

SATURDAY 15 JUNE 2024

SAT 00:00 Midnight News (m00202tg)

National and international news from BBC Radio 4

SAT 00:30 All That Glitters by Orlando Whitfield (m00202r7)

Episode Five

A story of friendship, fraud and fine art.

When Orlando Whitfield first meets Inigo Philbrick, they are students dreaming of making their mark by dealing art. Their friendship endures for 15 years until one day, Inigo – the most successful dealer of his generation by then – disappears, accused of a fraud so massive and audacious that it shakes the art world to its core.

So, who is Inigo Philbrick and what led to the unravelling of this gifted wunderkind? Why would someone who, by all accounts, had it all, engage in such epic self-sabotage?

In this captivating five-part cautionary tale, his friend Orlando Whitfield attempts to answer these questions. In doing so, he breaks the art world's code of silence, taking us on a dazzling journey to the heart of the contemporary art scene – a place marked by shocking ambition, greed and unrestrained madness.

Read by Hugh Skinner (Fleabag, W1A, The Windsors)

Produced and Abridged by Karen Rose

Sound by David Thomas

Production Co-ordinator: Sarah Tombling

Executive Producer: Ros Ward

A Sweet Talk production for BBC Radio 4

SAT 00:48 Shipping Forecast (m00202tj)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m00202tl)

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m00202tm)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m00202tq)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m00202ts)

Innovation

A reflection and prayer to start the day with the Revd Catherine De Souza, Senior Leader of City Church in Cardiff.

Good morning.

Henry Ford was well known not just as a canny businessman, but also as an innovator. He had a passion for figuring out how things worked and making them better, for example by developing the moving assembly line which enabled largescale output in a relatively short period of time. On this day in 1924 the Ford Motor Company manufactured its 10 millionth car. No doubt at the time, discussions were had about the benefits of technological advancements, compared with the dignity of individual labour. Although technology has developed and moved since then, some discussions and deliberations about the right and proper use of it are still ongoing. And in fact perhaps even more so with the rise of artificial intelligence, or AI.

One discussion about AI that I find particularly interesting is around the role of technology and creativity, and whether technology can ever fully emulate the creative capacity of people. As human beings we are made in the image of God who created the whole universe, who made the earth and everything in it. I believe God created the vast oceans and the huge mountains and designed the intricacies of the smallest insects and the delicate petals of a rose. He created great diversity amongst creatures, amongst landscapes, and across people. Perhaps in these conversations, complex though they are, we shouldn't lose sight of our incredible capacity to create and innovate, because of the creator God who made us.

Lord, thank you for the wonder of your creation and thank you that you created us. Help us to demonstrate and express the creativity you have placed within us in ways that glorify you. Amen

SAT 05:45 Naturebang (m001qmbc)

Killer Whales and the Mystery of the Menopause

Becky Ripley and Emily Knight dive into the underwater world

of killer whales, where tight-knit family pods are led by the eldest post-reproductive matriarch, to better understand why we have a menopause.

Matriarchal killer whales usually stop being able to reproduce in their thirties or forties, but continue to live for decades longer. This phenomenon of having a long post-reproductive life is known only to exist in 5 species: killer whales, narwhals, beluga whales, short-finned pilot whales, and humans. That's it. Females across the rest of the animal kingdom can keep reproducing into old age, many until their dying days.

So why? If the success of a species lies in its ability to breed and pass on its genes, why have we – and a few species of whale – evolved this seemingly counter-productive thing that stops us being able to do that? What's the point of it? And what does it say about our need for grandmas?

Featuring Prof. Darren Croft, Professor of Animal Behaviour at the University of Exeter, and Dr. Brenna Hassett, Biological Anthropologist at UCL and author of Growing Up Human. Produced and presented by Emily Knight and Becky Ripley.

SAT 06:00 News and Papers (m0020829)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m00202m7)

Anneka Rice and Maggi Hambling in Suffolk

Unlikely as it sounds Anneka Rice has long been part of a small painting group run by the extraordinary artist, Maggi Hambling. Over the years they've developed a strong bond. As Maggi puts it, the painting group is 'like family' to her. In this special episode of Open Country, Anneka travels to Suffolk to find out more about the county that has inspired Maggi's work: from her brooding seascapes, to the once controversial but now lauded Scallop on Aldeburgh beach.

They start the day in a dank, dark, tree-covered ditch where Maggi hid as a teenager when she was too nervous to attend a painting class. Then to Maggi's home, where - leaving the verdant overgrowth of her garden - they enter her studio where green (a colour she hates) disappears... there are blacks and greys and just a bit of pink.

Next, onto the bleak but beautiful beach at Sizewell, it's here in the shadow of the nuclear power plant that the churning North Sea most speaks to Maggi. And finally to the huge steel sculpture of the Scallop on Aldeburgh beach... a tribute to Benjamin Britten and now one of the area's most popular attractions. As Maggi drives Anneka from location to location, the warmth, humour and friendship between the two shines out.

Please see the 'related links' box on the Open Country webpage for this episode to find more info about the Cedric Morris/Arthur Lett-Haines exhibition in July 2024.

Presenter: Anneka Rice

Producer: Karen Gregor

SAT 06:30 Farming Today (m002082c)

15/06/24 - Reproductive ethics in livestock, dog DNA and seed breeding

Three UK vet practices are now offering IVF for cows. It's a common practise for dairy cows to be made pregnant using artificial insemination, but IVF is more specialist. It allows for multiple embryos to be produced from one particularly good cow, meaning the genetics of a herd can be improved more quickly and its health and productivity improved. But it means hormonal treatments and some invasive procedures for the cow - so is it ethical?

In a world first, methane from slurry on a farm in Somerset is being broken down and turned into hydrogen gas and graphene. Graphene is a material that was discovered in the UK 20 years ago, and is normally made from mining graphite rock. But a company called Levidian has developed a process which separates the carbon and hydrogen in methane gas, to make graphene and hydrogen.

And ten police forces across the country will soon be trialling new forensic technology to help identify dogs involved in livestock attacks. We hear from farmers affected and find out why the police think this new kit will help.

Presented by Charlotte Smith

Produced for BBC Audio in Bristol by Heather Simons

SAT 06:57 Weather (m002082g)

The latest weather reports and forecast

SAT 07:00 Today (m002082j)

Election 2024: Amol Rajan and Martha Kearney

Martha reports from Northern Ireland, plus election latest and Euro 2024 kicks off.

SAT 09:00 Saturday Live (m002082l)

Imtiaz Dharker, Ashley John-Baptiste, Miria Harris, Danny Robins

The Journalist and presenter Ashley John-Baptiste, who's written a very moving memoir about growing up in care.

The Lahore born poet Imtiaz Dharker will be appearing on the programme. We'll be talking about what's made her identify as a Scottish, Pakistani, Calvinist, Muslim who's been adopted by India and Wales.

Plus, landscape and garden designer Miria Harris who has used her own experience of a medical emergency to design a garden to help others with their recovery.

All that plus the Inheritance Tracks of writer and presenter Danny Robins.

Presenters: Jon Kay and Nikki Bedi.

Producer: Gareth Nelson-Davies

SAT 10:00 Your Place or Mine with Shaun Keaveny (m002082p)

Ainsley Harriott: Angkor Wat, Cambodia

Ainsley loved waking early to cycle around abandoned temples, playing Tomb Raider in real life, then finishing the day with the local delicacy: fried tarantula. Shaun is up for the cycling but not the crunchy spider. Resident geographer, historian and comedian Iszi Lawrence is clearing the vines through the deep jungle for this one.

Your Place Or Mine is the travel series that isn't going anywhere. Join Shaun as his guests try to convince him that it's worth getting up off the sofa and seeing the world, giving us a personal guide to their favourite place on the planet.

Producers: Beth O'Dea and Caitlin Hobbs

Your Place or Mine is a BBC Audio production for BBC Radio 4 and BBC Sounds.

SAT 10:30 The Kitchen Cabinet (m002082t)

Series 44

Woolwich

Jay Rayner and his of panel of food experts are in Woolwich, London for this week's episode.

Joining Jay at Woolwich Works are cooks and food writers Melissa Thompson, Tim Anderson, Lerato Umah-Shaylor, and first timer Will Hughes, aka What Willy Cook.

The panel discusses festivals dedicated to mayonnaise, pumpkin recipes to disguise the taste of pumpkin, and whether chicken tikka masala pasta is considered a culinary crime. Later, they share ways to sneak seeds into dishes, and the best recipes for fried chicken.

Also, Adejoké Bakare of the restaurant Chishuru (and the first black woman to be awarded a Michelin star in the UK) shares her love of West African food and talks about its regionality, dishes and key spices.

Producer: Dom Tyerman

Assistant Producer: Dulcie Whadcock

A Somethin' Else production for BBC Radio 4.

SAT 11:00 Newscast (m0020b6j)

Electioncast: How SUPER is a Supermajority?

Today, in this podcast recorded live on Radio 4, we're looking at warnings from Defence Secretary Grant Shapps about a big Labour majority.

Adam, Paddy and Laura also look at Reform UK, which one poll put a point ahead of the Conservatives for the first time.

Apply to join us on election night: <https://www.bbc.co.uk/shows/andtours/shows/newscast-all-nighter>

You can join our Newscast online community here: <https://tinyurl.com/newscastcommunityhere>

Newscast brings you daily analysis of the latest political news stories from the BBC. It was presented by Laura Kuenssberg.

Adam Fleming and Paddy O'Connell. It was made by Chris Flynn with Hanna Ward. The technical producers were Phil Bull and Frank McWeeny. The assistant editor is Chris Gray. The senior news editor is Sam Bonham.

SAT 11:30 From Our Own Correspondent (m0020830)
Kosovo and the new world of war

Kate Adie presents stories from Kosovo, the US, East Jerusalem, Ghana and El Salvador

Its 25 years this week since Serbian forces withdrew from Kosovo. Jeremy Bowen went back for the anniversary celebrations and reflects on how conflicts have changed in the 21st century.

All eyes were on Wilmington in the US State of Delaware this week where a jury took just three hours to deliver a guilty verdict in the case against President Joe Biden's son Hunter on three felony counts. Bernd Debusmann Jr followed the twists and turns of the case and considers what ramifications the verdict might have on Joe Biden's run for a second term in office.

Visitors to the Old City in East Jerusalem have dropped sharply since the Israel-Gaza war began in October. And there's increased tension between the different communities inside the Old City Walls. Emily Wither spoke to Palestinian and Jewish business owners about how the on-going conflict is impacting their daily lives.

Millions of people in the UK were born outside the country. But what's involved in taking the plunge and making your life anew in another land? Elaina Boateng recently spoke to her mother about what had motivated her to leave her West African homeland of Ghana in the eighties – and her reflections on how it had changed when she returned.

And finally, El Salvador's coffee industry took a pounding during years of civil war and natural disasters like rust disease which ruined crops and sent prices plummeting. But the country's 18,000 coffee farmers have embraced agroforestry – a farming technique which integrates trees with crops or pasture, as Jane Chambers discovered.

Series Producer: Serena Tarling
Editor: Richard Fenton-Smith
Production Coordinator: Sophie Hill & Katie Morrison

SAT 12:00 News Summary (m0020834)
The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m0020838)
Tax and the Election and Help with Bills

Nineteen days to go before your cross on a ballot paper will help decide who runs the country. You have been telling Money Box what matters to you. This week we'll discuss how much tax you already pay and whether that will change after 4th July.

The head of the UK payment regulator has rejected calls to delay a new fraud reimbursement plan which is due to begin on 7th October. It will mean that victims of fraud are fully reimbursed for losses up to £415,000. We'll have more on this story.

And more than half a million people are now getting help with their finances, often saving substantial sums of money, thanks to something called the Vulnerability Registration Service. What is it and how does it work?

Presenter: Paul Lewis
Reporter: Dan Whitworth
Researchers: Immie Rhodes and Jo Krasner
Editor: Jess Quayle

(First broadcast 12pm Saturday 15th June, 2024)

SAT 12:30 The News Quiz (m002025j)
Series 114

Episode 2

Lucy Porter, Alasdair Beckett-King, Athena Kugblenu, and Hugo Rifkind join Andy Zaltzman to quiz the news

SAT 12:57 Weather (m002083d)
The latest weather forecast

SAT 13:00 News and Weather (m002083g)
The latest national and international news and weather reports from BBC Radio 4

SAT 13:15 Any Questions? (m002025x)
David TC Davies, Guto Harri, Delyth Jewell MS, Rain Newton-Smith, Jo Stevens

Victoria Derbyshire presents political discussion from Newport Cathedral with the Secretary of State for Wales David TC Davies, broadcaster and former Downing Street Head of Communications Guto Harri, deputy leader of Plaid Cymru Delyth Jewell MS, Chief Executive of the CBI Rain Newton-Smith and Shadow Secretary of State for Wales Jo Stevens. Produced for BBC Audio Bristol by Camellia Sinclair
Lead broadcast engineer: Ian Davies

SAT 14:15 Any Answers? (m002083j)
Call Any Answers? to have your say on the big issues in the news this week.

SAT 15:00 The Archers (m002025n)
Alan and Harrison meet in the church for private prayers and meditation for Harrison to think about his loss. Before they start Alan checks that this time Fallon knows what he's doing, but Harrison hasn't told her because it always leads to a row. He wants these prayers to be unspoiled. Afterwards Harrison feels more at peace with everything, and Alan says he'll remember both Harrison and Fallon in his prayers. But he reminds Harrison that he ought to let Fallon know what he was doing and why.

Fallon's out on the town with Kirsty, celebrating her birthday early. She's told Harrison that she's staying at Kirsty's and watching a film. Fallon just wants a night away from all the recent angst with Harrison. They agree not to talk about anything work or man-related. As the evening goes on Fallon gets tipsy and tells Kirsty she bumped into Lily, Paul and Josh in the bar. Paul's there trying to take his mind off his relationship troubles with Etienne. Fallon's agreed to go on to a club with them afterwards, commenting that it's good to have mates – she's glad she's got Kirsty. As the evening progresses Fallon gets drunker, but Kirsty stays with her. When Fallon opens up about how she feels that people are trying to control her personal life, Kirsty counsels that sometimes it's not about control. There are people out there who love her. Fallon adds that there's also fun out there as well as worries, so she's going to dance the night away!

SAT 15:15 Drama on 4 (m002083i)
Orwell vs Kafka: Restless Dreams

Inventive new drama from leading audio dramatist Dan Rebellato, one of a series of Radio 4 dramas marking the centenary of Kafka's death.

Part thriller, part surreal, darkly comedic dream, part exploration of who owns culture, Restless Dreams is set entirely on a train. It's both a mystifying journey, and a reflection on the legacy of great literature, the battle between membership of a nation and citizenship of the world, and the dark heart of Europe.

Restless Dreams takes place during Max Brod's urgent train journey in 1939 from Prague, fleeing the Nazis, as the world stood on the brink of WWII and everything that entailed for Jewish people, nations and borders. In his suitcase are manuscripts, the unpublished works by Franz Kafka – of no contemporary value but inestimable treasures for the future. In his will, Kafka instructed Brod, his friend and executor, to burn thousands of pages after his death. Brod didn't, ensuring Kafka's writings made it out into the world.

When guards challenge Brod's identity, he decides to hide his treasures – but where? Every carriage he tries becomes more and more surreal. Where is this train actually taking him? Why is there a circus troupe in one carriage, a team of philosophers in the next? And who really are all these people who one minute claim to know him, the next deny ever meeting him? Including his own wife, Elsa.

On one level, this is a wartime thriller, the tense story of one man smuggling a jewel of world literature to safety. On the other, it is a Kafkaesque nightmare, teetering between reality and hallucination, often comedic, as Brod's encounters with train staff and fellow passengers seem to pass between wakefulness and dreaming, echoing Kafka's writing. There is wry humour throughout, mirroring Kafka's own writing style, references to his work threaded throughout the drama.

The Writer:
Dan is a leading dramatist and professor of Contemporary Theatre at Royal Holloway University. He has written over 20 individual dramas for BBC Radio 4, and has been shortlisted multiple times for Sony, BBC Audio and WGGG Awards, including winning Silver at the ARIAS 2022 for his Radio 4 drama, You & Me. He was the lead writer who masterminded the epic 20 hour Emile Zola epic on Radio 4 2015–16. Recent stage commissions include Pitlochry Festival Theatre, Plymouth Drum, Suspect Culture and Graeae, Soho Theatre and National

Theatre.

Cast:
Max Brod Anton Lesser
Elsa/Ilse Tracy-Ann Oberman
Hanna/Eva/Ottili Annie Cowan
Franz Kafka/Titorelli Henry Goodman
Train Guard/Kasper Guy Rhye

Producer Polly Thomas
Sound Designer Eloise Whitmore
Illustration Ed Duffill
Production Manager Darren Spruce
Executive Producer Eloise Whitmore

Written by Dan Rebellato

A Naked production for BBC Radio 4

SAT 16:15 Woman's Hour (m002083n)
Weekend Woman's Hour: Paloma Faith, right wing women leaders in the EU, Emma Caldwell case, Chaka Khan

Paloma Faith is an award-winning singer, songwriter and actor. She has released six albums, including her most recent The Glorification of Sadness, received a BRIT Award, been a judge on The Voice UK as well as an actor in films such as St Trinian's and TV's series Pennyworth. She is also the mother of two daughters. She joins Clare to discuss her book – MILF - in which she delves into the issues that face women today from puberty and sexual awakenings, to battling through the expectations of patriarchy and the Supermum myth.

Far-right parties across Europe made significant gains in the European elections, and women have been at the forefront of this right-wing shift in several countries. Right-wing groups which include those led by Italian prime minister Giorgia Meloni, France's Marine Le Pen and Germany's Alice Weidel are set to gain further seats in European parliament. To hear about the female leaders of Europe's far-right and what this shift could mean for women, Anita is joined by the host of EU Confidential Politico's Sarah Whelan and Shona Murray, Europe correspondent for Euronews.

Nearly 300 rapes and sexual assaults reported by sex workers during the Emma Caldwell murder investigation were not dealt with by police at the time, the BBC has learned. 276 reports of sex crimes made by sex workers working in Glasgow during the murder inquiry were filed away and not acted upon. Investigate journalist Sam Poling, whose work was pivotal in bringing Emma Caldwell's killer, Iain Packer, to justice in February of this year, joins Clare McDonnell to discuss, along with former Detective Sergeant Willie Mason.

The American singer-songwriter, Chaka Khan, known as the Queen of Funk, is celebrating her 50th anniversary in music this year. With hits such as Ain't Nobody, I Feel for You and the anthem I'm Every Woman her music has sold an estimated 70 million records, winning her 10 Grammy Awards. She is curating Meltdown 2024 at the Royal Festival Hall, and opens the festival tomorrow night. She shares her plans and discusses her favourite songs.

Presenter: Anita Rani
Producer: Annette Wells
Editor: Rebecca Myatt

SAT 17:00 PM (m002083q)
Full coverage of the day's news.

SAT 17:30 Sliced Bread (m00202lx)
Pest Control

What's the best - and most humane - way to get rid of pests?

For some of us Tom and Jerry might be the sum total of our knowledge of the struggle between domestic life and unwanted rodents. But for listeners Colin and Mary, things are getting much more real! Colin wants to know if the plug-in devices he's seen that promise to deter rats and mice using ultrasonic actually work. Mary has caught mice and then released them back into the wild in nearby woodland, believing it's the more humane way to deal with the problem. But is it?

With the help of Natalie Bungay from the British Pest Control Association and Rob Young, Professor of Wildlife Conservation at the University of Salford, Greg Foot sets out to find the answers, hoping to nibble at the metaphorical cheese without getting caught in the figurative trap (or something).

All of the ideas for our investigations come from you, our listeners, and we're always on the lookout for more. If you have seen a wonder product that claims to make you happier, healthier or greener and want to know if it is SB or BS then please do send it over on email to sliced.bread@bbc.co.uk or drop us a message or voicenote on Whatsapp to 07543 306807

PRESENTER: GREG FOOT
PRODUCER: SIMON HOBAN

SAT 17:54 Shipping Forecast (m002083s)

The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m002083v)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m002083x)

The Princess of Wales has been cheered by the crowds as she attended Trooping the Colour - her first public appearance since revealing she has cancer.

SAT 18:15 Loose Ends (m002083z)

Hugh Fearnley-Whittingstall, Tara Fitzgerald, Paul Sinha, Bess Atwell, Jazz Emu, Clive Anderson

The comedian Paul Sinha is a man of many careers - from working GP to successful stand up to his role as "The Sinnerman" in ITV's quiz show The Chase. He joins Clive to talk about his new autobiography - Once Sinha Lifetime - charting his extraordinary Bengali family background through the peaks and troughs of his own working life to his recent medical diagnosis. Tara Fitzgerald is an actor with a career that encompasses both film classics like Brassed Off and I Capture the Castle as well as new hits like Game of Thrones and Waking the Dead. Now, to celebrate 125 years since the birth of Noel Coward, she stars in a triple bill of his less performed plays - Suite in Three Keys. We'll ask what Coward has to offer today's audiences. And forget about five a day, the TV Chef Hugh Fearnley-Whittingstall says we should be eating thirty a week and what's more its really not that hard to do. Plus music from singer songwriter Bess Atwell's third album Light Sleeper, produced by The National's Aaron Dresser who also works with Taylor Swift. Plus comedy performance from Jazz Emu, the alter-ego of comedian Archie Henderson and his hilarious band The Cosmique Perfection.

Presented by Clive Anderson
Produced by Olive Clancy

SAT 19:00 Profile (m0020841)

Jordan Bardella

Who is National Rally's 28-year-old leader, Jordan Bardella? Stephen Smith looks at the life of the boy from the Paris suburbs who joined the far-right as a teenager and rapidly became the face of National Rally, helping to bring success for the party in the European elections.

Contributors

Cécile Alduy, Professor of French Studies, Stanford University, Political Scientist, Sciences PO Paris
Aymeric Durox, National Rally Senator
Pascal Humeau, Communications Advisor and Media Trainer
Bénédicte Paviot, UK Correspondent France 24
Pierre-Stéphane Fort, Jordan Bardella biographer

Presenter: Stephen Smith

Producers: Diane Richardson, Ivana Davidovic and Julie Ball
Sound: Neil Churchill
Production Coordinators: Maria Ogundele and Rosie Strawbridge
Editor: Tom Bigwood

SAT 19:15 This Cultural Life (m00202ln)

Judy Chicago

John Wilson's guest is the pioneering American artist, author and educator Judy Chicago. Having run the first ever feminist art course in California, she established herself as a powerful advocate of women artists in the early 1970s. She is best known for a ground-breaking installation piece called The Dinner Party, a monumental work which was made with the help of a team of ceramists and needle-workers over five years and first displayed in 1979. Now enjoying her sixth decade as an artist, Judy Chicago is regarded as a trailblazing figure in the art world.

