden

Episode 2

An epic Jewish family saga set in Manchester in 1905. Avraham has found work in one of the many cramped garment factories in Strangeways, whilst Sarah finally has a home of her own. Their bright son David has his barmitzva coming up and is determined to get an English education as well. But with financial worries never far away, will this future be possible?

David Aaron Gelkoff
Sarah Emma Leah Golding
Avraham Daniel Abelson
Sammy Yoni Bronks
Sigmund Jack Wagman
Rachel Leah Marks
Miriam Severn Seymour
Butcher Lloyd Peters

Casting co-ordinators-Vicky Moseley and Pippa Day
Production co-ordinator-Lorna Newman
Studio Manager- Amy Brennan
Sound Designer- Sharon Hughes
Director/Producers- Jessica Mitic and Gary Brown

A BBC Studios Audio Production

WED 15:00 Money Box (m00213w1)

Money Box Live: Renting and the King's Speech

Average rents in the UK rose by well over 8% in the past year, according to the ONS. In today's King's Speech, the new government has committed to introducing legislation to give greater rights and protections to people renting their homes. That included ending no fault evictions and reforming grounds for possession.

So what will that mean for your money and your home?

Joining us are Jasmine Basran from Crisis - a charity for people experiencing homelessness, Richard Donnell, from the property platform Zoopla and Richard Blanco, a landlord and property expert from the National Residential Landlords Association.

Presenter: Felicity Hannah
Producer: Sarah Rogers
Studio Producer: Neil Morrow
Editor: Jess Quayle

(First broadcast 3pm Wednesday 17th July 2024)

WED 15:30 Dying for a Transplant (m00213w3)

There's a lack of organ donors from ethnic minority backgrounds in the UK and it's having an impact on people from ethnic minorities on the transplant waiting list.

This means that if you're from any ethnicity in the UK other than a white minority, you're likely to spend longer on the

waiting list and have a higher chance of dying before receiving a transplant.

This is a phenomenon all too apparent to comedian Emmanuel Sonubi, who suffered life threatening heart failure in 2019, was subsequently diagnosed with Dilated Cardiomyopathy, and was told by doctors that the need for a life-saving transplant could loom large in his future.

But when each nation of the UK now has laws that deem deceased adults as consenting to having their organs donated, why does demand continue to outstrip supply? Among the myriad of reasons, many experts believe a lack of representation and mistrust in health care professionals might be just two, along with families of the deceased refusing donation on cultural or religious grounds.

In Dying For A Transplant, Emmanuel sits down with comedian and former Eastenders and Goodness Gracious Me star Nina Wadia, whose mother waited years for a successful kidney transplant, and asks why she feels so strongly about being part of the NHS Heart to Heart campaign, which asks people from ethnic minority backgrounds to be vocal in their approval of donation in the event of their death.

Dr. Dela Idowu tells us what inspired her to start the Black Living Donor Choir and about some of the stigmas and myths that permeate in her community.

Behind all the stats, facts and figures there are real people and one of them is Sophia Iman Ali, a young woman whose father, Amjid Ali, spent decades on dialysis until he received an organ from a relative. In an attempt to stop the ambiguity around organ donation in Islam, Amjid was instrumental in having a fatwa issued in 2019 that made it permissible.

After decades of this persistent shortage, will we ever be able to turn things around to offer full transplant equality?

Presented by Emmanuel Sonubi

Produced by Kurt Brookes

A Made In Manchester production for BBC Radio 4.

WED 16:00 The Media Show (m0021389)

Trump shooting: the journalists who were there

We talk to three journalists who were there when a gunman tried to assassinate Donald Trump. The attack has brought renewed attention on the nature of America's political discourse and the media's role. We discuss this too. Katie has been reporting on Strictly Come Dancing as new claims about contestants' experiences emerge. We talk with an agent whose clients have appeared on the show. Also in the programme, now that Euros are over we hear about the relationship between Gareth Southgate's team and the journalists covering the campaign.

Guests: Anna MoneyMaker, Photographer, Getty Images; Gary O'Donoghue, Senior North America Correspondent, BBC; Hadriana Lowenkron, White House Reporter, Bloomberg; Jay Caspian Kang, Staff Writer, The New Yorker; Megan McArdle, columnist The Washington Post; Katie Hind, Showbiz Consultant Editor, The Mail on Sunday; Sue Ayton, Co-Founder, Knight Ayton; John Cross, Chief Football Writer, The Mirror; Jacob Steinberg, Football Reporter, The Guardian

Presenters: Katie Razzall and Ros Atkins
Producer: Simon Richardson

WED 17:00 PM (m00213w5)

Keir Starmer promises 'national renewal'

Following the King's Speech, we examine how transformative the government's plans are. We'll speak to both Labour and the opposition.

WED 18:00 Six O'Clock News (m00213w7)

Labour set out its programme for government at the State Opening of Parliament

WED 18:30 Geoff Norcott's Working Men's Club (m00213w9)

Episode 2

Geoff Norcott examines modern masculinity in this stand-up series for Radio 4, by creating the safe space of a working men's club so he can speak freely about the problems men are facing and how we might go about fixing them in a way that benefits everyone.

This week, Geoff looks at the sometimes problematic phrase "man up". Is it sexist, or is it just shorthand for taking some responsibility for the greater benefit? With the help of his

studio audience, Geoff looks at language men need to change.

Written and presented by Geoff Norcott

Recorded by Richard Biddulph

Production manager: Sarah Wright
Executive producer: Caroline Raphael
Producer: Ed Morrish

A Pier production for BBC Radio 4

WED 19:00 The Archers (m002137k)

Neil, Susan, Tracy and Jazzer prepare for dinner as Neil proudly displays his foraging haul from Leader's Wood. Jazzer complains as he's stung by nettles and Neil knows that Susan would rather be seeing Milo Haywood himself, but she plays her disappointment down. With Milo's cookbook in hand, Susan takes Tracy off to do some foraging of their own, as Susan admits to Tracy she's hoping she might run into Milo. Oliver spots them and teases them about asking for the land-owner's permission to go rooting around like this. But he grants it. As Oliver starts to realise that they are fans of Milo, he invites them to come back to Grey Gables to meet him.

Jazzer asks after Chris and Neil tells him the latest with Alice and Martha. When Susan and Tracy return home, Susan's mood is transformed, as Tracy shows off the cookbook – with Milo's autograph!

At the abattoir, Vince can't see why Freddie is mending another employee's faulty equipment and encourages him to pull Antonio into line. Freddie avoids this, faking to Vince that he has sorted it with Antonio, and tentatively tries to bring up the bullying he's facing. But Vince doesn't seem to be listening, and when he does hear about what's happened with the pig's snout, Vince assumes Freddie's colleagues are just trying it on - and Freddie simply needs to show them who's boss. If Vince comes down hard on the lads, Freddie won't have their respect. Vince is convinced Freddie can handle things on his own.

WED 19:15 Front Row (m00213wc)

Danny Dyer and Pete Bellotte on his hits for Donna Summer

Writer actor Ryan Sampson and actor Danny Dyer on their new sky comedy series Mr Bigstuff which explores the relationship between two brothers and masculinity .