Judy recalls studying at the Art Institute of Chicago's children's classes at the age of five, and afterwards wandering around the galleries upstairs where she was particularly drawn to the Impressionists. It was here that she first decided to become an artist. As a young woman she moved to the west coast to pursue her dream. Although she found the art scene there "inhospitable" to women, she was inspired by a group of male artists including Ed Rucha, Larry Bell and Bill Al Bengton, associated with the LA-based Ferus gallery.

Judy also cites discovering Christine de Pisan, the Italian-born French medieval poet at the court of King Charles VI of France, as a turning point in her own research and art practice.

Like Judy herself, de Pisan had faced obstacles because of her gender and sought to challenge contemporary attitudes towards women by creating an allegorical City of Ladies. She is one of the women represented in Judy Chicago's landmark work The Dinner Party.

Producer: Edwina Pitman

Archive used:

Omnibus: Judy Chicago's Dinner Party, BBC1, 13 January 1981
Rebel Women: The Great Art Fight Back, BBC4, 10 July 2020

SAT 20:00 Archive on 4 (m0020843)

Fitted and Kitted

The kitchen is at the heart of our homes - and lives. Food writer Ruby Tandoh and design historian Professor Deborah Sugg Ryan agonise over what to have in their imaginary dream kitchen - and take advice from 100 years of archive.

From sooty caverns with no electricity or running water, to sleek utopias of marble and technology, and everything in between - kitchens have come a long way in the last century. But questions of who uses them, how much space they should take up, and where to store the latest gadget continue to plague us.

With contributions from kitchen designers Johnny Grey and Amanda Hughes, as well as architectural historians Lloyd Alter and Professor Barbara Penner, we discover that the advent of the fitted kitchen was in the crucible of war and disease.

Through the marketing of the 1930s and 1950s, the kitchen became a site of scientific precision for the British housewife. Then the cooks and sitcoms of the 60s and 70s made it more about personal expression - Fanny Cradock cooked on TV from her own home, Delia whipped up a curry, and The Good Life showed another version of middle-class aspiration.

Today, Jamie Oliver, Nigella Lawson and Nadiya Hussain offer busy people speedy and tasty meals, effortlessly thrown together in a beautiful, open-plan kitchen that dominates family life. Never mind if you want to shut the door on the mess and noise of cooking - or washing up...

So why does the kitchen of the future never arrive and what can 100 years of archive teach us about how we cook and live today?

Also featuring Dr Kevin Geddes, expert on TV cooks, and Lulu Grimes of BBC Good Food. With thanks to Rukmini Iyer, chef and cookbook author.

Presented by Professor Deborah Sugg Ryan and Ruby Tandoh
Produced by Leonie Thomas
A Whistledown production for BBC Radio 4

SAT 21:00 Moral Maze (m00202h7)

Democracy - is our system morally superior?

It will soon be time to vote in the General Election. A moment for us all to play our part in democracy. The theory is that politicians do their best to get elected, and then do all the right things so they are re-elected next time round. But in practice it can be difficult for governments to do what really needs to be done and still stay in power. A good example is climate change: There is a broad consensus that very urgent action is needed, and yet as the election nears, there's little from the major parties promising radical, decisive action, because they fear that voters don't really want it.

If liberal democracy can't solve our problems, can it at least unite us around the principle that everyone's point of view is worth hearing? Well no, not any more. For every listener to good old Radio 4 there are many more who get their news from social media and their opinions from their silo of friends. Is it too cynical to suggest that voters are short-sighted, selfish and stubbornly wrong-headed? And what about the quality of our leaders? Does anyone think our political system is serving up the nation's finest?

Some say our democracy isn't democratic enough. They fear excessive influence by lawyers, quangos, peers, and press barons. Others applaud activists for challenging the worst excesses of a corrupt Commons. Three cheers, they say, for the unelected European Court of Human Rights and the judges who go easy on civil disobedience while thwarting the Home Office over asylum policy.

Do we still believe that our democracy is morally the least-worst system, when it seems incapable of producing long-term solutions to the most urgent problems? Can we learn anything at all from authoritarian states that seem better at simply getting things done? In this special edition of the Moral Maze, recorded at the Hay Festival, we ask - what is the moral basis for claiming that our version of democracy is superior?

Presenter: Michael Buerk
Producers: Jonathan Hallowell, Peter Everett and Ruth Purser
Editor: Tim Pemberton

SAT 22:00 News (m0020845)

The latest national and international news from BBC Radio 4

SAT 22:15 The Food Programme (m00202r5)

D-Day - The Food that fuelled the assault

As we mark 80 years since the D-Day assaults, Leyla Kazim gets a peek at what's thought to be the world's only surviving unopened D-Day ration pack, and explores the food that fuelled the troops through the challenge ahead. She's heading back in time in one Wiltshire village that housed the famous "Band of Brothers" to find out what they were eating... and she sits down to with two Army veterans to talk about their food memories, getting a taste of a genuine British ration pack along the way. Presenter Leyla Kazim
Producer Tory Pope

SAT 23:00 Michael Spicer: No Room (m001zpd9)

7. Red

A billionaire's impassioned appeal. Please give generously. Exclusive interview with Tony Blair on his classic TV series.

No Room is comedian Michael Spicer's packed sketch series that nails modern life, politics, culture and current events. Michael is famous for his Room Next Door government advisor character whose withering takedowns of politicians have amassed more than 100 million views and helped keep his audience sane in fractured times.

Writer, Performer and Co-Editor: Michael Spicer

Composer and Sound Designer: Augustin Bousfield

Producer: Matt Tiller

A Tillervision production for BBC Radio 4

SAT 23:15 Michael Spicer: No Room (m001zpd9)

8. Black

The Tims are tasked with solving gender inequality while another Westminster sex scandal comes to light.

Comedian Michael Spicer exposes the worst of modern life, politics and culture. No Room features an up to the minute take on current events, alongside character-filled sketches which brilliantly capture everything that provokes us.

Michael is famous for his Room Next Door government advisor character whose withering take downs of politicians have amassed more than 100 million views and helped keep his audience sane in fractured times.

Writer, Performer and Co-Editor: Michael Spicer

Composer and Sound Designer: Augustin Bousfield

Producer: Matt Tiller

A Tillervision production for BBC Radio 4

SAT 23:30 Nature Table (m00201sw)

Series 4

2: Crime-solving brambles and radioactive houseplants

In this episode, Sue and the Nature Table team visit Kew Gardens for an entertaining botanical special.

Crime-solving brambles, radioactive houseplants, scheming water lilies, hallucinogenic flowers and life-saving seagrass all feature and wow Sue and the invited audience.

Sue is joined by special guests: ethnobotanist James Wong, forensic botanist Mark Spencer and comedian Lucy Porter.

Nature Table has a simple clear brief: to positively celebrate and promote the importance of all our planet's wonderfully wild flora and fauna in a fun and easily grasped way... whilst at the same time having a proper giggle.

For this series of Sue Perkins' ARIA-winning 'Show and Tell' wildlife comedy, Team Nature Table have recorded at the Natural History Museum, Kew Gardens and London Zoo.

Hosted by: Sue Perkins

Guests: James Wong, Mark Spencer & Lucy Porter

Written by: Catherine Brinkworth, Jenny Laville & Jon Hunter
Additional material by: Christina Riggs & Pete Tellouche

Researcher: Catherine Beazley
 Sound Recordist & Editor: Jerry Peal
 Music by: Ben Mirin
 Executive Producer: Richard Morris
 Production Coordinator: Sarah Nicholls
 Producer: Simon Nicholls

An EcoAudio certified production
 A BBC Studios Audio Production for Radio 4

SUNDAY 16 JUNE 2024

SUN 00:00 Midnight News (m0020847)

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Open Book (m00201y1)

Claire Messud

Claire Messud talks about her new book, *This Strange Eventful History* - an epic family history set across seven decades and five perspectives.

Plus Kafka's influence on contemporary writing - in story collection *A Cage Went In Search Of A Bird*. Shahidha talks to author Leone Ross and to Anna Kelly, Publishing Director for Abacus and Virago, who commissioned the work.

And in celebration of Pride Month, Chinese American writer Jiaming Tang on how his love of reading helped him embrace his queerness and connect with his family.

Presenter: Shahidha Bari
 Producer: Emma Wallace

Book List - Monday 10 June

This Strange Eventful History by Claire Messud
The Last Life by Claire Messud
The Emperor's Children by Claire Messud
A Cage Went In Search of a Bird: Ten Kafkaesque Stories
The Trial by Franz Kafka
The Castle by Franz Kafka
Cockroach by Ian McEwan
The Last White Man by Mohsin Hamid
Cinema Love by Jiaming Tang
The Lives of Girls and Women by Alice Munro
Jane Eyre by Charlotte Brontë
Great Expectations by Charles Dickens
When I Grow Up I Want to Be a List of Further Possibilities by Chen Chen
The Joy Luck Club by Amy Tan
Deltora Quest by Emily Rodda

SUN 00:48 Shipping Forecast (m0020849)

The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m002084c)

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m002084f)

The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m002084j)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m002084i)

The Church of Saint Mary in Bronllys, Powys

Bells on Sunday comes from the Church of Saint Mary in Bronllys, Powys. St Mary's is a Norman church, rebuilt in the Victorian period but retaining its medieval font, a finely carved 16th-century screen and a detached mediaeval bell tower. In the 18th century there just five bells all cast by Evans of Chepstow. In 1939 they were augmented to a ring of six by Taylors of Loughborough. The Tenor bell weighs seven hundredweight and is tuned to the key of A. We hear them ringing Grandsire Doubles.

SUN 05:45 In Touch (m002021h)

Alt-Text in News; Goalball Saved My Life

Alt-Text is an image description for those who use screen readers. It is an important accessibility tool that is often misused or is missing entirely, impacting on visually impaired people's experiences when consuming online content. The BBC's Johny Cassidy was instrumental in creating new mandatory training and guidance for journalists so that they can consider and begin to implement meaningful descriptions of images, graphs, maps and graphics etc in the content that they create. The guidance is

also available for journalists and content creators outside of the BBC. Johny describes why and how this all came about and Holly Tuke, a visually impaired blogger and content creator, describes how important Alt-Text is to her online experience.

Gareth Mainwaring is from West Wales and has recently discovered goalball. It is a sport designed specifically for people with visual impairments and it has had a profound impact on Gareth's life. He and his mum Helen describe how the sport, as well as making Gareth more active, has created more opportunities.

If you are interested in getting involved in goalball, you can find details of Goalball UK's taster sessions via the following link: <https://goalballuk.com/the-sport/taster-sessions/>

Presenter: Peter White
 Producer: Fern Lulham
 Production Coordinator: David Baguley

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

SUN 06:00 News Summary (m00209cp)

The latest national and international news from BBC Radio 4

SUN 06:05 Thinking Allowed (m002020z)

The politics of the body

The politics of the body: movement and posture. Laurie Taylor talks to Matthew Beaumont, Professor in English Literature at UCL, about how race, class, and politics influence the way we move: You can tell a lot about people by how they walk. Through a series of dialogues with thinkers and walkers, his book explores the relationship between freedom and the human body. Also, Beth Linker, Associate Professor in the Social Sciences at the University of Pennsylvania discusses the posture panic which once seized America - a decades-long episode in which it was widely accepted as scientific fact that Americans were suffering from an epidemic of slouching, with potentially catastrophic health consequences. Tracing the rise and fall of this socially manufactured epidemic, she reveals how this period influenced the 20th century eugenics movement and the belief that sitting or standing up straight was a sign of moral rectitude.

Producer: Jayne Egerton

SUN 06:35 On Your Farm (m00209cr)

Hay Festival Special: Kate Humble

In a special episode recorded at the Hay Festival, Kate Humble explains how she accidentally ended up buying a council farm in the beautiful Wye Valley in Wales. She tells Charlotte Smith about her emotional connection to the farm, and in particular an old oak tree - "a tree with land attached, that's my farm".

Produced by Beatrice Fenton

SUN 06:57 Weather (m00209ct)

The latest weather reports and forecast

SUN 07:00 News and Papers (m00209cw)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m00209cy)

Morality in manifestos; Jasvinder Sanghera's damehood

As politicians promise to make us richer, our panellists - Rt Rev David Walker, Quassim Cassam, Seeta Suchak and David Landrum - take a moral approach to the party manifestos. The campaigner against forced marriage, Jasvinder Sanghera, who has just been made a dame, tells her own astonishing story. And a medieval historian, Hannah Skoda, explains why women with beards were considered holy.

Presenter - Emily Buchanan
 Producers - Peter Everett & Rob Cave
 Production Coordinator - David Baguley
 Editor - Tim Pemberton

SUN 07:54 Radio 4 Appeal (m002096z)

Survivors Fund (SURF)

The Archers actor, and patron of Survivors Fund, Felicity Finch makes the Radio 4 Appeal on behalf of the charity.

To Give:

- UK Freephone 0800 404 8144
 - You can donate online at bbc.co.uk/appeal/radio4
 - Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Survivors Fund.'
 - Cheques should be made payable to 'Survivors Fund.'
 Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1065705

SUN 07:57 Weather (m00209d0)

The latest weather reports and forecast

SUN 08:00 News and Papers (m00209d2)

The latest news headlines. Including a look at the Sunday papers

SUN 08:10 Sunday Worship (m00209d4)

The Grandeur of Creation

From Christ Church, Castlerock, Co Londonderry on Northern Ireland's north coast, a place of great natural beauty with stupendous views across the sea to the hills of Donegal and glimpses of the distant Hebrides - a very appropriate setting for a service which reflects on the greatness of God in the grandeur of His Creation.

Led by the Rector, Rev Chris Mac Bruithin
 Preacher: Right Rev Andrew Forster, Bishop of Derry and Raphoe
 with the Cantemus Choir, directed by Ben McGonigle.
 Ezekiel 17.22-24

Psalm 92

Mark 4.26-34

From all that dwell below the skies

Beatus quorum via (Stanford)

For the beauty of the earth

Ag Críost an Síol (Ó Riada)

O worship the King

SUN 08:48 A Point of View (m00209d6)

On Fandom

Zoe Strimpel reflects on the 'commercial exploitation' of fandom.

From Swiftie 'friendship bracelets' to beauty products and sportswear, she argues that you can no longer be a true superfan, or a true popstar, without the merch.

'But it is striking,' writes Zoe, 'that rather than reject the purely cynical commercialism of their fandom, fans demand it. Which begs the question of whether we are really fans of artists these days, or whether fandom has been consumed by corporations who have shape-shifted into the form of pop stars.'

Producer: Adele Armstrong

Sound: Peter Boshor

Production coordinator: Gemma Ashman

Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (m00209d8)

Clare Balding on the Kingfisher

Tweet of the Day for Sunday morning revealing personal and fascinating stories inspired by birds, their calls and encounters.

As a child, Clare Balding's grandmother would say that if you saw a kingfisher you need to mark that moment and remember it. Throughout her life Clare has been impressed by these athletes of the river and whenever she sees one Clare thinks that that place is blessed.

Producer : Andrew Dawes for BBC Audio in Bristol
 Studio engineer : Suzy Robins

SUN 09:00 Broadcasting House (m00209db)

BH stages its own England v Germany

As the Euros get underway, Broadcasting House stages its own England v Germany battle... of the brass bands. Plus, how do you create the conditions for peace?

SUN 10:00 Desert Island Discs (m00208nv)

Clive Myrie, journalist

Clive Myrie is an award-winning journalist and news presenter who is one of the BBC's most experienced foreign correspondents. In 2021 he took over from John Humphrys as Question Master of the quiz show *Mastermind* and has also

presented travel programmes about Italy and the Caribbean.

Clive's parents are from Jamaica and he was born in Farnworth, near Bolton – one of seven children. As a young boy he had a paper round and one of the perks was reading the leftover newspapers which gave him the opportunity to learn about a world beyond Bolton. He loved watching the news on television and his role models were Alan Whicker and Sir Trevor McDonald who inspired him to become a journalist.

After he graduated from university Clive took up a place on the BBC's reporter training scheme and in 1996 he was sent to Japan – his first posting as a foreign correspondent. During his career he has reported from war zones including Afghanistan, Iraq and Ukraine.

In 2021 Clive was named Television Journalist of the Year and Network Presenter of the Year at the Royal Television Society Television Journalism Awards.

Clive lives in north London with his wife Catherine.

DISC ONE: String Quartet No. 14 in C-Sharp Minor, Op. 131: VI. Adagio quasi un poco andante. Composed by Ludwig van Beethoven and performed by Kodály Quartet
DISC TWO: Welcome to My World - Jim Reeves
DISC THREE: Così fan tutte ossia La scuola degli amanti, K.588 / Act 1 - Soave sia il vento. Composed by Wolfgang Amadeus Mozart and performed by Kiri Te Kanawa (soprano), Ann Murray (mezzo soprano), Ferruccio Furlanetto (bass) and Wiener Philharmoniker
DISC FOUR: All Blues - Miles Davis
DISC FIVE: Cello Suite No. 5 in C Minor, BWV 1011: I. Prelude. Composed by Johann Sebastian Bach and performed by Paul Tortelier
DISC SIX: Slave to the Rhythm - Grace Jones
DISC SEVEN: Long, Long Summer - Dizzy Gillespie
DISC EIGHT: Stomp! - The Brothers Johnson

BOOK CHOICE: The Metropolitan Museum of Art catalogue LUXURY ITEM: Hot pepper sauce
CASTAWAY'S FAVOURITE: Long, Long Summer - Dizzy Gillespie

Presenter Lauren Laverne
Producer Paula McGinley

SUN 11:00 The Archers Omnibus (m00209dd)

Writer: Nick Warburton
Director: Julie Beckett
Editor: Jeremy Howe

Josh Archer.... Angus Imrie
Pip Archer.... Daisy Badger
Lilian Bellamy.... Sunny Ormonde
Harrison Burns.... James Cartwright
Alan Franks.... John Telfer
Ed Grundy.... Barry Farrimond
Emma Grundy.... Emerald O'Hanrahan
George Grundy.... Angus Stobie
Will Grundy.... Philip Malloy
Paul Mack.... Joshua Riley
Kirsty Miller.... Annabelle Dowler
Lily Pargetter.... Katie Redford
Stella Pryor.... Lucy Speed
Fallon Rogers.... Joanna Van Kampen
Oliver Sterling.... Michael Cochrane

SUN 12:15 Profile (m0020841)

[Repeat of broadcast at 19:00 on Saturday]

SUN 12:30 I'm Sorry I Haven't A Clue (m00201yc)

Series 81

Episode 5

The godfather of all panel shows pays a visit to the Festival Theatre in Edinburgh. On the panel are Fred MacAulay, Milton Jones, Pippa Evans and Rory Bremner with Jack Dee in the umpire's chair. Colin Sell accompanies on the piano.

Producer - Jon Naismith.

A Random production for BBC Radio 4

SUN 12:57 Weather (m00209dg)

The latest weather forecast

SUN 13:00 The World This Weekend (m00209dj)

How best to tackle child poverty?

We consider the options available to reduce child poverty ahead of the election. Plus, how the French have responded to Macron's electoral gamble.

SUN 13:30 Living Without My Smartphone (m00209dl)

A group of teenagers agree to give up their smartphones for 5 school days. The phones are locked in a box, and our subjects pick up their old style "brick" phone instead. What's the best and worst of their smartphone free days? Can they cope, and what, if anything, do they, their parents and teachers notice? Rachel Burden has teenagers, and knows all about smartphone parenting. She joins our intrepid students throughout their week, and reflects upon the positives and negatives of a world where everyone can choose to be constantly connected.

Produced by Victoria Farncombe and Tim O'Callaghan
Mixed by Nicky Edwards
Edited by Clare Fordham

SUN 14:00 Gardeners' Question Time (m00202rv)

Central Oxford

Any top tips on growing good sized brassicas? Can I have some recommendations for a good compost mix for pots, which will sustain them all summer? What plants would you suggest I grow to encourage my two children to get stuck into gardening?

Peter Gibbs and his team of gardening experts are in Central Oxford for this week's episode of Gardeners' Question Time.

Joining Peter to resolve the audience's horticultural conundrums are passionate plantswoman Christine Walkden, garden designer Chris Beardshaw, and Head of Oxford Botanical Gardens Dr Chris Thorogood.

Later in the programme, Dr Chris Thorogood clears up some of the common misconceptions we have about ants, and provides some insight on how beneficial they are to protecting the plants in our garden.

Producer: Dan Cocker

Assistant Producer: Rahnee Prescod

Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

SUN 14:45 Opening Lines (m00209dn)

Orwell vs Kafka: The Man Who Disappeared

John Yorke explores Franz Kafka's first and unfinished novel The Man Who Disappeared. Kafka's re-imagining of an innocent's arrival and adventures in New York is, at first glance, the classic tale of rags to riches. Teenage Karl Rossman has been exiled by his parents to a fate unknown across the ocean with just a trunk of mementoes and a slowly smelling sausage.

Millions of Kafka's fellow Czechs had also made that journey but Kafka only ever made his voyage of exploration on the page and in his head. It is a strange America he gives us at once both familiar and utterly strange.

John Yorke has worked in television and radio for 30 years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatized in BBC Radio 4's Sunday Drama series. From EastEnders to The Archers, Life on Mars to Shameless, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate with audiences around the globe and has brought together his experience in his bestselling book Into the Woods.

As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy, John has trained a generation of screenwriters.

Contributors:
Professor Carolin Duttlinger - Co-director of the Oxford Kafka Research Centre
Ed Harris - Playwright who has adapted Kafka's work for a major new season on BBC Radio 4

Readings from Amerika: The Missing Person by Franz Kafka trans. Mark Harman (Schocken Books, 2008)

Reader: Jack Klaff
Researcher: Nina Semple
Production Manager: Sarah Wright
Sound Designer: Sean Kerwin
Producer: Mark Burman
Executive Producer: Caroline Raphael

A Pier production for BBC Radio 4

SUN 15:00 Drama on 4 (m00209dq)

Orwell vs Kafka: The Man Who Disappeared

Episode 1

Franz Kafka's dark comic fantasy about an innocent's misadventures in early 20th century America.

After a mysterious family scandal, the young immigrant Karl Rossman is expelled from his Bohemian home and dispatched to America by his parents. Adrift in this strange new world, Karl is soon swept up in an America that is by turns a land of endless promise and monstrous brutality.