Pete Bellotte is one of the world's greatest songwriters. With a catalogue of over 500 songs he is best known for his work with Donna Summer and Giorgio Moroder. Earlier this year he won a Grammy after the 1977 song "I Feel Love" was inducted into the Grammy Hall of Fame.

As an exhibition on Paris 1924: Sport, Art and the Body opens at the Fitzwilliam Museum in Cambridge, the exhibition's co-curator and classicist Caroline Vout and the art historian Lynda Nead join Tom to talk about the Olympics, high-performing bodies, and the interplay between art and sport.

Presenter: Tom Sutcliffe
Producer: Corinna Jones

WED 20:00 Moral Maze (m00213wf)

How can we reduce the temperature of politics?

The attempted assassination of former US president Donald Trump was a dark day for American politics. We don't know whether the gunman was induced to kill - as some commentators have suggested - by the current political climate. Nevertheless, it appears that the line between passionate criticism and incitement to violence is becoming increasingly blurred. Words matter, but calls to curb speech beyond current laws are immediately met with opposition by those who see freedom of speech as essential to democracy.

And yet, the abuse and intimidation of politicians also threatens democracy. In the UK the government's adviser on political violence, Lord Walney, has written to the Home Secretary saying there has been a "concerted campaign by extremists to create a hostile atmosphere for MPs within their constituencies to compel them to cave into political demands".

All parties seek to control the narrative through forceful language, hyperbolic rhetoric, and attacks on opponents, but when do words become dangerous? Politics is tribal, but when does tribalism become toxic?

If democracy is a system in which citizens – and tribes – can disagree without resorting to violence, what can be done to strengthen democracy? Is it possible to turn down the political heat without losing the passion?

PANEL:

Mona Siddiqui
Matthew Taylor

Sonia Sodha
Inaya Folarin Iman.

WITNESSES:

Hannah Phillips - from the Jo Cox Foundation
John McTernan - Political Secretary to UK PM Tony Blair, and Director of Communications for Australian PM Julia Gillard
Brian Klass - Associate Professor in Global Politics at University College London
Nicholas Gruen - policy economist and visiting professor at King's College London's Policy Institute

Producer: Dan Tierney
Assistant Producer: Ruth Pursler

WED 21:00 The Life Scientific (m00213gh)

[Repeat of broadcast at 09:00 on Tuesday]

WED 21:30 Is Psychiatry Working? (m00213gm)

[Repeat of broadcast at 09:30 on Tuesday]

WED 22:00 The World Tonight (m00213wh)

Will new government take "brakes off Britain"?

The King has set out Labour's plans for government at the State Opening of Parliament. But could the new government's promise to take the "brakes off" Britain's economy be jeopardised by its workers' rights plans?

Also on the programme:

As the prime minister prepares to welcome leaders to Britain for the biggest European summit in years, is a new relationship between the UK and the EU on the horizon?

And the pet food for cats and dogs with a difference: the UK has become the first European country to approve the sale of "lab grown" meat. Are humans the next recipients? We speak live to its creator.

WED 22:45 Yellowface by Rebecca F. Kuang (p0g1b7s4)

Episode Three

After stealing the draft for Athena Liu's novel and passing it off as her own work, June Hayward is enjoying the success she's always craved. But it comes with complications...

Yellowface, the bestselling novel by Rebecca F Kuang, is a darkly funny mystery with a deeply flawed narrator. June Hayward is a young white American writer whose promising debut novel is quietly sliding into insignificance. She's intensely jealous of her friend from Yale Athena Liu, who by contrast has been wildly successful. This novel explores racism and cultural appropriation within a fast paced, sharply satirical thriller.

Reader Ashleigh Haddad
Abridger Robin Brooks
Producer Allegra McIlroy

Yellowface is a BBC Books Production for BBC Sounds

WED 23:00 Me and the Farmer (m00213wm)

3. Mucking In and Mucking Out

Comedian and farmer Jim Smith grew up on a family farm with his mum, dad, sisters and his granny and grandad all in the one place. Being in such close proximity had its ups and its downs, with company never being an issue but tension and friction always a possibility.

Me and the Farmer is a stand up show chronicling Jim's life as a working farmer in rural Perthshire. This isn't an act. By day, Jim works the land and looks after his sheep and by night he performs stand up to sold out venues across Scotland.

In each episode, Jim tells anecdotes about life on his family farm to a live audience in his nearest city of Perth. This is an honest, behind the scenes look at what it takes to be a modern farmer.

Written and Performed by Jim Smith
Produced by Lauren Mackay
Sound by Andy Hay and Barry Jackson
Photo credit: Chris Quilietti

WED 23:15 Maisie Adam: The Beautiful Game (m001n1sr)

1. 'You've got your own sports anyway'

Stand-up comedian Maisie Adam presents her stand-up special where she discusses her love of football and her experience of the women's game ahead of the Women's World Cup 2023.

For Maisie, football has always been there, even when all the signs have been screaming that this wasn't a sport for her. At school, where the girls curriculum neglected football in favour of the skirt-adorning Hockey and Netball. In the park, where boys wouldn't pass to girls "because they'll lose the ball". And in adult life, where the local sports centre advertises Men's 5-a-side, and women's Yoga.

But it's a game where all you need is players and a ball. That's it. Well, we have women. We have footballs. Time to pass the ball, lads.

In this first episode of the series, Maisie looks back on where it all began when she was a kid. She discusses what it was like being the 'girl' football fan, how her school didn't offer any opportunities for girls to play, and when she started to realise that ultimately football was an absolute sausage fest.

Written by and starring Maisie Adam

Producer: Georgina Keating
Executive Producer: James Robinson
Production Co-ordinators: Caroline Barlow and Dan Marchini
Sound editor: David Thomas
Photo credit: Matt Crockett

A BBC Studios Production for Radio 4.

This programme was first broadcast in June 2023

WED 23:30 Today in Parliament (m00213wp)

Sean Curran reports from Westminster as The King announces Sir Keir Starmer's plans for his Labour government.

THURSDAY 18 JULY 2024

THU 00:00 Midnight News (m00213wr)

National and international news from BBC Radio 4

THU 00:30 Child (p0h2r53n)

[Repeat of broadcast at 11:45 on Wednesday]

THU 00:48 Shipping Forecast (m00213wt)

The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m00213ww)

BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m00213wy)

The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m00213x0)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m00213x2)

The Call to Love

A reflection and prayer to start the day with the Rev Lynne Gibson.

THU 05:45 Farming Today (m00213x4)

One of the country's large dairy processors is ending contracts with many smaller farms because it says they don't supply enough milk and because of welfare and sustainability concerns.

What will the announcement by the government on changes to the rules on planning permission on large scale projects in housing and for solar panel farms mean for the countryside.

And range anxiety for electric vehicle drivers searching for charging points in rural areas.

Presented by Charlotte Smith

Produced by Alun Beach

THU 06:00 Today (m002136v)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 Reflections (m002136x)

Arlene Foster

Arlene Foster talks to James Naughtie about her career, which lead from a farm in Fermanagh to being First Minister of Northern Ireland, and holding the fate of Brexit in her hands.

Producer: Daniel Kraemer.

THU 09:30 Rory Stewart: The Long History of... (m002136z)
Ignorance

Ignorance: 2. The Limits of Knowledge

We prize knowledge, and rightly so. We think of ignorance as a bad thing. But ignorance is inseparable from what we know.

Knowledge can distract us, mislead us and endanger us. While ignorance is often the most fundamental insight about our human condition. Ignorance is not simply the opposite of knowledge, but a positive force with its own momentum that gives meaning to our lives. It drives scientific discovery, fosters creativity and can be psychologically helpful.

That's why Rory Stewart wants to make a radical case for embracing ignorance. He wants to encourage a way of knowing in which knowledge and ignorance exist in a relationship with each other.

With a cast of global thinkers, drawing on Western and Eastern ideas from the ancient world to the present day, Rory explores how a greater awareness and appreciation of ignorance can help us become more clear-thinking, humble, empathetic and wise.

Writer and presenter: Rory Stewart
Producer: Dan Tierney
Mixing: Tony Churnside
Editor: Tim Pemberton
Commissioning Editor: Dan Clarke

Readings by Rhiannon Needs

Contributions across the series from:

Alex Edmans - Professor of Finance at London Business School.
Ani Rinchen Khandro - a life ordained nun in the Kagyu tradition of Tibetan Buddhism.
Annette Martin - Assistant Professor in Philosophy at the University of Illinois, Chicago.
Antony Gormley - sculptor.
Carlo Rovelli - Theoretical physicist and Professor in the Department of Physics at Aix-Marseille University.
Daniel DeNicola - Professor Emeritus of Philosophy at Gettysburg College in Pennsylvania – and author of 'Understanding Ignorance: The Surprising Impact of What We Don't Know' (2018).
Daniel Whiteson - Professor of Physics at The University of California, Irvine.
Derek Black - Author of 'The Klansman's Son: My Journey from White Nationalism to Antiracism' (2024).
Edith Hall - Professor in the Department of Classics and Ancient History, at Durham University.
Fabienne Peter - Professor of Philosophy at the University of Warwick.
Felix Martin - economist and fund manager.
Iain McGilchrist - Psychiatrist, neuroscience researcher, philosopher and literary scholar.
James C. Scott - Anthropologist and Sterling Professor Emeritus in Political Science at Yale University.
Jay Owens - Author of 'Dust: The Modern World in a Trillion Particles' (2023).
John Lloyd - Television and radio comedy producer and writer.
Jonathan Evans, Baron Evans of Weardale - Former Director General of MI5.
Karen Douglas - Professor of social psychology at the University of Kent.
Mark Lilla - professor of humanities at Columbia University, New York City and author of 'Ignorance and Bliss: On Wanting Not to Know' (2024).
Martin Palmer - Theologian, sinologist and translator of Daoist and Confucian texts.
Mary Beard - Professor of Classics at the University of Cambridge.
Michael Ignatieff - Professor in the Department of History at Central European University in Budapest and former Leader of the Liberal Party of Canada.
Neil Hannon - singer-songwriter and frontman of The Divine Comedy.
Nicholas Gruen - policy economist and social commentator.
Rik Peels - Professor of Philosophy, Theology and Religion at Vrije Universiteit Amsterdam and author of 'Ignorance: A Philosophical Study' (2023).
Robert Beckford - Theologian and Professor of Climate and Social Justice at the University of Winchester.
Rowan Williams - Theologian and former Archbishop of Canterbury.
Sandrine Parageau - Professor of Early Modern British History at Sorbonne University and author of 'The Paradoxes of Ignorance in Early Modern England and France' (2023).
Stuart Firestein - Professor of Biological Sciences at Columbia University, New York City and author of 'Ignorance: How It Drives Science' (2012).
Tom Forth - data scientist, Head of Data at 'Open Innovations'

and co-founder of 'The Data City'.

THU 10:00 Woman's Hour (m0021371)
Nelly Furtado, Toughest towns for girls, Julian Assange accuser

The Portuguese-Canadian singer-songwriter Nelly Furtado has sold more than 40 million records worldwide and won awards including a Grammy. Her upbeat, genre-defying pop music dominated the charts in the 2000s, from her break out hit I'm Like A Bird to her 2006 album Loose and its stand out hit Maneater. After finding that her music had been rediscovered by a whole new generation of fans on social media, she's back with 7, her first album since 2017.

North East Lincolnshire and Blackpool are the most challenging places in the UK for girls to grow up, according to a new report by girls' rights charity Plan International UK. The results are based on a survey of almost 3,000 girls and young women across the four nations; and highlight how girls feel uncertain about their futures and let down by a lack of progress in gender equality. Nuala is joined by Rose Caldwell, CEO of Plan International UK.

In 2010, the Swedish human rights activist Anna Ardin accused Julian Assange, the founder of Wikileaks, of sexually assaulting her, allegations he has always denied. The allegations made headlines globally and set off a chain of events which saw Assange trying to avoid extradition to Sweden by seeking asylum in a London embassy for seven years. In 2019 the Swedish authorities ended their investigation. However, Assange spent the next five years in a British prison fighting extradition to the US, where he faced prosecution over massive leaks of confidential information. Assange was eventually freed last month, after a plea deal with the US. Anna says she's glad he's free and joins Anita in her first broadcast interview.

Adele, one of the world's best-selling music artists, has revealed in an interview ahead of her concerts in Munich next month, that she will be stepping back from music temporarily after growing tired of the slog of fame and missing her old life. She talks about her "tank being empty" and the author and broadcaster Emma Gannon joins Anita to talk about when it all gets a bit much.

Presenter: Anita Rani
Producer: Rebecca Myatt
Studio manager: Emma Harth

THU 11:00 The Infinite Monkey Cage (m0021373)
Series 30

Science of Board Games - Jess Fostekeew, Marcus du Sautoy and Dave Neale

Brian Cox and Robin Ince, go past jail, climb a ladder and build a civilisation as they explore the science behind our favourite board games. Joining them in the library (or was it the conservatory?) is mathematician, Marcus du Sautoy who discusses the global history of games as well as his tips for winning at Monopoly. Joining him is games designer and play researcher Dave Neale who explains how key games are to developing a theory of mind alongside Jessica Fostekeew, comedian and gaming enthusiast who admits to becoming a more ruthless gamer as time goes by.

Producer: Melanie Brown
Exec Producer: Alexandra Feachem
BBC Studios Audio Production

THU 11:45 Child (p0h2r5gk)
4. Every Heartbeat

Ultrasound scans are an amazing window into a previously utterly mysterious world. Having one can bring a whirlwind of emotions, but they also provide a lot of important information for midwives, doctors and parents.

After going for her own 12 week scan, India speaks to Asma Khalil, Professor of Obstetrics and Maternal Foetal Medicine and Vice President at The Royal College of Obstetricians and Gynaecologists, as well as historian and medical writer Randi Hutter Epstein, about the role ultrasounds play in care.