The Man Who Disappeared (also known as Amerika) was Franz Kafka's first attempt at a novel but remained unfinished at the time of his death and only published posthumously. Kafka had never visited America and the fantastical world of his novel is clearly inspired by the myths and fears wrapped up in the country's great economic boom of the early 20th century, particularly the rapid rise of big business and industrialisation.

A new adaptation by Ed Harris.

Karl Divian Ladwa
Narrator Fenella Woolgar
Jacob Karl Johnson
Mr Green Ed Gaughan
Delamarche Charlie Anson
Robinson Ian Dunnett Jr
Head Cook Jessica Turner
Klara Anna Spearpoint

Production co-ordinator: Ben Hollands
Sound design: Peter Ringrose
Director: Sasha Yevtushenko

A BBC Studios Audio production

Ed Harris is an award-winning dramatist and comedy writer. He has had over 20 audio plays broadcast on BBC Radio 3 and 4, as well as three series of his popular wartime sitcom, Dot. His work has won numerous awards including two Writers' Guild Awards, a BBC Audio Drama Award and a Sony Gold/Radio Academy Award. His stage plays include Strangers Like Me (National Theatre Connections), Mongrel Island (Soho Theatre), Never Ever After (shortlisted for the Meyer-Whitworth Award) and What The Thunder Said (Theatre Centre). He is a current Royal Literary Fellow at Brighton University and Writer-in-Residence for the Oxford Kafka 2024 programme at Oxford University.

SUN 16:00 Open Book (m00209dl)

Kevin Barry

Johny Pitts talks to Kevin Barry about his new novel - western romance, The Heart in Winter.

Plus, writing and rethinking the literary western - to discuss the genre, Kevin is joined by authors Scott Preston and Anna North. Scott's debut novel is Cumbrian western The Borrowed Hills - a farming story set at the time of foot and mouth, and Anna North is the author of queer, feminist western, Outlawed.

And the Reverend Richard Coles explains why Sherlock Holmes The Complete Short Stories by Arthur Conan Doyle is the 'book he would never lend.'

Presenter: Johny Pitts
Producer: Emma Wallace

Book List – Sunday 16 June 2024

The Heart in Winter by Kevin Barry
The Borrowed Hills by Scott Preston
Outlawed by Anna North
Krazy Kat created by cartoonist George Herriman
Lieutenant Nun by Catalina De Erauso
Sherlock Holmes Short Stories by Arthur Conan Doyle
The Adventure of the Speckled Band by Arthur Conan Doyle
The Adventure of the Solitary Cyclist by Arthur Conan Doyle
Murder at the Monastery by Richard Coles

SUN 16:30 Nature Table (m00209dw)

Series 4

3: Dubstep Camels and Super Sea Spiders

In this episode, Sue and the Nature Table team visit ZSL London Zoo.

Super-strong wild camels, sea spiders that can regrow body parts and the sex-lives of kakapo and green spoonworms all feature and wow Sue and the invited audience.

Sue is joined by special guests: broadcaster & zoologist Megan McCubbin, Professor of entomology Karim Vahed of Buglife and comedian Zoe Lyons.

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For this series of Sue Perkins' ARIA-winning 'Show and Tell' wildlife comedy, Team Nature Table have recorded at the Natural History Museum, Kew Gardens and London Zoo.

Hosted by: Sue Perkins

Guests: Megan McCubbin, Karim Vahed and Zoe Lyons
Written by: Catherine Brinkworth, Jenny Laville & Jon Hunter
Additional material by: Christina Riggs & Pete Tellouche
Researcher: Catherine Beazley
Sound Recordist & Editor: Jerry Peal
Music by: Ben Mirin
Executive Producer: Richard Morris
Production Coordinator: Sarah Nicholls
Producer: Simon Nicholls

An EcoAudio certified production
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SUN 17:00 Witness History (w3ct3c6p)

Paul Robeson and the transatlantic phone line

In September 1956, a telephone cable called TAT-1 was laid under the Atlantic Ocean, making high-quality transatlantic phone calls possible for the first time.

Eight months later in May 1957, 1,000 people squeezed into St Pancras Town Hall in London to listen to a transatlantic concert.

The person performing, Paul Robeson, was a globally renowned singer, but he'd been banned from travelling outside the USA. So, he made use of the new transatlantic telephone line to perform to his fans in the UK.

Ben Henderson speaks to John Liffen, who curated an exhibition on TAT-1 and the concert at the Science Museum in London.

(Photo: Engineers build repeaters used in TAT-1. Credit: Russell Knight/BIPs via Getty Images)

SUN 17:10 The Tourist Trap (m001zv2g)

Episode 3

The travel industry is booming with millions more people holidaying abroad each year. In this third and final episode of The Tourist Trap, Rajan Datar visits Paris as authorities use this summer's Olympic games as a catalyst to make a transition to a greener city. He explores the hotel which has ripped out its carpets and uses bamboo towels to try and be more eco-friendly. He tours the UK headquarters of Airbus in Filton near Bristol to hear to what extent wing design change and alternatives to fossil fuels will make aviation industry greener. He discusses what we can all do to avoid the tourist trap and travel in a more sustainable way.
Produced by Bob Howard.

SUN 17:54 Shipping Forecast (m00209dz)

The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m00209f1)

The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m00209f3)

England's footballers are preparing for their opening game of the Euros against Serbia, which kicks off at eight PM.

SUN 18:15 Pick of the Week (m00209f5)

Elizabeth Alker

This week, we hear highlights from the Hay Festival, find out how elephants communicate with each other, and get a behind-the-scenes look at musician PJ Harvey's extensive world tour. Plus, Annika Rice takes a trip to the hills and coastline of Suffolk with the legendary artist Maggi Hambling.

Presenter: Elizabeth Alker

Producer: Elizabeth Foster

Production Co-ordinator: Pete Liggins

SUN 19:00 The Archers (m00209f7)

At the Tearoom, Paul's surprised to see Fallon looking so well after her drunken night out last week. That is until Fallon explains that she spent most of yesterday in bed at Kirsty's. But now she feels like a reset button has been pressed and is feeling much better about everything. When Fallon notices Paul looking a bit uncomfortable, he says he's fine. But later when Kirsty asks him if he's got fleas or something, he brushes it off

as sunburn. Later, Fallon starts to get flashbacks from her night out – and Kirsty's forced to remind her of rapping and being thrown out of the club. Although Fallon's embarrassed, it was also just what she needed, and she now feels she's drawn a bit of a line. And Harrison seems much happier in himself too. Fallon was dreading her birthday, but now she's looking forward to it with Harrison.

Justin mentions to Fallon that there's been no further cases of Strangles at The Stables. Things are still fraught there though with Oliver's horse still struggling. Justin's worried about Lilian which is why he's insisted she take a lunch break. When Lilian talks about how stressed she is, Justin broaches finding a replacement for Alice. Lilian's defensive, pointing out that alcoholism is a disease. And anyway Alice didn't do anything wrong, any horse can get Strangles. Justin concedes that they do at least need to look at the practicalities. He'll compromise by sounding out a few potential replacements on a no obligation basis, just so they're prepared for the worst. Lilian agrees as long as Justin's discreet.

SUN 19:15 Brood X (m00208fj)

Every seventeen years in the eastern United States, a roaring mass of millions of black-bodied, red-eyed, thumb-length insects erupt from the ground. For a few glorious weeks the periodical cicadas cover the trees and the air vibrates with their chorus of come-hither calls. Then they leave a billion eggs to hatch and burrow into the dirt, beginning the seventeen year cycle all over again.

Sing. Fly. Mate. Die. This is Brood X or the Great Eastern Brood. It's an event which, for the residents of a dozen or so US states, is the abiding memory of four, maybe five, summers of their lives.

In a programme that's both a natural and a cultural history of the Great Eastern Brood we re-visit four Brood X years...1970, 1987, 2004 and 2021..... to capture the stories of the summers when the cicadas came to town.

Princeton University's Class of 1970 remember the cicadas' appearance at their graduation ceremony, during a time of student unrest and protest against the Vietnam War; a bride looks back to the uninvited - but welcome - cicada guests attending her wedding; a musician recalls making a fresco music with Brood X; and an entomologist considers the extraordinary life cycle of an insect which is seems to possess both great patience and the ability to count to seventeen.

Brood X cicadas spend 17 years underground, each insect alone, waiting and listening. In 2021, as Brood X stirred and the air began to thicken with the cicadas' love songs, we all shared with them that sense of emerging from the isolation of lockdown and making a new beginning.

Featuring: Elias Bonaros, Liz Dugan, Anisa George, Ray Gibbons, Peter Kuper, Gene Kritsky, Gregg Lange, David Rothenberg, Gil Schrage and Gaye Williams

Producer: Jeremy Grange

Cicada audio recorded by Cicada Mania and David Rothenberg

Programme Image: Prof. Gene Kritsky

SUN 19:45 Why Do We Do That? (m001gpj3)

Why Do We Doomscroll?

Are you drawn to the endless news cycle? Do you keep going back for more? Do you feel a strange compulsion to absorb negative news that is weirdly soothing but makes you more stressed? These are signs you may be doomscrolling. But fear not, you're not the only one. Stuart Soroka is a professor at UCLA who's been looking at our draw towards negative information and found that people all over the world do it, regardless of culture. In 2020, our year of misery, the Oxford English Dictionary added doomscrolling and named it a word of the year. With the help of Stuart and Radio and TV presenter Clara Amfo, Ella gets to the bottom of whether we humans really are more biased towards negative information, and what we can do to resist it.

SUN 20:00 Word of Mouth (m00202m9)

Little Green Men: the secret rules of word order

Michael explores the mysterious rules of word order with linguist Dr Laura Bailey. We all know them instinctively, without knowing that we know them. Contains the truth about killer whales and also why Yoda sounds like an alien.

Produced for BBC Audio Bristol by Beth O'Dea.

SUN 20:30 Last Word (m00202s3)

Michael Mosley, Dame Elizabeth Fradd, Nonny Hogrogian, Ron Ayers

Kirsty Lang on the influential broadcaster Michael Mosley, who helped millions improve their lifestyles.

Professor Dame Elizabeth Fradd, a former paediatric nurse who was brought in to improve troubled NHS departments.

Nonny Hogrogian, an award-winning children's illustrator whose stories were inspired by European folklore.

Ron Ayers, who used his background in missile design to create the world's fastest car.

Interviewee: Professor Giles Yeo MBE

Interviewee: Professor Stacy Johnson MBE

Interviewee: Clay Risen

Interviewee: Roger Ayers

Interviewee: Andy Green

Producer: Catherine Powell

Archive used:

"Infested! Living with Parasites" BBC4 27th Sep 2018, "E-Cigarettes: Miracle or Menace?" Horizon 1st July 2016, BBC Radio Four "Saturday Live" 12th Sept 2015, BBC Radio Four "Saturday Live" 13th Jan 2024, BBC News read by Peter Sissons BBC, 1st April 1991, "BBC East Midlands Today" 3rd February 1993, Interview with Nonny Hogrogian and David Kherdian, On Campus, Abilene Christian University Library, ACUTV, 13th May 1998, "Dancing Duduk" by Abaji, Cezame Carte Blanche, publisher Frederic Leibovitz Editeur, Absilone Technologies.

"Bang Goes The Theory, Andy Green interviews Ron Ayers" 28th March 2011, BBC.

'Bloodhound' supercar aiming to break the land speed record - BBC News 7th Nov 2019

"BBC Inside Out West" 23rd October 2017.

"One Fine Day" by Nonny Hogrogian, publisher Simon and Schuster, read by Behnaz Akhgar

SUN 21:00 Money Box (m0020838)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m002096z)

[Repeat of broadcast at 07:54 today]

SUN 21:30 From Our Own Correspondent (m0020830)

[Repeat of broadcast at 11:30 on Saturday]

SUN 22:00 Westminster Hour (m00209f9)

Ben Wright's guests are the Labour Party Chair, Anneliese Dodds; former Conservative MP, Steve Brine; plus political strategist and former Tory adviser, Salma Shah. They assess the general election campaign so far, including another poll suggesting a big Labour majority. The former Cabinet Secretary, Lord Butler, explains how the civil service prepares for a change of government - alongside Baroness Kate Fall, a key figure in David Cameron's incoming Downing St team in 2010. And the co-deputy leader of Reform UK, Ben Habib, previews his party's manifesto launch - outlining the main policies and insisting his party is serious about winning seats.

SUN 23:00 In Our Time (m00202if)

Fielding's Tom Jones

Melvyn Bragg and guests discuss "The History of Tom Jones, A Foundling" (1749) by Henry Fielding (1707-1754), one of the most influential of the early English novels and a favourite of Dickens. Coleridge wrote that it had one of the 'three most perfect plots ever planned'. Fielding had made his name in the theatre with satirical plays that were so painful for their targets in government that, from then until the 1960s, plays required approval before being staged; seeking other ways to make a living, Fielding turned to law and to fiction. 'Tom Jones' is one of the great comic novels, with the tightness of a farce and the ambition of a Greek epic as told by the finest raconteur. While other authors might present Tom as a rake and a libertine, Fielding makes him the hero for his fundamental good nature, so offering a caution not to judge anyone too soon, if ever.

With

Judith Hawley

Professor of 18th Century Literature at Royal Holloway, University of London

Henry Power

Professor of English Literature at the University of Exeter

And

Charlotte Roberts

Associate Professor of English Literature at University College London

Producer: Simon Tillotson

In Our Time is a BBC Studios Audio Production

Reading list:

Martin C. Battestin with Ruthe R. Battestin, Henry Fielding: *A Life* (Routledge, 1989)

J. M. Beattie, *The First English Detectives: The Bow Street Runners and the Policing of London, 1750–1840* (Oxford University Press, 2012)

S. Dickie, *Cruelty and Laughter: Forgotten Comic Literature and the Unsentimental Eighteenth Century* (University of Chicago Press, 2011)

J.A. Downie (ed.), *The Oxford Handbook of the Eighteenth-Century Novel* (Oxford University Press, 2020)

Henry Fielding (ed. John Bender and Simon Stern), *The History of Tom Jones* (Oxford University Press, 2008)

Henry Fielding (ed. Tom Keymer), *The Journal of a Voyage to Lisbon* (Penguin Classics, 1996)

Ronald Paulson, *The Life of Henry Fielding: A Critical Biography* (Wiley Blackwell, 2000)

Henry Power, *Epic into Novel: Henry Fielding, Scriblerian Satire, and the Consumption of Classical Literature* (Oxford University Press, 2015)

Claude Rawson, *Henry Fielding and the Augustan Ideal under Stress* (first published 1972; Routledge, 2021)

Claude Rawson (ed.), *The Cambridge Companion to Henry Fielding* (Cambridge University Press, 2007)

SUN 23:45 Short Works (m00202rz)

The Invention of Abandonment

Andy Clark reads a new short work from Malachy Tallack.

Midway through a familiar journey at the end of an unremarkable day events take a turn, and a man is left combing the past in search of answers.

Read by Andy Clark

Producer: Eilidh McCreadie

Malachy Tallack is from Shetland and is a singer-songwriter as well as an award-winning writer of fiction and non-fiction.

MONDAY 17 JUNE 2024

MON 00:00 Midnight News (m00209fc)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Being Roman with Mary Beard (m001s5ck)

1. Loving An Emperor

Beneath starched Shakespearean togas and the pungent fuf of gladiator sweat there are real Romans waiting to be discovered. To know what it was to be Roman you need to gather the scattered clues until they form a living, breathing human, witness to the highs and horrors of Europe's greatest empire.

Mary Beard, Britain's best-selling historian of the ancient world, rebuilds the lives of six citizens of the Roman Empire, from a slave to an emperor. Her investigations reveal the stressful reality of Roman childhood, the rights of women and rules of migration, but it's the thoughts and feelings of individual Romans she's really interested in.

In the bloody chaos of civil war, a young bride witnesses the savage murder of her parents, fights for her inheritance and funds her husband's flight from the brutal gangsters carving up the empire. On Hadrian's Wall a Hertfordshire slave girl marries a Syrian trader. Is it a cross-cultural love story or a brutal tale of trafficking and sexual abuse?

An eleven year old boy steps on stage to perform his poetry to a baying crowd of 7000 and the Emperor himself. The political and financial future of his entire family will be decided in the next few stanzas.

Across six episodes Mary Beard travels the Empire and gathers first-hand testimony and expert comment, creating an extraordinarily vivid sense of Being Roman.

In the first episode we meet Marcus Aurelius, the very model of the ideal Roman Emperor. Strong and masculine, but a deep thinker with wise words for every occasion. Richard Harris played him in the film *Gladiator* as a great leader of men, determined that loyal Russell Crowe inherit the Empire rather

than his treacherous son, Joaquin Phoenix.

As Mary discovers, Marcus proves much more complicated- and interesting- than his image in popular culture. Letters to his beloved tutor reveal a naïve, sweet and dangerously flirtatious nature, while his record of campaigning and persecution under his rule shows an Emperor as comfortable with brutal violence as stoic philosophy.

Producer: Alasdair Cross

Expert Contributors: Amy Richlin, UCLA and Elizabeth Fentress

Cast: Marcus played by Josh Bryant-Jones and Fronto played by Tyler Cameron

MON 00:45 Bells on Sunday (m002084l)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m00209ft)

The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m00209fh)

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m00209fk)

The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m00209fm)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m00209fp)

Failure Isn't Final

A reflection and prayer to start the day with the Revd Catherine De Souza, Senior Leader of City Church in Cardiff.

Good morning.

Yesterday was Father's Day, except for in my house, where we marked Father's Day on Saturday. As ministers, Sunday is a busy day for my husband and for me and although we celebrate the day across our three church services, it doesn't leave us much time to celebrate together with our young daughters. We've learnt through some failed Father's Days and Mother's Days that trying to squeeze in rushed celebratory meals during the Sunday just doesn't work. If we move our day to the Saturday, we can celebrate without rushing.

When failure is used as an opportunity to learn, it can often be a building block to success. In fact, there are many famous failures in history who proved that failure doesn't have to be final. Sir James Dyson, who invented the Dyson vacuum cleaner, made 5,126 failed prototypes before he landed on the working product – his 5,127th attempt! Or inventor Thomas Edison, who famously said "I have not failed. I have just found 10,000 ways that won't work."

The apostle Peter experienced some significant failures during his life: Following Jesus' arrest, Peter denied even knowing Jesus three times. But after Jesus' death and resurrection, he appeared to his disciples and on one occasion Jesus asked Peter three times, "Do you love me?", three times Peter replied that he did and three times Jesus told Peter "feed my sheep". Three statements of love that cancelled out three denials of Jesus. Three commands to lead and care for the Church that cancelled out three failures.

God, it's a wonderful reassurance to know that our failures don't have to be final with you. Help us when we stumble and remind us that you are with us in both our mistakes and in our successes. Amen

MON 05:45 Farming Today (m00209fr)

17/06/24 Salad sales down, farming in the party manifestos, dung beetle conference

With the rain continuing and below average temperatures, the outlook isn't so sunny for UK salad growers.

We look at some of the detail in the main parties' manifestos to see what they're promising on issues like the agriculture budget, food security and England's badger cull.

Sometimes described as a farmer's best friend, dung beetles consume, bury and break up dung, improving soils as they go. Earlier this month vets and farmers met at a conference in Somerset devoted to the dung beetle.

Presented by Charlotte Smith and produced by Beatrice Fenton.

MON 05:57 Weather (m00209ft)

Weather reports and forecasts for farmers

MON 06:00 Today (m00209g2)

Election 2024: Mishal Husain and Justin Webb

Nigel Farage on Reform's election document, plus Labour, Conservatives & Plaid interviews.

MON 09:00 Start the Week (m00209g4)

Politeness and civility

British social etiquette might be famed for its liberal use of please and thank you, but civility is very much a European import, according to John Gallagher, professor of Early Modern History at the University of Leeds. As courtiers visited the French and Italian courts in the 16th century they not only learnt new languages but new rules of behaviour too. As the century progressed civility began to be weaponised as travellers sought to distinguish themselves from the 'barbarous' foreigners.

The lexicographer and Countdown regular Susie Dent explains the etymology of terms like civilised, polite and barbarous. And she explores changing tastes in what is deemed impolite: in the Middle Ages the biggest taboo was any profanity that used the Lord's name in vain, whilst the words we consider the most offensive today were commonplace.

For years Professor Louise Mullany has been studying the prevalence and power of politeness in our everyday speech and actions. In her book, *Polite: The Art of Communication at Home, at Work and in Public* she uncovers the unwritten rules of behaviour, exploring the gender and generational differences, the art of the political apology, and whether politeness standards really are declining.

The comedian and impressionist Matt Forde unpicks the argument that satirical shows like *Spitting Image* have contributed to the perceived lack of civility in politics. For his latest podcast, *The Political Party*, he is aiming to behave impeccably as he interviews a candidate from all 650 constituencies before the general election.

Producer: Katy Hickman

MON 09:45 Oliver Burkeman's Inconvenient Truth (m001mcd)

Convenient for Who?

Oliver Burkeman continues to explore the hidden pitfalls in our quest for convenience. He questions the true cost of convenience and the burden it lays on the shoulders of other people, with the help of author Craig Lambert, co-founder of the *Perspectiva* organisation, Jonathan Rowson, and philosopher Julian Baggini

MON 10:00 Woman's Hour (m00209g6)

'Sextortion diary', dealing with a terminal diagnosis, Judy Garland impersonator

Last week, listener Charlotte got in touch with the programme to share her story. She was diagnosed with terminal cancer in April and was told she might only have months to live. She talks to Nuala about staying optimistic, juggling the admin of an illness with childcare, and the impact it's having on her family. Adrienne Betteley, Strategic Advisor for End of Life Care at Macmillan Cancer Support, discusses dealing with a terminal diagnosis, how best to tell your children, and the support that's available.

Tinessa Kaur has become the first Sikh woman to win the prestigious Young Pro-Bono Barrister of the Year award 2024. She dedicates around 30 hours a week to her pro bono work in underrepresented communities. Her journey to the Bar hasn't been easy. At just 17, while pursuing her A levels, she faced homelessness in Leicester where she lived. Now 32, the pupil barrister is hoping to inspire others from underrepresented backgrounds to pursue a career in the profession.

Debbie Wileman is the British singing sensation who captured world-wide attention during the pandemic when her uncanny impersonations of Judy Garland went viral. She's since performed at Carnegie Hall and now she'll be making her West End debut as Judy – while still doing day job at an optician's.