But is there a side to them we are perhaps not exploring? Research midwife Dr Nancy Stone shares her findings on how multiple scans can impact the connection between a mother and the foetus.

Presented by India Rakusen.
Producer: Georgia Arundell.
Series producer: Ellie Sans.
Executive producer: Suzy Grant.
Commissioning Editor: Rhian Roberts.
Original music composed and performed by The Big Moon.
Mix and Mastering by Charlie Brandon-King.

A Listen production for BBC Radio 4 and BBC Sounds

THU 12:00 News Summary (m0021375)
The latest national and international news from BBC Radio 4.

THU 12:04 The Bottom Line (m0021377)
The business of private schools

Private schools in the UK are mostly registered as charities – but they are also businesses – businesses in the sense that they sell a service to paying customers.

They've recently been in the news because the new government has said it will remove their exemption from VAT.

In this episode we take a look at the business of private education: how it works, how much money is made and what will happen when exemption from VAT is removed from school fees.

Evan Davis is joined by:
Geoffrey Stanford, Head of Royal Grammar School Newcastle
Jesse Elzinga Head of Sevenoaks School
Cheryl Giovannoni, CEO, Girls' Day School Trust (GDST)
Duncan Murphy, Director of Education, MTM Consulting

PRODUCTION TEAM:
Producers: Drew Hyndman and Alex Lewis
Editor: Matt Willis
Sound: Rod Farquhar
Production co-ordinator: Rosie Strawbridge and Janet Staples

THU 12:32 Sliced Bread (m0021379)
Dough - TV Sets

What might our TV sets be like in the future?

Dough is a new series from BBC Radio 4 which looks at the business behind profitable, everyday products and considers how they might evolve in the years to come.

In this episode, the entrepreneur Sam White speaks with experts from the world of television manufacturing, including Brian Palmer, who has seen many interesting and amusing changes during his long career in the industry.

Brian is now the founder and chief executive officer of Cello Electronics (UK) Ltd which makes televisions at its factory in County Durham.

He gives a candid account of some of the ups and downs he has faced, while explaining how his business has always managed to make a profit, despite competition from global rivals.

Paul Gray is a Research Director for Consumer Electronics and Devices at the analysts, Omdia. With a background in TV manufacturing, he has considerable knowledge on how the business has changed.

Brian and Paul offer their views on game-changing - and pointless - TV innovations before considering where companies are investing their money now.

Tom Cheeswright, a technology expert and applied futurist, then offers his predictions on what might be coming beyond the current production pipeline.

TVs have come a long way in a relatively short space of time and where they are going next might surprise you!

Produced by Jon Douglas. Dough is a BBC Audio North production for BBC Radio 4 and BBC Sounds.

Sliced Bread returns for a new batch of investigations in August when Greg Ford will investigate more of the latest so-called wonder products to find out whether they really are the best thing since sliced bread.

In the meantime, Dough is available in the Sliced Bread feed on BBC Sounds

THU 12:57 Weather (m0021378)
The latest weather forecast

THU 13:00 World at One (m0021378)
A 'reset' for UK- Europe relations

Sir Keir Starmer welcomes Europe's leaders to Blenheim Palace with stopping illegal migration a top priority. Sarah Montague hears from the home secretary and the German ambassador

THU 13:45 The History Podcast (m0021378)
Escape from the Maze

Escape from the Maze - 4. The Incident

A forensically planned sequence of events is about to be triggered...

Across 10 twisting and turning episodes, Carlo Gebler navigates a path through the disturbing inside story of the 1983 escape from Northern Ireland's Maze Prison - the biggest jailbreak ever to take place on British or Irish soil. As former IRA inmates reveal how they pulled off a mass breakout that creates shockwaves at the heart of government - key security personnel explain why they're unable to stop them.

Presenter: Carlo Gebler
 Producer: Conor Garrett
 Editor: Philip Sellars
 Commissioning Editor: Dan Clarke
 Production Co-ordinator: Gill Huggett
 Original Music Score: Phil Kieran
 Archive: Cyprus Avenue Films

THU 14:00 The Archers (m002137k)
 [Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (m002137m)
 Almonds and Raisins

Almonds and Raisins: Episode 3

Based on the novel by Maisie Mosco
 Dramatized by Adam Usden

Episode 3

An epic Jewish family saga set in Manchester in the early 1900s. David starts school at Manchester Grammar where he is one of the only Jewish pupils. He makes friends with a non-Jewish boy who invites him to a birthday celebration. But the party is on a Saturday - the Jewish sabbath - so with his barmitzvah approaching David has a big decision to make.

David Aaron Gelkoff
 Sarah Emma Leah Golding
 Avraham Daniel Abelson
 Sammy Yoni Bronks
 Sigmund Jack Wagman
 Rachel Leah Marks
 Isaac David Fleeshman
 Miriam Severn Seymour
 Radinsky Hamilton Berstock
 Jim Olly Rhodes

Casting co-ordinators-Vicky Moseley and Pippa Day
 Production co-ordinator-Lorna Newman
 Studio Manager- Amy Brennan
 Sound Designer- Sharon Hughes
 Director/Producers- Jessica Mitic and Gary Brown

A BBC Studios Audio Production

THU 15:00 Rambblings (m002137q)
 Every Body Outdoors in Gloucestershire

Clare is in the Cotswolds this week with a fantastic group called Every Body Outdoors. They begin their walk in the village of King's Stanley, Gloucestershire and complete a five mile circuit taking in a stretch of Stroudwater Canal, before heading up to the top of Selsley Common.

Co-founded by Steph Wetherell, Every Body Outdoors is a walking group specifically aimed at plus size people who want to build confidence in the outdoors. Many had tried to join conventional groups but either didn't feel welcome or had bad experiences.

Another aim of the group is to work with outdoor brands and retailers to encourage them to provide better designed plus-size kit and clothing . Most technical gear, Steph says, stops at a size 16-18 and there's little available above a size 20.

The group has been so successful they've recently trained a group of volunteers who now lead plus size walks all around the UK.

Presenter: Clare Balding
 Producer: Karen Gregor

THU 15:27 Radio 4 Appeal (m002137s)
 [Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Feedback (m002137v)
 BBC News Podcasts, Alex Forsyth, Geoff Norcott's Working Mens Club

Andrea Catherwood brings Feedback listeners' thoughts and views on news and politics podcasts to the BBC's Senior News Editor Sam Bonham and Political Correspondent Alex Forsyth - and asks if this was the first real podcast election.

Two listeners enter the Feedback Vox Box to talk about the new Radio 4 comedy series, Geoff Norcott's Working Mens Club. And the comedian himself joins Andrea to respond to the review and talk about the role of the right leaning comic on Radio 4.

Presented by Andrea Catherwood
 Produced by Pauline Moore
 A Whistledown Scotland production for BBC Radio 4

THU 16:00 The Briefing Room (m002137x)
 Health special 2. Why is anxiety and depression increasing in the UK?