Producer: Maryam Maruf

Studio Managers: Emma Harth and Duncan Hannant

MON 11:00 Writing the Universe (m00209g8)

The fabric of the universe

When we think of the fabric of the universe we might imagine vast expanses of nothing, but one phenomenon that has captured

the imagination of both scientists and fiction writers is the black hole. These giant gaps in the fabric of spacetime can span billions of miles, but we now know there is one at the centre of every galaxy.

Robin Ince talks to cosmologists about how they attempt to convey their almost unbelievable size, at the same time as staying true to the maths that explains them. He learns that Einstein first conceived of a black hole in 1915, but didn't believe anyone would ever prove their existence, even after the German physicist Karl Schwarzschild confirmed their existence.

For the physicist and writer Janna Levin black holes are almost magical and she has spent her career trying to convey their wonder to the general public, using language as a tool to draw us in. Thanks to the Nobel laureate, physicist Kip Thorne, we now have a better idea of what they may actually look like. He explains how equations form the basis of the black holes in the film *Interstellar* and reveals that the movie-making process also taught him more about how these vast tears in the fabric of spacetime actually work.

With contributions from Robin's fellow Infinite Monkey Cage presenter Brian Cox; Janna Levin, author of *'The Black Hole Survival Guide'*; astronomer Paul Murdin; physicist Kip Thorne; special effects adviser Paul Franklyn; physicist and philosopher Sean Carroll and theoretical physicist Fay Dowker.

Producer: Marijke Peters

Executive Producer: Alexandra Feachem

Soundscape designer: Jane Watkins

BBC Studios Audio Production

MON 11:45 The Stalin Affair by Giles Milton (m00209gb)
Episode 1

Drawing on astonishing unpublished diaries, letters and secret reports, Giles Milton's *The Stalin Affair* reveals troves of new material about the most unlikely coalition in history.

In the summer of 1941, as Hitler invaded the Soviet Union, Stalin's forces faced a catastrophic defeat which would make the Allies' liberation of Europe virtually impossible. To avert this disaster, Britain and America mobilised a unique team of remarkable diplomats with the mission of keeping the Red Army in the war.

Into the heart of Stalin's Moscow, President Roosevelt sent Averell Harriman, the fourth-richest man in America, and his brilliant young daughter, Kathy. Churchill despatched the reckless but inventive Archie Clark Kerr – and occasionally himself – to negotiate with the Kremlin's wildest operators. Together, this improbable group grappled with Stalin at his most cunning, to make victory possible. But they also discovered that the Soviet dictator had a terrifying master plan for the post-war world.

It's 1941, and Britain is under increasing threat from Nazi Germany. Prime Minister Winston Churchill appeals to President Roosevelt for aid. Roosevelt sends wealthy businessman Averell Harriman to London as his special envoy to establish how America can assist. When Hitler launches his shock invasion of the Soviet Union in June of that year, taking Stalin by complete surprise, Churchill and Roosevelt decide to go to Stalin's aid. But how best to help, and win the trust of, their old enemy?

Read by Nigel Anthony
Abridged by Libby Spurrier
Producer: David Blount

A Pier production for BBC Radio 4

MON 12:00 News Summary (m00209gd)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m00209gg)

Stolen Houses, Events Tourism and Spray Foam Insulation

How easy is it to regain ownership of your house? Shari Vahl investigates how one man's house was sold without him knowing and charts his battle to try and reclaim it after squatters moved in.

Spray foam insulation is estimated to be in hundreds of thousands of homes across the UK and is often marketed as a cost-effective way of insulating your house and reducing your energy bills. However, concerns are mounting over how appropriate it is for some homes and the long-term problems it can cause.

Airbnb searches for the cities hosting Taylor Swift's current UK tour increased by 337% when tickets went on sale. How are large music and sporting events like this impacting the economy

and are we seeing a growth in event tourism?

Millennials are increasingly reliant on the Bank of Mum & Dad, according to a new survey. We hear from Dr Eliza Filby, author of a new book on the subject, about why this is and whether it is increasing inequality.

PRESENTER: SHARI VAHL

PRODUCER: CHARLIE FILMER-COURT

MON 12:57 Weather (m00209gj)

The latest weather forecast

MON 13:00 World at One (m00209gl)

Reform manifesto launch

Reform will this afternoon launch its election document in south Wales, which it calls *'Our Contract with You'*. Also, what exactly is E coli, and how does it enter the food chain?

MON 13:45 Understand (m00209gn)

The UK Election

The UK Election: 6. How important are marginal seats?

Understand the UK Election is a simple 10-part guide to everything that is going on in the election, with Adam Fleming.

Seats with slim majorities have played a big part in determining the outcome of the election in recent years, but how will constituency boundary changes affect this? What impact can tactical voting and electoral pacts have? And how safe are 'safe seats' really?

This episode was hosted Adam Fleming, from *NewsCast* and *AntiSocial*, with Alex Forsyth, political correspondent and host of *Any Questions*, and Peter Barnes, the BBC's senior elections and political analyst.

Producers: Alix Pickles and Alex Lewis

Production Manager: Janet Staples

Editor: Sam Bonham

MON 14:00 The Archers (m00209f7)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Fags, Mags and Bags (m00209gg)

Series 11

Ramesh-Pocalype

The hit Radio 4 series *Fags, Mags & Bags* returns with an 11th series with more shop-based shenanigans and over the counter philosophy, courtesy of Ramesh Majhu and his trusty sidekick Dave.

In this episode, Ramesh's long lost brother Danny unexpectedly appears in Lenzie, and it isn't long until he starts causing trouble for the Lenzie Local Traders.

Set in a Scots-Asian corner shop and written by and starring Donald McLeary and Sanjeev Kohli, the award winning *Fags, Mags & Bags* has proved a huge hit with the Radio 4 audience. This brand-new series sees a return of all the show's regular characters, with some guest appearances along the way.

Cast
Ramesh: Sanjeev Kohli
Dave: Donald McLeary
Sanjay: Omar Raza
Alok: Susheel Kumar
Malcolm: Mina Anwar
Bishop Briggs: Michael Redmond
Lovely Sue: Julie Wilson-Nimmo
Mrs Begg: Marjory Hogarth
Danny: Kulvinder Ghir

Producer: Gus Beattie for Gusman Productions
A Comedy Unit production for BBC Radio 4

MON 14:45 Gambits (m0011k2j)

3: The Pawn

The next in a new short story series by Eley Williams. Little Purlington might seem like an ordinary Essex village, but is anything but. Today, in *'The Pawn'*, as chess fever continues to grip the village, the local teenage rebel finds herself making her own sacrifice...

Reader: Rebekah Murrell currently playing Juliet in *The Globe's* *Romeo and Juliet*.

Writer: Eley Williams is the author of *Attrib.* and *Other Stories*, and a debut novel, *The Liar's Dictionary*.

Producer: Justine Willett

MON 15:00 A Good Read (m00209gs)

Denise Mina and Simon Brett

ABSENT IN THE SPRING by Agatha Christie (writing as Mary Westmacott) (HarperCollins), chosen by Simon Brett
IN THE GARDEN OF THE FUGITIVES by Ceridwen Dovey (Penguin), chosen by Denise Mina
HIDE MY EYES by Margery Allingham (Penguin), chosen by Harriett Gilbert

Crime writers Denise Mina and Simon Brett join Harriett Gilbert to read each other's favourite books.

Simon Brett (Charles Paris, *Fethering* and Mrs Pargeter detective series) chooses Agatha Christie under the pseudonym Mary Westmacott, with *Absent In The Spring*. It's a story without any detective and one that, perhaps, reveals a more personal side to Christie's writing.

Denise Mina (most recently: *Three Fires*, *The Second Murderer*) picks *In the Garden of the Fugitives* by South African-Australian author Ceridwen Dovey, an epistolary novel which begins with a letter that breaks seventeen years of silence between a rich, elderly man with a broken heart and his former protegee, a young South African filmmaker.

And for the occasion of having two crime authors, Harriett Gilbert picks a golden age crime book, *Hide My Eyes* by Margery Allingham, where private detective Albert Campion finds himself hunting down a serial killer.

Producer: Eliza Lomas for BBC Audio in Bristol
Join the conversation @agoodreadbbc Instagram

MON 15:30 The Failure of the Future (m001vcdv)

Building Utopias

For decades, artists, scientists and philosophers have dreamed up utopias that aim to transform the way we live. But why did they not become the future we are living in today? Is there something in those "what-might-have-beens" that's worth returning to?

Writer and artist Johnny Pitts explores a series of failed visions of the future. But rather than discarding them with the sands of time, he asks what we can learn from those past projections. And might the rubble of these forgotten worlds contain gems that could propel us towards a brighter tomorrow?

For Johnny, there was a time when he felt he was living inside the future - 1980s Japan. From flying cars to floating cities, Japan seemed to be mapping out an advanced reality that could shape the future that the rest of the world might live in. And yet, that didn't come to fruition. Across four episodes, Johnny picks four key aspects of that alluring era - times of supreme innovation - when a new path was being carved out. Which ideas inside these imagined futures might be worth resurrecting?

In Episode 1, recorded before the earthquake in Japan on 1st January 2024, Johnny reviews the idealistic plans of Japanese urban planner Kenzo Tange and the architects he collaborated with who were known as *The Metabolists*. They set out to create a blueprint for global cities and their work rescued entire cities from total devastation. By reviewing their goal of creating a blueprint for all global cities, Johnny asks whether aspects of their forward-thinking ideas are worth harvesting for our own future.

Presenter: Johnny Pitts
Producer and sound design: Anishka Sharma
Mix Engineer: Nigel Appleton
Executive Producer: Phil Smith

A Reduced Listening production for BBC Radio 4

MON 16:00 Living Without My Smartphone (m00209dl)

[Repeat of broadcast at 13:30 on Sunday]

MON 16:30 The Kitchen Cabinet (m002082t)

[Repeat of broadcast at 10:30 on Saturday]

MON 17:00 PM (m00209gv)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m00209gx)

BBC investigation exposes abuse at special needs school

Investigation by BBC's Panorama exposes abuse of children at special needs school.

MON 18:30 I'm Sorry I Haven't A Clue (m00208kk)
Series 81

Episode 6

Back for a second week at the Festival Theatre in Edinburgh, panellists Fred MacAulay, Milton Jones, Pippa Evans and Rory Bremner compete with one another, with Jack Dee the unimpressed umpire. Piano accompaniment is provided by Colin Sell.

Producer - Jon Naismith.

A Random production for BBC Radio 4

MON 19:00 The Archers (m00208cy)

Tony's irritated when George is late for his farm shift. George says it's because he couldn't sleep last night and fudges that it's because the family's selling Bartleby. Whilst Tony is sympathetic, he needs George to be focused at work. Later he discovers George napping against a bale and is furious.

At a GP appointment with Azra, Paul explains about feeling itchy recently and how he now has spots in an embarrassing place. He's worried that Etienne's open relationship may be the cause. He's relieved when it turns out to be insect bites, but Azra advises that Paul and Etienne might need to revisit safe sex in light of the open relationship.

Adam's surprised when Alice appears unexpectedly at Bridge Farm when he thought she was still in London. She needs to go to Borchester Police Station to be formally charged and wants Adam to go with her. Alice is glad to be back from Ruairi's, though there's lots of people she wants to avoid. At the police station Adam checks whether Alice had a drink when she went to the toilet, and she's forced to admit she did. Later Alice is charged with dangerous driving and driving while unfit through drink or drugs - the hearing's on Friday. Alice is scared she'll end up in prison. It makes her want to drink even more. Adam decides to make a GP appointment to see if Alice can be prescribed a short-term fix and Alice realising there's no choice, agrees to it.

MON 19:15 Front Row (m00209gz)

Kiss Me Kate, UK election: culture policies, Persephone Books

Broadway star Stephanie J Block performs So In Love from the new production of Kiss Me Kate, at London's Barbican. Tom talks to her and the Tony Award-winning director Bartlett Sher about creating the musical show within a show, which is based on Shakespeare's The Taming of the Shrew.

The BBC's Culture Editor Katie Razzall on what the political parties have included in – and left out of – their manifestos on the Arts and Culture. We also hear from The Lowry's CEO Julia Fawcett and The Times' Chief Culture Editor Richard Morrison about their thoughts on arts education, tax breaks for filmmakers, Arts Council England and economic regeneration.

And in Independent Bookshop Week – we hear from Persephone Books in Bath about 25 years of reprinting the work of neglected women writers, mostly from the mid-twentieth century, with recollections of the early days from publishing pioneer Nicola Beauman.

Presenter: Tom Sutcliffe
Producer: Paula McGrath

MON 20:00 The Briefing Room (m00202mc)
What does Macron's gamble mean for France?

David Aaronovitch and guests assess the fallout from France's EU elections and President Macron's subsequent decision to call parliamentary elections later this month.

Guests:

Hugh Schofield, BBC Paris Correspondent
Sophie Pedder, Paris bureau chief at The Economist
Mujtaba Rahman, Managing Director for Europe at Eurasia Group who advise investors on political risk
Dr Françoise Boucek, Visiting Research Fellow, Centre for European Research in the School of Politics and International Relations at Queen Mary University of London

Production team: Caroline Bayley, Miriam Quayyum, Kirsteen Knight and Ben Carter
Editor: Richard Vadon
Production Co-ordinator: Gemma Ashman
Sound engineers: Sarah Hockley and Rod Farquhar

MON 20:30 BBC Inside Science (m00202mf)
Are implanted brain chips the future?

Elon Musk's implanted brain chip, Neuralink, is coming to the UK for clinical trials. Is controlling computers with our minds a future reality or is it all hype? Neuroscientists Dean Burnett and Christina Maher weigh in.

Zoologist Jules Howard ponders the strange effects drugs in our sewage have on frogs from his garden pond.

How do we measure the distance to distant galaxies?
Astrophysicist Edward Gomez answers a listener's burning question.

And a 101 on blood groups from Dr Lise Estcourt.

Presenter: Marnie Chesterton
Producers: Ella Hubber, Gerry Holt, Sophie Ormiston
Editor: Martin Smith
Production Co-ordinator: Jana Bennett-Holesworth

BBC Inside Science is produced in collaboration with the Open University.

MON 21:00 Start the Week (m00209g4)
[Repeat of broadcast at 09:00 today]

MON 21:45 Assume Nothing: The Shankill Gold Rush (m001kpsy)
Whose Gold?

In the summer of 1969, weeks before the Troubles would ignite, children playing in the rubble of a demolition site struck gold! While searching for treasure hundreds, maybe thousands of gold sovereigns, hidden and forgotten years before, tumbled to the ground from a chimney stack. More than 50 years later, author Glenn Patterson visits the Lower Shankill Road to find out who the coins belonged to. Why were they hidden? And where are they now?

Written and presented by Glenn Patterson
Sound by Bill Maul
Producer Sarah McGlinchey
Executive Editor Andy Martin
A BBC Northern Ireland Production for Radio 4

MON 22:00 The World Tonight (m00209h1)

France counts down to snap legislative election as campaign begins

France has just two weeks before the first round of voting in legislative elections called suddenly by Emmanuel Macron. The President is seeking to confront the electoral challenge of the populist, right-wing National Rally headed by Marine Le Pen, who won twice the number of votes of Macron's centrists in European elections earlier this month. But the political uncertainty has triggered a sell-off of French bonds and stocks. We speak to a member of Macron's Renaissance party.

Here in the UK, it was the turn of the Reform party to present their platform for the general election: not a manifesto, but a contract, according to Nigel Farage. A contract that promised a freeze on "non-essential" migration and a huge overhaul of government finances with tax cuts and savings.

And, six years after the death of Avicii, we hear from his father, who is using his son's legacy to support young people's mental health.

MON 22:45 Jensen: The Bellevue Poltergeist by Heidi Amsinck (m00209h3)
Episode 1

Set in Denmark, an original story commissioned by BBC Radio 4 by Heidi Amsinck, the author of the Jensen series of crime novels.

"The most annoying woman in Copenhagen.
Love of his life."

So muses DI Henrik Jungersen about Jensen, an investigative reporter from the newspaper Dagbladet. She has previous with Henrik - his former lover and with a knack of getting in the way of his investigations.

Mette Mortensen, a housekeeper, has fallen to her death at the villa in Copenhagen where she worked. Did she jump? Was she pushed? But there is something strange about this house. Is there a less obvious explanation?

Episode 1
Henrik investigates the death of a woman at Bellevue, and learns that the house where it happened has a curious history.

Copenhagen-born Heidi Amsinck has written numerous short stories for radio. Her collection Last Train To Helsingør was published in 2018. The third novel in her Jensen series, Back From The Dead, was published in May 2024.

Writer: Heidi Amsinck
Reader: MyAnna Buring
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

MON 23:00 Limelight (p0b060jg)
Harland

Harland - Episode 5: Saturday

Lucy Catherine's supernatural thriller reaches its climax on the day of the Festival of the Hare. 50 years earlier, Harland was founded on the site of a cursed and abandoned medieval village. The past is about to have its say.

Sarah Ayesha Antoine
Dan Tyger Drew-Honey
Sadie Melissa Advani
Jim Chris Jack
Lori/Evie Grace Cooper Milton
Lindsay Jasmine Hyde
Pete Michael Begley
Police Officer Justice Ritchie
Crow Christine Kavanagh

Sound design by Caleb Knightley
Directed by Toby Swift

MON 23:30 The South Asian Shift (m00201y3)

Historically South Asians in the UK have been linked to the Labour Party.

That association for many Muslims goes back to early jobs for immigrants in working towns, unionised industry where Labour politicians like Roy Hattersley were quick to capitalise on a growing source of swing voters in urban areas. But that old model has changed.

Barnie Choudhury investigates how assumptions about the way these communities vote are being questioned, as new generations vent their anger over Gaza, and loosen the bonds of family influence. And he considers whether the startling increase in diversity in The Conservative Party has any actual impact at the ballot box.

The question facing the country is whether the rock-solid political affiliations of the 1960s are evolving into a new sense of political homelessness.

Presented by Barnie Choudhury
Produced by Kevin Core

There's a full list of candidates in your area on the BBC website.

TUESDAY 18 JUNE 2024

TUE 00:00 Midnight News (m00209h5)
National and international news from BBC Radio 4

TUE 00:30 The Stalin Affair by Giles Milton (m00209gb)
[Repeat of broadcast at 11:45 on Monday]

TUE 00:48 Shipping Forecast (m00209h7)
The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m00209h9)
BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m00209hc)
The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m00209hf)
The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m00209hh)
A Change of Pace

A reflection and prayer to start the day with the Revd Catherine De Souza, Senior Leader of City Church in Cardiff.

Good morning.

I enjoy walking and regularly try to go for a stroll – but over time my walking speed has definitely changed. I remember

some years ago being at a conference in Zambia and as I was striding to the conference venue a man saw me and asked me, "Where's the fire?". Confused, I responded that there wasn't any fire, to which he then followed up with, "Well why are you walking so fast then?". When my daughters were little, I soon learnt that my walking speed wasn't going to work as they would regularly stop to look at flowers, point out discoveries, and collect whatever treasures they could find - whether sticks or pinecones or pebbles. Although the temptation to rush would sometimes pull at me, I learnt that I noticed and appreciated so much more on the journey going at my daughters' pace.

In the Bible we can read about many of Jesus' journeys: when he was walking between towns and villages; when he was on his way from place to place; and when he was travelling to visit people. But we don't ever read about Jesus being in a rush, even though there are times that we might expect Jesus to be in a hurry, such as when he heard of his friend Lazarus being gravely ill. Jesus' pace meant that he was able to notice people along the way, spend time talking with them and healing them. In fact, some incredible encounters with Jesus took place when he was on his way somewhere else.

Changing our pace and slowing down a little can make such a difference to what we see, who we are able to pay attention to, and what we can take the time to appreciate.

Lord, thank you that slowing down can give us opportunities to notice more. Help us to resist rushing and instead be encouraged to journey at your pace. Amen

TUE 05:45 Farming Today (m00209hk)

18/06/24 - Contaminated salad leaves, UK grown tomatoes and Soil Association election manifesto

A recent E-coli outbreak is thought to have been caused by contaminated salad leaves. There have been over 200 confirmed cases of food poisoning across the UK caused by e-coli bacteria found in manure, with nearly half those affected admitted to hospital. So how does the bacteria get into the salad, and what are farmers doing to prevent it?

As part of our week looking at salads, we visit Evesham Vale Growers in Worcestershire, where they grow 500 acres of spring onions outside and some 70 acres of premium tomatoes in glasshouses. Alongside salad production, they grow crops including maize and wheat to feed anaerobic digesters for gas and electricity, and there's a solar farm. Some of the gas and electricity is used to heat and light the glasshouses - insulating them somewhat from fluctuating energy prices.

The Soil Association, which campaigns for sustainable and organic food and farming, has published its list of demands in the run up to the election. It wants the next Government to 'grow green jobs' by backing sustainable British farming and protect the NHS by supporting healthy and sustainable food.

Presented by Anna Hill

Produced for BBC Audio in Bristol by Heather Simons

TUE 06:00 Today (m00208b1)

Election 2024: Hustings, hospitals and planning

The main parties hang their economic strategies on growth - economist Mohammed El-Erian, the CEO of Energy UK Emma Pinchbeck and planning barrister and blogger Zack Simons give their verdicts. Mishal hosts an election hustings from the constituency of Motherwell, Wishaw and Carluke. We hear from the former head of MI6, Sir John Sawers, as Vladimir Putin visits North Korea, the American psychologist Dr Jean Twenge on the impact smart phones and social media are having on teenagers, and Nigel Havers pays tribute to Sir Ian McKellan - still throwing himself into stage roles at 85

TUE 09:00 The Long View (m00208bq)

French Political Gambles

As French President Emmanuel Macron calls a snap election to address the political threat to his government posed by the Far Right, Jonathan Freedland and guests discuss Louis XVI's decision in 1789 to call an Estates General, a meeting of representatives of all sections of French society. Louis' gamble in 1789 started a chain of events known as the French Revolution. What are the stakes of President Macron's gamble today?

With

Clare Siviter, Associate Professor in French Theatre at the University of Bristol

Emile Chabal, Professor of Contemporary History at the University of Edinburgh

The reader is Ewan Bailey

Producer: Luke Mulhall

TUE 09:30 All in the Mind (m00208bv)

Toxic positivity

In the last two years, online searches for 'toxic positivity' have spiked. In this discussion from the Cheltenham Science Festival, we find out what toxic positivity is, and how it can hurt you and people around you.