Surveys suggest that at least one in four of us will suffer from anxiety and depression during our lifetimes. The prevalence of these conditions is one of the reasons given for poor school attendance. And it's estimated that these mental health disorders account for 12.5% of all sickness leave in the UK. So what's caused such an explosion in mental distress and what, if anything, can be done to bring down the numbers? Join David Aaronovitch and a panel of guests to find out.

Guests:
 Professor Jennifer Wild, a consultant clinical psychologist and professor of experimental psychology at the University of Oxford
 Dr Jennifer Dykxhoorn, a psychiatric epidemiologist at University College, London
 Dr Sharon Neufeld from Cambridge University Medical School and
 Thalia Eley, professor of developmental behavioural genetics at Kings College, London

Presenter: David Aaronovitch
 Producers: Rosamund Jones and Sally Abrahams
 Sound engineers: Rod Farquhar and Neil Churchill
 Editor: Richard Vaden

THU 16:30 BBC Inside Science (m002137z)
 Should Antarctica be off limits?

Antarctica is a 'natural reserve, devoted to peace and science' - that's according to an international treaty.

But with visitor numbers at a record high, how does tourism fit into that - and what kind of impact is it having on its fragile ecosystem? We discuss whether tourists - and even scientists - should be allowed to go at all.

Swimming in the Seine has been banned for more than a century because of pollution concerns. The main culprit? Human waste. We find out if it really will be safe in time.

And every summer we ready ourselves for 'flying ant day' - that one day where winged ants take to the skies across Britain. Or do they?

Presenter: Victoria Gill
 Producers: Sophie Ormiston, Ella Hubber and Gerry Holt
 Editor: Martin Smith
 Production Co-ordinator: Jana Bennett-Holesworth

THU 17:00 PM (m0021381)
 Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

THU 18:00 Six O'Clock News (m0021383)
 It said the government and civil service in all four UK nations failed the public

THU 18:30 Rhysearch (m0020y03)
 Series 2

4. Do We Need School?

Comedian Rhys James investigates topics that the rest of us are too busy to be bothered with.

4. Do We Need School?

The world has changed dramatically in a very short amount of time and yet our education system has barely changed at all. Rhys is going to revolutionise education as we know it.

Written and presented by Rhys James
 Guest... Kate Robinson
 Guest... Caitlin Moran

Production Co-ordinator: Dan Marchini
 Produced by Carl Cooper and Pete Strauss

This is a BBC Studios Audio Production for Radio 4

THU 19:00 The Archers (m0021385)
 Pip is in hen party planning mode, and Ruth's pleased Fallon is involved - Stella feels more comfortable chatting with Ruth about farming and the harvest. Stella's frustrated with the BL Board, and Ruth chuckles as Stella vows to wrench their heads out of the sand!

Fallon is excited to sneak off from work to chat with Pip about the hen party, but Natasha surprises her to mention an important appointment at the Tea Room in two weeks today - she'll need Fallon. Fallon points out that she has something on then - not mentioning the hen event - and Natasha isn't keen on releasing her, until Chelsea tries to help Fallon by suggesting that Fallon's appointment is private. Natasha immediately backtracks, apologising for not being more sensitive.

Fallon gets planning with Pip, agreeing a downpayment to cover Fallon's costs. They also talk about the cute kittens recently discovered and Stella can tell Pip is still smitten on one. After a slightly awkward chat about marriage, and Pip and Stella's very different views about the hen party, Stella tells Pip she's happy for them to adopt a kitten.

Ruth mentions to Natasha that Pip's delighted the Tea Room is helping with the hen party. Confused Natasha asks when it is. Two weeks today, says Ruth, wondering whether she has made a mistake.

Natasha confronts Fallon in front of Chelsea, and as Fallon expects the worst, Natasha shocks them by suggesting she'd like to support Fallon's passion - the Tea Room can take the lead. Chelsea's delighted, and Fallon agrees it sounds great, not sharing her slight disappointment.

THU 19:15 Front Row (m0021387)
 Review: TV: Those About To Die, Film: Thelma, Theatre: ECHO

Jason Solomons and Kate Maltby join Tom to review Those About to Die, the new 10-part 'sword and sandal' series from Amazon Prime, directed by Roland Emmerich and starring Anthony Hopkins. The film Thelma which follows an elderly grandmother who turns action hero to track down her scammer, inspired by her favourite film series - Mission Impossible. And Echo at the Royal Court, the new play from the Iranian playwright Nassim Soleimanpour, starring a new unrehearsed performer every night. The likes of Meera Syal and Adrian Lester take to the stage while guided by Soleimanpour live from his flat in Berlin.

Plus Belle and Sebastian perform live ahead of their upcoming festival The Glasgow Weekender.

Presenter: Tom Sutcliffe
 Producer: Claire Bartlett

THU 20:00 The Media Show (m0021389)
 [Repeat of broadcast at 16:00 on Wednesday]

THU 21:00 Loose Ends (m00212yp)
 [Repeat of broadcast at 18:15 on Saturday]

THU 21:45 Empire of Tea (m001t30y)
 5. Innovation, Espionage and Propaganda

Until 1833 the tea drunk in Britain had come from China, imported by the East India Company. But then the company lost its monopoly on Chinese tea. Its response was to attempt to grow its own in British India. The only snag was it didn't know how to. So the botanist Robert Fortune was sent on an undercover mission to China.

His work, combined with some surprising discoveries of tea closer to home, and mass marketing and propaganda, helped develop India's huge tea industry in places like Assam and Darjeeling.
 At Kew Gardens, Mark Nesbitt and Aurora Prehn tell Sathnam Sanghera about how this shift from China to India changed the international tea trade forever.

Produced by Paul Martin for BBC Audio Wales

THU 22:00 The World Tonight (m002138c)
 Zelensky says he's asked Keir Starmer for permission to strike inside Russia with British weapons

Ukraine's President Volodymyr Zelensky told the BBC's Chris Mason he had met Prime Minister Sir Keir Starmer with just one request: to strike inside Russia with British weapons.

Zelensky said Ukraine needed to take out launch sites for missiles which are hitting his country's civilian infrastructure. During the exclusive interview after the European Political Community summit at Blenheim Palace, he also said Ukraine would never be pressured by a US administration to surrender to Russia.

In the US, President Biden faced renewed pressure to end his bid for re-election. Reports claim Barack Obama has said Biden must rethink whether he can win.

And in Bangladesh dozens of people have been killed in clashes between police and students, who are protesting over a law that withholds a quota of civil service jobs for relatives of those who fought in Bangladesh's war of independence from Pakistan.

THU 22:45 Yellowface by Rebecca F. Kuang (p0g1b849)
Episode Four

Now calling herself Juniper Song, June Hayward is finally a literary success... but it's all based on Athena Liu's stolen work...

Yellowface, the bestselling novel by Rebecca F Kuang, is a darkly funny mystery with a deeply flawed narrator. June Hayward is a young white American writer whose promising debut novel is quietly sliding into insignificance. She's intensely jealous of her friend from Yale Athena Liu, who by contrast has been wildly successful. This novel explores racism and cultural appropriation within a fast paced, sharply satirical thriller.