In front of a live audience, Claudia Hammond is joined by psychologist Dr Linda Blair, GP and educator Dr Anisha Patel, and wellbeing consultant and content creator Benji Kusi.

Linda has been interested in the rise in the use of the term 'toxic positivity' and has noticed how it is having an impact on our wellbeing. She reveals why it is important for us not to suppress 'negative' feelings and emotions.

Anisha was diagnosed with bowel cancer when she was 39. She authored the book *Everything You Hoped You'd Never Need To Know About Bowel Cancer*, where she speaks about her diagnosis and treatment journey. She experienced first-hand the harm that toxic positivity can do.

Benji works with many different companies to help improve their inclusion and wellbeing practices. He is the author of the book *Hope This Helps* and posts frequent videos about lots of tricky issues on TikTok and Instagram.

Presenter: Claudia Hammond

Producer: Alice Lipscombe-Southwell

Production Coordinator: Jana Bennett-Holesworth

Editor: Holly Squire

TUE 10:00 Woman's Hour (m00208bz)

Woman's Hour Election Debate

In a special extended 90 minute programme, Nuala McGovern hosts the Woman's Hour Election Debate. Senior women from the main political parties of Great Britain outline their priorities for women and answer your questions. Taking part are: Scottish National Party spokesperson for Consular Affairs and International Engagement Hannah Bardell; Reform UK candidate Maria Bowtell; Green Party spokesperson for Housing and Communities Ellie Chowns; Deputy Leader of the Liberal Democrats Daisy Cooper; Conservative Minister of State for Disabled People, Health and Work Mims Davies; Labour's Shadow Minister for Industry and Decarbonisation Sarah Jones and Plaid Cymru's Westminster Leader Liz Saville Roberts.

TUE 11:30 Naturebang (m001gwz2)

Rivers and the Rights of Nature

Becky Ripley and Emily Knight ask whether giving legal rights to things like rivers and forests changes how we think about the world that lives around us.

The Whanganui River, in New Zealand, is a legal person in the eyes of the law. It is legally defined as a living whole, from the mountains to the sea, and two local Maori tribe members speak on its behalf as its legal representatives. Other nations have had similar thinking: the Amazon rainforest in Columbia, one of the Great Lakes in the US, and the River Ganges in India all have legal personhood, as does land in Ecuador and Bolivia, where Mother Earth is recognised as a legal person.

Assigning personhood to non-human things is not a new idea. Since the late 1800s, corporations have been granted legal personhood, giving them the rights to hold property, enter into contracts, and to sue or be sued. Then in 1972, Christopher Stone, himself a Professor of Law, published the essay 'Should Trees Have Standing?', arguing that if corporations can have personhood, why can't natural entities?

Does the act of doing this reframe our relationship to the natural world, as something which lives not just for us, but alongside us in its own right? And as the law extends rights to nature, does that - in turn - extend our empathy towards the more-than-human world?

Featuring Dr Rāwiri Tinirau, advisor on Māori and Indigenous human rights, and Anna Grear, Professor of Law and Theory at Cardiff University and founder of the Journal of Human Rights and the Environment. Produced and presented by Emily Knight and Becky Ripley.

TUE 11:45 The Stalin Affair by Giles Milton (m00208c3)

Episode 2

Drawing on astonishing unpublished diaries, letters and secret reports, Giles Milton's *The Stalin Affair* reveals troves of new material about the most unlikely coalition in history.

In the summer of 1941, as Hitler invaded the Soviet Union, Stalin's forces faced a catastrophic defeat which would make the Allies' liberation of Europe virtually impossible. To avert this disaster, Britain and America mobilised a unique team of remarkable diplomats with the mission of keeping the Red Army in the war.

Into the heart of Stalin's Moscow, President Roosevelt sent Averell Harriman, the fourth-richest man in America, and his brilliant young daughter, Kathy. Churchill despatched the reckless but inventive Archie Clark Kerr - and occasionally himself - to negotiate with the Kremlin's wildest operators. Together, this improbable group grappled with Stalin at his most cunning, to make victory possible. But they also discovered that the Soviet dictator had a terrifying master plan for the post-war world.

America has started to provide aid to war-torn Britain in the shape of food, planes, tanks and heavy machinery. But the USA has not, as yet, declared war on Germany. Hitler's Panzer divisions are racing towards Moscow. Before long they will be pounding on the city gates.

Read by Nigel Anthony
Abridged by Libby Spurrier
Producer: David Blount

A Pier production for BBC Radio 4

TUE 12:00 News Summary (m00208c9)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m00208cf)

Call You & Yours: Home Improvements

On Call You & Yours we want to hear about what happened to your home improvement plans over the past year?

Did it all go swimmingly, or did you have problems you hadn't anticipated?

Did you try and Do It Yourself- how did that go?

What were you doing and why..

email youandyours@bbc.co.uk

From 11 on Tuesday morning you can also call us on 03700 100 444

PRESENTER: SHARI VAHL

PRODUCER: KEVIN MOUSLEY

TUE 12:57 Weather (m00208ck)

The latest weather forecast

TUE 13:00 World at One (m00208cp)

Stephen Lawrence detectives will not face prosecution

A review has concluded the four officers will not face criminal charges. Also, tackling sewage spills in the UK.

TUE 13:45 Understand (m00208ct)

The UK Election

The UK Election: 7. What can polling predict?

Understand the UK Election is a simple 10-part guide to everything that is going on in the election, with Adam Fleming.

In this episode, what do polls actually tell us? What can we learn when the polls get it wrong? And do people really tell the truth about who they are intending to vote for?

This episode was hosted Adam Fleming, from Newscast and AntiSocial, with Professor Jane Green, Director of the Nuffield Politics Research Centre at Oxford University, co-director of the British Election Study and President of the British Polling Council.

Producers: Alix Pickles and Alex Lewis

Production Manager: Janet Staples

Editor: Sam Bonham

TUE 14:00 The Archers (m00208cy)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Riot Girls (m000sh8r)

The Fall Down

Episode 1

Seven mysterious women arrive on our planet, without fanfare and without a spaceship. They apparently offer incredible solutions to the world's problems. But who are they and what do

they want? Lauren Cornelius, Lyndsey Marshall and Fanta Barrie star in Melissa Murray's feminist dystopian drama.

Directed by Emma Harding
Sound design by Caleb Knightley

Maya.....Lauren Cornelius
Barry.....Hasan Dixon
Jan.....Lyndsey Marshall
Martin/ Stevens.....David Sturzaker
Doctor Ramsey.....Tony Turner
Horace.....Fanta Barrie
Renata/ Job Centre.....Jane Slavin
Army leader.....Nicholas Murchie
Young Man.....Stewart Campbell

TUE 15:00 The Gatekeepers (m001w6vc)
2. Blitzscaling

From the rubble of the dot com crash, an ambitious young Harvard student with a passion for hacking and love of Roman emperors, sets up an exciting new website.

Mark Zuckerberg's Facebook is an instant hit on college campuses.

Soon it attracts the attention of Silicon Valley's most successful - but controversial - venture capitalist, Peter Thiel.

The company starts to scale up. But there's one problem - how is it going to make money?

Contributors: Roger McNamee, author of Zucked: Waking up to the Facebook Catastrophe; journalist Owen Thomas; Eric Jackson, author of The Paypal Wars; Jeff Hammerbacher; Anil Dash, tech entrepreneur.

Producer: Caitlin Smith
Researchers: Rachael Fulton, Elizabeth Ann Duffy and Juliet Conway
Executive Producer: Peter McManus
Sound Design: Eloise Whitmore
Music: Jeremy Warmley
Story Consultant: Kirsty Williams
Commissioning editor: Dan Clarke
A BBC Scotland Production for BBC Radio 4

Archive: Bloomberg Quicktake, October 2019; C-Span, Telecommunications Bill signing, Feb 1996; Hoover Institute, December 2009; Startup Academy, March 2018; Makers, December 2012.

New episodes released on Mondays. If you're in the UK, listen to the latest episodes of The Gatekeepers, first on BBC Sounds: bbc.in/3Ui661u

TUE 15:30 Thinking Allowed (m00208d2)
The swimming pool

The swimming pool: Laurie Taylor explores its iconic role in our culture, as well as its unspoken rules, routines and rituals. Piotr Florczyk, forming swimming champion and Assistant Professor of Global Literary Studies at the University of Washington, considers the allure of an azure pool and its place in our cultural imagination, from the Hollywood movie, Sunset Boulevard, to David Hockney's pool paintings. He also asks 'who has access to the pool' and charts North America's shifting attitudes towards race and recreation which turned public bathing into an explosive issue, one leading to violence, segregation and the flight to white suburbia. What is the future of the pool given water shortages and climate change? Also, Susie Scott, Professor of Sociology at the University of Sussex analyses the unspoken social norms which govern swimmers behaviour, including a respect for personal space, a shared disapproval for the 'hairy torpedo' and the firm refusal to notice 'the elephant in the room' - the fact that we are nearly naked.

Producer: Jayne Egerton

TUE 16:00 Poetry Please (m00208d6)
Hanan Issa

Roger McGough is joined by the National Poet of Wales, Hanan Issa, to make a selection of listeners' poetry requests. Her choices include poems by Menna Elfyn, Imtiaz Dharker, Zeina Hashem Beck, Philip Larkin, Robert Hayden and Jack Gilbert.

Hanan is a Welsh-Iraqi poet, filmmaker and artist from Cardiff. Her recent works include her poetry collection My Body Can House Two Hearts (Burning Eye Books, 2019) and her contributions to Welsh (Plural): Essays on the Future of Wales (Repeater Books, 2022) and The Mab (Unbound, 2022), a retelling of the Mabinogi stories for children. She has recently edited an anthology of dragon poems for children, 'And I Hear Dragons'. Her winning monologue 'With Her Back Straight' was

performed at the Bush Theatre as part of the Hijabi Monologues. She was also part of the writers room for Channel 4's We Are Lady Parts alongside its creator, Nida Manzoor.

Produced by Mair Bosworth for BBC Audio

TUE 16:30 When It Hits the Fan (m00208db)
Can Starmer do PR?, the Green Party and being Taylor Swift's ex

David Yelland and Simon Lewis administer the Fan Hitter PR slide rule to Sir Keir Starmer's election campaign. How has the Labour leader dealt with some of his stickier PR moments around his previous endorsement of Jeremy Corbyn, questions on tax and his dad's job as a toolmaker provoking laughter in Grimsby? Also, even though they are currently ahead in the polls, Labour - like the England football team - has to deal with the perennial PR problem of expectation management. Perhaps they could both learn a thing or two from the Royal Family?

Also, the Green Party's election campaign. How do you keep people listening when your core message - climate change - could be seen as alarmist? One solution is to focus your comms locally, which is what the Greens are doing. As is Nigel Farage...

And finally, actor Joe Alwyn has spoken out about his previous relationship with Taylor Swift. What can we learn about being dragged into the media spotlight on account of who you love - and then break up with? How best to deal with the global glare of Swift scrutiny?

Producer: Eve Streeter
Editor: Sarah Teasdale
Executive Producer: William Miller
Music by Eclectic Sounds
A Raconteur production for BBC Radio 4

TUE 17:00 PM (m00208dg)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

TUE 18:00 Six O'Clock News (m00208dj)
Four officers who ran the investigation into Stephen Lawrence's murder won't be charged. And, a blood test could predict Parkinson's disease seven years before symptoms appear.

TUE 18:30 Munya Chawawa's Election Doom Scroll (m0020c2f)
Rishi Soon-Sacked

After a long day, who among us doesn't settle down on the sofa for a quick doom scroll through our phones? Our political leaders are no different.

Join satirical powerhouse Munya Chawawa as he takes us deep inside Rishi Sunak's phone and guides us on a hilarious rollercoaster ride through his voice notes, his Instagram feed, his Peloton workouts and much more, giving us unique insight into his campaign to lead the Conservative Party into extinction.

Throughout the series Munya, king of satirical sketch, will tackle the omnishambles that is the General Election, unpacking the week's arguably increasingly absurd campaign news, with the various apps on the leader's phones transitioning us into what he does best - hilarious, reactive sketches that skewer those in power and giving us the light relief we so desperately needed during this tumultuous period.

Don't forget to join us next week as we take a sneaky peek inside Keir Starmer's phone.

Performed by Munya Chawawa
Written by Munya Chawawa, Matthew Crosby, James Farmer and Joe McArdle
Audio Producer: Ben Sutton.
Series Producer is Jo Maney
Executive Producers: Munya Chawawa and Ben Wicks

An Expectation production for BBC Radio 4

TUE 19:00 The Archers (m00208dl)
Joy wakes up in Mick's motorhome and they chat about last night's after-hours venture into the Grey Gables Spa. Joy hopes Oliver doesn't check the CCTV as the spa is out of bounds at night. Unfortunately they're interrupted by Oliver ringing - a guest's ring has been stolen and he needs to review the CCTV footage. Mick needs to get to his office asap.

At The Stables, Lillian's shocked when Justin explains he's interviewing Carlotta Mayfield. Lillian thought they were going to discreetly sound people out, not start a formal recruitment process. Justin clarifies that they don't know if or when Alice will be in a fit state to return to work. In the meantime,

Carlotta, or whoever they appoint, can be a stand-in temporary manager. Then if Alice doesn't come back, someone's already trained up.

Jakob successfully carries out an emergency procedure on Oliver's horse. Justin passes on the news to Oliver, but they're interrupted by Mick who's found the missing ring. Oliver criticises Mick's rumpled appearance, reminding Mick that he's still on probation.

Later Oliver turns up at Mick's motorhome explaining that he's discovered that the Health Club CCTV has a blind spot and wants Mick to sort it. Afterwards Joy and Mick agree that they've had a narrow escape.

Jakob let's Lillian know that Duke is responding well to treatment and along with no new cases of Strangles, it looks like The Stables outbreak has been contained. But Jakob wonders whether with Alice off, Lillian might share the management workload. Lillian says he's not the first to mention that.

TUE 19:15 Front Row (m00208dp)
Stephen Fry, New Comedians, Questlove

Stephen Fry stars in Treasure, where he plays a jovial Holocaust survivor who returns to his native Poland from his home New York with his stubborn American-born daughter, played by Lena Dunham. She is keen to build a stronger relationship with him by helping him relive his traumatised past, while he tries to sabotage her plans at every turn.

How do you make space for new stand-up comedians new stand-ups? Darrell Martin, founder of comedy club Just The Tonic which turns 30 this year, and comedian Nina Gilligan discuss the art of giving new comedians opportunities on the comedy circuit.

The Grammy award-winning musician behind The Roots, Oscar winning-filmmaker, and much in demand record producer, Questlove, on writing Hip-Hop Is History - his exploration of the last five decades of this ever-changing genre.

Presenter: Nick Ahad
Producer: Ekene Akalawa

TUE 20:00 File on 4 (m00208dt)
Sick of Waiting: The children struggling to get operations on the NHS

In the headlines about NHS waiting lists, children don't often get a mention. Yet hundreds of thousands are waiting to start hospital for treatment.

Jane Deith investigates the reasons for the gap between adult and paediatric surgery. She hears from children whose conditions are deteriorating, some of whom could be left inoperable if they aren't operated on soon.

NHS leaders admit long waits can have life-long consequences for young people's development and say hospitals are working hard to tackle the backlog. But surgeons and doctors warn that in the race to cut waiting lists, children risk being left behind.

Reporter: Jane Deith
Producer: Alys Harte
Technical producer: Craig Boardman
Production co-ordinator: Tim Fernley
Editor: Carl Johnston

TUE 20:40 In Touch (m00208dy)
Bowel Cancer Screening; Election Information; A Guide Dog Trained in Sweden

The NHS has launched a tool to try to improve bowel cancer screening for people with sight loss. The Faecal Immunochemical Test (FIT) can detect signs of bowel cancer and it is important to catch it as early as possible. The FIT aid tool is an adaptation which makes the standard test more accessible with a channel that enables the faecal sample to be guided into the bottle, as well as a stand that holds FIT tube steady. Steve Russell is National Director for Vaccinations and Screening at NHS England and he provides more information on how it works and age eligibility.

We've talked before on the programme about the variable experiences blind and partially sighted people have when flying with their guide dogs, but now we're hearing about people who are being told they can't fly because of where the dog was trained, and by whom. Mar Gunnarson is from Iceland and has lived in the UK for a number of years. Mar is a frequent flyer in and out of the UK but has faced blockages due to definitions of what is recognised as a certified guide dog for air travel. Mar describes what has been happening, and the RNIB's Senior Legal Adviser Samantha Fothergill provides some clarification on the legalities.

Presenter: Peter White
 Producer: Beth Hemmings
 Production Coordinator: David Baguley

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

TUE 21:00 The Law Show (m00202gp)

Traumatised jurors, prenups and Japanese knotweed

Weekly conversation led by Dr Joelle Grogan to give you an in-depth understanding of the law stories making news and the legal decisions that could have a bearing on everyone in the UK.

This week:

Traumatised jurors: new research has found that as much as half of people who serve on the juries of gruesome criminal trials, such as child murders or rape, can suffer symptoms of vicarious psychological trauma as a result. A pilot scheme to offer free counselling to affected jurors has now been shelved in England and Wales due to the election. But in Scotland and Northern Ireland support is available. Joelle discusses all this and what else happens on jury service with criminal defence barrister and part-time judge Charlie Sherrard KC, and with author, commentator and barrister Dr Sam Fowles.

Prenuptial contracts: what is a "prenup," as they're often called? Should you get one even if you're not wealthy? Are they legally binding in the case of divorce, or not worth the paper they're written on? What do you need to do for the courts to uphold them in the various parts of the UK? Family law solicitor and social media's "legal queen" Tracey Moloney has the answers.

And: Japanese knotweed, a fast-growing invasive species so tough it can only be successfully removed by professionals. A Scottish couple has been granted permission by an Edinburgh sheriff to sue the previous owners of their home, who had not declared that there is Japanese knotweed on the property. This case centres around whether or not it counts as an "infestation". Other home seller packs ask about knotweed explicitly. Dr Sam Fowles explains the law, and who you can sue if you find yourself with unwanted knotweed after all.

Presenter: Dr Joelle Grogan
 Producers: Ravi Naik and Arlene Gregorius
 Editor: Tara McDermott
 Production co-ordinator: Maria Ogundele

TUE 21:30 The Bottom Line (m00202lv)

Hype

Every brand wants attention, to be seen as a must-have, but how do some manage stratospheric levels of popularity? It might happen organically, perhaps even by accident, but it's also true that many brands engineer it.

Evan Davis and guest discuss the tricks of the trade, from social media influencers to artificial scarcity, and the potential pitfalls when a product is so popular that it's almost impossible to get hold of.

Plus, what is it that compels people to queue several hours for a sandwich, or pay ten times the usual price for a bottle of energy drink - we explore the consumer psychology behind the hype.

Evan is joined by:

Ellis Gilbert, founder of Soho Yacht Club and Talk Nice Studios;
 Rory Sutherland, vice chair of Ogilvy UK;
 Dr Cathrine Jansson-Boyd, reader in psychology at Anglia Ruskin University;
 and Sian Evans, founder of Chatsworth Bakehouse.

PRODUCTION TEAM:

Producer: Simon Tulett
 Researcher: Drew Hyndman
 Editor: Matt Willis
 Sound: Neil Churchill and Donald MacDonald
 Production co-ordinator: Rosie Strawbridge

(Picture: A customer jumps in the air as he leaves an iPhone store in London, after being the first person to buy the brand's latest phone. Credit: Ben A. Pruchnie/Getty Images)

TUE 22:00 The World Tonight (m00208f2)

UK voter registration closes

With the deadline to register to vote looming, we speak to young voters who are still weighing up their choices.

Also in the programme:

US President Biden announces a new policy that would protect hundreds of thousands of undocumented spouses of US citizens from deportation. We hear from one of the affected families, and ask how this feeds into the politics of immigration in America.

And, as the Post Office Inquiry continues, two forensic accountants take centre stage to expose the truth.

TUE 22:45 Jensen: The Bellevue Poltergeist by Heidi Amsinck (m00208f5)

Episode 2

Set in Denmark, an original story commissioned by BBC Radio 4 by Heidi Amsinck, the author of the Jensen series of crime novels.

"The most annoying woman in Copenhagen. Love of his life."

So muses DI Henrik Jungersen about Jensen, an investigative reporter from the newspaper Dagbladet. She has previous with Henrik - his former lover and with a knack of getting in the way of his investigations.

Mette Mortensen, a housekeeper, has fallen to her death at the villa in Copenhagen where she worked. Did she jump? Was she pushed? But there is something strange about this house. Is there a less obvious explanation?

Episode 2

Could there really be a poltergeist at Mrs Frederiksen's house? Jensen and Gustav decide to spend a night there.

Copenhagen-born Heidi Amsinck has written numerous short stories for radio. Her collection Last Train To Helsingør was published in 2018. The third novel in her Jensen series, Back From The Dead, was published in May 2024.

Writer: Heidi Amsinck
 Reader: MyAnna Buring
 Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

TUE 23:00 Uncanny (m00208fd)

Series 4

S4. Case 8: What Lies Beyond

A double bill of two haunting and intriguing new cases. An emergency responder in rural Maine receives an impossible 911 call, and a Kansas funeral home where the dead won't stay dead.

Written and presented by Danny Robins
 Experts: Nilufar Ahmed and Morgan Knudsen
 Editing and sound design: Charlie Brandon-King
 Music: Evelyn Sykes
 Theme music by Lanterns on the Lake
 Script editor: Dale Shaw
 Development producer: Sarah Patten
 Production manager: Tam Reynolds
 Commissioning executive: Paula McDonnell
 Commissioning editor: Rhian Roberts
 Produced by Danny Robins and Simon Barnard

A Bafflebag and Uncanny Media production for BBC Radio 4

TUE 23:30 Brood X (m00208fj)

[Repeat of broadcast at 19:15 on Sunday]

WEDNESDAY 19 JUNE 2024

WED 00:00 Midnight News (m00208fn)

National and international news from BBC Radio 4

WED 00:30 The Stalin Affair by Giles Milton (m00208c3)

[Repeat of broadcast at 11:45 on Tuesday]

WED 00:48 Shipping Forecast (m00208ft)

The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m00208fx)

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m00208g1)

The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m00208g5)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m00208g9)

The Rhythm of the Tides

A reflection and prayer to start the day with the Revd Catherine De Souza, Senior Leader of City Church in Cardiff.

Good morning.