Reader Ashleigh Haddad
Abridger Robin Brooks
Producer Allegra McLroy

Yellowface is a BBC Books Production for BBC Sounds

THU 23:00 The Today Podcast (m002138h)
Starmer, Trump, and the New World Order

Sir Keir Starmer has been quick to meet with a host of world leaders since entering Downing Street. After his in-person meeting with Joe Biden, and a personal phone call to Donald Trump, Amol and Nick dissect how the new PM will navigate 'the special relationship' in turbulent times.

And closer to home, European leaders are meeting this week in Blenheim Palace. Baroness Cathy Ashton, the EU's former foreign policy chief, joins Nick and Amol in the studio to give insight on Starmer's strategy. How will he fulfil Labour's manifesto pledge to forge an 'improved and ambitious relationship with our European partners'? And what will EU leaders want in return?

Plus, Radio 1's Greg James drops by to give his moment of the week and pay tribute to England cricketer Jimmy Anderson following his retirement.

If you have a question you'd like to Amol and Nick to answer, get in touch by sending us a message or voice note via WhatsApp to +44 330 123 4346 or email us Today@bbc.co.uk

Episodes of The Today Podcast continue to land twice a week post-election and look out for bonus Q&A episodes. Subscribe on BBC Sounds to get Amol and Nick's take on the new government, with insights from behind the scenes at the UK's most influential radio news programme.

The Today Podcast is hosted by Amol Rajan and Nick Robinson, both presenters of BBC Radio 4's Today programme, the UK's most influential radio news programme. Amol was the BBC's media editor for six years and is the former editor of the Independent, he's also the current presenter of University Challenge. Nick has presented the Today programme since 2015, he was the BBC's political editor for ten years before that and also previously worked as ITV's political editor.

You can listen to the latest episode of The Today Podcast any time on your smart speaker by saying "Smart Speaker, ask BBC Sounds to play The Today Podcast."

The producer is Hatty Nash, the editor is Tom Smithard. The executive producer is Owenna Griffiths. Research and digital production from Joe Wilkinson, technical production from Mike Regaard.

THU 23:30 Today in Parliament (m002138k)

Alicia McCarthy reports on government plans to release some prisoners early to ease jail overcrowding. MPs also continue to debate the King's Speech that sets out proposed new laws for the year ahead.

FRIDAY 19 JULY 2024

FRI 00:00 Midnight News (m002138m)

National and international news from BBC Radio 4

FRI 00:30 Child (p0h2r5gk)

[Repeat of broadcast at 11:45 on Thursday]

FRI 00:48 Shipping Forecast (m002138p)

The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m002138r)

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m002138t)

The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m002138w)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m002138y)

That End of Term Feeling

A reflection and prayer to start the day with the Rev Lynne Gibson.

FRI 05:45 Farming Today (m0021390)

Examining the findings of seasonal workers visa review and the potential impact of any scaling back of the scheme on food security.

As more people across the world take up cricket Marie Lennon investigates the demand for bats is having on willow production.

And reporter Sarah Swadling meets an accountant turned organic farmer who says the weather this spring has made her consider throwing in the towel.

Presented by Charlotte Smith

Produced by Tory Pope

FRI 06:00 Today (m002142l)

Andrew Malkinson - who was wrongly jailed for a rape he didn't commit - has said the chair of the Criminal Cases Review Commission must step down, after a damning report on its handling of his case. Donald Trump formally accepts the Republican nomination for President telling his party's convention "I shouldn't be here". Another new face joins the Cabinet as President Zelenskyy talks to Ministers - we hear from the new Defence Secretary John Healey. Planes are grounded as a worldwide IT outage hits airlines, banks and healthcare. And we hear from Blur frontman Damon Albarn as a documentary about the band, To The End, opens in cinemas.

FRI 09:00 Desert Island Discs (m00213d9)

[Repeat of broadcast at 10:00 on Sunday]

FRI 10:00 Woman's Hour (m002142n)

Vula Malinga, Paedophile Hunters, Survivors of the Turkish Invasion of Cyprus

Vula Malinga started out as one of the lead singers for the London Community Gospel Choir, before becoming a lead vocalist with Basement Jaxx and she has also collaborated with the likes of Adele, Dizzee Rascal and Beverley Knight. Tomorrow night Vula will don her flares and sequins as one of the soloists at the BBC Prom - Everybody Dance! The Sound of Disco, at the Royal Albert Hall. Along with the BBC Concert Orchestra will perform iconic disco classics from the late 1970s Studio 54 era. She joins Anita to reveal more and to perform live in the studio.

Tomorrow marks 50 years since the Turkish invasion of Cyprus and an element of this story which often goes untold is the treatment of women during this time. Particularly, the use of sexual violence as a weapon of war. For many, what happened to them is still a taboo subject. During her time as an MP, Skevi Koukouma raised this issue in parliament in 2015. Skevi is now the General Secretary of The Progressive Women's Movement of POGO, an NGO which focuses on gender equality and social justice. She joins Woman's Hour, along with Natassa Frederickou, the Vice President of the ZOE Vs War Violence Foundation, which aims to raise awareness of gender based violence in times of war.

And debut author Nilescha Chauvet's novel The Revenge of Rita Marsh tells the story of a young woman who runs a care home for the elderly by day and a paedophile hunting group by night. Nilescha joins Anita along with Dr Kat Hadjimatheou, senior

lecturer in the Department of Sociology and Criminology at Essex University, to discuss the real paedophile hunters, why and how they do it and whether they help or hinder the criminal justice system.

Presenter: Anita Rani
Producer: Laura Northedge

FRI 11:00 The Food Programme (m002142q)

Off the Rails: The Story of Train Food

As the summer holidays kick off and people plan for journeys far and near, Sheila explores what food is provided on trains and at train stations across the country. A new report by the Office for Road and Rail suggests passengers pay around 10 per cent more for food inside stations, where catering leases often roll over automatically with limited opportunities for new food businesses to enter the market. Sheila finds out who the biggest players are in rail food and speaks to a range of people from station operators, food retailers and train companies to find out: is train food as bad as it once was?

Not many people spend their lives in constant motion, but travel writer Caroline Eden is one of them. Sheila shares a train picnic with Caroline on the train line leading up to Scotland's walking country, and hears stories of food shared and meals eaten on remote routes during Caroline's travels through Central Asia and beyond. Pasties are one of Caroline's favourite journey foods, and she's not alone. From the tin miners of Cornwall's past to their omnipresence at stations today, pasties might just be one of the UK's longest-standing foods eaten on the move.

Sheila also hears from travel correspondent Simon Calder, reporting from a station cafe on the Swiss-Italian border, with his perspective on how train catering has changed and his top tips for eating well on the move. How does food on trains compare in other countries and is there anything we can learn from the food cultures of others? Tokyo food tour host Yukari Sakamoto explains the tradition of Japan's Bento boxes, nutritious, freshly-cooked boxed meals bought at stations and eaten on trains across the country.

Presented by Sheila Dillon and produced by Nina Pullman for BBC Audio in Bristol.