I used to live on a houseboat on a tidal part of the River Thames so I became very familiar with understanding tide times and the rhythms they bring. There were some aspects of life on a boat that were influenced by the tides, whether it was remembering to wear boots when spring tides caused the river bank to flood, or how steep the walk across the gangplank would be when the tide was out and the boat rested at an angle. But my favourite part was when the tide was in and it coincided with bedtime, as it meant that I could fall asleep on a boat gently rocking from side to side on the water.

The tides are a wonderfully rhythmic part of God's creation. We can learn a lot about rhythms from Jesus who practised habits of rest and of prayer. Who regularly spent time eating and talking with others, but also spent time in solitude, alone with God. There are regular rhythms, or spiritual disciplines, that we can practise to help us to draw closer to God. I particularly appreciate having a regular rhythm of prayer and Bible reading to help me to spend time in God's presence.

Although I no longer live on a boat, when I visit the beach or see images of the sea on television I'm often reminded of the tides and of how God has created us to experience good rhythms in our lives.

God, thank you for the many ways in your creation points to rhythms and thank you for your example Jesus of living with helpful habits and patterns. Help us to practice rhythms in our own lives that draw us closer to you. Amen

WED 05:45 Farming Today (m00208gf)

19/06/24 - Re-doing the Green Revolution, the Landworkers' Alliance manifesto and horticulture training

Could the plant breeding achievements of the Green Revolution be started again from scratch? That's the hope of scientists at the John Innes Centre, who say modern commercial varieties of wheat used by farmers could be replaced with better ones, using wheat lines collected a century ago. Back in the 1920s, an enterprising plant scientist named Arthur Earnest Watkins sent out letters to other Brits around the world, asking them to collect locally grown wheat, hoping the traits in those local cultivars would come in useful in the future. That original Watkins Collection is now based at the John Innes Centre in Norwich - but a massive 60 percent of the genetic diversity held within it, has never been looked at.

The Landworkers' Alliance is one of the smaller groups. It speaks for regenerative and sustainable agriculture, but with an emphasis on local production, and getting more people involved in growing food. We hear what they want from the next Government.

And we visit a new "Centre of Excellence" in glasshouse growing at Hadlow College. It's been set up with Thanet Earth - the biggest greenhouse complex in the UK, growing salad veg.

Presented by Anna Hill
 Produced for BBC Audio in Bristol by Heather Simons

WED 06:00 Today (m00208dq)

Election 2024: Inflation hits 2%

Labour's Rachel Reeves and Conservatives' Mel Stride on the economy, plus SNP manifesto.

WED 09:00 More or Less (m00208dv)

Worse mortgages, better readers, and potholes on the moon

Will Conservative policies raise mortgages by £4800, as Labour claim?

Are primary school kids in England the best readers in the (western) world, as the Conservatives claim?

Are there more potholes in the UK than craters on the moon?

Tim Harford investigates some of the numbers in the news.

Presenter: Tim Harford

Reporter: Kate Lambie

Producers: Nathan Gower, Simon Tullet, Beth Ashmead-Latham and Debbie Richford
Production coordinator: Brenda Brown
Sound mix: James Beard
Editor: Richard Vadon

WED 09:30 Intrigue (m001zgm)

To Catch a Scorpion

To Catch a Scorpion – 6. In Our Grasp

Word comes that Scorpion has been spotted in Turkey and new leads take the team into the heart of the smuggling network, with dramatic developments as they stake out an address.

Barzan Majeed - codenamed Scorpion - leads the Scorpion gang. He's on international most-wanted lists. He started his criminal career in Britain and went on to build a smuggling empire which now spans the globe.

An international police surveillance operation trapped more than twenty of his gang and almost netted Scorpion himself, but he was tipped off and escaped. BBC journalist, Sue Mitchell, and former soldier and aid worker, Rob Lawrie, team up to try to do what the police have been unable to achieve: to find Scorpion, to speak to him, to ask him to account for his crimes and to seek justice to those families he has harmed.

Their investigation takes them to the heart of an organised criminal gang making millions from transporting thousands of migrants on boat and lorry crossings that in some cases have gone dangerously wrong, causing serious injury and putting lives at risk. They witness his operation in action and record as intense situations unfold, where vulnerable people desperate for a better future, put their lives in the hands of ruthless and dangerous criminals.

To Catch a Scorpion is a BBC Studios Audio Production for BBC Radio 4 and is presented and recorded by Sue Mitchell and Rob Lawrie.

The series is produced by Sue Mitchell, Winifred Robinson and Joel Moors

The Editor is Philip Sellars

Commissioning Editor is Daniel Clarke

Commissioning Exec Tracy Williams

Assistant Commissioner Podcasts/Digital, Will Drysdale

Original music is by Mom Tудie

and Sound Design is by Tom Brignell

WED 10:00 Woman's Hour (m00208dz)

Laura Dockrill, female surgical teams, Chinese #MeToo

A survey published today by Women in Football shows that 88% of women working in the industry believe they have to work harder than men to achieve the same recognition and benefits - the research also found that 74% of men agree with them. It also found that 89% of women working in the game have experienced discrimination in the workplace. Nuala speaks to Yvonne Harrison, Chief Executive Officer Women in Football.

Can you ever really be just best friends with the love of your life? Laura Dockrill talks to Nuala about the thrills and awful heartache of first love, the inspiration for her first adult novel, 'I love you, I love you, I love you.'

Having more women on surgical teams is associated with fewer complications for patients and a lower rate of morbidity after 90 days, a major study from Canada has found. The lead author of the study Dr Julie Hallet explains the findings and Nuala is joined by Ms Tamzin Cuming, consultant colorectal surgeon and Chair of the Royal College of Surgeons of England's Women in Surgery Forum.

On Friday a prominent activist in China's #MeToo movement, Sophia Huang, was sentenced to five years in prison for "subversion against the state". As a journalist, Sophia reported ground-breaking stories about sexual abuse victims and gender discrimination. Journalists Jessie Lau and Lijia Zhang join Nuala live in the studio to bring us up to date with the latest in her case and discuss the wider experience of women in China.

Presenter: Nuala McGovern

Producer: Laura Northedge

WED 11:00 File on 4 (m00208dt)

[Repeat of broadcast at 20:00 on Tuesday]

WED 11:45 The Stalin Affair by Giles Milton (m00208fv)

Episode 3

Drawing on astonishing unpublished diaries, letters and secret reports, Giles Milton's The Stalin Affair reveals troves of new material about the most unlikely coalition in history.

In the summer of 1941, as Hitler invaded the Soviet Union, Stalin's forces faced a catastrophic defeat which would make the Allies' liberation of Europe virtually impossible. To avert this disaster, Britain and America mobilised a unique team of remarkable diplomats with the mission of keeping the Red Army in the war.

Into the heart of Stalin's Moscow, President Roosevelt sent Averell Harriman, the fourth-richest man in America, and his brilliant young daughter, Kathy. Churchill despatched the reckless but inventive Archie Clark Kerr – and occasionally himself – to negotiate with the Kremlin's wildest operators. Together, this improbable group grappled with Stalin at his most cunning, to make victory possible. But they also discovered that the Soviet dictator had a terrifying master plan for the post-war world.

August 1941. Churchill meets Roosevelt in Newfoundland and they sign the Atlantic Charter. They agree to send a delegation to Stalin to build a necessary but disagreeable relationship. Averell Harriman and Lord Beaverbrook are sent to Moscow, where they are initially treated with suspicion by Stalin. Eventually, his attitude towards them mellows and a banquet is thrown in their honour. With Moscow under heavy bombardment by German forces, all foreign nationals (including embassy staff) are moved to the city of Kuibyshev – many hundreds of miles east of the capital.

Read by Nigel Anthony

Abridged by Libby Spurrier

Producer: David Blount

A Pier production for BBC Radio 4

WED 12:00 News Summary (m00208fc)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m00208fh)

Super ATMs, Coupons, Renting

In the past 8 years almost 6,000 high street banks have closed on UK high streets, with close to 400 towns having lost their last remaining bank since 2022. We've reported on this, and the measures banks are doing to ease the move towards online banking, with services like mobile banking vans and banking hubs.

Our reporter, Bob Walker, heads to Atherstone in Warwickshire to hear about the latest trail of the Super ATM. They will allow customers to deposit and withdraw funds, with the hope it'll help business owners who are having to travel further to deposit takings. We'll be speaking with small business owners about what they think of Super ATMs and if they will be using them.

Coupons have changed since the days of finding them on the back of cereal packets and in the newspapers – Coca Cola claim to be the first company to use them back in the late 1880s. They are becoming increasingly popular with many online communities sharing the latest deals and the best apps who distribute digital coupons. We'll be hearing from coupon lovers and Holly Jay-Smith who goes by the name of the Coupon Queen.

And are there signs that the rental market is starting to calm down now? According to new data from property portal, Zoopla, there was a 6.6% increase in the year to April – the slowest annual rise for over two and a half years.

We'll be hearing from two renters about their experiences, and to a property researcher to shine some light on what the market is doing.

You can contact You & Yours by emailing youandyours@bbc.co.uk or using the hashtag #youandyours

Presenter: Shari Vahl

Producer: Dave James

WED 12:57 Weather (m00208fm)

The latest weather forecast

WED 13:00 World at One (m00208fq)

Inflation hits Bank of England target

Inflation hits Bank of England target for the first time in three years. The CBI and TUC give their reaction. Naomi Campbell reflects on the V&A exhibition about her.

WED 13:45 Understand (m00208fv)

The UK Election

The UK Election: 8. What's the media's role in an election?

Understand the UK Election is a simple 10-part guide to everything that is going on in the election, with Adam Fleming.

In this episode, from the front pages of the press to the televised debates; why does what the media says matter and how has social media changed things?

This episode was hosted Adam Fleming, from Newscast and AntiSocial, with David Yelland, former editor of The Sun newspaper and host of Radio 4's When it hits the fan podcast, and Katie Razzall, the BBC's News Culture & Media Editor and host of The Media Show also on Radio 4. Also featuring broadcaster and host of many election debates, David Dimbleby.

Producers: Alix Pickles and Alex Lewis

Production Manager: Janet Staples

Editor: Sam Bonham

WED 14:00 The Archers (m00208dl)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama on 4 (m00132v5)

Vital Signs

An original drama inspired by a true story.

Ben suffers from a severe phobia of blood, the heart and medical intervention. In this intimate story, Ben tries to make sense of the fact that, on one normal day in 2018, his greatest fear came true. His heart stopped.

A drama about the stories that fear tells us, and one man's attempt to take control of his narrative.

Ben..... Joel MacCormack
Ben's Partner..... Rhiannon Neads
The Consultant..... Neil McCaul
The Psychotherapist..... Christine Kavanagh
The Sonographer..... Jasmine Hyde
The Mother..... Grace Cooper Milton
Cath..... Eimear Fearon

Featuring contributions from Dr Boon Lim, Consultant Cardiologist, and clinical lead for the Imperial Syncope Diagnostic Service based at Hammersmith Hospital London. Dr Boon Lim is also an author and co-founder of stopfainting.com

Written by Ben Musgrave

Directed by Anne Isger

Sound Design by Pete Ringrose

WED 15:00 Money Box (m00208g0)

Money Box Live: Older Workers

The number of people working into their late 60s, their 70s and beyond is rising. In this programme we'll discuss what that means for their employment rights and what it tells us about their finances.

Back in the 90s, only around 5% of people aged 65 or older were in work. In the early 2000s, that rose to around 6%. But recently released data from the Office for National Statistics shows that today almost 12% of people in that age group are in some form of employment. That's almost one and a half million people.

Felicity Hannah is joined by older workers to explore their finances, their struggles and their rights to challenge discrimination. She'll be joined by Dr Emily Andrews, Deputy Director for Work at the Centre for Aging Better, and Sarah Jackman, an employment lawyer at the law firm Dentons.

Presented and Produced by Felicity Hannah

Studio production: Amber Mehmood

Editor: Sara Wadson

(First broadcast 3pm Wednesday 19th June, 2024)

WED 15:30 The Artificial Human (m00208g4)

How green is my AI?

As Apple announce the integration of generative AI across their platforms Aleks and Kevin ask do we actually know how much energy AI consumes and is it compatible with a push to net zero?

Energy consumption is AI's dirty little secret, some industry insiders believe the true potential of these technologies won't be realised until the problem is solved. Aleks and Kevin uncover some fairly startling numbers; a search done through an AI like ChatGPT can use up to 40 times more energy than using a traditional search engine, while a single hi-res image created by an AI could use the equivalent of half a smart phone charge. But because that happens on a server, perhaps in another country users remain ignorant of the potential impact their

casual use might have on the push to net zero.

Presenters: Aleks Krotoski and Kevin Fong
 Producer: Peter McManus
 Mixed by Niall Young

WED 16:00 The Media Show (m00208g8)
 Political podcasts - who's listening?

What's behind the glut of politics podcasts? Hardly a month goes by without a new title being launched, competing with established brands like The New York Times's The Daily and the wildly popular The Rest is Politics with Alastair Campbell and Rory Stewart. We talk to the team behind the latter about the secrets of its success, and the opportunities for journalists who want to break free of the strictures of traditional broadcasting. We also consider their appeal to politicians and reflect on the dominance of the medium by middle aged men. Plus we ask how much influence these platforms ultimately have. Also in the programme, we look at the row engulfing The Washington Post's new British CEO Will Lewis.

Guests: Baroness Ruth Davidson, Co-presenter, Electoral Dysfunction; Lewis Goodall, Co-host, The News Agents; Tony Pastor, Co-Founder, Goalhanger Podcasts; Adam Fleming, Presenter, Newscast; Nick Hilton, Co-founder, Podot; Vivian Schiller, Executive Director, Aspen Digital

Presenters: Katie Razzall & Ros Atkins
 Producer: Simon Richardson
 Assistant Producer: Martha Owen

WED 17:00 PM (m00208gd)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

WED 18:00 Six O'Clock News (m00208gh)

Police officer in the PM's close protection team arrested over alleged election bets.

WED 18:30 Jessica Fosteckew: Sturdy Girl Club (m00208gk)
 Series 2

Rugby

Strength can look like a lot of things and here comedian Jessica Fosteckew digs into some of the most unladylike sports going.

In this episode, Jess tries rugby, getting lifted into the air like a toddler in a playground by one England legend - Vicky Fleetwood - and learning from another - Maggie Alphonsi - about the history and future of the women's game.

We also find out which is more manly - Roses or Tulips - and how to dodge dog-doo on the training pitch.

Written and Performed by Jessica Fosteckew.

Producer: Lyndsay Fenner
 Assistant Producer: Tam Reynolds
 Sound Designer: David Thomas
 Exec Producer: Victoria Lloyd

A Mighty Bunny production for BBC Radio 4.

WED 19:00 The Archers (m00208gm)

It's Fallon's birthday and she and Harrison look forward to their takeaway later. The atmosphere's broken by a text from Alan to Harrison about the memorial prayers last week. Fallon's furious but Harrison can't understand why. They were private prayers with Alan. But Fallon thinks it's another example of Harrison not respecting her feelings.

Adam drives Alice to her GP appointment with Azra. In the car park Adam and Alice chat about Friday's court hearing. Alice is terrified about the outcome and really needs a drink, but Adam's reassuring. If Azra can prescribe something that helps Alice stop drinking, then maybe she could chat to Lillian tomorrow about her Stables job. But Alice doesn't think she can face Lillian after all she's done. Alice suddenly gets cold feet about seeing Azra, so Adam's left to convince Azra to come to the car. If Alice can keep off alcohol, Azra will prescribe a short course of medication to reduce the effects of withdrawal. Alice agrees, but Azra warns it's only a short-term fix.

Mick's delighted that Joy's come to his rescue by ironing his work clothes. She'll do his laundry once a week and he can use her bathroom as the motorhome's so compact. In return Mick offers to do Joy's garden. Later Mick can't thank Joy enough for saving his job by helping with his appearance. To show his gratitude he takes her up on to the Grey Gable's roof to watch the setting sun. Mick apologises about messing up over Rochelle. If Joy is ever ready to talk about it, he'll be there to listen.

WED 19:15 Front Row (m00208gp)

Graham Gouldman, Jaws anniversary, queering Shakespeare

Musician Graham Gouldman performs live from his new album, as well as talking about his Lancashire upbringing and playing in the band 10cc

50 years ago Steven Spielberg was filming his adaptation of Peter Benchley's shark thriller Jaws - a problematic shoot that nonetheless resulted in a classic movie. Critic Larushka Ivan-Zadeh and writer Robert Lautner assess the film's legacy and look at the many shark attack movies that have followed in its wake, including new releases Something in the Water and Under Paris.

And Will Tosh from the Globe Theatre in London discusses his new book Straight Acting: The Many Queer Lives of William Shakespeare.

Presenter: Antonia Quirke
 Producer: Ciaran Bermingham

WED 20:00 Moral Maze (m00208gr)
 Do we need a final farewell?

The way we grieve is changing and that is seen most starkly by the rise of the direct cremation and the no fuss funeral. I in 5 people of people opted for a direct cremation last year, a startling figure that's risen 3 fold in 5 years. At it's most basic the direct cremation means the final journey is purely functional. Body taken unaccompanied to an unknown crematorium. You can even get the ashes posted back through the letterbox. It's cheaper and you can mark the last hurrah with a party or memorial service or perhaps even nothing at all. What does this changing trend say about our respect for human dignity as a society or is this just another step in the removal of religion from the lives of a significant part of the population.

Only a quarter of people in the UK now want a religious funeral. The rise of direct cremation could also be a sign that mourners are throwing off the shackles of inherited tradition and religious belief to decide how they want to grieve. Direct cremations and DIY celebrations cut out the reality of death and if there's no grieving at the graveside or standing in a crematorium what do we lose? There's another aspect to consider. The digital afterlife is one where someone never leaves. Grieftech can keep us in touch with AI loved ones. Instead of the finality of a funeral we could be conversing forever with the deceased. Do we need a final farewell?

Presenter: William Clayley
 Panellists: Anne McElvoy, James Orr, Matthew Taylor, Ella Whelan
 Witnesses: Rosie Millard, Dr Madeleine Pennington, Justin Harrison, Prof Linda Wheeler.
 Producer: Catherine Murray & Peter Everett
 Assistant Producer: Ruth Purser
 Editor: Rajeev Gupta

WED 21:00 The Long View (m00208bq)
 [Repeat of broadcast at 09:00 on Tuesday]

WED 21:30 All in the Mind (m00208bv)
 [Repeat of broadcast at 09:30 on Tuesday]

WED 22:00 The World Tonight (m00208gt)
 When will interest rates come down?

An officer in the Prime Minister's close protection team has been arrested over alleged bets on when the general election would be held. We have the latest from Westminster.

Also tonight:

As inflation hits the Bank of England's target for the first time in almost three years - could the Bank cut interest rates tomorrow? We speak to a former deputy governor of the Bank.

Scientists have found micro plastics in penises for the first time. How concerned should we be about micro plastics entering the human body?

And what now for the Tartan Army as Scotland earn a draw with Switzerland? We're live in Cologne.

WED 22:45 Jensen: The Bellevue Poltergeist by Heidi Amsinck (m00208gq)
 Episode 3

Set in Denmark, an original story commissioned by BBC Radio 4 by Heidi Amsinck, the author of the Jensen series of crime novels.

"The most annoying woman in Copenhagen. Love of his life."

So muses DI Henrik Jungersen about Jensen, an investigative reporter from the newspaper Dagbladet. She has previous with Henrik - his former lover and with a knack of getting in the way of his investigations.

Mette Mortensen, a housekeeper, has fallen to her death at the villa in Copenhagen where she worked. Did she jump? Was she pushed? But there is something strange about this house. Is there a less obvious explanation?

Episode 3
 Following a scary night and a second death at Bellevue, Jensen and Gustav bring a medium to the house

Copenhagen-born Heidi Amsinck has written numerous short stories for radio. Her collection Last Train To Helsingør was published in 2018. The third novel in her Jensen series, Back From The Dead, was published in May 2024.

Writer: Heidi Amsinck
 Reader: MyAnna Buring
 Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

WED 23:00 Bunk Bed (m0014x1r)
 Series 9

Episode 8: Chef Andi Oliver, Patrick Marber and Peter Curran grapple in the dark with life's wonders and woes

Bed-bound wit and story telling from Patrick Marber and Peter Curran. Their special guest is chef, broadcaster and host of The Great British Menu, Andi Oliver. She sings an ancient lullaby and the trio discuss a shared mistrust of dolphins.

A Foghorn Company production for BBC Radio 4

WED 23:15 Chloe Petts' Toilet Humour (m00209hm)
 Episode 3

To help Chloe on this historical journey of the loo, she is joined by travel companion, the Ghost of Sir Thomas Crapper - who also bears quite a resemblance to comedian, Ed Gamble. In this episode Chloe explores the history of the Public Toilet and finds out who wasn't permitted to use them.

Written and Performed by Chloe Petts
 Additional material from Adam Drake
 The Ghost of Sir Thomas Crapper performed by Ed Gamble
 The Voice of Love Island was performed by Luke Kempner
 Produced by Daisy Knight
 Sound Designer - David Thomas
 Editor - Peregrine Andrews
 Executive Producers - Jon Thoday, Richard Allen-Turner and Rob Aslett
 An Avalon production for BBC Radio 4

WED 23:30 Munya Chawawa's Election Doom Scroll (m0020c2f)
 [Repeat of broadcast at 18:30 on Tuesday]

THURSDAY 20 JUNE 2024

THU 00:00 Midnight News (m00208gy)
 National and international news from BBC Radio 4

THU 00:30 The Stalin Affair by Giles Milton (m00208f6)
 [Repeat of broadcast at 11:45 on Wednesday]

THU 00:48 Shipping Forecast (m00208h0)
 The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m00208h2)
 BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m00208h4)
 The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m00208h6)
 The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m00208h8)
 Belonging

A reflection and prayer to start the day with the Revd Catherine De Souza, Senior Leader of City Church in Cardiff.

Good morning.

Today is World Refugee Day, a day to remember the courage of those who've had to flee from their homes, and a day to recognise the hardships and challenges that millions of refugees face. It's an opportunity to celebrate the strength, resilience and survival of so many who have had to leave homes because of persecution, violence and disasters. At our church we were recently introduced to someone who'd fled his home country. As we learnt about him we discovered that he was from a nation that a number of our church members are also from, so it was wonderful to connect him with the fellowship group they have. We also happened to have an active group for the sport he enjoys playing so he was able to join that too. These small ways of making connections helped him to make a start on a journey of finding a sense of belonging, even far from home.

Having to leave a home and travel to an unfamiliar place can be extremely isolating. Relationships, care and community are essential to all those who find themselves in a different land. The Psalmist writes that "God places the lonely in families", highlighting God's heart for the displaced and his care for those who are isolated. A family should be a place of comfort, care, protection and belonging. An environment where each member of the family can flourish and thrive. Today let's remember all of those who are in need of a sense of family and a place to belong.

Lord, you are a refuge and strength in times of trouble. For refugees across the world, would you provide safety and protection. We pray that for all who are isolated and lonely that they would experience welcome and belonging. Amen

THU 05:45 Farming Today (m00208hb)
20/06/24 - World Farmers' conference, East Yorkshire cucumbers, Green Alliance manifesto

The weather and finances are dominating discussions at the World Farmers Organisation's meeting in Rome this week. Farmers from more than 50 countries are at the conference. The organisation was set up a decade ago to give farmers a bigger voice on the world stage, and share knowledge and expertise on food and environment issues. Secretary General of the WFO Dr Andrea Porro joins us to share the key issues being discussed.

As part of our focus on salad, we visit a cucumber grower in East Yorkshire. Anchor Nurseries was set up more than 60 years ago and is currently run by the third generation. It produces cucumbers in 8 acres of glasshouses - despite that, as Sarah Falkingham discovered, the weather has been having an impact.

Ahead of the general election, we're hearing from campaign groups and farming unions about what they'd like the next government to do. The Green Alliance Senior Policy Analyst Lydia Collas explained what they would like to see from a new government.

Presented by Charlotte Smith
Produced for BBC Audio in Bristol by Marie Lennon

THU 06:00 Today (m0020964)
Election 2024: Nick Robinson and Amol Rajan

Live coverage of the election campaign, Amol speaks to voters in Dagenham.

THU 09:00 In Our Time (m0020966)
Karma

Melvyn Bragg and guests discuss the doctrine of Karma as developed initially among Hindus, Jains and Buddhists in India from the first millennium BCE. Common to each is an idea, broadly, that you reap what you sow: how you act in this world has consequences either for your later life or your future lives, depending on your view of rebirth and transmigration. From this flow different ideas including those about free will, engagement with the world or disengagement, the nature of ethics and whether intention matters, and these ideas continue to develop today.

With

Monima Chadha
Professor of Indian Philosophy and Tutorial Fellow at Lady Margaret Hall, University of Oxford

Jessica Frazier
Lecturer in the Study of Religion at the University of Oxford and a Fellow of the Oxford Centre for Hindu Studies

And

Karen O'Brien-Kop
Lecturer in Asian Religions at Kings College London

Producer: Simon Tillotson

In Our Time is a BBC Studios Audio Production

Reading list:

J. Bronkhorst, Karma (University of Hawaii Press, 2011)

J. H. Davis (ed.), A Mirror is for Reflection: Understanding Buddhist Ethics (Oxford University Press, 2017), especially 'Buddhism Without Reincarnation? Examining the Prospects of a "Naturalized" Buddhism' by J. Westerhoff

J. Ganeri (ed.), Ethics and Epics: Philosophy, Culture, and Religion (Oxford University Press, 2002), especially 'Karma and the Moral Order' by B. K. Matilal

Y. Krishan, The Doctrine of Karma: Its Origin and Development in Brahmanical, Buddhist and Jaina Traditions (Motilal Banarsidass Publishers Private Limited, 1997)

N.K.G. Mendis (ed.), The Questions of King Milinda: An Abridgement of Milindapañha (Buddhist Publication Society, 1993)

M. Siderits, How Things Are: An Introduction to Buddhist Metaphysics (Oxford University Press, 2022)

M. Vargas and J. Dorris (eds.), The Oxford Handbook of Moral Psychology (Oxford University Press, 2022), especially 'Karma, Moral Responsibility and Buddhist Ethics' by B. Finnigan

J. Zu, 'Collective Karma Cluster Concepts in Chinese Canonical Sources: A Note' (Journal of Global Buddhism, Vol.24: 2, 2023)

THU 09:45 Naturebang (m001qmbc)
[Repeat of broadcast at 05:45 on Saturday]

THU 10:00 Woman's Hour (m0020968)

Rachel Stevens of S Club, The motherhood penalty, Interracial marriage in the United States, Sexual assault during therapy

Rachel Stevens was one of the founding members of S Club 7, the pop band that took the world by storm in the early 2000s. She joins Anita to talk about her memoir Finding my voice: A story of strength, belief and S Club, which covers her time in the hit-making band, her solo career and what it's been like being in the public eye.

Anita is joined by Ella Janneh who has won a civil case against her former therapist, over claims he raped her during a therapy session at his clinic in London. She has been awarded more than £200,000 in damages. A day after the incident in 2016, she went to the Metropolitan Police, but the case was dropped two years later. Ella explains why she decided to pursue a civil case and how she's been affected.

Two new studies from Scandinavia suggest that having children doesn't harm women's pay, at least not in the long run. Christian Odendahl, the European economics editor at The Economist, talks Anita through the findings of the new research into the "motherhood penalty."

For over a century, many Americans believed that interracial marriage was illegitimate and until the late 1960s, the American legal system supported that belief. Wedding Band: A Love/Hate Story in Black and White is a play written in the 1960s that explores the impact of these laws. Anita is joined by Monique Touko, the director of a new production of the play, and American historian Dr Leni Sorensen who had a black father and white mother in 1940s California.

Presenter: Anita Rani
Producer: Olivia Skinner

THU 11:00 This Cultural Life (m002096b)
Salman Rushdie

One of the world's greatest novelists, Salman Rushdie has won many prestigious international literary awards and was knighted for services to literature in 2007. He won the Booker Prize in 1981 for *Midnight's Children*, a novel that was also twice voted as the best of all-time Booker winners. In 1989 Iranian leader Ayatollah Khomeini declared that Rushdie's fourth novel, *The Satanic Verses*, was blasphemous and pronounced a death sentence against its author. For over a decade he lived in hiding with close security, a period of his life that he wrote about in the 2012 memoir *Joseph Anton*. His most recent book *Knife* details the horrific stabbing he survived in 2022.

Talking to John Wilson, Salman Rushdie recalls his childhood in Bombay, and the folk tales and religious fables he grew up

with. He chooses Indian independence and partition in 1947 as one of the defining moments of his creative life, a period that formed the historical backdrop to *Midnight's Children*. He discusses how, having first moved to England as a schoolboy and then to New York after the fatwa, the subject of migration has recurred throughout much of his work, including *The Satanic Verses*. Rushdie also explains how "surrealism, fabulism and mythical storytelling" are such an influence on his work, with particular reference to his 1999 novel *The Ground Beneath Her Feet* which was inspired by the ancient Greek tale of Orpheus and Eurydice. As Rushdie says, "truth in art can be arrived at through many doors".

Producer: Edwina Pitman

Archive used:

BBC News, 12 Aug 2022
Newsnight, BBC2, 12 Aug 2022
BBC Sound archive, India: Transfer of Power, 15 August 1947
Nehru: Man of Two Worlds, BBC1, 27 Feb 1962
Midnight's Children, Book at Bedtime, BBC Radio 4, 27 August 1997
Advert, Fresh Cream Cakes, 1979
BBC News, 14 Feb 1989
The World At One, BBC Radio 4, 14 Feb 1989
BBC News, 28 May 1989
Today, BBC Radio 4, 27 April 1990
Clip from *Curb Your Enthusiasm*, Season 9, episode 3

THU 11:45 The Stalin Affair by Giles Milton (m002096d)
Episode 4

Drawing on astonishing unpublished diaries, letters and secret reports, Giles Milton's *The Stalin Affair* reveals troves of new material about the most unlikely coalition in history.

In the summer of 1941, as Hitler invaded the Soviet Union, Stalin's forces faced a catastrophic defeat which would make the Allies' liberation of Europe virtually impossible. To avert this disaster, Britain and America mobilised a unique team of remarkable diplomats with the mission of keeping the Red Army in the war.

Into the heart of Stalin's Moscow, President Roosevelt sent Averell Harriman, the fourth-richest man in America, and his brilliant young daughter, Kathy. Churchill despatched the reckless but inventive Archie Clark Kerr – and occasionally himself – to negotiate with the Kremlin's wildest operators. Together, this improbable group grappled with Stalin at his most cunning, to make victory possible. But they also discovered that the Soviet dictator had a terrifying master plan for the post-war world.

December 1941. Following the Japanese attack on the American fleet at Pearl Harbour, the USA enters the war. Churchill, accompanied by Averell Harriman and Lord Beaverbrook, visits Roosevelt in Washington. The industrial might of America is turned over to weapons production. Archie Clark Kerr becomes British ambassador to Moscow and starts to develop a good relationship with Stalin – they crack jokes together, and share a love of pipe smoking.

Read by Nigel Anthony
Abridged by Libby Spurrier
Producer: David Blount

A Pier production for BBC Radio 4

THU 12:00 News Summary (m002096g)
The latest national and international news from BBC Radio 4.

THU 12:04 The Bottom Line (m002096j)
Is work getting more intense?

Millions of employees in the UK are now able to work flexibly – fitting their job around their home life. Many in office jobs, can finish early on a Friday, and are allowed, even encouraged, to routinely work from home.

But, at the same time, we're told that the levels of overwork, stress, and burnout in this country are on the rise. More than 17 million working days were lost to work-related stress, depression and anxiety in the last year for which we have data. So what's going on?

Evan Davis and guests discuss whether work is really making employees feel burnt out and what's the best way to tackle it.

Evan is joined by:

Jane Gratten: Head of People Policy at the British Chambers of Commerce
Riannon Palmer: Founder and CEO, Lem-uhn
Catherine Allen: People Director at THIS!

PRODUCTION TEAM:

Producers: Simon Tulett, Drew Hyndman and Miriam Quayyum
 Editor: Matt Willis
 Sound: Robin Warren and Rod Farquhar
 Production co-ordinator: Rosie Strawbridge

THU 12:32 Sliced Bread (m002096l)
 Acupressure Mats

Twelve year old Bradley got in touch with Sliced Bread after trying out his mum Jennifer's acupressure mat. Jennifer says she swears by it, it relaxes her, and she even falls asleep on it! But after testing it out himself, he was less than convinced.

He asked us to find out what these mats are meant to do, whether they work or if they're a placebo effect, and whether paying more for one could mean better results? Joining Greg in the studio to discuss them, is Clinical Acupuncturist Phil Trubshaw from the Manchester Movement Unit based at Manchester Metropolitan University, as well as the Director of Research at the Northern College of Acupuncture, Dr. Karen Charlesworth.

Have you seen a product that claims to make you happier, healthier or greener? Want to know if it is SB or BS? Then please do send it over on email to sliced.bread@bbc.co.uk or drop us a message or voicenote on Whatsapp to 07543 306807.

PRESENTER: Greg Foot

PRODUCER: Kate Holdsworth

THU 12:57 Weather (m002096n)
 The latest weather forecast

THU 13:00 World at One (m002096q)
 Tory election betting row

The latest on the Tory election betting row. Plus major questions for future oil and gas extraction in the UK after a Supreme Court ruling.

THU 13:45 Understand (m002096s)
 The UK Election

The UK Election: 9. How does the election differ across the UK?

Understand the UK Election is a simple 10-part guide to everything that is going on in the election, hosted by Adam Fleming.

In this episode, how the election plays out differently across the country and the big impact that the smaller nations that make up the United Kingdom can have on the election outcome.

The host is Adam Fleming, from Newscast and AntiSocial, with James Cook, BBC Scotland Editor, Catrin Haf Jones, Political Correspondent for BBC Wales and Enda McClafferty, BBC Northern Ireland Political Editor.

Producers: Alix Pickles and Alex Lewis

Production Manager: Janet Staples

Editor: Sam Bonham

THU 14:00 The Archers (m00208gm)
 [Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (m002096v)
 Middle Men

A comedy drama about the beautiful (and ugly) game, focusing on three decidedly middling referees vying for promotion. And when an unexpected assessor turns up, it threatens to throw them all off their stride.

Middle Men is Sid Sagar's original and entertaining take on the ways in which masculinity is performed on and off the football field, inspired by many freezing Sunday mornings he has spent on the pitch, trying to keep a bunch of aggressive semi-professional footballers in check.

CAST
 Gareth James Doherty
 Janet Fay Ripley
 Joe Luke Newberry
 Imran David Mumeni
 Kerry Anna Spearpoint
 Footballers Olatunji Ayofe and Brandon Grace

Writer Sid Sagar
 Director..... Anne Isger
 Sound Keith Graham and Ali Craig
 Production Co-ordinators Luke MacGregor, Dan Bishop and Sara Benaim

A BBC Studios Audio production for BBC Radio 4

Sid is an award-winning actor, playwright and screenwriter. He's currently under commission to the Almeida Theatre and Middle Child. He was selected for the Channel 4 Screenwriting Course 2023 and was an Episodic Fellow at the 2023 Oxbelly retreat in Greece.

THU 15:00 Ramblings (m002096x)
 Painting Bluebells in Shropshire

Clare walks to a glorious display of bluebells to capture them in watercolour in the company of artist Shelly Perkins.

On a beautiful day in mid-May they set off into Mortimer Forest near Ludlow to find several acres of bluebells that stretch across high meadowland.

Shelly is an artist and while Clare is not known for her painting prowess, they take a moment to stop, take in the bluey purple haze and capture it in vivid watercolours en plein air.

Clare and Shelly met at the Black Pool Car Park and hiked a roughly five mile circular loop through a conifer plantation, into open hay meadow with skylarks hovering overhead, and then onto a huge field full of bluebells. You can see their artwork on the Ramblings instagram page: @bcramblings

Presenter: Clare Balding
 Producer: Karen Gregor

THU 15:27 Radio 4 Appeal (m002096z)
 [Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Feedback (m0020971)

Four weeks into the UK election campaign, Andrea discusses interruptions and impartiality in political interviews with Today presenter Nick Robinson and the BBC's Director of Journalism, Jonathan Munro.

Also, we take a dystopian deep dive into Radio 4's Orwell v Kafka weekend. In all, 10 hours of the network's weekend schedule were given over to the two authors - including readings of George Orwell's 1984, a dramatisation of Franz Kafka's The Trial and six half hour discussions hosted by Ian Hislop and Helen Lewis. It was loved by many of you, but was a Kafkaesque/Orwellian nightmare for others. Andrea and Matthew Dodd, Radio 4's Commissioning Editor for Arts, discuss the thinking behind the idea at the foot of Orwell's statue outside Broadcasting House.

And after the tragic death of Dr Michael Mosley, we hear Feedback listeners' tributes to a broadcaster who changed the lives of millions.

Presented by Andrea Catherwood
 Produced by Pauline Moore
 A Whistledown Scotland production for BBC Radio 4

THU 16:00 The Briefing Room (m0020973)
 What's the Biden ceasefire plan and will it work?

David Aaronovitch and guests examine Joe Biden's ceasefire deal and ask whether - despite some positive noises from both sides - Israel and Hamas are interested in making it work.

Guests:

David Makovsky, Ziegler Distinguished Fellow at The Washington Institute and director of the Koret Project on Arab-Israel Relations
 Anshel Pfeffer, columnist and Israel correspondent at The Economist
 Lina Khatib, Director of the Middle East Institute at SOAS University of London
 Hussein Ibish, senior resident scholar at the Arab Gulf States Institute in Washington

Production team: Caroline Bayley, Kirsteen Knight, Sally Abrahams and Ben Carter
 Editor: Richard Vadon
 Production Co-ordinator: Gemma Ashman
 Sound engineer: Sarah Hockley

THU 16:30 BBC Inside Science (m0020975)
 Taylor Swift Seismology

Taylor Swift fans danced so hard they made the ground shake at

her recent Edinburgh gig so this week we're meeting Earth Scientists Emma Greenough and James Panton to measure the Cardiff show - and explain some Swiftie Seismology.

We're joined by the BBC's disinformation and social media correspondent Marianna Spring and Cardiff University's Professor Martin Innes to talk the science of tracking election disinformation on social media.

What's in the election manifestos? BBC science correspondent Pallab Ghosh explains all.

And Marnie dashes to Kew Gardens to meet horticulturalist Solene Dequiret, hoping to be in time to see two very foul-smelling plants in very rare bloom.

Nose pegs at the ready...

Presenter: Marnie Chesterton
 Producers: Gerry Holt, Katie Tomsett & Ella Hubber
 Editor: Martin Smith
 Production Co-ordinator: Jana Bennett-Holesworth

THU 17:00 PM (m0020977)
 Tory bet allegations

The latest on allegations over election date betting, and the PM tombola takes Evan to South Suffolk.

THU 18:00 Six O'Clock News (m0020979)
 The Conservatives' Director of Campaigning is looked into over alleged election bet.

THU 18:30 Rhysearch (m00208vw)
 Series 2

1. Why Can't I Concentrate?

Comedian Rhys James investigates topics that the rest of us are too busy to be bothered with.

1. Why Can't I Concentrate?

The average attention span is a mere 47 seconds long. Rhys gets to the bottom of the reasons behind our declining attention span and if there's anyway to reverse this trend. Will a digital detox help? Will anyone make it past the 47 seconds of this show? And does this have anything to do with the millennium bug?

Written and presented by Rhys James
 Guest... Gloria Mark

Production Co-Ordinator: Dan Marchini
 Produced by Carl Cooper and Pete Strauss

This is a BBC Studios Audio Production for Radio 4

THU 19:00 The Archers (m00208pf)

When Alice turns up at The Stables, Lilian thanks her for dropping by, it can't have been easy. She offers to go to the court hearing with Alice tomorrow, but Alice declines. Justin checks if Lilian's told Alice about recent developments, while Lilian's encouraging Alice to leave so that she doesn't see Carlotta arriving for her interview. Lillian's saved by Jakob appearing to discuss Duke's emergency treatment and Alice is keen to see the horse. Later Justin reckons they should be honest with Alice, but Lilian thinks she's still too fragile. Justin agrees to wait to see how things go with Carlotta.

Alice thanks Jakob for covering for Alice when he discovered her drinking - he's a good friend. But when Jakob tries to reciprocate, saying Alice is a good stables manager and her replacement will have big shoes to fill, Alice is shocked by the news.

Fallon's trying out Kirsty's Bushcraft event at the Rewilding site. Fallon admits she nearly didn't come because of how things are with Harrison. Her birthday was awful because she discovered he'd had a prayer meeting with Alan but hadn't told her. Joy arrives and they start by making a shelter before learning how to make a fire. Chat turns to Roy and whether love is in the air again with Lexi. At the end Fallon and Joy have had a great time - it feels like they've been on holiday. It's made Joy think of fresh start; things are good with Mick, but she could be more open with him. Fallon agrees - she really needs to sort things out with Harrison.

THU 19:15 Front Row (m002097c)
 Review: Film Green Border, Exhibition Stories of Henry VIII's Queens, TV: Federer: Twelve Final Days

Philippa Gregory and Briony Hanson join Tom Sutcliffe to discuss the National Portrait Gallery's Six Lives: The Stories of Henry VIII's Queens, award winning film Green Border and

Federer: Twelve Final Days co-directed by Asif Kapadia and Joe Sabia.

Tom is also joined by the Children's Laureate Joseph Coelho who's just been announced winner of the Yoto Carnegie Medal for Writing for his book *The Boy Lost in the Maze*.

Presenter: Tom Sutcliffe
Producer: Claire Bartleet

THU 20:00 The Media Show (m00208g8)
[Repeat of broadcast at 16:00 on Wednesday]

THU 21:00 Loose Ends (m002083z)
[Repeat of broadcast at 18:15 on Saturday]

THU 21:45 Empire of Tea (m001t3fy)
2. Tea at Work

During the industrial revolution workers were powered by very sugary tea. Historian Lizzie Collingham tells Sathnam Sanghera about the economic forces that led people to the drink, and what that meant for their health. Then, moving into the 20th Century, Sathnam discusses the rise of the tea break with help from staff in the break room at Wolverhampton's New Cross Hospital. And Peter Turnbull of Bristol University analyses how the right to a tea break sometimes became a source of tension in industrial relations.

Produced by Paul Martin for BBC Audio Wales

THU 22:00 The World Tonight (m002097f)
Party leaders face Question Time audience

The leaders of the four biggest political parties: Sir Ed Davey of the Liberal Democrats, John Swinney of the SNP, Sir Keir Starmer of Labour, and the Conservative Prime Minister Rishi Sunak, faced a half hour grilling each from a live Question Time audience in York. Sunak told the audience he was "incredibly angry" to learn of allegations that Tory insiders placed bets on the election.

Senior IDF commander, Rear Admiral Daniel Hagari, told Israeli media that it is wrong to say Hamas can be eliminated. That's despite Prime Minister Benjamin Netanyahu insisting Hamas's destruction is the objective of the military operation in Gaza.

And after a six-decade acting career, Donald Sutherland passed away at the age of 88.

THU 22:45 Jensen: The Bellevue Poltergeist by Heidi Amsinck (m002097h)
Episode 4

Set in Denmark, an original story commissioned by BBC Radio 4 by Heidi Amsinck, the author of the Jensen series of crime novels.

"The most annoying woman in Copenhagen.
Love of his life."

So muses DI Henrik Jungersen about Jensen, an investigative reporter from the newspaper *Dagbladet*. She has previous with Henrik - his former lover and with a knack of getting in the way of his investigations.

Mette Mortensen, a housekeeper, has fallen to her death at the villa in Copenhagen where she worked. Did she jump? Was she pushed? But there is something strange about this house. Is there a less obvious explanation?

Episode 4

With two people dead, Jensen and Gustav try to make sense of an EVP recording. But Henrik's suspicions are settling on Lisa Matthiesen.

Copenhagen-born Heidi Amsinck has written numerous short stories for radio. Her collection *Last Train To Helsingør* was published in 2018. The third novel in her Jensen series, *Back From The Dead*, was published in May 2024.

Writer: Heidi Amsinck
Reader: MyAnna Buring
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

THU 23:00 The Today Podcast (m002097k)
Growing pains: how to grow an economy and get young people voting

Amol and Nick take a look at why politicians are so keen to talk about economic growth in this election campaign – and whether any have the right policies to deliver it.

They're joined by professor of economics at the LSE, Tim Leunig, who worked as an advisor to the Lib Dems during the coalition government and went on to formulate the furlough scheme for Rishi Sunak when he was chancellor.

They assess Labour's pledge to jumpstart the economy via planning reforms, and the Conservatives' promise of National Insurance cuts. Will any of these plans have an effect quickly enough?

Also, are young voters disenfranchised? Kelly Beaver, chief executive of pollsters Ipsos UK, swings by to discuss – and analyse the latest polling.