FRI 11:45 Child (p0h2r6d0)

5. Birth of a Mother

What does it mean to suddenly take on this role, this mantle of 'mother'. It's a powerful world and it's meaning has changed through time.

We speak to writer and science journalist Lucy Jones about the mind blowing experience of becoming one. Writer and historian Elinor Cleghorn about some of the most influential images of motherhood, and how they have shaped the role of women today, as well as artists Conway and Young about their search for alternative depictions of motherhood.

Presented by India Rakusen.

Producer: Ellie Sans.

Series Producer: Ellie Sans.

Executive producer: Suzy Grant.

Commissioning Editor: Rhjan Roberts.

Original music composed and performed by The Big Moon.

Mix and Mastering by Charlie Brandon-King.

A Listen production for BBC Radio 4 and BBC Sounds

FRI 12:00 News Summary (m002142s)

The latest national and international news from BBC Radio 4.

FRI 12:04 Rare Earth (m002142v)

World on Fire

Is the rise in global wild fires unstoppable? Helen Czerski and Tom Heap discuss the terrifying march of the flames and search for fresh answers. They're joined by John Vaillant, author of the award-winning exploration of Canada's Fort McMurray disaster, 'Fire Weather' and by Dr Stacey New from the Met Office.

Tom and Helen take a look at the ways in which indigenous knowledge is being applied to fire prevention in California and visit the Blodgett Research Forest where experts study the best ways to make America's threatened forests more resilient.

They're also joined by Grant Moir of the Cairngorms National Park to discuss new by-laws banning campfires in the area. Do we need to restrict our freedom in the wilderness to protect it for the future?

Producer: Alasdair Cross

FRI 12:57 Weather (m002142x)

The latest weather forecast

FRI 13:00 World at One (m002142z)

Global IT outage causes chaos

An IT outage causes worldwide chaos for airlines, banks and medical services. How vulnerable is key infrastructure? Plus, the clean-up begins after a night of trouble in Harehills in Leeds.

FRI 13:45 The History Podcast (m0021431)

Escape from the Maze

Escape from the Maze - 5. Freedom's Gate

The prisoner's are flying blind as they encounter the biggest obstacle to the escape...

Across 10 twisting and turning episodes, Carlo Gebler navigates a path through the disturbing inside story of the 1983 escape from Northern Ireland's Maze Prison - the biggest jailbreak ever to take place on British or Irish soil. As former IRA inmates reveal how they pulled off a mass breakout that creates shockwaves at the heart of government - key security personnel explain why they're unable to stop them.

Presenter: Carlo Gebler

Producer: Conor Garrett

Editor: Philip Sellars

Commissioning Editor: Dan Clarke

Production Co-ordinator: Gill Huggett

Original Music Score: Phil Kieran

Archive: Cyprus Avenue Films

FRI 14:00 The Archers (m0021385)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m0020z58)

The Skies Are Watching

The Skies Are Watching – 3. Transmissions

Vance and Heather return to Kecksburg, the site of Coral's abduction, where they are special guests at the annual UFO Festival. The truth about Jana's agenda is revealed.

The Skies Are Watching was the 2024 recipient of the Audio Fiction Award at the Tribeca Festival.

Cast:

Heather - Caitlin Stasey

Vance - Jake 'The Snake' Roberts

Rodney - David Yow

Jana - Caroline Morahan

J.D. - James Bacon

Lee - Jameson Cush

Travis - Jonathan Shockley

Created and Produced by Jon Frechette and Todd Luoto

Music - Lars Koller, Jon Frechette, Blue Dot Sessions

Editing and Sound Design - Jon Frechette

Written and Directed by Jon Frechette

Production Manager - Kurt Koller

Executive Producer - John Scott Dryden

A Goldhawk production for Radio 4 and BBC Sounds

FRI 14:45 Communicating with Ros Atkins (m0020z5g)

5. Sabrina Ghayour, chef and food writer

Ros speaks to chef and award winning food writer Sabrina Ghayour. We all communicate multiple times a day but could we be getting better results? From a simple text or phone call, to a job interview or big presentation, the way we express ourselves and get our point across can really matter. Ros Atkins and his fascinating guests reveal the best ways to communicate and how simple changes in the way we make our point can be really effective.

In this episode, Ros and Sabrina discuss the importance of instilling confidence, the power of admitting you're 'human' too, and the value of a second opinion.

Series Producer: Hannah Newton

Producer: Olivia Cope

Executive Producer: Zoë Edwards

Mix Engineer: Jonathan Last

Original Music Composed by: Tom Wrangmore

Commissioning Editor: Rhian Roberts

A Listen production for BBC Radio 4

FRI 15:00 Gardeners' Question Time (m0021433)

From The Archive: Grasses and Lawns

Kathy Clugston sows the seeds of knowledge on the topics of lawn care and grasses, with help from the extensive GQT Archive.

Now that we're well into the summer season, grass maintenance and lawn care have become top priority for most gardeners.

GQT's various horticultural experts from over the years share their tips and knowledge on how to restore patchy lawns, what variety of bamboo would thrive in small gardens, and how to get rid of moss without damaging the healthy plants around it.

Later, we listen back to when Anne Swithinbank met with ornamental grass guru Neil Lucas, to discuss if there's truly a variety for everyone.

Producer: Dan Cocker

Assistant Producer: Rahnee Prescod

Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m0021435)

The Doghouse

A specially-commissioned comic story by Tom Basden about a man plagued by his own sense of uselessness who finally commits a heroic act, only to meet his wife's irritation, his son's indifference and the object of his rescue's bafflement.

Tom Basden is the writer of "Plebs" and the recent award-winning adaptation of "Accidental Death Of An Anarchist" and the reader is Jason Watkins, star of W1A, The Crown and The Lost Honour of Christopher Jefferies

Reader: Jason Watkins

Producer: David Tyler

A Pozzitive production for BBC Radio 4

www.pozzitive.co.uk

FRI 16:00 Last Word (m0021437)

Dr Ruth Westheimer, Mike Corfield, Shelley Duvall, Veronica Smith

Matthew Bannister on Dr Ruth Westheimer who offered frank advice about sex on TV and radio.

Mike Corfield, the conservator who developed new methods of preserving archaeological artefacts in the places where they were discovered.

Shelley Duvall, the actor who worked closely with Robert Altman, played Wendy in The Shining and Michal Palin's star-crossed lover in Time Bandits. Michael shares his memories.

Veronica Smith, who, as a young woman, was forced to give up her baby for adoption. She later founded the "Movement for an Adoption Apology".