Plus Nick and Amol share their moments of the week.

Episodes of *The Today Podcast* during the election campaign will land on Mondays and Thursdays. Subscribe on BBC Sounds to get Amol and Nick's take on the biggest stories of the week, with insights from behind the scenes at the UK's most influential radio news programme. If you would like a question answering, get in touch by sending us a message or voice note via WhatsApp to +44 330 123 4346 or email us Today@bbc.co.uk

The *Today Podcast* is hosted by Amol Rajan and Nick Robinson, both presenters of BBC Radio 4's *Today* programme, the UK's most influential radio news programme. Amol was the BBC's media editor for six years and is the former editor of the *Independent*, he's also the current presenter of *University Challenge*. Nick has presented the *Today* programme since 2015, he was the BBC's political editor for ten years before that and also previously worked as ITV's political editor.

You can listen to the latest episode of *The Today Podcast* anytime on your smart speaker by saying "Alexa, Ask BBC Sounds for *The Today Podcast*."

The senior producer is Tom Smithard, the producer is Hatty Nash. The editor is Louisa Lewis. The executive producer is Owenna Griffiths. Technical production from Hannah Montgomery and digital production from Joe Wilkinson.

THU 23:30 Bonnie Bollywood: 25 years of Indian Film-making in Scotland (m001zvp3)

Broadcaster and 'Bollywoodwalla' Ravi Sagoo celebrates the 25th anniversary of *Bollywood and Indian Cinema* using Scotland as a filming location backdrop and embarks on his own 'filmi' journey reflecting the glitz and glamour of Bollywood in Scotland.

Ravi tells the story of why the world's biggest film industry uses Scotland and its vista as their number one location shooting hotspot outside of Mumbai's Film City - and can he fulfil a life-long dream of actually appearing in a Bollywood film?

A Demus production for BBC Radio 4

FRIDAY 21 JUNE 2024

FRI 00:00 Midnight News (m002097m)

National and international news from BBC Radio 4

FRI 00:30 The Stalin Affair by Giles Milton (m002096d)

[Repeat of broadcast at 11:45 on Thursday]

FRI 00:48 Shipping Forecast (m002097p)

The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m002097r)

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m002097t)

The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m002097w)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m002097y)

Navigation

A reflection and prayer to start the day with the Revd Catherine De Souza, Senior Leader of City Church in Cardiff.

Good morning.

With the weather being quite unpredictable and the sun not shining as much as I'd like in June, my thoughts have turned to summer holidays. In fact, my children are counting down the weeks until we can go on holiday! Last year my family visited a small island and one day we decided to hire a car to enable us to explore a bit further. It was a small jeep that was a little bit old and battered but it could have the roof down, which we thought was perfect for a drive around in the sunshine.

My husband Dominic was the driver and I was navigating. We set off and as we turned the first corner and nearly crashed into a wall, Dominic discovered that the steering was quite a lot heavier than he was expecting, so it was hard work turning the car. As we were driving on windy roads, sometimes on cliff edges, or where there were no road markings, I realised I was going to have to take my navigation to the next level – so I ended up not just telling him which direction to go, but by following the map image on my phone. I was also able to help him negotiate the roads. So rather than just instructions like "turn left" I was using phrases like "approaching hairpin bend", and "make a hard left left left!", and "double hairpin now!". It was good teamwork and we had a lot of fun!

God's guidance is essential and I have found that he has helped me through even the sharpest of turns in life, so that whether the road ahead seems smooth and easy, or rocky and uncertain, he is trustworthy and faithful.

God, as the Psalmist reminds us, thank you that you "guide us along the right paths". Help us to put our trust in your leading and guidance in all aspects of our lives. Amen

FRI 05:45 Farming Today (m0020980)

21/06/24 The Royal Highland Show

Charlotte Smith visits the Royal Highland Show for its 240th year to talk cattle, politics and farmers' health.

Produced by Beatrice Fenton.

FRI 06:00 Today (m00208ns)

Election 2024: Mishal Husain and Justin Webb

Live coverage of the election campaign, plus Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m00208nv)

[Repeat of broadcast at 10:00 on Sunday]

FRI 10:00 Woman's Hour (m00208nx)

Stealthy conviction, Jill Halfpenny, Henry VIII's Queens

Stealthy is the crime of removing a condom during sex without consent and is a form of rape. Clare McDonnell discusses why this is an under-reported crime with Metropolitan Police Deputy Assistant Commissioner for Local Policing, Helen Millichap, who leads the Met's focus on violence against women and girls, and Gemma Lindfield, Barrister at Five St Andrew's Hill Chambers.

Actor Jill Halfpenny has starred in popular TV series such as *Byker Grove*, *Coronation Street*, *EastEnders* and *The Cuckoo*. She won an Olivier Award for her role in the musical *Legally Blonde* and she won the second series of BBC 1's *Strictly Come Dancing*. But, two tragic events have framed Jill's life story; when she was four years old her dad died suddenly of a heart attack. Then in 2017, in similarly tragic circumstances, her partner Matt died. Jill talks to Clare about confronting her grief head-on, something she examines in her new book, *A Life Reimagined*.

Experts from across the world from a broad range of academic disciplines including psychology, medicine, policy studies, law and humanities are coming together with an aim to research an area which some say is underfunded and poorly understood. 4M Conference 2024 organiser, Professor Gemma Sharp, from the University of Exeter's School of Psychology, joins Clare to talk about her vision.

The wives of Henry VIII are often reduced to the simplistic rhyme, 'Divorced, Beheaded, Died. Divorced, Beheaded, Survived'. But a new exhibition at the National Portrait Gallery, *Six Lives: The Stories of Henry VIII's Queens*, seeks to focus on the stories and identities of these six individual women – rather than their infamous husband – and their transformation into popular icons. Clare is joined by curator Charlotte Bolland.

Presenter: Clare McDonnell

Producer: Rebecca Myatt

Studio manager: Bob Nettles

FRI 11:00 The Food Programme (m00208nz)

What Makes Food Safe?

As a major outbreak from a new strain of *E. coli* makes headlines, we ask: what makes food safe? How are food producers coping with new strains of food pathogens? And what does safe food even mean in a world where processed food is increasingly seen as the top cause of dietary ill health? Meeting over a platter of various foods from raw milk cheese to salad, Sheila Dillon and producer Nina Pullman hear from microbiologists, food safety experts and cheese makers to hear the challenges of staying ahead of the curve when it comes to food and science. They speak to a scientist testing bacteria-eating viruses that can be inserted into feed or food packaging to tackle these new *E. coli*s, known as STECs, and they chat to a global expert in food microbiology on how climate change is making pathogens more difficult to predict.

While such pathogens can get into a variety of foods, raw or unpasteurised cheese makers are feeling the pressure more than most due to the perception of risk around their products. Cheese makers at a panel in London explain the human impact on a small family business that is linked to an outbreak, while a tour of Neals Yard Dairy reveals the number of cheesemakers considering turning to pasteurisation due to fears around the new strains of STEC *E. coli*s.

In a conversation about food that makes us sick, Sheila also meets members of the public who took part in a recent national conversation on food for their views on food safety more broadly. What does food safety mean to them and what do the public expect from food?

Produced by Nina Pullman for BBC Audio in Bristol.

FRI 11:45 The Stalin Affair by Giles Milton (m00208p1)
Episode 5

Drawing on astonishing unpublished diaries, letters and secret reports, Giles Milton's *The Stalin Affair* reveals troves of new material about the most unlikely coalition in history.

In the summer of 1941, as Hitler invaded the Soviet Union, Stalin's forces faced a catastrophic defeat which would make the Allies' liberation of Europe virtually impossible. To avert this disaster, Britain and America mobilised a unique team of remarkable diplomats with the mission of keeping the Red Army in the war.

Into the heart of Stalin's Moscow, President Roosevelt sent Averell Harriman, the fourth-richest man in America, and his brilliant young daughter, Kathy. Churchill despatched the reckless but inventive Archie Clark Kerr – and occasionally himself – to negotiate with the Kremlin's wildest operators. Together, this improbable group grappled with Stalin at his most cunning, to make victory possible. But they also discovered that the Soviet dictator had a terrifying master plan for the post-war world.

May 1942. Foreign Commissar Molotov is sent by Stalin to visit Churchill in London. He tries to persuade Britain and America to open a second front by launching a joint invasion of Nazi-occupied Europe. German warships attack the convoys bringing supplies from America to Russia. Churchill visits Stalin in Moscow. The two leaders bicker and argue. Stalin reacts angrily and bitterly when told of the postponement of the planned Allied landings in France.

Read by Nigel Anthony
Abridged by Libby Spurrier
Producer: David Blount

A Pier production for BBC Radio 4

FRI 12:00 News Summary (m00208p3)
The latest national and international news from BBC Radio 4.

FRI 12:04 Rare Earth (m00208p5)
Environment and the General Election

With the general election now two weeks away, Helen Czerski and Tom Heap take a look at how the environment is featuring on the political agenda. They are joined by a panel of guests: energy and climate commentator Sepi Golzari-Munro; senior policy editor at the independent climate news website Carbon Brief, Simon Evans; Chief Executive of the Wildlife Trusts, Craig Bennett; and environment correspondent for BBC News, Matt McGrath.

Together they take a look through the manifestos of the main political parties, exploring their policies and pledges when it comes to the environment and wildlife. They ask whether green issues are taking a back seat in this general election compared with previous ones – and if so, why? They examine how the parties are talking about the environment in their campaigning, including the language they're using and how they're positioning environmental concerns in relation to other issues such as healthcare and the cost of living. Do politicians see environmental promises as a vote-winner or a vote-loser? We

also hear from the polling organisation YouGov, which has carried out research assessing which issues are most important to voters.

Producer: Sarah Swadling

Rare Earth is a BBC Audio Wales and West production in conjunction with the Open University.

FRI 12:57 Weather (m00208p7)
The latest weather forecast

FRI 13:00 World at One (m00208p9)
NHS hack 'one of the worst in its history'

A gang of cyber criminals publish patient data stolen from an NHS blood testing company. And the deadly conditions at this year's Hajj.

FRI 13:45 Understand (m00208pc)
The UK Election

The UK Election: 10. What happens on election day?

Understand the UK Election is a simple 10-part guide to everything that is going on in the election, hosted by Adam Fleming.

In this episode, it's all about what happens at the end of the campaign and what everything has been building up to – election day! All you need to know from what happens when the polls open to when we can expect the first results, and how a government is formed.

Hosted by Adam Fleming, from Newscast and AntiSocial with BBC News presenter Reeta Chakrabarti one of the team hosting election night coverage on BBC 1, and Henry Zeffman the BBC's Chief Political Correspondent who will be on BBC 5 Live and Radio 4 overnight. Also featuring a special message from Peter Snow - the man who was in control of the BBC's Swingometer for decades.

Producers: Alix Pickles and Alex Lewis

Production Manager: Janet Staples

Editor: Sam Bonham

FRI 14:00 The Archers (m00208pf)
[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m002044d)
The Specialist

The Specialist - Episode 4

The storm rages outside, and soon no one can come into or out of Bly.

As things in the surgery become increasingly chaotic, Anna, Ged and microbiologist Nell start to get closer to understanding what might be causing the illness - but still no closer to treating it. And with the pathogen now spreading at breakneck pace, Ged finds himself struggling to cope.

Dark Medical Thriller by Matthew Broughton, creator of *Tracks and Broken Colours*.

With original music by Sion Orgon and Rhodri Davies

CAST
Anna Diaz - Saran Morgan
Ged Diaz - Sion Daniel Young
Ruth - Michelle Bonnard
Raymond - Ioan Hefin
Nell - Diana Yekinni
Maggie - Catrin Aaron

Original music by Sion Orgon and Rhodri Davies

Production Coordinator Lindsay Rees
Sound Design by Catherine Robinson
Directed by Fay Lomas
A BBC Audio Wales production for Radio 4

FRI 14:45 Communicating with Ros Atkins (m00208ph)
1. Rob Brydon, comedian

Ros speaks to the hilarious Rob Brydon. We all communicate multiple times a day but could we be getting better results? From a simple text or phone call, to a job interview or big presentation, the way we express ourselves and get our point across can really matter. Ros Atkins and his fascinating guests

reveal the best ways to communicate and how simple changes in the way we make our point can be really effective.

In this episode, Ros and Rob discuss how to feel confident when you're on a stage, how to win an audience over and the importance of making people laugh.

Series Producer: Hannah Newton
Production Support: Olivia Cope
Executive Producer: Zoë Edwards
Mix Engineer: Jonathan Last
Original Music Composed by: Tom Wrangmore / Eliphino
Commissioning Editor: Rhian Roberts

A Listen production for BBC Radio 4

FRI 15:00 Gardeners' Question Time (m00208pl)
Hexham Abbey

Can you suggest some plants that could withstand being in strong winds? What can I do to encourage more wildlife into my garden without it looking too wild? What gardening activity would you like to do on your 100th birthday?

Peter Gibbs and his team of gardening experts answer the questions from the audience in Hexham Abbey.

Joining Peter to unearth the horticultural dilemmas are passionate garden designers Matthew Wilson and Bunny Guinness, and house plant expert Anne Swithinbank.

Later in the programme, Matthew Wilson is joined by local horticulturists Rachel Ryver and Kay Owen as they visit what remains of the Sycamore Gap and discuss what's being done to regrow the iconic tree.

Senior Producer: Dan Cocker

Assistant Producer: Rahnee Prescod

Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m00208pn)
The Shooting Drill

A brand new story from Benjamin Markovits about becoming a father. With his new baby on his chest, Sam thinks back to his school days and an embarrassing teenage encounter with his doctor.
Read by Joseph Ayre and produced by Nicola Holloway

FRI 16:00 Last Word (m00208pq)
Sir Oliver Popplewell, Lynn Conway, Tony Bramwell, Francoise Hardy

Kirsty Lang on the Judge and cricketer Sir Oliver Popplewell. His godson Stephen Fry pays tribute.

The computer pioneer and transgender advocate Lynn Conway.

The music mogul and friend to the Fab Four Tony Bramwell.

One of France's best loved singer song-writers Francoise Hardy.

Interviewee: Stephen Fry
Interviewee: Charles Rogers
Interviewee: Roag Best
Interviewee: Laura Barton

Producer: Catherine Powell

Archive used:
Get Carman: The Trials of George Carman QC BBC 2 5th April 2002; The Today Programme BBC 15th May 1985; Michigan Engineering, University of Michigan 8 Oct 2014 uploaded from Youtube; Trans Activism Oral History Project, Chair in Transgender Studies, University of Victoria, Canada Feb 4th 2020; Radio Newsreel BBC World Service 31st October 1963; Dermot O'Leary show BBC Radio 2 17th August 2013; Sunny South Kensington – Donovan Epic 22nd October 1966; Songbird – Eva Cassidy Didgeridoo Records/ Hot Record 1998; My Generation – The Who Brunswick Records/ Decca (US) 1965/6; Falling for Francoise, Producer: Alan Hall A Falling Tree Production for BBC Radio 4, BBC Radio 4 2011.

FRI 16:30 More or Less (m00208dv)
[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m00208ps)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

FRI 18:00 Six O'Clock News (m00208pv)

A chief constable who lied about his career has been dismissed for gross misconduct.

FRI 18:30 The News Quiz (m002081I)

Series 114

Episode 3

Alasdair Beckett-King, Simon Evans, Laura Smyth, and Cindy Yu join Andy Zaltzman to quiz the news.

Two weeks before the General Election, Andy and the Panel discuss the risks of a super majority, nuclear war, and an international love in between a pair of the world's scariest men.

Written by Andy Zaltzman

With additional material by: Cameron Loxdale, Jade Gebbie, Dan Sweryt, & Pete Tellouche
 Producer: Sam Holmes
 Executive Producer: James Robinson
 Production Co-ordinators: Sarah Nicholls & Dan Marchini
 Sound Editor: Chris Maclean

A BBC Studios Audio Production for Radio 4
 An Eco-Audio certified Production

FRI 19:00 The Archers (m00208px)

Writer: Keri Davies
 Director: Dave Payne
 Editor: Jeremy Howe

Tony Archer.... David Troughton
 Lillian Bellamy.... Sunny Ormonde
 Harrison Burns.... James Cartwright
 Alice Carter.... Hollie Chapman
 Justin Elliott.... Simon Williams
 Mick Fadmoor.... Martin Barrass
 George Grundy.... Angus Stobie
 Jakob Hakansson.... Paul Venables
 Joy Horville.... Jackie Lye
 Adam Macy.... Andrew Wincott
 Paul Mack.... Joshua Riley
 Azra Malik.... Yasmin Wilde
 Kirsty Miller.... Annabelle Dowler
 Fallon Rogers.... Joanna Van Kampen
 Oliver Sterling.... Michael Cochrane

FRI 19:15 Add to Playlist (m00208pz)

Series 9

Jasdeep Singh Degun and Anne Dudley head to the tavern

Sitar player and composer Jasdeep Singh Degun and composer and musician Anne Dudley continue the musical journey with Anna Phoebe and Jeffrey Boakye.

From New York punk to Björk's debut via a 13th century drinking song in Latin, this penultimate episode of the series brings the current tally of tracks to 25.

Producer: Jerome Weatherald
 Presented with musical direction by Jeffrey Boakye and Anna Phoebe

The five tracks in this week's playlist:

I Don't Want to Grow Up by the Ramones
 The Barley Mow by The Irish Rovers
 In Taberna from Carmina Burana by Carl Orff
 Hamri Atariya Pe Aaja Re by Shobha Gurtu
 Venus as a Boy by Björk

Other music in this episode:

It's My Life by Dr Alban
 Forever Young by Bob Dylan
 Old Man by Neil Young
 Glory Days by Bruce Springsteen
 Help the Aged by Pulp
 Songs to Aging Children Come by Joni Mitchell
 Getting Older by Billie Eilish
 I Don't Wanna Grow Up by Tom Waits
 O Fortuna by Carl Orff
 Happy Birthday to You

FRI 20:00 Any Questions? (m00208q1)

John Healey, Kevin Hollinrake, Anne McElvoy, Adrian Ramsay

Alex Forsyth presents political discussion from the East Riding Theatre in Beverley with the Shadow Defence Spokesperson John Healey, Business Minister Kevin Hollinrake, the broadcaster and Executive Editor of Politico Anne McElvoy and the co-leader of the Green Party Adrian Ramsay.

Produced for BBC Audio Bristol by Robin Markwell
 Lead broadcast engineer: Jonathan Esp

FRI 21:00 Free Thinking (m00208q3)

The illusion of time, the summer solstice & the philosophy of comedy

As the sun sets on the longest day of the year, Matthew Sweet talks to an eclectic group of guests about the illusion of time, the summer solstice and the philosophy of comedy. They are: Materials scientist & engineer; Director of the UCL Institute of Making; Author of Stuff Matters and other book Mark Miodownik.
 Philosopher Emily Herring who is about to publish the first English biography of the french philosopher Henri Bergson who was famous for his theory of time as well as his views on the meaning of comedy. Emily's book Herald of a Restless World: How Henri Bergson Brought Philosophy to the People is out in October.
 Comedian Rob Newman who made his name with the Mary Whitehouse Experience in the 90s and has presented two series on BBC Radio 4 including Rob Newman's Half-full Philosophy Hour.
 Also Professor of theoretical physics at Imperial College London Fay Dowker who is an expert in Causal Set Theory and Quantum Relativity
 And Author K A Laity will talk about the Women in Magicck Conference being held in Birmingham this weekend.
 Producer: Lisa Jenkinson

FRI 22:00 The World Tonight (m00208q5)

In depth reporting, intelligent analysis and breaking news from a global perspective.

FRI 22:45 Jensen: The Bellevue Poltergeist by Heidi Amsinck (m00208q7)

Episode 5

Set in Denmark, an original story commissioned by BBC Radio 4 by Heidi Amsinck, the author of the Jensen series of crime novels.

"The most annoying woman in Copenhagen.
 Love of his life."

So muses DI Henrik Jungersen about Jensen, an investigative reporter from the newspaper Dagbladet. She has previous with Henrik - his former lover and with a knack of getting in the way of his investigations.

Mette Mortensen, a housekeeper, has fallen to her death at the villa in Copenhagen where she worked. Did she jump? Was she pushed? But there is something strange about this house. Is there a less obvious explanation?

Episode 5

After a new and dangerous development, Jensen and Gustav stake out the Bellevue house again, this time with Henrik alongside them.

Copenhagen-born Heidi Amsinck has written numerous short stories for radio. Her collection Last Train To Helsingør was published in 2018. The third novel in her Jensen series, Back From The Dead, was published in May 2024.

Writer: Heidi Amsinck
 Reader: MyAnna Buring
 Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

FRI 23:00 Americast (m00208q9)

Up for debate? Trump and Biden prepare to spar again

Joe Biden and Donald Trump will face off next week in the first presidential debate of the 2024 U.S. election season. Questions are swirling about how prepared both candidates are before they meet each other at the podium once again.

Sarah and Justin sit down with Mike Murphy, a veteran Republican strategist who has prepared many Republican candidates for debate, to break down what we can expect from the rematch. Can Biden calm concerns about the economy? Can Trump swat away attacks about his criminal conviction? What should Americasters be watching out for?

The showdown could be the most momentous debate of both men's political careers.

HOSTS:

- Justin Webb, Radio 4 presenter
- Sarah Smith, North America Editor

GUEST:

- Mike Murphy, Republican strategist & Co-Host of 'Hacks on

Tap'

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- Send us a message or voice note via WhatsApp to +44 330 123 9480
- Email Americast@bbc.co.uk
- Or use #Americast

US Election Unspun: Sign up for Anthony's new BBC newsletter: <https://www.bbc.co.uk/news/world-us-canada-68093155>

This episode was made by Purvee Pattni with Rufus Gray and Claire Betzer. The technical producer was Hannah Montgomery. The series producer is Purvee Pattni. The senior news editor is Sam Bonham.

FRI 23:30 The Beauty of Everyday Things (m001zmnk)

Poet Ian McMillan has a gift for the art of small pleasures; the joy of close observation; relling in everyday things, places and encounters; describing and re-describing them endlessly. In the company of fellow poets Helen Mort, Steve Ely and Dave Green he takes us to ordinary places that fascinate him: a railway platform with a striking red bench, on a bus journey, to a village cafe, and a local museum of curiosities; where we discover they can be portals into different ways of thinking, of feeling, and of being, where anything can happen, where the ordinary can become the extraordinary if we simply open our eyes and our ears.

Presented by Ian McMillan

Produced by Cecile Wright