Producer: Ed Prendeville

Archive used

Barry Normal on Shelley Duvall. Film 80, BBC1, 29/09/1980; The Shining. Official trailer, 1980; Director Stanley Kubrik; Based on a novel by Stephen King; Warner Bros; Time Bandits, 1980; Original Trailer, Handmade Films; "Late Night" with David Letterman, 27/09/1984; Popeye, 1980, Trailer; Director: Robert Altman; Writers: Jules Feiffer (screenplay), E.C. Segar (based on characters by); Stars: Robin Williams, Shelley Duvall, Ray Walston; From 1981: Shelley Duvall talks working on 'The Shining', Interview with Gene Shalit on TODAY, 10/11/1981; BBC Radio 4 Woman's Hour, 10/08/2022; BBC Radio London: Forced adoption, Peabody and Tim Arthur, 26/02/2014

FRI 16:30 Sideways (m00213vf)

[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m0021439)

Global tech outage continues

We hear the aftereffects from a faulty antivirus update that continues to cause chaos for vital services worldwide. Also, we hear the latest from the Democrat presidential campaign

FRI 18:00 Six O'Clock News (m002143c)

Experts say it is the most serious widespread IT disruption ever seen

FRI 18:30 The News Quiz (m002143f)

Series 114

Episode 7

Hugo Rifkind, Susie McCabe, Scott Bennett and Lucy Porter join Andy Zaltzman to quiz the news.

The team are in Nottingham this week, where they're discussing a bumper King's Speech, the goings on of the Republican National Congress, and Vaughan Gething's brief stint as First Minister.

Written by Andy Zaltzman

Additional material by: Christina Riggs, Mike Shephard, Rebecca Bain and Lizzy Mansfield

Producer: Gwyn Rhys Davies

Executive Producer: Pete Strauss

Production Co-ordinator: Sarah Nicholls

Sound Editor: Jerry Peal

A BBC Studios Audio Production for Radio 4
An Eco-Audio certified Production

FRI 19:00 The Archers (m002143h)

Writer: Tim Stimpson

Director: Dave Payne

Editor: Jeremy Howe

Natasha Archer.... Mali Harries
Pip Archer.... Daisy Badger
Ruth Archer.... Felicity Finch
Neil Carter.... Brian Hewlett
Susan Carter.... Charlotte Martin
Vince Casey.... Tony Turner
Chelsea Horrobin.... Madeleine Leslay
Tracy Horrobin.... Susie Riddell
Alistair Lloyd.... Michael Lumsden
Paul Mack.... Joshua Riley
Jazzer McCreary.... Ryan Kelly
Denise Metcalf.... Clare Perkins
Freddie Pargetter.... Toby Laurence
Lily Pargetter.... Katie Redford
Fallon Rogers.... Joanna Van Kampen
Stella Pryor.... Lucy Speed
Oliver Stirling.... Michael Cochrane
Lottie Summers.... Bonnie Baddoo

FRI 19:15 Screenshot (m002143k)

Do the Right Thing

Ellen E Jones and Mark Kermode take a deep dive into Spike Lee's incendiary 1989 drama about simmering racial tension in and around a Brooklyn pizzeria.

We celebrate 35 years of a film that announced itself like a beat box on full blast. Set within a single inner city block in Brooklyn, New York City on the hottest day of the summer, the movie depicts racial tensions that simmer, as things look set to explode.

Ellen speaks to the film's director Spike Lee to find out how this extraordinary, legacy-defining film originated, and his reaction to its initial mixed reception. And we hear from film critic and Spike Lee biographer, Kaleem Aftab - to discuss the impact of the film, and the United States that it depicts.

Meanwhile, Mark meets upcoming film director, Dionne Edwards to find out how the title sequence of Do the Right Thing inspired her own opening scene in the movie, Pretty Red Dress.

Long time Spike Lee collaborator and cinematographer on Do The Right Thing, Ernest Dickerson, joins Mark to share his classical and dramatic visual influences, and how his use of colour palette and lighting rigs created such a scorching viewing experience.

Producer: Mae-Li Evans

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m002143m)

Lord Davies, Jo Stevens MP, Baroness Smith, Zia Yusuf

Alex Forsyth presents political discussion from Tŷ Pawb in Wrexham with the Shadow Secretary of State for Wales Lord Byron Davies, the Secretary of State for Wales Jo Stevens MP, Baroness Carmen Smith from Plaid Cymru and the chair of Reform UK Zia Yusuf.

Producer: Robin Markwell

Lead Broadcast Engineer: Sharon Hughes

FRI 20:50 A Point of View (m002143p)

Empire of Sweat

Adam Gopnik muses on why he'll always love the steam baths in New York.

'My own pet answer,' Adam says, 'justified by intuition and half-heard rumours, is that it helps sleep to have a low internal body temperature. All that sweating lowers my own burning inner furnace and makes me more able to sleep.' This is, he admits, 'a perfectly sound scientific explanation that I have no intention of checking.'

Producer: Adele Armstrong
Sound: Peter Boshier
Production coordinator: Liam Morrey
Editor: Tom Bigwood

FRI 21:00 Archive on 4 (m0006zlw)

James Burke: Our Man on the Moon

Fifty years ago, when the Apollo 11 mission landed the first human beings on the moon, James Burke was the voice of science for the BBC. Join him to relive the dramatic days in the studio, sharing the moment-by-moment drama to a live audience. You'll remember his excited voice counting down the seconds and desperately trying to avoid talking over any communication with the astronauts. Here is your chance to find out what went on behind the scenes as James revisits the final moments of the Apollo mission. He'll recreate the drama, struggling to make sense of flickering images from NASA and working with the limitations of 1960s technology. We'll hear what went wrong as well as what went right on the night! Illustrated with amazing archive material from both the BBC and NASA, this will be the story of the moon landings brought to you by the man who became a broadcasting legend. A night neither he nor we will ever forget.

FRI 22:00 The World Tonight (m002143r)

In depth reporting, intelligent analysis and breaking news from a global perspective.

FRI 22:45 Yellowface by Rebecca F. Kuang (p0g1b948)

Episode Five

For June Hayward, or Juniper Song, the threads are beginning to unravel...

Yellowface, the bestselling novel by Rebecca F Kuang, is a darkly funny mystery with a deeply flawed narrator. June Hayward is a young white American writer whose promising debut novel is quietly sliding into insignificance. She's intensely jealous of her friend from Yale Athena Liu, who by contrast has been wildly successful. This novel explores racism and cultural appropriation within a fast paced, sharply satirical thriller.

Reader Ashleigh Haddad
Abridger Robin Brooks
Producer Allegra McIlroy

Yellowface is a BBC Books Production for BBC Sounds

FRI 23:00 Americast (m002143w)

Donald Trump's convention speech: 'I had God on my side'

The RNC has been waiting all week to hear Donald Trump speak for the first time since his attempted assassination.

In a record-length speech, he described in detail the moment he was shot before paying tribute to the Pennsylvania fire chief who was killed at the rally.

Sarah and Anthony were in the room to witness the speech, and reflect on the key themes with Justin Webb. They discuss the key messages in the speech, and what a second Trump term in the White House might look like. Also, what did delegates make of Melania Trump's reappearance?

HOSTS:

- Justin Webb, Radio 4 presenter
- Sarah Smith, North America Editor
- Anthony Zurcher, North America Correspondent

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This episode was made by Purvee Pattni and George Dabby with Catherine Fusillo. The technical producer was Antonio Fernandes. The series producer is Purvee Pattni. The senior

news editor is Sam Bonham.

FRI 23:30 Today in Parliament (m002143y)

Susan Hulme reports as MPs discuss the Covid inquiry and the controversial issue of planning.